

# Washington State Parity Analysis

As required by Mental Health Parity and Addiction Equity Act (MHPAEA) regulations March 2025

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## Acknowledgements

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## Introduction

#### Overview and purpose

On March 30, 2016, the Center for Medicare and Medicaid Services (CMS) issued the Mental Health Parity and Addiction Equity Act (MHPAEA). The act requires states to analyze financial requirements (FR), Quantitative Treatment Limitations (QTL) and Non-Quantitative Treatment Limitations (NQTL) applied to behavioral health services (mental health and substance use disorder treatment services), to ensure that those limitations are no more restrictive than those under medical/surgical benefits. States must also ensure certain availability of information requirements are met. Washington's original parity report was completed in October 2017 and updated December 2019 and August 2023. Previous reports can be accessed on the Apple Health (Medicaid) and managed care reports website.

Washington state is pleased to find in all areas addressed by this analysis, there was little disparity between behavioral health and medical/surgical benefits. There are no Quantitative Treatment Limitations (QTL) or other financial restrictions on any behavioral health benefits. No disparity exists between the medical/surgical and behavioral health emergency and inpatient benefits. Washington State currently has contracts with five Apple Health (Medicaid) Managed Care Organizations (MCO) to deliver and administer physical and behavioral health services to Washingtonians who are enrolled in an Apple Health program. MCOs are required to follow MHPAEA requirements and provide the Health Care Authority (HCA) with documentation describing their adherence annually. The MCO parity self-assessment is inclusive of the Integrated Managed Care (IMC) and Integrated Foster Care (IFC) contracts. Apple Health fee-for-service (FFS), also referred to Apple Health coverage without a managed care plan, is not included within this report as the focus is on MCO compliance.

Apple Health Product	Insurance coverage type	Population specifics
Fee-for-service	Medicaid, CHIP, and ABP <sup>1</sup>	0-65 who are not enrolled in a MCO
Integrated Managed Care (IMC)	Medicaid, CHIP, and ABP	0-65 enrolled in a managed care plan
Integrated Foster Care (IFC)	Medicaid and CHIP	Children and youth enrolled in foster care, extended foster care, or post adoption services

#### Table 1. Apple Health Products

CMS has provided states with continued guidance regarding parity; this has been an on-going effort influenced by the recent Office of Inspector General audit of state's compliance of the MHPAEA. Within this additional direction, CMS encourages states to go beyond MCO self-analysis to also include network adequacy and access requirements, Healthcare Effectiveness Data and Information Set (HEDIS) submissions, beneficiary complaint processes, consumer surveys, and claims payment information. Additionally, CMS has added behavioral health parity reporting requirements to the Managed Care Program Annual Report (Appendix A) and have shared templates, with a request for comments, for on-going parity compliance, which may be required moving forward.

<sup>&</sup>lt;sup>1</sup> Definitions are as follows: Medicaid is a joint federal and state program that helps cover medical costs for some people with limited income and resources. (HHS, pulled 1/9/25); Children's health insurance program (CHIP) "provides health coverage to eligible children through both Medicaid and separate CHIP programs. Children eligible for CHIP are in families with incomes too high to qualify for Medicaid, but too low to afford private coverage" (Medicaid.gov, 1/9/2025); and Alternative Benefit Plan (ABP) is the option states have "to provide alternative benefits specifically tailored to meet the needs of certain Medicaid population groups, target residents in certain areas of the state, or provide services through specific delivery systems instead of following the traditional Medicaid benefit plan" (Medicaid.gov, 1/9/2025).

This year's parity report will contain slightly more data than previous reports to include components suggested by CMS that supplement HCA's assessment of MHPAEA compliance by contractors, with plans to continue expanding in the coming years.

