

# Community Behavioral Health Support Services

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Community Behavioral Health Support (CBHS) services help people who have a significant behavioral health diagnosis and need additional support living in a community setting like an adult family home or an assisted living facility. CBHS services are individually tailored to meet each person's needs and intended to provide stability, support independence, and help them stay in the community.

## Who may be eligible?

You may be eligible for CBHS if you:

- Are 18 years of age or older and are Apple Health (Medicaid) eligible,
- Are eligible for or receiving Home and Community Services (HCS),
- Have a qualifying diagnosis, and
- Are transitioning from an inpatient psychiatric setting or are experiencing challenges living in community settings. These challenges may include:
  - Frequent hospitalizations.
  - Difficulty maintaining stays in residential settings.
  - Having high caregiver turnover within the past 2 years due to behaviors caused by your behavioral health condition.

## What services are offered?

**Supportive supervision** is provided in residential settings, such as an Adult Family Home or Assisted Living Facility. The service includes:

- Additional staff to assist you with structure, safety, social engagement, and community activities.
- Staff to help you achieve your goals and make your voice and preferences known to others.

## Where can I find more information?

- Contact your case manager: [dshs.wa.gov/ALTA/resources](https://dshs.wa.gov/ALTA/resources)
- Contact your managed care plan: [hca.wa.gov/apple-health-managed-care](https://hca.wa.gov/apple-health-managed-care)
- Email Health Care Authority's CBHS services team: [hca1915services@hca.wa.gov](mailto:hca1915services@hca.wa.gov)