DBHR listening session for behavioral health service providers

April 25, 1:30 to 2:30 p.m.

Behavioral health providers have the power to stop an overdose. <u>Learn</u> <u>more.</u>



Teams listening session norms

- Mute yourself if you are not speaking.
- Raise your hand if you want to speak.
- This time is for you. Ask questions, give comments, ask for help if you need it.
- ▶ If we cannot answer your question on this call, we will follow up after the webinar.



Disclaimer

- This meeting is being recorded.
- The meeting will be shared on <u>HCA's contractor and provider resource</u> page.
- This recording is open to public disclosure.
- Please do not disclose any private or confidential information.



Agenda

Subject	Who
• Welcome	Keri Waterland
DBHR section updates	Michael Langer
 Developmentally appropriate: What does it mean? And why is it important? 	Diana Cockrell
2023 session wrap up	 Kimberly Wright and Grace Burkhart
• Questions	• All



DBHR updates: Prevention

- Spring Youth Forum
 - ► Tuesday, May 9 to Wednesday, May 10 at the Great Wolf Lodge
 - Visit <u>springyouthforum.org</u> for more information!
- Do you work with families affected by Opioid Use Disorder?
 - ► Through the University of Washington's Social Development Research Group, the Northwest Center for Family Support is working to increase access to evidence-based prevention interventions for families affected by opioid use disorder (OUD).
 - ➤ Contact Jim Leighty at <u>ileighty@uw.edu</u> if interested.
- DBHR's Ask an Expert video series launched in February.
 - ► The first three videos can be viewed on HCA's You Tube channel or the Focus On campaign website.
- Check out the new <u>Healthy Youth Survey website</u>.



DBHR updates: Prevention

- In partnership with our colleagues at the Department of Health we are excited to promote an upcoming funding opportunity!
 - ► The Washington State Department of Health (DOH) has announced the Community Based Prevention Capacity Building Grant.
 - ► This funding opportunity is an expansion of The DOH's Youth Cannabis and Commercial Tobacco Prevention Program (YCCTPP).
 - ► This new funding opportunity is intended to support new and emerging partners in addressing prevention and community wellness.
 - ► For questions regarding this funding opportunity, please direct them to the RFA Coordinator: Katherine Zavala <u>Katherine.Zavala@doh.wa.gov</u>.



DBHR updates: Prenatal through age 25

- Character HCA is launching a Mental Health toolkit and an updated No Shame in Your Brain toolkit for mental health acceptance and awareness month in May.
 - ➤ The toolkits provide key messages, events, and resources for parents, family members, caregivers, youth, and providers to promote awareness throughout the month.
- ► HCA's Infant Early Childhood Mental Health (IECMH) team will conduct a tour to visit mental health providers and community partners in each region of the state in July.
 - ➤ The tour will include provider listening sessions with Apple Health mental health providers and community networking events to connect local organizations who support families and young children. <u>Learn more on the IECMH webpage</u>.



DBHR updates: Prenatal through age 25

- The Family Initiated Treatment (FIT) launched <u>a FIT survey</u> to collect feedback from youth, parents, and providers on their experience accessing FIT services. Please share with your networks.
- ▶ Register for the Say It Out Loud (SIOL) Conference being held in-person Monday May 22 at the Davenport Grand in Spokane.
 - ➤ Keynote Roo Ramos (they/them), is an Iñupiaq, Two Spirit liberation and equity consultant and nonprofit leader and is the staff-chosen Executive Director of Spectrum Center in Spokane.
 - > \$75 Registration closes May 2nd.
- We need provider input into the Strategic Plan for Prenatal through age 25 out of the Children Youth Behavioral Health Workgroup! Want to be part of it please contact us here cybhwg@hca.wa.gov.



Adult Substance Use and Treatment

Washington State Behavioral Health Services Delivery Guide in development

- ► The guide will include information on the service modalities, facilities, and providers that make up Washington's behavioral health delivery system.
- ► If interested in participating in Behavioral Health Provider Discovery Sessions, please reach out to: Danielle dstumpf@berrydunn.com and John john.bermudez@berrydunn.com.