#### Table 2. Apple Health managed care plans

Plan name	Plan abbreviation
Community Health Plan of Washington	CHPW
Coordinated Care	СС
Molina Healthcare of Washington	MHW
UnitedHealthcare Community Plan	UHC
Wellpoint	WLP

MCOs are required to provide the following information to HCA regarding their parity adherence:

- 1. A copy of their behavioral health parity analysis applicable to the year under review. Including a narrative summary of:
  - a. Data;
  - b. Actions taken or planned in response to any differences discovered between behavioral health and comparable medical/surgical services; and
  - c. An explanation of any differences.
- 2. A description of the processes, tools, or models used to complete the behavioral health parity analysis. Including the mechanism(s) that would trigger a review.
- 3. A description of the following:
  - a. The findings from the NQTL comparative analysis;
  - b. Any actions taken or planned to bring the program into compliance; and
  - c. A copy of the comparative NQTL analysis.
- 4. A description of any differences identified in the behavioral health and medical/surgical standards comparative analysis for fail first or failure to complete/initiate.
- 5. A description of the steps taken to ensure access to out-of-network providers for behavioral health and medical/surgical benefits are comparable to access to out-of-network providers for other benefits.
- 6. A list of any differences in prior authorization and concurrent review requirements between behavioral health and medical/surgical benefits. Provide an explanation of any acceptable difference(s).

The information provided by the MCOs was used to generate the data and analysis within this report. This report outlines future efforts and opportunities to monitor and ensure Apple Health MCOs compliance.

## Approach to Parity Analysis

### Identifying behavioral health and medical/surgical benefits

The parity analysis process requires states to define which benefits fall under the medical/surgical and behavioral health categories (Appendix B). Benefits are categorized based on the diagnoses they are meant to treat. States choose a method for assigning benefits to categories based on generally recognized independent standards of current medical practice. Following guidance provided by the CMS Parity Compliance Toolkit and subsequent technical assistance, Washington State used the ICD-10-CM as a guide to determine diagnostic benefit categories.

For the parity review, the state defines behavioral health conditions as those conditions listed in ICD-10-CM, Chapter 5, Mental, Behavioral Health and Neurodevelopmental Disorders. The conditions listed in Chapter 5: Subchapter 1, Mental Disorders due to Known Physiological Conditions, and Subchapter 8, Pervasive and Specific Developmental Disorders, were excluded because the etiology of these conditions is a medical condition, and treatment would address medical concerns first. Definitions of medical/surgical conditions are consistent with the medical/surgical conditions listed in ICD-10-CM, Chapters 1-4, Chapter 5-Subchapter 1, and Chapters 6-20.

#### Placement of services in benefit categories

MHPAEA requires states to conduct a comparison of behavioral health and medical/surgical benefits within the defined categories below, keeping in line with the Parity Compliance Toolkit shared by CMS. To ensure MHPAEA compliance, every benefit in the plan needs to be placed into one of six classifications: in-patient in-network; in-patient out-of-network; outpatient in-network; outpatient out-of-network; emergency services; and pharmacy. For example, behavioral health inpatient benefits are analyzed for parity against medical/surgical inpatient benefits. For the purposes of the parity analysis, the four benefit categories are: outpatient, inpatient, emergency, and pharmacy.

Federal parity regulations allow states some latitude in placement of benefits within each of these categories. Washington State developed a preliminary list of benefits in each category based on current state plan services (Appendix B). For previous parity reports, the state consulted with MCOs to ensure the list was accurate and complete. This ensured consistency among MCOs when answering questions about each benefit category.

#### Category definitions

- Outpatient: Routine services in an outpatient setting and are not included in the emergency category.
- Inpatient: Any non-emergency service involving the individual staying overnight at a facility. This includes inpatient mental health (MH) and substance use disorder (SUD) treatment and crisis stabilization services occurring in a facility.
- **Emergency**: Services or items delivered in an emergency department (ED) setting or emergency/crisis stabilization services, not requiring an overnight stay, which are not delivered in an inpatient setting.
- Pharmacy: Covered medications and associated supplies requiring a prescription.

