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Mental Health Assessment for Young Children

Webinar: Introduction to Billing
January 6, 2022

Washington State
Health Care Authority

Introductions

Christine Cole, LCSW, IMH-E®

Infant & Early Childhood Mental Health Program Manager
Clinical Quality Care Transformation
Christine.Cole@hca.wa.gov

Kimberly “Kiki” Fabian, M.Ed.

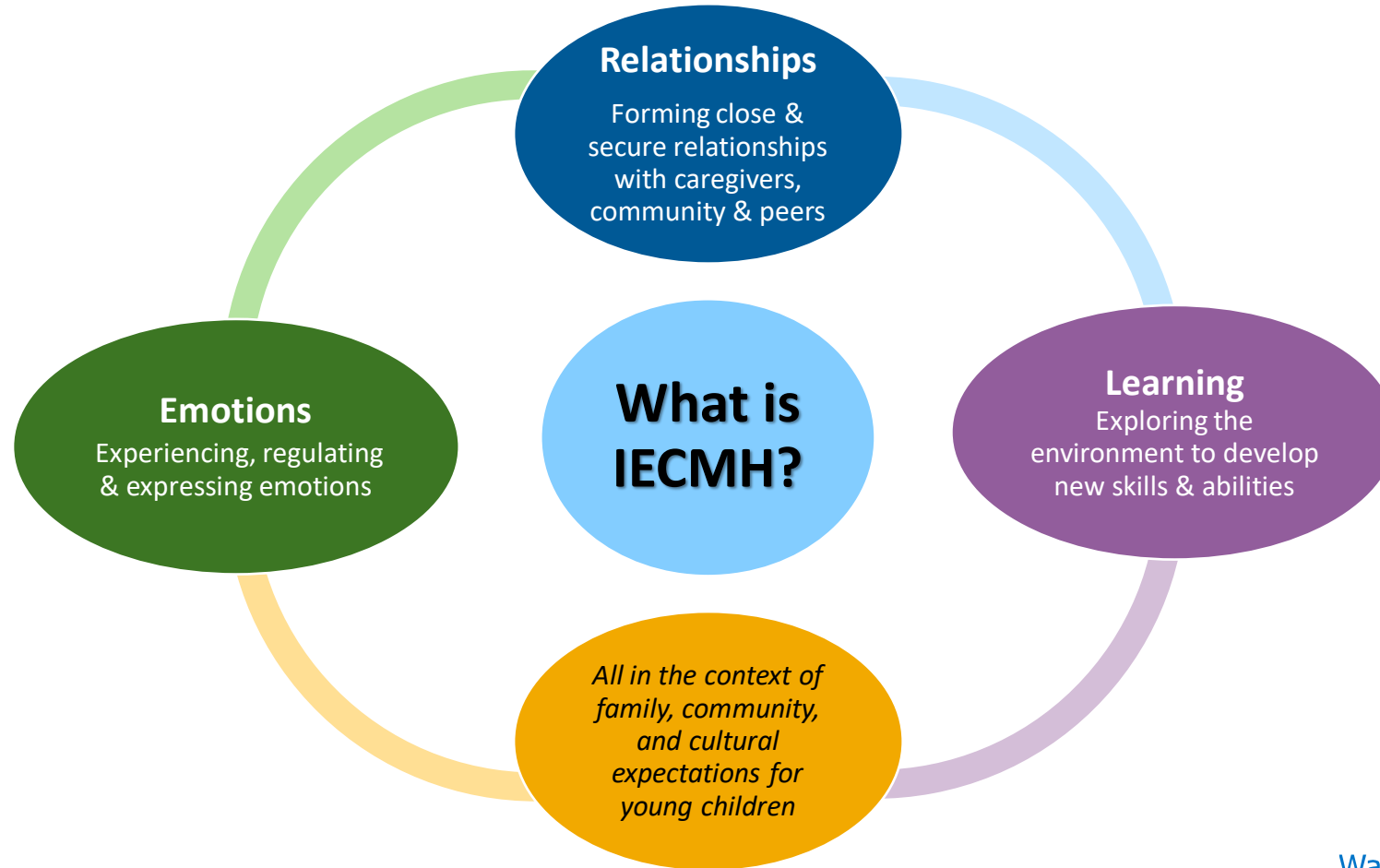
Infant-Early Childhood Mental Health Analyst
Division of Behavioral Health and Recovery
Kiki.Fabian@hca.wa.gov

