1. Indicate which of the following types of gambling you have done in your lifetime. For each type, mark one answer: “not at all,” “less than once a week,” or “once a week or more.”

<table>
<thead>
<tr>
<th>Not at all</th>
<th>Less than once a week</th>
<th>Once a week or more</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>a. played cards for money</td>
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<tr>
<td></td>
<td></td>
<td>b. bet on horses, dogs or other animals (in off-track betting, at the track or with a bookie)</td>
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<td>c. bet on sports (parley cards, with a bookie, or at jai alai)</td>
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<td></td>
<td></td>
<td>d. played dice games (including craps, over and under, or other dice games) for money</td>
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<td></td>
<td>e. went to casino (legal or otherwise)</td>
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<td></td>
<td>f. played the numbers or bet on lotteries</td>
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<td></td>
<td></td>
<td>g. played bingo</td>
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<td></td>
<td></td>
<td>h. played the stock and/or commodities market</td>
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<tr>
<td></td>
<td></td>
<td>i. played slot machines, poker machines or other gambling machines</td>
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<tr>
<td></td>
<td></td>
<td>j. bowled, shot pool, played golf or played some other game of skill for money</td>
</tr>
</tbody>
</table>

2. What is the largest amount of money you have ever gambled with any one day?

___ never have gambled
___ more than $100 up to $1000
___ $10 or less
___ more than $1000 up to $10,000
___ more than $10 up to $100
___ more than $10,000

3. Do (did) your parents have a gambling problem?

___ both my father and mother gamble (or gambled) too much
___ my father gambles (or gambled) too much
___ my mother gambles (or gambled) too much
___ neither gambles (or gambled) too much
4. When you gamble, how often do you go back another day to win back money you lost?
   ___ never
   ___ some of the time (less than half the time) I lost
   ___ most of the time I lost
   ___ every time I lost

5. Have you ever claimed to be winning money gambling but weren’t really? In fact, you lost?
   ___ never (or never gamble)
   ___ yes, less than half the time I lost
   ___ yes, most of the time

6. Do you feel you have ever had a problem with gambling?
   ___ no
   ___ yes, in the past, but not now
   ___ yes

7. Did you ever gamble more than you intended? ________ ________

8. Have people criticized your gambling? ________ ________

9. Have you ever felt guilty about the way you gamble or what happens when you gamble? ________ ________

10. Have you ever felt like you would like to stop gambling but didn’t think you could? ________ ________

11. Have you ever hidden betting slips, lottery tickets, gambling money, or other signs of gambling from your spouse, children, or other important people in you life? ________ ________

12. Have you ever argued with people you like over how you handle money? ________ ________

13. (If you answered “yes” to question 12): Have money arguments ever centered on your gambling? ________ ________

14. Have you ever borrowed from someone and not paid them back as a result of your gambling? ________ ________
15. Have you ever lost time from work (or school) due to gambling?  

16. If you borrowed money to gamble or to pay gambling debts, where did you borrow from? (Check “yes” or “no” for each)

<table>
<thead>
<tr>
<th>Option</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. from household money</td>
<td></td>
<td></td>
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<tr>
<td>b. from your spouse</td>
<td></td>
<td></td>
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<tr>
<td>c. from other relatives or in-laws</td>
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<td></td>
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<tr>
<td>d. from banks, loan companies or credit unions</td>
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<tr>
<td>e. from credit cards</td>
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<tr>
<td>f. from loan sharks (Shylocks)</td>
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<tr>
<td>g. your cashed in stocks, bonds or other securities</td>
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<td></td>
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<tr>
<td>h. you sold personal or family property</td>
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<tr>
<td>i. you borrowed on your checking account (passed bad checks)</td>
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<tr>
<td>j. you have (had) a credit line with a bookie</td>
<td></td>
<td></td>
</tr>
<tr>
<td>k. you have (had) a credit line with a casino</td>
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</tbody>
</table>
Scoring Rules for SOGS

Scores are determined by adding up the number of questions that show an “at risk” response, indicated as follows. If you answer the questions above with one of the following answers, mark that in the space next to that question:

Questions 1-3 are not counted
___ Question 4: most of the time I lost, or every time I lost
___ Question 5: yes, less than half the time I lose, or yes, most of the time
___ Question 6: yes, in the past, but not now, or yes
___ Question 7: yes
___ Question 8: yes
___ Question 9: yes
___ Question 10: yes
___ Question 11: yes

Question 12 is not counted
___ Question 13: yes
___ Question 14: yes
___ Question 15: yes
___ Question 16a: yes
___ Question 16b: yes
___ Question 16c: yes
___ Question 16d: yes
___ Question 16e: yes
___ Question 16f: yes
___ Question 16g: yes
___ Question 16h: yes
___ Question 16i: yes

Questions 16j and 16k are not counted

Total = ________ (20 questions are counted)

**3 or 4 = Potential pathological gambler (Problem gambler)**

**5 or more = Probable pathological gambler**