#### Information gathering and monitoring process

HCA employed the following steps to gather information from all five MCOs regarding their internal parity processes and adherence to NQTL standards. The materials were due on November 1, 2024 and were analyzed by a team of HCA parity experts.

#### Figure 2. Steps taken to assess and monitor the Parity Report

Create	<ul> <li>Create a standardized reporting template.</li> </ul>
Communicate	<ul> <li>Communicate expectations of parity reporting, including methods and timeline.</li> </ul>
Review	<ul> <li>Review reports for parity adherence.</li> </ul>
Recommend	<ul> <li>Make recommendations and provide technical assistance, if necessary.</li> </ul>
Submit	<ul> <li>Draft and submit a comprehensive parity report.</li> </ul>
Monitor	<ul> <li>Monitor ongoing parity activity.</li> </ul>

## Parity compliance

MCOs performed an analysis of limits on their medical/surgical and behavioral health benefits within the following categories: Inpatient: in-network, Inpatient: out-of-network, Outpatient: in-network, Outpatient: out-of-network, emergency care, and prescription medications. These categories are within the following domains as stipulated through the Parity Compliance Toolkit:

- **Financial requirements:** Payment by beneficiaries for services received in addition to payments made by the state or MCO for those services. This includes copayments, coinsurance, and deductibles.
- Quantitative treatment limitations: Limits on the scope or duration of a benefit expressed numerically. This includes day or visit limits.
- Aggregate lifetime or annual dollar limits: Dollar limits on the total amount of a specified benefit over a lifetime or on an annual basis.

## Figure 3: Parity compliance chart

CHPW CC MHC UHC WLP Categories  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$ Inpatient, in-network Inpatient, out-of-network  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$ Outpatient, in-network  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$ Outpatient, out-of-network  $\checkmark$  $\checkmark$ Emergency care  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$ Prescription drugs  $\checkmark$  $\checkmark$  $\checkmark$  $\checkmark$ 

Key: ✓ = Compliant

## **Network Adequacy**

In keeping with CMS direction, HCA is including network adequacy information within this parity report. The data found on the Medical, Behavioral Health and General Surgeons Network table shows MCO network adequacy performance for providers as considered by the Integrated Managed Care (IMC) contract and Code of Federal Regulations (CFR) to be critical providers. MCOs are required to show capacity to serve 80% or better of the total Medicaid population of a given county to maintain participation in the region. Based on the results of the Quarter 4, 2024 analysis, MCOs are generally able to meet or surpass this threshold except for where exception counties have been designated based on unavailability of services. As depicted in the table, service availability does not appear to be service specific but geographical, supporting the idea there is parity in service delivery.

## **HEDIS** Measures

For this year's parity report, HCA has decided to utilize the antidepressant medication management (AMM) and the asthma medication ratio (AMR) measures to assess parity by indicating consistent improvement of the quality of care across both physical and behavioral health domains. The significant improvement in the Antidepressant Medication Management (AMM) measure emphasizes the advancement in quality of mental health care, ensuring individuals with chronic depression receive appropriate medication management. Similarly, the Asthma Medication Ratio (AMR) measure, which tracks quality of medication management for individuals with chronic asthma, demonstrates a strong commitment to providing quality care to individuals with chronic physical health conditions. The state's ability to exceed the national 50th percentile in both measures (AMM and AMR) demonstrates quality care is being delivered equitably. For more details, or to view the performance of the respective managed care organizations in these measures, please refer to the 2024 Comparative Analysis Report | HCA. For a visual representation of these measures, please refer to page 52.

## Summary of Parity Analysis

As noted above, the state has found, in all areas addressed by this analysis, there was little to no disparities found between behavioral health and medical/surgical benefits. There are no Quantitative Treatment Limitations (QTL) or other financial restrictions on any behavioral health benefits. No disparity exists between the medical/surgical and behavioral health emergency and inpatient benefits.

