



## How long will I have coverage?

If you qualify for Family Planning Only, coverage lasts 12 months after your approval regardless of a change in income.

## What do I do when my coverage ends?

You can reapply for Family Planning Only coverage after you receive notification by mail that your coverage is ending. If you have had a change in income or household size, you may be eligible for free or low-cost Apple Health coverage.

## Does Apple Health (Medicaid) coverage also include family planning services?

Yes. Apple Health provides full-scope coverage with additional benefits. For more information, visit [hca.wa.gov/apple-health](https://hca.wa.gov/apple-health).

## Can I apply for Apple Health while I have Family Planning Only coverage?

Yes, you can apply for full-scope Apple Health coverage at any time.

## How will I know if I am approved and when my coverage begins?

You will receive notifications from the Health Care Authority (HCA) by mail. If approved, coverage begins on the first day of the month you applied.



### Where can I get more information?

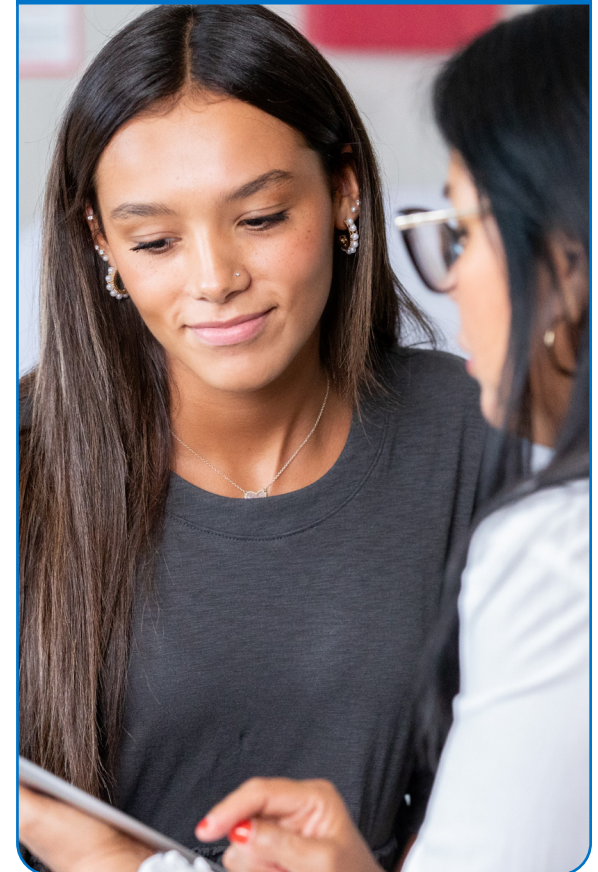
-  Online: [hca.wa.gov/family-planning](https://hca.wa.gov/family-planning)
-  Email: [hcafamilyplanning@hca.wa.gov](mailto:hcafamilyplanning@hca.wa.gov)
-  Phone: 1-800-562-3022

Washington State  
Health Care Authority

HCA complies with all applicable federal and Washington state civil rights laws and is committed to providing equal access to our services. If you need an accommodation, or require documents in another format or language, please call 1-800-562-3022 (TRS: 711).

## Family Planning Only (FPO) coverage

### How to access family planning services.



## Why should I apply for Family Planning Only (FPO)?

You should apply if you are:

- Uninsured and in need of family planning services (contraceptive care/birth control method), **or**
- Insured and a victim of domestic violence or under 18 and seeking confidential family planning services.

## What services are covered?

- Family planning education and risk reduction counseling
- All FDA approved birth control methods including: pills, patches, rings, shots, IUDs, implants, diaphragms, cervical caps, condoms, and spermicides (foam, cream, and gels), and emergency contraception
- Education and supplies for natural family planning and abstinence
- Permanent birth control methods: tubal ligations (“tubes tied”), sterilization, and vasectomy
- Screening and treatment for sexually transmitted infections (STI)
- Screening for cervical cancer and pregnancy testing when appropriate
- Office visits directly related to a family planning problem when medically necessary
- Human papillomavirus (HPV) and Hepatitis B vaccinations.

## Where can I receive services?

You can receive family planning services at any eligible Apple Health provider.

Over the counter (OTC) contraception such as condoms, spermicide (contraceptive foam, cream, gels), emergency contraception (the “morning after” pill), and oral contraception (birth control pills) are available at pharmacies without prescription.

## Where can I find a provider who offers Family Planning services?

You can find a list of Apple Health providers at <https://fortress.wa.gov/hca/p1findaprovider/> to apply for benefits over the phone, or in person.

### Am I eligible?

You must meet income limits and be either:

- Uninsured and not eligible for Apple Health (Medicaid) coverage, **or**
- Insured and seeking confidential family planning services.

## How do I apply for coverage?

To apply for Family Planning Only coverage, download an application at [hca.wa.gov/family-planning](https://hca.wa.gov/family-planning).

Submit your application by:

- Fax: 1-866-841-2267
- Email: [apple@hca.wa.gov](mailto:apple@hca.wa.gov)
- Mail: HCA MEDS

PO Box 45531

Olympia, WA 98504-5531

You can also apply over the phone at 1-800-562-3022 ext.12533.

Confidential services are available for teens and victims of domestic violence. If you need confidential services, contact your Apple Health provider to apply for benefits over the phone, or in person.

## 2025 Family Planning Only monthly income limits

Single person	2-person household	3-person household	4-person household
\$3,456	\$4,672	\$5,886	\$7,099
5-person household	6-person household	7-person household	8-person household
\$8,316	\$9,529	\$10,743	\$11,959

Income amounts effective April 1, 2025 through March 31, 2026.