2023 Behavioral Health Provider Survey

- ► The survey is an opportunity for behavioral health treatment agencies to share the services they provide, the improvement efforts they are currently undertaking, and the diversity of their behavioral health clinical staff
- Agency directors have received a survey invitation by US mail containing a link to the survey and their secure PIN
- ► For additional information, email <u>Felix Rodriguez</u> or call 360-791-4125.



DBHR updates: Recovery Support Services

- Senate Bill 5555 − The "Peer Bill" passed, and the RSS team will be working on meeting the tasks outlined in the bill to include but not limited to:
 - ► Enhancing the current CPC curriculum to 80 hours
 - Developing a Supervisor training for CPCs
 - ▶ Beginning July 1, HCA will launch a newly developed 40hr Crisis Training for CPCs working in crisis settings
- Join us for Operationalizing Peer Support Open Office Hours
 - ► Held every Monday from 1pm-2pm
 - ➤ A space for Supervisors of Peers and Peer Support Program Administrators to get program support
- A <u>FAQ</u> on the Recovery Residence Referral Mandate, <u>RCW 41.05.760</u>, is now posted on the Recovery Residence webpage.

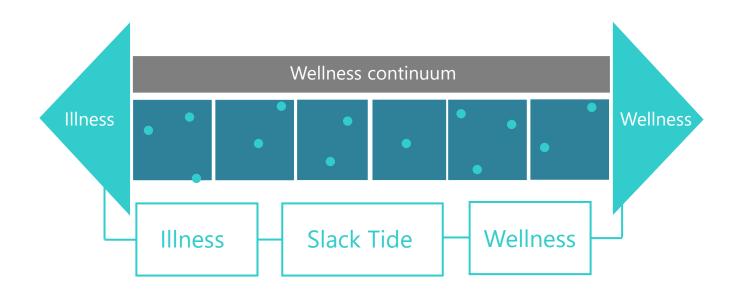


Developmentally appropriate: what is it? why does it matter?