Objectives

- ▶ Explain the rationale for developmentally appropriate mental health assessment for young children
- ▶ Provide billing & encounter guidance for multi-session mental health assessments
- ▶ Describe process for provider travel reimbursement
- ▶ Share opportunities for resources & engagement

Background

What is infant-early childhood mental health?





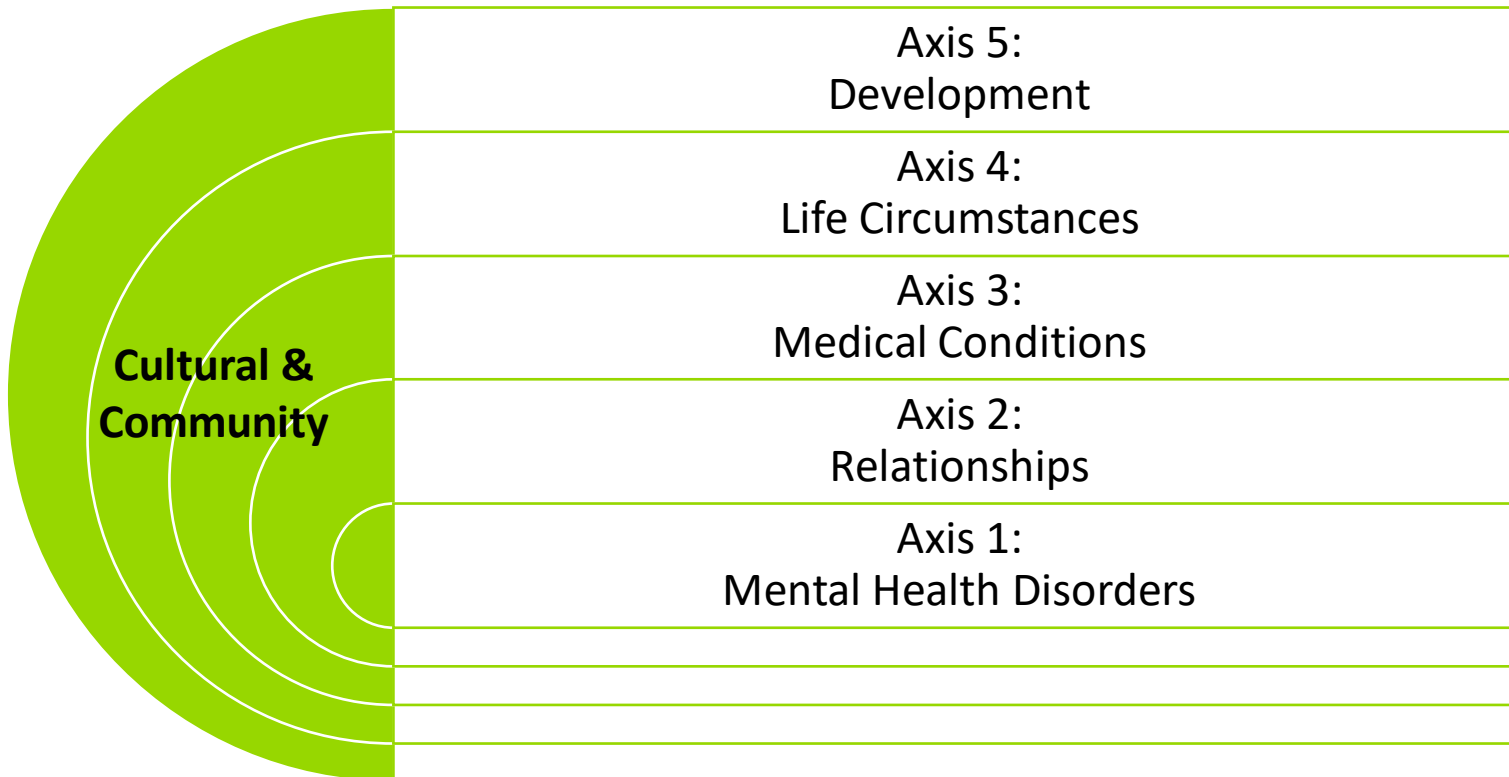
Developmentally appropriate mental health assessment

