



# Need contraception? Apple Health has you covered!

**Apple Health (Medicaid) covers over the counter (OTC) birth control without prescriptions or clinic visits at no cost to you!**

- 1. Contact your health plan** to locate a covered pharmacy (contact info is on the back of your health plan card).
- 2. Visit the pharmacy counter** (we recommend you bring your ProviderOne and health plan cards).
- 3. Talk to your pharmacist** about what kinds of **birth control or emergency contraception** are right for you or view the resources below for more information.

All FDA-approved options are covered, including:

**Condoms**



**Spermicide**



**Emergency contraception**  
(the “morning after” pill)



**Oral Contraception**  
(birth control pills)



*No age or gender restrictions apply.*



**Birth Control & Emergency  
Contraception**



[doh.wa.gov/birth-control-and-emergency-contraception](https://doh.wa.gov/birth-control-and-emergency-contraception)

**Teen Health Hub**



[doh.wa.gov/teenhealthhub](https://doh.wa.gov/teenhealthhub)

**Over the Counter  
Contraceptive FAQ**



[hca.wa.gov/otc-faq](https://hca.wa.gov/otc-faq)