April 25, 2023

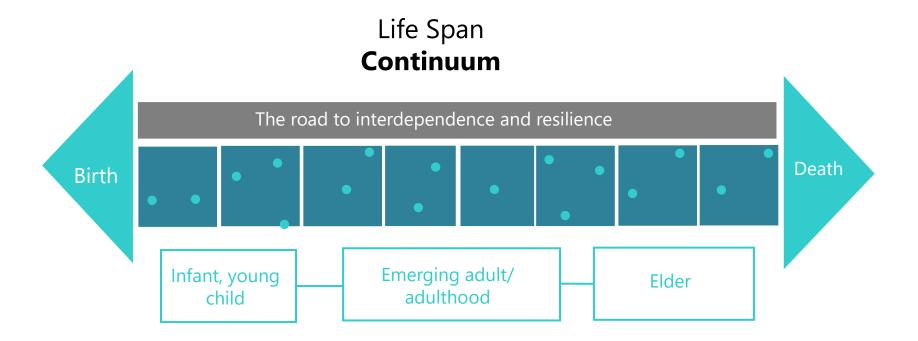


Human experience

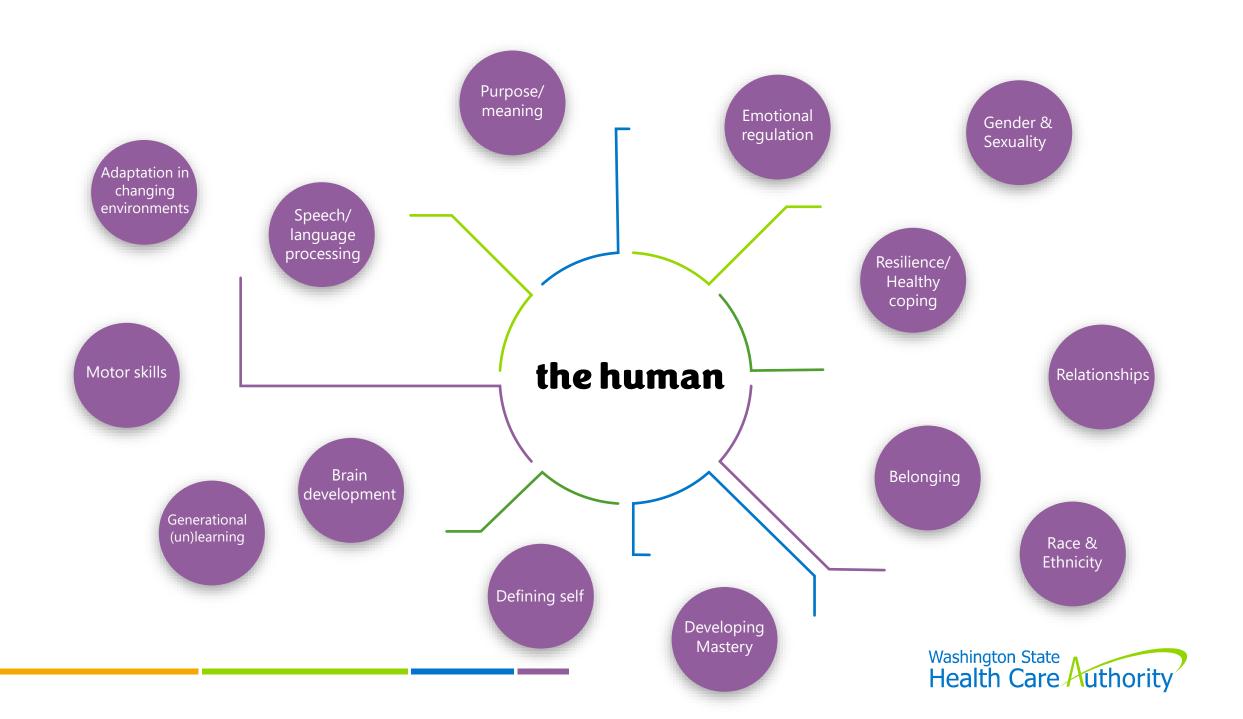


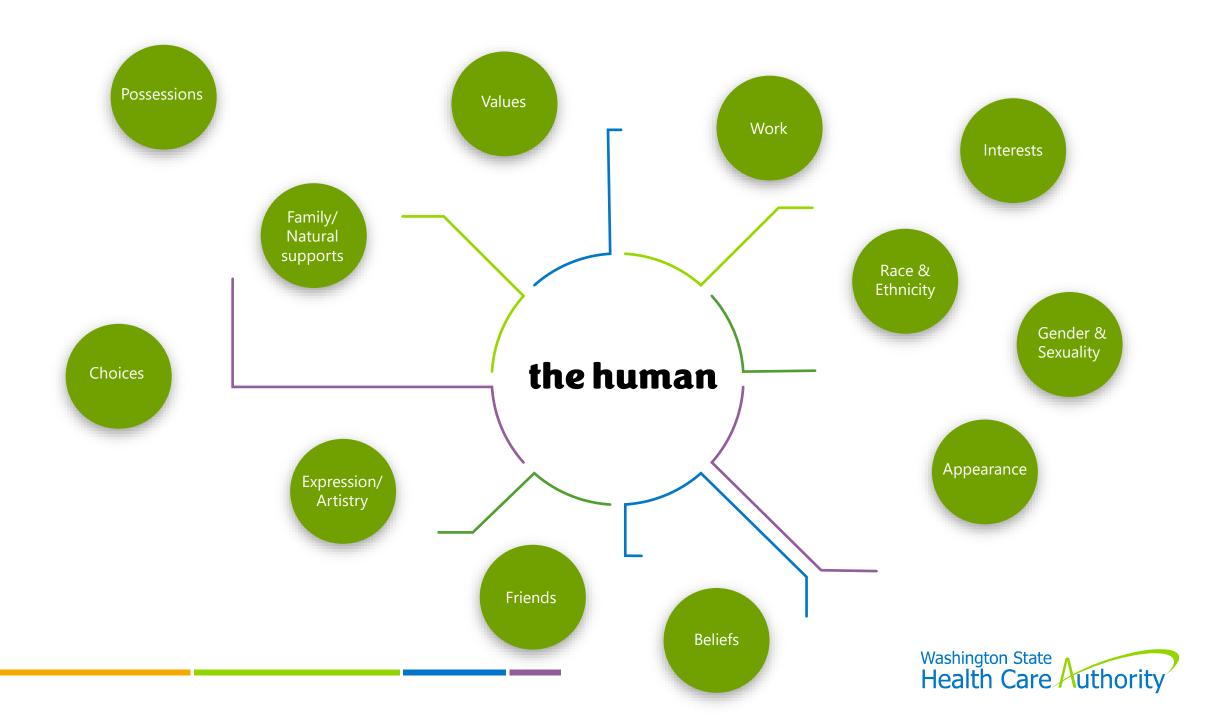


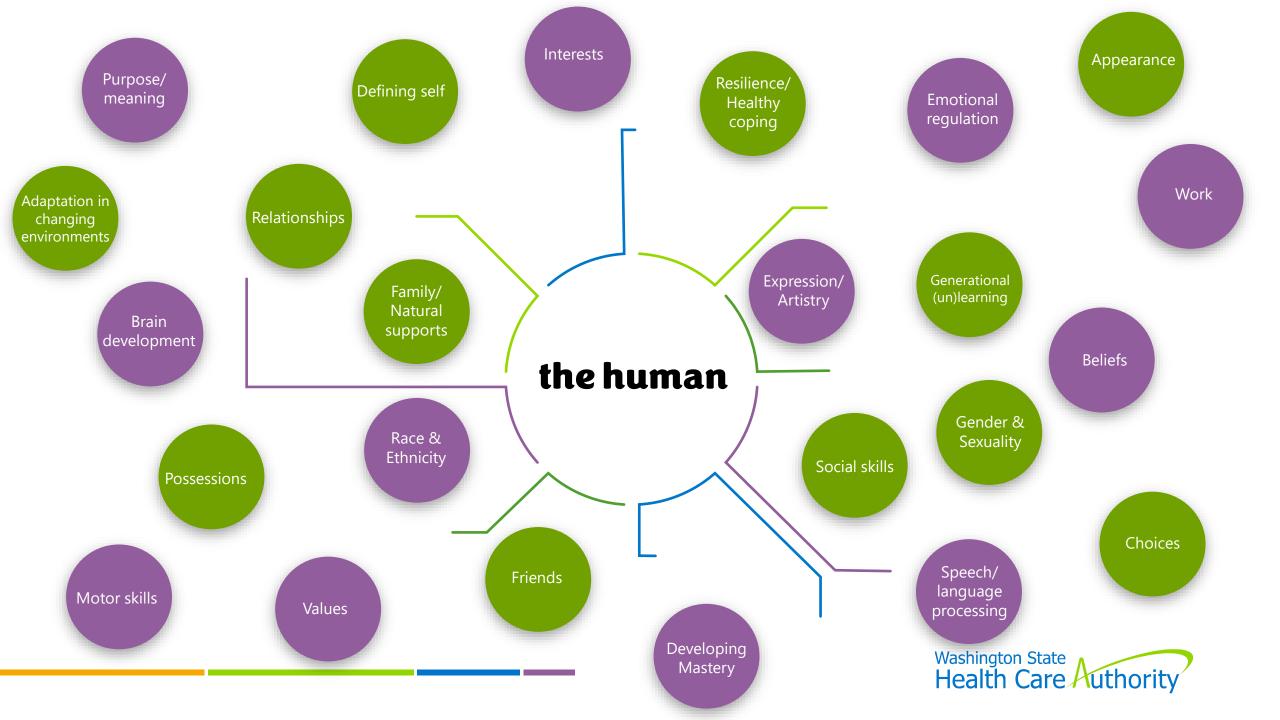
Human experience

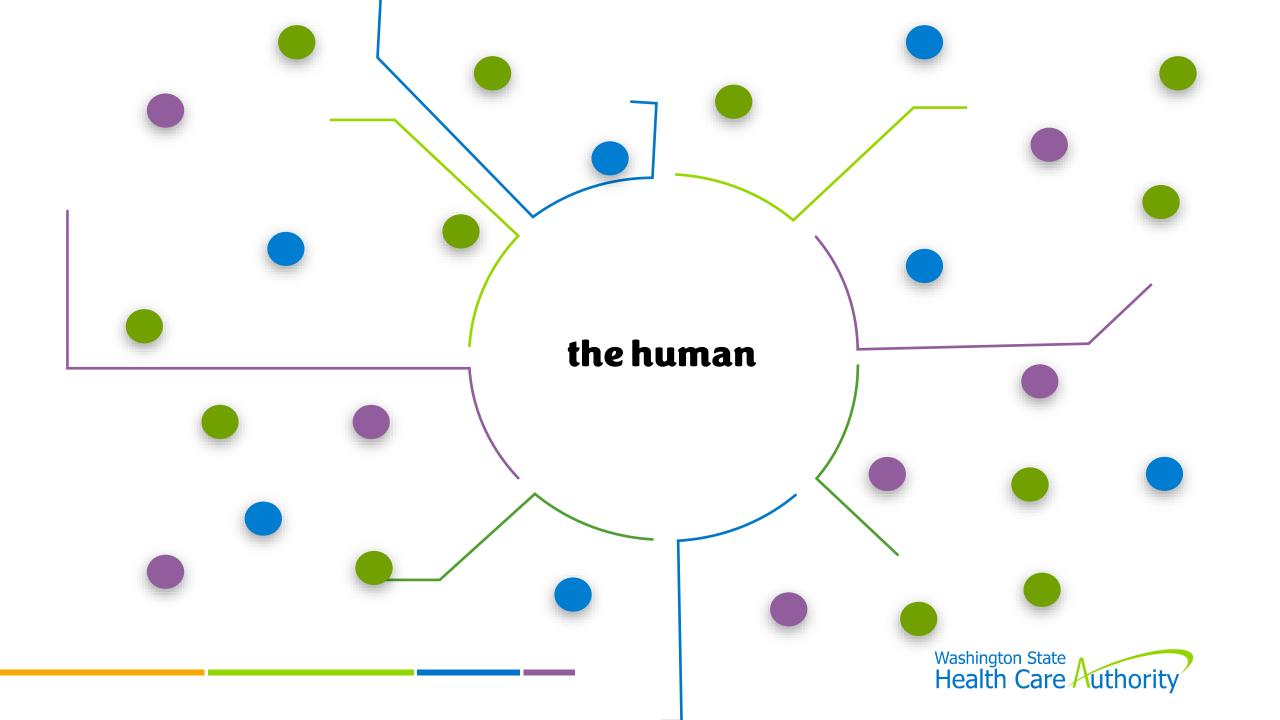












Post Session Behavioral Health Update



2023-25 Community Behavioral Health Budget

- Community Behavioral Health: Total Appropriations -\$5,173,196,000
 - ▶ an increase of \$359,207,000 over the 21-23 biennium.

SB 5536 – "Blake Fix"

- SB 5536 Concerning controlled substances, counterfeit substances, and legend drug possession and treatment.
 - ► Failed to pass before adjourning
 - ▶ We are analyzing the impacts to the budget as it relates to SB 5536
 - ▶ If no fix, as of July 1, 2023, there will be no simple drug possession laws for personal use in the state of Washington

New Behavioral Health Policy

Contracting and procurement requirements for behavioral services in medical assistance programs.
Competency evaluations
Concerning problem gambling
Substance use disorder treatment
Prenatal Substance Exposure
Children in Crisis
Establishing 23-hour crisis relief centers
988 behavioral health crisis response & suicide prevention
Behavioral Health Support
Creating the profession of certified peer specialists.

Questions