- ▶ Work on developmentally appropriate assessment & diagnosis for infants and young children has been ongoing for several years.
- ▶ Existing classification systems, such as the DSM, do not pay adequate attention to the unique developmental & relational experiences of infants and very young children.

Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5™)

Starts with understanding multiple aspects of a child's life *from the family's perspective* **BEFORE** diagnosing

Then, look at emotional/behavioral symptoms, with a developmental lens



Developmentally specific criteria for mental health disorders

- i.e. depression for a 3-year-old looks different than a 30-year-old

Additional mental health disorders that are specific for in infancy and early childhood

- e.g. Overactivity Disorder of Toddlerhood

Apple Health Policy Changes

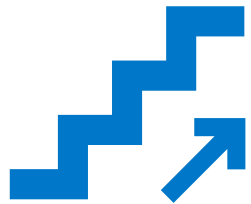
After many years of work from infant-early childhood mental health advocates, HB 1325 Sec (2)(11) was signed into law in April 2021, making the following changes for Apple Health:

- (a) Allow the following for mental health assessment and diagnosis of children from birth through five years of age:
 - (i) **Up to five sessions** for purposes of intake and assessment
 - (ii) **Assessments in home or community settings**, including reimbursement for provider travel

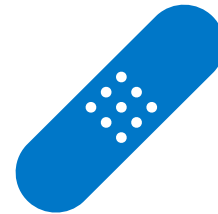
- (b) **Require providers to use the current version of the DC:0-5** diagnostic classification system for mental health assessment and diagnosis of children from birth through five years of age.

See RCW 74.09.520: Medical assistance—Care and services included—Funding limitations.

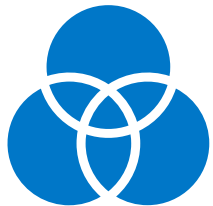
IECMH in Policy Implementation



Stages & Milestones



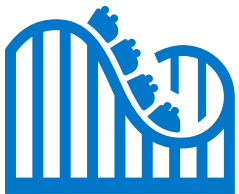
Rupture & Repair



Across Domains



Relational Context



Gains & Regressions



Lifelong

The logo features a white outline of an apple with a stem and leaf. Inside the apple outline, the words "Washington" and "Apple Health" are written in a white, sans-serif font. "Washington" is on the top line, and "Apple Health" is on the bottom line, with "Apple" and "Health" being larger than "Washington".

Washington
Apple Health

Apple Health Mental Health System

Multi-system network of providers and services

- ▶ Governed by different authorities
- ▶ Funded by different funding streams
- ▶ Multiple changes over the past decade

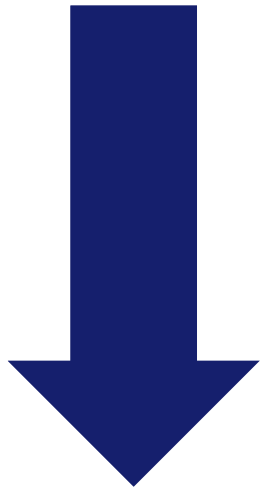


Apple Health Mental Health Services



Behavioral health benefit

- **Historically,** considered higher acuity



Physical health benefit

- **Historically,** considered lower acuity or mild/moderate

Specialized mental health services

- Section “**13d. Rehabilitative Services**” of the Washington Medicaid State Plan
- Practitioners need to be working for a DOH-licensed Behavioral Health Agency (BHA)
- Apple Health Reference Tools:
 - Managed Care: Service Encounter Reporting Instruction (SERI)
 - Fee-for-Service: Mental Health Billing Guide (Part 2)