### Ongoing and future monitoring activities

HCA continues to review and ensure parity compliance annually to determine whether behavioral health benefits meet parity requirements. In addition to the annual review, any changes to the state plan or waivers that affect behavioral health services will be reviewed for compliance. A high volume of specific complaints about parity issues may trigger a parity analysis.

HCA has an on-going workgroup that evaluates our current parity review practices. This workgroup has recently expanded to grow the subject matter expertise. This group meets quarterly and utilizes identified best practices and makes modifications and changes as needed to ensure compliance with federal parity requirements. The workgroup, based on the outcome of the 2024 parity analysis, will revise and update monitoring practices as needed. The workgroup was able to add network adequacy standards to this year's analysis and is working towards including additional Healthcare Effectiveness Data and Information Set (HEDIS) submissions, beneficiary complaint processes, consumer surveys, and claims payment information in future years.

The HCA parity workgroup's next scheduled parity analysis will be conducted in November 2025. Barring any substantial changes in parity regulations and expectations, the workgroup will solicit updated responses.

#### Individual MCO responses

Each MCO responded to HCA's request with their complete parity analysis. The following is a summary of their responses (Appendix B). All MCOs reported full compliance of meeting mental health parity. In addition to following the Parity Compliance Toolkit, HCA based the questions and monitoring items off of "The Six-Step" Parity Compliance Guide for Non-Quantitative Treatment Limitation Requirements (Kennedy Forum Issue Brief, 2017).

Торіс	Self-report
Process, tool or model used to complete parity analysis.	Quantitative data review, comparison of policies and procedures governing NQTLs (Qualitative data review) and interviews with key business owners.
Findings from NQTL Comparative analysis.	There were no findings from the NQTL analysis. All standards for behavioral health NQTLs are at parity with medical and in many cases NQTLs for BH were less stringent than medical.
Actions taken or planned to ensure compliance.	No actions needed at this time.
Use of fail first or failure to complete/initiate.	Coordinated Care does not require that an individual "fail first" in a service to get a higher cost service, or any service. The service must be medically necessary regardless of tried therapies or treatments received prior to the request.
Process to ensure out-of-network providers.	Coordinated Care assesses medical necessity and whether care cannot be met within network, if out- of-network provider continues to be needed, a

#### Figure 4. Coordinated Care's response

	single-case agreement and mutually agreeable rates for non-contracted provider(s) are established.
Process differences for prior authorization and concurrent review requirements.	Prior authorization and concurrent review requirements are no more stringent for behavioral health services than medical and oftentimes are less stringent.

### Figure 5. Community Health Plan of Washington's response

Торіс	Self-report
Process, tool or model used to complete parity analysis.	Analyzed policies and procedures, criteria, authorization list, procedure code, look up tool and provider manual.
Findings from NQTL Comparative analysis.	No findings where there is a more restrictive requirement for behavioral health services than there is for medical/surgical services.
Actions taken or planned to ensure compliance.	No action needed at this time.
Use of fail first or failure to complete/initiate.	Does not have fail first limitations on either behavioral health or medical/surgical. All criteria used are listed on the website to make medical necessity decisions.
Process to ensure out-of-network providers.	No restrictions or differences in access to out-of- network providers for behavioral health and medical/surgical benefits. It is noted that services outside of Washington State are limited to emergency services only.
Process differences for prior authorization and concurrent review requirements.	A complete analysis of all services that require prior authorization and concurrent review found there is no more restrictive requirement for behavioral health services than exists for medical/surgical services.

### Figure 6. Molina Healthcare of Washington's response

Торіс	Self-report
Process, tool or model used to complete parity analysis.	Uses a standardized approach that includes enterprise-wide policy and procedure, annual internal review, benefit crosswalk, addressing potential parity concerns, behavioral health benefits review for new plans, cost trend analysis, parity review of approval decisions, multi-disciplinary team rounds, internal gap analysis, use evidence-based national criteria sets, and review based on medical necessity.

