

Over the counter contraception for Apple Health clients

Does Apple Health cover over the counter birth control?

Yes, over the counter (OTC) birth control, also known as contraceptives, are covered by Apple Health (Medicaid) without a prescription at no cost to you. Some birth control, like condoms, can also help prevent sexually transmitted infections.

What is OTC birth control?

OTC birth control such as condoms and most emergency contraceptives (e.g., morning after pill) can be obtained without a prescription or a visit to your doctor. For a list of covered OTC birth control products, see the [Apple Health covered OTC contraceptive list](#).

How can I get OTC birth control?

Apple Health covers OTC birth control at no cost when billed by a pharmacy.

- Call your health plan to locate a pharmacy that accepts Apple Health coverage.
- Go to your pharmacy and speak with the pharmacist about which OTC birth control is best for you. Bring your Apple Health or managed care services card with you.
- You do not need a prescription, but you must go to a pharmacy so they can bill Apple Health.
- If your pharmacy has questions on how to bill for OTC birth control, refer them to [Pharmacy FAQ](#) for more information.

Only products included in the pharmacy's database are covered. For a list of covered OTC birth control products, see the [Apple Health covered OTC contraceptive list](#).

Are there limits on OTC birth control?

No, there are no limits on age, quantity, or frequency.

Can I buy OTC birth control and be reimbursed for the cost?

No, OTC birth control must be billed by a pharmacy. You cannot be reimbursed for OTC birth control you purchase yourself.

When do I need a prescription for birth control?

Other methods of birth control require a visit to a doctor. Examples include:

- Birth control pills
- Patches or rings that are taken daily or weekly
- As well as depot-medroxyprogesterone (DMPA, Depo-Provera)
- Intrauterine devices (IUD)

Where can I get more information?

For more information on choosing the birth control that is right for you, visit [the Department of Health birth control and emergency contraception page](#).

Contact

[Contact your health plan](#) for additional questions.