Mental health outpatient services

- Sections “**5a. Physician Services**” & “**6. Other Practitioner Services**” of the Washington Medicaid State Plan
- Practitioners need to be independently licensed with Department of Health (DOH)
- Apple Health Reference Tool: Mental Health Billing Guide (Part 1)

Managed care and fee-for-service

▶ Fee-for-service

- ▶ Also known as Apple Health coverage without a managed care plan
- ▶ HCA pays providers directly for each service they provide

▶ Managed care

- ▶ Delivery system organized to manage cost, utilization, and quality
- ▶ Contracted arrangements between HCA and managed care organizations (MCOs) that accept a set per member, per month (capitation) payment

Nov 2021 Enrollment (<19yo)	%
Fee-for-service (FFS)	6%
Managed care (all plans)	94%
• Molina	52%
• Community Health Plan	12%
• Coordinated Care	11%
• UnitedHealthCare	10%
• Amerigroup	9%

Note: For clients enrolled in an HCA-contracted managed care organization (MCO), providers must follow the policies and procedures of the MCO.

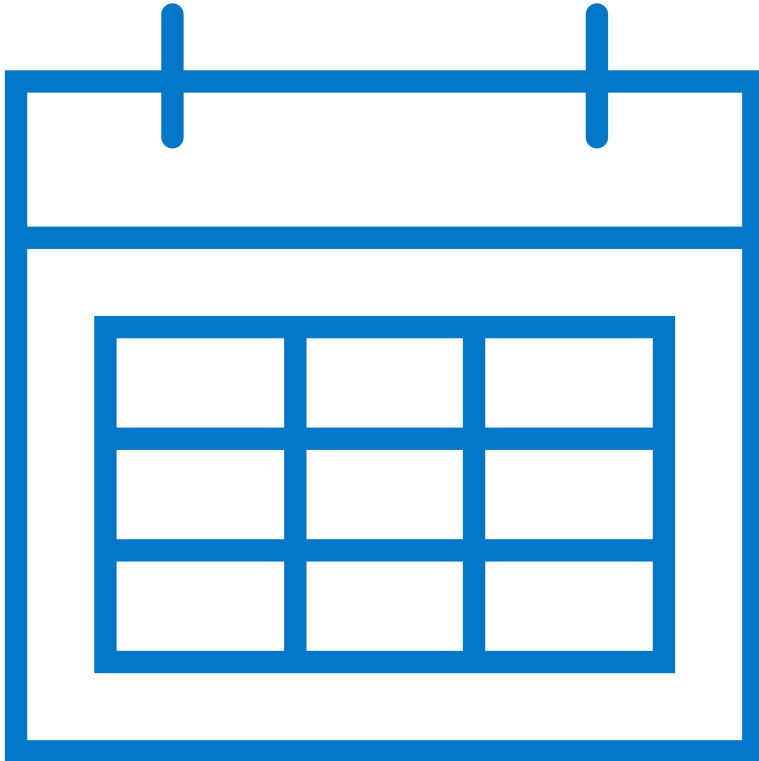
HCA Billing & Encounter Guidance

- ▶ HCA billing & encounter guidance is updated on a quarterly/semi-annual basis
- ▶ Visit [Provider billing guides and fee schedules webpage](#)* for the most current versions.
 - ▶ Mental Health Billing Guide Part I: Pages 53 - 55
 - ▶ Mental Health Billing Guide Part II: Pages 105 - 106
 - ▶ Service Encounter Reporting Instructions (SERI): SERI Interim Guidance (effective 11/10/2021)

*Source: <https://www.hca.wa.gov/billers-providers-partners/prior-authorization-claims-and-billing/provider-billing-guides-and-fee-schedules>

Reminder: For clients enrolled in an HCA-contracted MCO, providers must follow the policies and procedures of the MCO.