Findings from NQTL Comparative analysis.	The review of the Molina Healthcare of Washington Annual NQTL template revealed no potential concerns with parity
Actions taken or planned to ensure compliance.	No action needed at this time.
Use of fail first or failure to complete/initiate.	There are no differences between behavioral health and medical/surgical standards with regards to fail first or failure to complete/ initiate requirements.
Process to ensure out-of-network providers.	This is the same for all types of services: Molina reviews out of network requests for medical necessity and if approved to ensure payment so member will be held harmless. If there is no participating provider that can provide a non-emergency covered service, it will be covered by a non-participating provider, if prior authorization occurs before initiation of service.
Process differences for prior authorization and concurrent review requirements.	Planned admissions such as: Mental Health Residential Treatment Admissions require prior authorization and Planned Substance Use Disorder (SUD) Residential Treatment Facility Admissions are optional for prior authorization per ESHB 2642 as members can also be admitted by such facilities without prior authorization under this law, effective 1/1/2021. These services were chosen to ensure they are medically necessary, including the appropriateness of services for an individual member at a specific time.

## Figure 7. UnitedHealthcare Community Plan's response

Торіс	Self-report
Process, tool or model used to complete parity analysis, including ad hoc review.	UHC implemented the Mental Health Parity Non- Quantitative Treatment Limitations Process and a Mental Health Parity Program Practices Monitoring process to adhere to parity requirements.
Findings from NQTL Comparative analysis.	There were no findings from the NQTL analysis.
Actions taken or planned to ensure compliance.	No actions needed at this time.
Use of fail first or failure to complete/initiate.	There is no "fail first" or "failure to complete/initiate" within its behavioral health benefits and/or services.
Process to ensure out-of-network providers.	If UHC determines it does not meet network adequacy requirements for a specialty or provider type, within set time and distance thresholds as determined by contract and/or state or federal requirements, UHC will actively seek to add providers to the network in that specialty or provider type unless there is a known supply gap in provider type

	in the area. If there is a supply gap, the plan language allows members to seek an exception and receive services from an out-of-network provider at the in-network benefit level, for both behavioral health and medical/surgical services.
Process differences for prior authorization and concurrent review requirements.	UHC concluded the methodology used to determine which behavioral health services are subject to Concurrent Review and Prior Authorization and how UHC conducts Concurrent Review and Prior Authorization "in operation" were comparable to, and applied no more stringently than, the methodology used to determine which medical/surgical services are subject to Concurrent Review or Prior Authorization "in operation."

## Figure 8. Wellpoint Washington, Inc.'s response

Торіс	Self-report
Process, tool or model used to complete parity analysis.	The parity analysis was completed utilizing an available standardized template. The Wellpoint Washington Physical Health, Behavioral Health and Pharmacy leadership teams engaged in discussions and reviews of previously submitted data. Additional information was added to support the authorization review procedures, and treatment limits. Meetings also included review and validation of contract compliance, adherence to policy, and desktop procedures.
Findings from NQTL Comparative analysis.	Parity between medical/surgical and behavioral health was found.
Actions taken or planned to ensure compliance.	No actions needed at this time
Use of fail first or failure to complete/initiate.	Services are authorized based on medical necessity, not "fail first".
Process to ensure out-of-network providers.	Wellpoint accepts out-of-network providers to service members. Prior authorization is required; they are reimbursed at 100% of the Medicaid Fee-for- Service rate.
Process differences for prior authorization and concurrent review requirements.	No differences were noted between medical/surgical and behavioral health.

