

**Youth with Substance Use Disorder
(Outpatient and Residential)
Wraparound with Intensive Services (WISe) Screening Referral**

Worried about a Youth who may be struggling with complex behavioral health concerns?

Medicaid eligible youth up to 21 who are struggling due to possible mental health concerns should be considered for a WISe screen. A WISe referral should be completed by personnel in an effort to support the youth with their behavioral health needs when it is impacting their success in everyday life.

The core elements of WISe include:

- Time and location of services (community-based): Services provided in locations and at times that work best for the youth and family.
- Team-Based Approach: Intensive care coordination between all partners and team members. Team creates one cross-system care plan that is individualized and includes youth voice and choice.
- Help during a crisis: Youth and family have access to crisis services, including face-to-face interventions any time of day, 365 days a year.

Implementation of WISe, utilizing the Washington State Children's Behavioral Health Principles, will:

- Reduce the impact of mental health symptoms on youth and families, increase resilience, and promote recovery
- Keep youth safe, at home, and making progress in school.
- Help youth to avoid delinquency
- Promote youth development, maximize their potential to grow into healthy and independent adults.

A WISe screen is required when:

- Youth and families self-refer, by requesting a screen for WISe.
- There has been a request for out-of-home treatment or placement substantially related to unmet mental health needs.
- There has been a step-down request from institutional or group home care.
- There has been crisis intervention and the youth presents with past or current functional indicators of need for intensive mental health services. Functional indicators include: an inpatient mental health stay, multiple out-of-home placement stays, Juvenile Rehabilitation services or adjudication, use of multiple psychotropic medications, anorexia/bulimia, substance use disorder, and suicide attempt or self-injury.

Consider referral for a WISe screen when:

- Youth transitioning out of residential care for behavioral health issues.
- Youth participating in outpatient care that have a diagnosed co-occurring disorder.
- Multiple (2 or more) failed treatment attempts (within 12-months) regardless of level of care.

How Do I Refer to WISE?

To find out who to contact in your county go to:

<https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/wraparound-intensive-services-wise>

What Information is needed for the Referral?

When making a referral, please the following information:

- Youth's name and date of birth
- Caregiver's name and relationship
- Youth's Provider One Identification Number

Additional information will assist with the screening, such as:

- Any known child-serving system involvement (legal/ justice involvement)
- Risk factors (i.e., suicide risk, danger to self or others, runaway, medication management)
- Knowledge of the youth's personal life (i.e., living situation, school functioning, physical health)

What Happens Once I Make a Referral?

All referrals should result in a WISE screening. A WISE screen must be offered within 10 working days of receiving a referral. All WISE screens include:

- Information gathering, to complete the Child Adolescent Needs and Strengths (CANS) screen, which consists of a subset of 26 questions. This screen will determine whether it appears your child could benefit from the level of care WISE offers. This screening tool can be completed over the phone or in-person.
- When the screening tool shows that WISE could potentially benefit your child, your child is referred to a WISE agency so that an intake evaluation can be completed. The WISE provider agency will then assign a new team to your child and all care will be coordinated through that agency/team.
- If it is determined that your child does not appear to meet the level of care WISE provides, your child will be referred to other mental health services, as appropriate, to have his/her needs addressed.

Special System Considerations

When working with a youth who is currently receiving Medicaid-funded mental health services:

*Youth and families are to be educated about WISE and its benefits, and agree to participate.

*Referral to a WISE service provider can be done through coordination with the youth's current clinician by making a referral to a screening entity.