Multi-Session Assessments



Up to 5 sessions

Apple Health (Medicaid) mental health providers conducting a mental health assessment for a child from **birth through age 5** will be eligible for **reimbursement for up to five sessions** for the assessment (*per client, per provider, per calendar year*)

- ▶ Claims must be submitted using the appropriate Psychiatric Diagnostic Evaluation CPT[®]/HCPCS codes for each session conducted with the child and the child's family

Note: Refer to the appropriate guide for details around appropriate provider qualifications.

Mental Health Providers

Key examples of a mental health providers may include:

- A psychiatrist, psychologist, physician assistant working with a supervising psychiatrist, psychiatric advanced registered nurse practitioner (ARNP), psychiatric nurse, or social worker as defined in [Title 71 RCW*](#).
- A person who is licensed by the Department of Health as a mental health counselor or mental health counselor associate, marriage and family therapist, or marriage and family therapist associate.
- An agency affiliated counselor as defined by rule [WAC 246-810-016**](#) or [WAC 246-810-017***](#).

*Source: app.leg.wa.gov/RCW/default.aspx?cite=71

**Source: app.leg.wa.gov/wac/default.aspx?cite=246-810-016

***Source: app.leg.wa.gov/wac/default.aspx?cite=246-810-017

Billing and Encounter Guidance

Mental Health Outpatient Services

Service codes: **90791 & 90792**

Reference: **Mental Health Billing Guide (Part 1)**

90791 or 90972 can be billed **five (5) times** per client, per provider, per calendar year

Specialized Mental Health Services

Service codes: **90791, 90792 & H0031**

Reference: **Mental Health Billing Guide (Part 2)**

90791, 90972 or H0031 can be billed **five (5) times** per client, per provider, per calendar year

Community Behavioral Health

Service codes: **90791, 90792 & H0031**

Reference: **Service Encounter Reporting Instructions (SERI)**

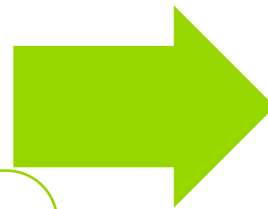
90791, 90972 or H0031 can be billed **five (5) times** per client, per provider, per calendar year;
****Continue to use 53 modifier****

Reporting Diagnosis

- ▶ Federal Medicaid guidance requires the use of ICD (International Classification of Disease) code on claims & encounters.

Initial Assessment Sessions

- When a diagnosis cannot be made or is unknown use:
F99 “Mental disorder, not otherwise specified”