## Appendices

## Appendix A. Managed Care Program Annual Report questions on parity

anag	ed Care Program Annual Report Mental Health and Substa	nce Use Disorder Parity Questions
1.	Does this program include MCOs?	Yes
2.	Are Any Services provided to MCO enrollees by a PIHP, PAHP, or FFS delivery system?	Yes
3.	Did the State or MCOs complete the analysis(es)?	MCOs and State reviewed their analysis
4.	Have there been any events in the reporting period that necessitated an update to the parity analysis(es)?	Yes
5.	Describe the event(s) that necessitated an update to the parity Analysis(es).	State Plan Amendments
6.	When was the last parity analysis(es) for this program completed?	November 2024
7.	When was the last parity analysis(es) for this program submitted to CMS?	January 13, 2025
8.	In the last analysis(es) conducted, were any deficiencies identified?	No
9.	As of the end of this reporting period, have these deficiencies been resolved for all plans?	n/a
10.	If deficiencies have not been resolved, select all that apply.	n/a
11.	Has the state posted the current parity analysis(es) covering this program on its website?	Yes.
12.	Provide the URL link(s)	hca.wa.gov/about-hca/data-and- reports/apple-health-medicaid-and- managed-care-reports
13.	When will the state post the current parity analysis(es) on its State Medicaid website in accordance with 42 CFR 438.920(b)(1)?	As soon as it is approved and posted on the website

### Appendix B. Washington State benefits

#### Figure 1: Medicaid State Plan Benefit Packages (WAC 182-501-0060)

- 1. The letter "Y" means a service category is included for that program.
- 2. The letter "N" means a service category is not included for that program.
- 3. Refer to WAC 182-501-0065 for a description of each service category and for the specific program rules containing the limitations and restrictions to services\*.

Service categories	ABP 20-	ABP 21+	CN1 20-	CN 21+	MN20-	MN 21+
Ambulance (ground and air)	Y	Y	Y	Y	Y	Y
Applied behavior analysis (ABA)	Y	N	Y	N	Y	N
Behavioral health services	Y	Y	Y	Y	Y	Y
Blood/blood products/related services	Y	Y	Y	Y	Y	Y
Dental services	Y	Y	Y	Y	Y	Y
Diagnostic services (lab and X-ray)	Y	Y	Y	Y	Y	Y
Early and periodic screening, diagnosis, and treatment (EPSDT) services	Y	N	Y	N	Y	N
Enteral nutrition program	Y	Y	Y	Y	Y	Y
Habilitative services	Y	Y	N	N	N	Ν
Health care professional services	Y	Y	Y	Y	Y	Y
Healthhomes	Y	Y	Y	N	Ν	Ν
Hearing evaluations	Y	Y	Y	Y	Y	Y
Hearing aids	Y	Y	Y	Y	Y	Y
Home health services	Y	Y	Y	Y	Y	Y
Home infusion therapy/parenteral nutrition program	Y	Y	Y	Y	Y	Y
Hospice services	Y	Y	Y	Y	Y	Y
Hospital services Inpatient/outpatient	Y	Y	Y	Y	Y	Y
Intermediate care facility/services for persons with intellectual disabilities	Y	Y	Y	Y	Y	Y
Maternity care and delivery services	Y	Y	Y	Y	Y	Y
Medical equipment, supplies, and appliances	Y	Y	Y	Y	Y	Y
Medical nutrition therapy	Y	N	Y	N	Y	Ν
Nursing facility services	Y	Y	Y	Y	Y	Y
Organ transplants	Y	Y	Y	Y	Y	Y
Orthodontic services	Y	N	Y	N	Y	N
Out-of-state services	Y	Y	Y	Y	Y	Y

Outpatient rehabilitation services (OT, PT, ST)	Y	Y	Y	Y	Y	N
Personal care services	Y	Y	Y	Y	N	N
Prescription drugs	Y	Y	Y	Y	Y	Y
Private duty nursing	Y	Y	Y	Y	Y	Y
Prosthetic/orthotic devices	Y	Y	Y	Y	Y	Y
Reproductive health services	Y	Y	Y	Y	Y	Y
Respiratory care (oxygen)	Y	Y	Y	Y	Y	Y
School-based medical services	Y	Ν	Y	N	Y	N
Vision care Exams, refractions, and fittings	Y	Y	Y	Y	Y	Y
Vision hardware Frames and lenses	Y	Ν	Y	N	Y	Ν

