



Washington Apple Health Long Term Services and Supports

Washington Apple Health is the name used in Washington State for Medicaid, the children's health insurance program (CHIP), and state-only funded health care programs.

Who manages the Apple Health Program?

Apple Health is managed by the Washington State Health Care Authority (HCA). Learn more at: www.hca.wa.gov/apple-health.

What does Apple Health pay for?

Apple Health pays for many services. Most services do not require a co-pay and you don't have to meet a deductible. Here are some of the most common:

- doctor's visits
- hospitalizations
- pharmaceuticals
- immunizations
- dental treatment
- vision exams
- mental health
- family planning
- drug and alcohol treatment
- medical transportation
- Medicare cost-sharing

Why do I need Apple Health if I have Medicare as my primary insurance?

Apple Health can pay Medicare cost-sharing expenses for you. This helps you save money. If you qualify, Apple Health pays for Medicare:

- Coinsurance charges
- Deductibles
- Copays

Some Apple Health programs pay for your Medicare Part B premium – this may save you over \$100 a month! For more information, check out www.hca.wa.gov/assets/free-or-low-cost/22-500.pdf.

Where can I learn more?

- Check out HCA's website at www.hca.wa.gov/apple-health or call them at the number below.
- Learn more about what to expect when you enroll in Apple Health: *First Timers' Guide to Washington Apple Health* www.hca.wa.gov/assets/free-or-low-cost/19-024.pdf.

Contact HCA if you have questions about your coverage

Phone: 1-800-562-3022 (TRS: 711)

Monday – Friday, 7 a.m. – 5 p.m.

Email askmedicaid@hca.wa.gov or visit

<https://fortress.wa.gov/hca/p1contactus/>



What if I need Long-term Services and Supports?

Contact a local Home & Community Services (HCS) office or your Area Agency on Aging (AAA) office for help explaining the Long-term Services and Supports (LTSS) options available.

What to consider

Do I need Apple Health to pay my medical expenses?

You may only qualify for Apple Health because you receive help through the COPES program.

- The COPES program provides health coverage to people who qualify. If you choose to give up COPES you may also be giving up your health insurance coverage.

I don't think I can afford to pay my share of the LTSS services?

- You don't have to pay participation for some LTSS programs. Ask your case manager about the Community First Choice or Medicaid Alternative Care (MAC) programs and see if you qualify.

I don't think I need a lot of help right now. Do I have options without choosing Apple Health?

- There is a program that provides help to family caregivers and people without a caregiver. You don't have to qualify for Apple Health to be eligible. Ask about the Tailored Supports for Older Adults (TSOA) program. The person receiving care must be age 55 or older.

Additional caregiver resources

- www.dshs.wa.gov/altsa/home-and-community-services/caregiver-resources
- www.dshs.wa.gov/sites/default/files/SESA/publications/documents/22-1739.pdf

I'm worried about Estate Recovery. How do I know if it applies to me?

- Estate Recovery is only for some LTSS programs and not for all Apple Health expenses. Estate Recovery does not apply to the MAC or TSOA programs. Be sure to ask us if you have questions about Estate Recovery.

Do I have a lot of prescription drug costs I need to pay each month?

- If you get help through COPES, your pharmacy can't charge you for Medicare Part D copayments.

Where can I learn more?

- Check out our website below, call us, or talk with a staff person at your local HCS or AAA office.
- *Medicaid and LTSS for Adults* booklet www.dshs.wa.gov/sites/default/files/SESA/publications/documents/22-619.pdf.

Contact HCS/AAA if you have questions about LTSS services

HCS call: (360) 725-2300 (TRS: 711)

Monday – Friday, 8 a.m. – 5 p.m.

AAA call: 1-855-567-0252 (TRS: 711)

Online: www.dshs.wa.gov/AL TSA/resources