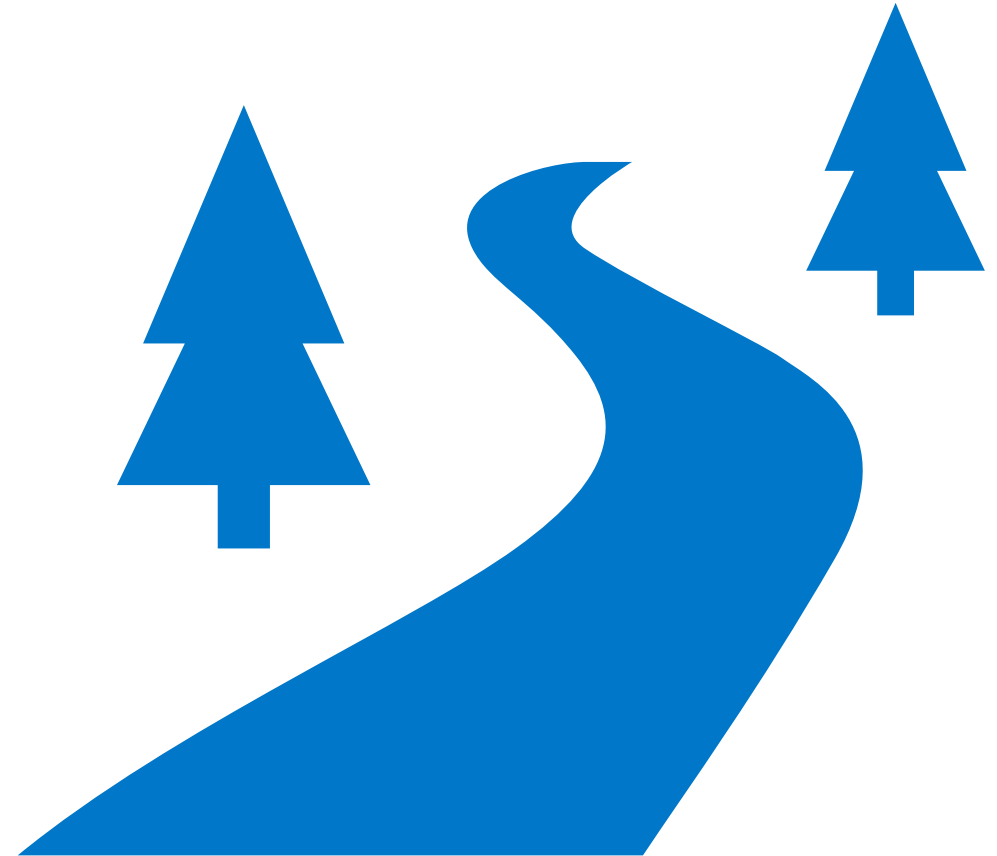
Final Assessment Session

- Providers must use the most specific ICD-10 code available
- Providers may reference the Apple Health DC:0-5™ Crosswalk

Reimbursement for Provider Travel

Provider Travel Policy

- ▶ Apple Health (Medicaid) mental health professionals providing a mental health assessment to a child ages birth - 5 will be **eligible for reimbursement for provider travel to home & community settings for the mental health assessment sessions.**



Provider Travel – Claim Requirements

- ▶ Eligible claims will include the following:
 - ▶ Service code indicating a mental health assessment
 - ▶ Client age is birth through age five
 - ▶ Place of service (POS) indicating assessment occurred in a home or community setting

CPT®/HCPCS Codes	Client DOB:	POS Code:
90791 90792 H0031	0 years up until 6 th birthday	03: School 04: Homeless Shelter 12: Home 99: Other Place of Service

Travel Reimbursement

- ▶ Travel will be reimbursed using OFM mileage rates *
- ▶ **Fee-for-service providers & MCOs** will submit an A-19 form to HCA for reimbursement

Note: For clients enrolled in an HCA-contracted MCOs, providers must follow the policies and procedures of the MCO regarding provider travel reimbursement.

*Source: ofm.wa.gov/accounting/administrative-accounting-resources/travel

A-19 form for Fee-for-service

Note: Completed A-19 forms should be submitted to FFSQuestions@hca.wa.gov using a secure email.

Mileage Reimbursement - Washington Fee for Service (FFS) - Pooled Travel Funds (1/1/2022 - 6/30/2022) (Current mileage reimbursement rates can be found at https://ofm.wa.gov/accounting/administrative-accounting-resources/travel)							
SERVICE DATE	CLIENT PROVIDER ONE NUMBER	FROM	TO	MILES (POINT TO POINT)	MILEAGE RATE	REIMBURSEMENT AMOUNT	FOR AGENCY USE
						-	
						-	
						-	

▶ All submissions must be named in the following convention:

Mental Health Assessment for Young Children-A19 (Provider Name and Date submitted)

▶ All submissions must include the following:

- ▶ Provider name and address
- ▶ Provider Federal ID (EIN)
- ▶ Provider Statewide Vendor Number (SWV)

▶ Each line/entry represents a one-way trip and must include:

- ▶ Date of service
- ▶ Client’s ProviderOne Number
- ▶ Address of starting point and ending point
- ▶ Miles from starting point to ending point
- ▶ Current OFM Mileage rate

▶ Reimbursement amount is automatically calculated

Resources, Supports, & Community Engagement

Free DC: 0 – 5™ Training

Clinical DC: 0 – 5 Training

- **Mental health professionals** will be supported in adopting approaches to diagnosis and assessment that are developmentally informed, relationship based, and culturally competent.