#### \*ABBREVIATIONS:

ABP - Alternative Benefit Plan

CN - Categorically Needy Program

MCS - Medical Care Services

MN - Medically Needy Program

### Figure 2: SUD Services

Service	Service category
Assessment services (intake evaluation and assessment)	Outpatient/Inpatient
Case management	Outpatient
Opioid treatment program	Outpatient
Outpatient treatment	Outpatient
Alcohol/Drug Screening and Brief Intervention	Outpatient
Intensive inpatient residential services	Inpatient
Long-term care residential services	Inpatient
Recovery House residential services	Inpatient
Withdrawal Management	Inpatient
Secure Withdrawal Management	Inpatient
Urinalysis Drug Screening	Outpatient
Problem Gambling Assessment Services	Outpatient
Problem Gambling Outpatient Treatment	Outpatient

### Figure 3: Mental health services

Service	Service cate	egory

Crisis Intervention Services	Emergency
Crisis Stabilization	Inpatient and Outpatient
Freestanding Evaluation and Treatment	Inpatient
Psychiatric Inpatient Services	Inpatient
Brief Intervention Treatment	Outpatient
Day Support	Outpatient
Family Treatment	Outpatient
Group Treatment Services	Outpatient
High Intensity Treatment	Outpatient
Individual Treatment Services	Outpatient
Medication Management	Outpatient
Medication Monitoring	Outpatient
Mental Health Services Provided in a Residential Setting	Inpatient
Peer Support	Outpatient
Special Populations Evaluation	Outpatient
Therapeutic Psychoeducation	Outpatient
Behavioral Health Care Coordination and Community Integration	Outpatient

## Figure 4: Service categories for mental health benefits

#### Behavioral health services codes

CPT <sup>®</sup> Code	Short description	IP/OP/PH/C*	HCA	HCA limits/EPA/PA
90785	Psytx complex inter-active	IP/OP	HCA	
90791	Psych diagnostic evaluation	IP/OP	HCA	One per client, per provider, per calendar year
90792	Psych diag eval w/med srvcs	IP/OP	HCA	One per client, per provider, per calendar year
90832	Psytx pt&/family 30 minutes	IP/OP	HCA	
90833	Psytx pt&/fam w/e&m 30 min	IP/OP	HCA	
90834	Psytx pt&/family 45 minutes	IP/OP	HCA	
90836	Psytx pt&/fam w/e&m 45 min	IP/OP	HCA	
90837	Psytx pt&/family 60 minutes	IP/OP	HCA	
90838	Psytx pt&/fam w/e&m 60 min	IP/OP	HCA	
90845	Psychoanalysis	IP/OP	HCA	
90846	Family psytx w/o patient	IP/OP	HCA	
90847	Family psytx w/patient	IP/OP	HCA	
90849	Multiple family group psytx	IP/OP	HCA	

