

# Washington State Children's Long Term Inpatient Treatment (CLIP)

Wraparound with Intensive Services (WISe) Screening Referral

Has a youth who has been struggling with complex behavioral health concerns recently been admitted to a CLIP facility or getting ready to discharge?

WISe services are available for Medicaid eligible youth up to 21 years of age who are struggling in the home and community due to behavioral health concerns. Any youth discharging from CLIP are expected to be referred for WISe. If eligible for WISe, youth receive intensive care coordination with a team of individuals that include the youth, family members, natural supports, therapist, members from the child serving systems, and youth and parent partners. The team works together to reduce mental health symptoms and keep the youth in their home and community.

#### Elements of WISe include:

- Time and location of services (community-based): Services provided in locations and at times that work best for the youth and family.
- Team-Based Approach: Intensive care coordination between all partners and team members. Team creates one cross-system care plan that is individualized and includes youth voice and choice.
- Help during a crisis: Youth and family have access to crisis services, including face-to-face interventions any time of day, 365 days a year.

Implementation of WISe, utilizing the Washington State children's behavioral health principles, will:

- Reduce the impact of behavioral health symptoms to the youth and families, increase resilience, and promote recovery.
- Keep youth safe, at home, and making progress in the home and community.
- Help youth to avoid delinguency.
- Promote youth development, maximize their potential to grow into healthy and independent adults.

## Who should be considered for a WISe referral?

- -Youth in CLIP treatment and referrals made as part of discharge and treatment planning.
- -Involved in multiple systems (i.e. child welfare, juvenile justice, substance use disorder treatment).
- -At risk of continued out-of-home placements, such as foster/group care, Children's Long Term Inpatient Treatment (CLIP) or acute hospitalization.
- -At risk based on history of running away or disengaging from care due to behavioral health difficulties.

#### How do I refer to WISe?

Referrals for a WISe screen can be made at any time by CLIP staff, parents, caregivers, therapists, and concerned adults. To find out who to contact in your county go to: <a href="https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/wraparound-intensive-services-wise">https://www.hca.wa.gov/billers-providers-partners/behavioral-health-recovery/wraparound-intensive-services-wise</a>

#### What information is needed for the referral?

When making a referral, CLIP staff should provide the following information:

- Youth's name and date of birth
- Caregiver's name and relationship
- Youth's Provider One Identification Number
- Updated clinical assessments and reviews from the CLIP program
- Most recent CANS screen and assessment

# What happens once I make a referral?

All referrals should result in a WISe screening. A WISe screen must be offered within 10 working days of receiving a referral. All WISe screens include:

- Information gathering: provide the Child Adolescent Needs and Strengths (CANS) screen. This screen will determine whether a youth may benefit from the level of care WISe offers.
- When the screening tool shows that WISe could potentially benefit, the youth is referred
  to a WISe agency so that an intake evaluation can be completed. The WISe provider
  agency will then assign a team to the youth and all care will be coordinated through that
  agency/team.

### **Special System Considerations**

CLIP staff **must** refer to WISe for all Medicaid eligible youth, discharging from a CLIP facility. WISe teams are expected to participate in care coordination and discharge planning.