Overview DC: 0 – 5 Training

- Provides an overview of the background, approach, and content areas of DC:0-5™ and is particularly helpful for **allied professionals** in understanding the importance of developmentally appropriate diagnostic practices.

Trainings will be offered through June 30, 2023.

Interim Apple Health DC:0-5™ Crosswalk

Obsessive Compulsive & Related Disorders

DC:0 – 5™ Axis I Clinical Disorder	DSM Diagnosis	ICD Classification
Obsessive-Compulsive Disorder	50.1 Obsessive-Compulsive Disorder	300.3 Mixed Obsessional Thoughts & Acts F422
Tourette's Disorder	50.2 Tourette's Disorder	307.23 Tourette's Disorder F952
Motor or Vocal Tic Disorder	50.3 Persistent (Chronic) Motor or Vocal Tic Disorder	307.22 Chronic motor or vocal tic disorder F951
Trichotillomania	50.4 Trichotillomania	312.39 Trichotillomania F633
Skin Picking Disorder of Infancy/Early Childhood	50.5 Excoriation (Skin-Picking Disorder)	698.4 Excoriation (Skin-Picking Disorder) F424
Other Obsessive Compulsive and Related Disorders	50.6 Other Specified Obsessive-Compulsive and Related Disorder	300.3 Other obsessive-compulsive disorder F428

- ▶ HCA will develop a **crosswalk** from **DC: 0 – 5™ diagnoses to ICD diagnostic codes & DSM diagnoses.**
- ▶ Crosswalk will be published on the Mental Health Assessment for Young Children provider webpage
- ▶ Crosswalk is based on the Zero To Three (ZTT) crosswalk, with edits made to align with Apple Health/Medicaid billing policies

Apple Health DC:0-5™ Crosswalk Kick-off

January
20th

1:00-2:30pm

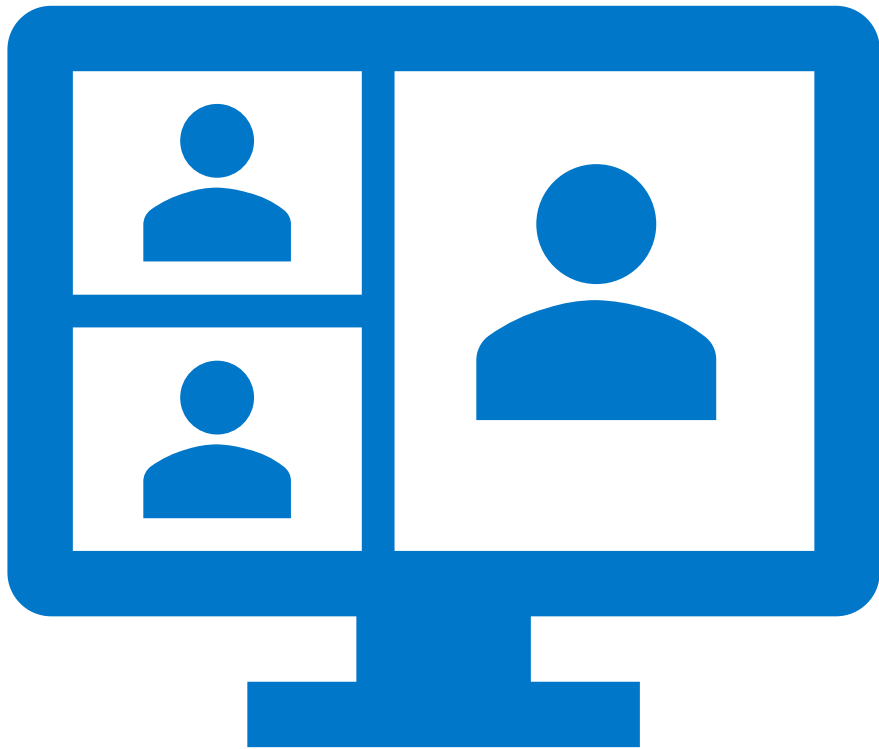
Register [here](#)*

- Learn about how to use the interim Apple Health DC:0-5 Crosswalk



- Learn about the community workgroup tasked with **reviewing and revising the interim crosswalk**