90853	Group psychotherapy	IP/OP	HCA	
90867	Tcranial magn stim tx plan	OP	HCA	One per client, per year; outpatient only
90868	Tcranial magn stim tx deli	IP/OP	HCA	30 visits in 7-week period followed by 6 taper treatments: outpatient only
90869	Tcran magn stim redetermine	IP/OP	HCA	Limit 1 per client per year
90870	Electroconvulsive therapy	OP	HCA	
96110	Developmental screen	OP	HCA	
96112	Devel tst phys/qhp 1st hr	OP	HCA	
96113	Devel tsxt phys/qhp ea add	Ор	HCA	
96116	Neurobehavioral status exam	OP	HCA	PA
96121	Nubhvl xm phy/qhp ea addl hr			
96130	Psycl tst eval phys/qhp 1st	OP	HCA	
96131	Psycl tst eval phys/qhp ea	OP	HCA	Lifetime limit of 12 units for any combination of 96130, 96131, 96136, 96137, 96138, 96139 and 9614
96132	Neuropsych test by psych/phys	OP	HCA	EPA, PA if EPA does not apply
96133	Nrpsyc tst eval phys/qhp ea	OP	HCA	Lifetime limit of 12 units for any combination of 96130, 96131, 96136, 96137, 96138, 96139 and 9614
96136	Psycl/nrpsyc tst phy/qhp 1st	OP	HCA	PA for Neuropsych age 20 and older
96137	Psycl/nrpsyc tst phy/qhp ea	OP	HCA	PA for Neuropsych age 20 and older
96138	Neuropsych testing by tech	OP	HCA	EPA, PA if EPA does not apply
96139	Psycl/nrpsyc tst tech ea	OP	HCA	PA for Neuropsych age 20 and older
96146	Psycl/nrpsyc tst auto result	OP	HCA	PA for Neuropsych age 20 and older
99202	Office o/p new sf 15-29 min	OP	HCA	
99203	Office o/p new low 30-44 min	OP	HCA	
99204	Office o/p new mod 45-59 min	OP	HCA	
99205	Office o/p new hi 60-74 min	OP	HCA	
99211	Office o/p est minimal prob	OP	HCA	
99212	Office o/p est sf 10-19 min	OP	HCA	
99213	Office o/p est low 20-29 min	OP	HCA	
99214	Office o/p est mod 30-39 min	OP	HCA	
99215	Office o/p est hi 40-54 min	OP	HCA	
99218	Initial observation care	IP	HCA	
99219	Initial observation care	IP	HCA	

99220	Initial observation care	IP	HCA
99304	Nursing facility care init	OP	HCA
99305	Nursing facility care init	OP	HCA
99306	E&M, nursing facility, new patient, level 3	OP	HCA
99307	E&M, established patient, nursing facility, level 1	OP	HCA
99308	E&M, established patient, nursing facility, level 2	OP	HCA
99309	E&M, established patient, nursing facility, level 3	OP	HCA
99310	E&M, established patient, nursing facility, level 4	OP	HCA
99315	Nursing fac discharge day	OP	HCA
99316	Nursing fac discharge day	OP	HCA
99341	Home visit, new patient	OP	HCA
99344	Home visit, new patient	OP	HCA
99345	Home visit, new patient	OP	HCA
99347	Home visit, ext. patient	OP	HCA
99348	Home visit, ext. patient	OP	HCA
99349	Home visit, ext. patient	OP	HCA
99350	Home visit, ext. patient	OP	HCA
+ G0317	Prolong nursing fac eval 15M	OP	HCA
+ G0318	Prolong home eval add 15Ml	OP	HCA
+ G2212	Prolong outpt/office vis	OP	HCA

## Appendix C. MCO response table

#### Figure 1. MCO Response Table

Key: Yes = Standard met; No = Standard not met

Questions	CHPW	CCW	MHW	UHC	WLP
Provide a copy of your behavioral health parity analysis applicable to the year under review. Include a narrative summary of the following: a) your data, b) actions taken or planned in response to any differences discovered between behavioral health (mental health and substance use disorder) and comparable medical/surgical (MEDICAL/SURGICAL) services; and c) an explanation of any differences.	Yes	Yes	Yes	Yes	Yes
Provide a description of the processes, tools, or models used to complete your behavioral health parity analysis. Include the mechanism(s) you have that would trigger an ad hoc review.	Yes	Yes	Yes	Yes	Yes
Describe the following: a) the findings from your Non- Quantitative Treatment Limits (NQTL) comparative analysis. b) any actions taken or planned to bring your program into compliance; and c) a copy of your comparative NQTL analysis.	Yes	Yes	Yes	Yes	Yes
If there were any differences identified in the comparative analysis for 'fail first' or	Yes	Yes	Yes	Yes	Yes

the comparative analysis for 'fail first' or

'failure to complete/initiate' within behavioral health and medical/surgical standards, describe why they differ.

Yes	Yes	Yes	Yes	Yes
	Yes			