*Registration link: <https://zoom.us/j/94567846361>



Mental Health Assessment for Young Children – **Billing Office Hours**

January 27th

10:00-11:00 am

Register [here](#)*

*Registration link: <https://zoom.us/j/94277160228>



Want to Connect?

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Christine.Cole@hca.wa.gov

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See the next slide for additional links & resources!

Apple Health Materials

- ▶ **Washington Medicaid State Plan:** hca.wa.gov/assets/program/SP-Att-3-Services-General-Provisions.pdf
- ▶ **Service Encounter Reporting Instructions (SERI):** hca.wa.gov/billers-providers-partners/behavioral-health-recovery/service-encounter-reporting-instructions-seri
- ▶ **HCA Billing Guides, including Mental Health and Telehealth Billing Guides:** hca.wa.gov/billers-providers-partners/prior-authorization-claims-and-billing/provider-billing-guides-and-fee-schedules
- ▶ **Mental health assessment for young children**
 - ▶ **Program webpage:** <https://www.hca.wa.gov/about-hca/behavioral-health-recovery/mental-health-assessment-young-children>
 - ▶ **Provider webpage:** <https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/mental-health-assessment-young-children>
- ▶ **Prenatal – Age 25 Behavioral Health updates:**
https://public.govdelivery.com/accounts/WAHCA/subscriber/new?topic_id=WAHCA_404
- ▶ **Children & Youth Behavioral Health workgroup:** <https://www.hca.wa.gov/about-hca/behavioral-health-recovery/children-and-youth-behavioral-health-work-group-cybhgw>

IECMH Materials

- ▶ **Infant and Early Childhood Mental Health: Promotion, Prevention, and Treatment:** zerotothree.org/resources/series/infant-and-early-childhood-mental-health-promotion-prevention-and-treatment
- ▶ **The Basics of Infant & Early Childhood Mental Health:** zerotothree.org/resources/1951-the-basics-of-infant-and-early-childhood-mental-health-a-briefing-paper
- ▶ **The Handbook of Infant Mental Health (Zeanah, 2009):** researchgate.net/profile/Charles-Zeanah/publication/303365349_The_Scope_of_Infant_Mental_Health/links/573e284708ae9f741b300986/The-Scope-of-Infant-Mental-Health.pdf
- ▶ **Washington Alliance of Infant Mental Health:** wa-aimh.org/
- ▶ **The Barnard Center for Infant Mental Health & Development:** barnardcenter.nursing.uw.edu/
- ▶ **PRISM Project:** nccp.org/prism-project/
- ▶ **Diversity Informed Tenets:** Divediversityinformedtenets.org/
- ▶ **Center for the Developing Child:** developingchild.harvard.edu/

DC 0-5™ Materials

- ▶ **DC:0-5™ Manual & Training:** zerotothree.org/resources/2221-dc-0-5-manual-and-training
- ▶ **A Briefing Paper on the DC:0-5™:** zerotothree.org/resources/1953-dc-0-5-a-briefing-paper-on-diagnostic-classification-of-mental-health-and-developmental-disorders-of-infancy-and-early-childhood
- ▶ **A Briefing Paper on DC:0-5™ Crosswalks:** zerotothree.org/resources/1954-dc-0-5-crosswalk-a-briefing-paper
- ▶ **The Integration of DC:0-5™ into State Policy & Systems:** zerotothree.org/resources/2343-advancing-infant-and-early-childhood-mental-health-the-integration-of-dc-0-5-into-state-policy-and-systems