Washington Apple Health (Medicaid)

Private Duty Nursing for Children Billing Guide

September 1, 2018

Every effort has been made to ensure this guide’s accuracy. If an actual or apparent conflict between this document and an agency rule arises, the agency rules apply.
About this guide

This publication takes effect September 1, 2018, and supersedes earlier guides to this program.

HCA is committed to providing equal access to our services. If you need an accommodation or require documents in another format, please call 1-800-562-3022. People who have hearing or speech disabilities, please call 711 for relay services.

Washington Apple Health means the public health insurance programs for eligible Washington residents. Washington Apple Health is the name used in Washington State for Medicaid, the children's health insurance program (CHIP), and state-only funded health care programs. Washington Apple Health is administered by the Washington State Health Care Authority.

What has changed?

<table>
<thead>
<tr>
<th>Subject</th>
<th>Change</th>
<th>Reason for Change</th>
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<tbody>
<tr>
<td>All</td>
<td>WAC references updated throughout.</td>
<td>Aligns with changes to Chapter 182-551 WAC</td>
</tr>
<tr>
<td>Definitions</td>
<td>Definitions added for nursing care consultant, private duty nursing, skilled nursing care, and skilled nursing services.</td>
<td>Complies with new WAC 182-551-3050</td>
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<tr>
<td>What are private duty nursing services?</td>
<td>Specific examples of private duty nursing services removed. This information can be found under Who is eligible for private duty nursing services?</td>
<td>Streamlining information</td>
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<tr>
<td>Client eligibility</td>
<td>Information added about following the policies and procedures of the client’s managed care organization (MCO).</td>
<td>Aligns with changes to WAC 182-551-3000</td>
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<tr>
<td>Who is eligible for private duty nursing services?</td>
<td>Section added to outline criteria for clients to be determined eligible for private duty nursing services.</td>
<td>Aligns with new WAC 182-531-3100</td>
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<tr>
<td>Who performs private duty nursing services?</td>
<td>Section updated to include provider requirements to provide private duty nursing services.</td>
<td>Complies with new WAC 182-531-3200</td>
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<tr>
<td>What are the application requirements?</td>
<td>Section added to include the application requirements for clients to receive private duty nursing services.</td>
<td>Aligns with new WAC 182-531-3300</td>
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<td>How do I request prior authorization?</td>
<td>Specific documentation information removed and replaced with a reference to What are the application requirements?</td>
<td>Streamlining information</td>
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<tr>
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<tr>
<td>When does DDA approve request for private duty nursing services?</td>
<td>Title and information updated to provide information about the process for approving requests for private duty nursing services.</td>
<td>Aligns with new WAC 182-531-3400</td>
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<td>What is covered?</td>
<td>Information updated as follows:</td>
<td>Aligns with new WAC 182-531-3400</td>
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<tr>
<td></td>
<td>• private duty nursing hours must be medically necessary</td>
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<td>• private duty nursing hours beyond 16 hours will be reviewed as a limitation extension</td>
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<td></td>
<td>• private duty nursing hours not authorized may be the financial responsibility of the client, the client’s family, or the client’s guardian</td>
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</tbody>
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### How can I get agency provider documents?

To access provider alerts, go to the agency’s [provider alerts](#) web page.

To access provider documents, go to the agency’s [provider billing guides and fee schedules](#) web page.
Table of Contents

About this guide ........................................................................................................................ 2
What has changed? .................................................................................................................... 2
How can I get agency provider documents? ............................................................................. 3

Resources ....................................................................................................................................... 5

Definitions ...................................................................................................................................... 6

Private Duty Nursing Services ..................................................................................................... 7
What is the purpose of the program? ........................................................................................ 7
What are private duty nursing services? ................................................................................... 7

Client Eligibility ............................................................................................................................ 8
Who is eligible for private duty nursing services? ..................................................................... 8
How do I verify a client’s eligibility? ......................................................................................... 9
Are clients enrolled in an agency-contracted managed care organization eligible? ............... 10
Managed care enrollment ........................................................................................................... 11
Behavioral Health Organization (BHO) .................................................................................... 11
Fully Integrated Managed Care (FIMC) .................................................................................... 12
Apple Health Foster Care (AHFC) ............................................................................................. 13

Provider/Client Responsibilities ................................................................................................ 14
Who performs private duty nursing services? ............................................................................ 14
Who is responsible for choosing a private duty nursing agency? ............................................ 15
What are the application requirements? .................................................................................. 15

Prior Authorization .................................................................................................................... 17
Is prior authorization (PA) required? ........................................................................................ 17
How do I request PA .................................................................................................................. 17
Where do I send the completed referral? .................................................................................. 17
When does DDA approve requests for private duty nursing services? .................................... 17

Coverage ...................................................................................................................................... 18
What is covered? ....................................................................................................................... 18

Coverage Table .......................................................................................................................... 19
Fee Schedule .............................................................................................................................. 19

Billing ........................................................................................................................................... 20
What are the general billing requirements? ............................................................................. 20
Scheduling of hours .................................................................................................................... 20
Multiple clients in the same home ............................................................................................. 20
Services covering more than one month ................................................................................ 20
How do I bill claims electronically? ........................................................................................ 21
# Resources

<table>
<thead>
<tr>
<th>Topic</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Becoming a provider or submitting a change of address or ownership</td>
<td>See the agency’s Billers and Providers web page</td>
</tr>
<tr>
<td>Finding out about payments, denials, claims processing, or agency-contracted managed care organizations</td>
<td></td>
</tr>
<tr>
<td>Electronic billing</td>
<td></td>
</tr>
<tr>
<td>Finding agency documents (e.g., billing instructions, # memos, fee schedules)</td>
<td></td>
</tr>
<tr>
<td>Private insurance or third-party liability, other than agency-contracted managed care</td>
<td></td>
</tr>
<tr>
<td>Who do I call for pharmacy authorization?</td>
<td>Developmental Disabilities Administration (DDA) Medically Intensive Home Care Program Manager (360) 407-1504</td>
</tr>
<tr>
<td>Where do I send backup documentation?</td>
<td></td>
</tr>
<tr>
<td>Who do I call for prior authorization?</td>
<td></td>
</tr>
</tbody>
</table>
Definitions

This section defines terms and abbreviations, including acronyms, used in these billing instructions. Refer to Chapter 182-500 WAC for a complete list of definitions for Washington Apple Health.

Developmental Disabilities Administration (DDA) – The organization within the Department of Social and Health Services (DSHS) that administers the Medically Intensive Home Care Program (MICP).

Home Health Agency – An agency or organization certified under Medicare to provide comprehensive health care on a part-time or intermittent basis to a patient in the patient's place of residence.

Intermittent Home Health – Skilled nursing services and specialized therapies provided in a client’s residence. Services are for clients with acute, short-term intensive courses of treatment.

Medically Intensive Home Care Program (MICP) – A program managed by DDA that provides a home-based program for clients age 17 and under who require complex, long-term care for a condition of such severity and/or complexity that continuous skilled nursing care is required. Persons with medically intensive needs require more individual and continuous care than is available from an intermittent visiting nurse.

Nursing Care Consultant – A registered nurse employed by DSHS to evaluate clinical eligibility for the MICP and provide a written assessment summary.

Plan of Treatment (POT) – (Also known as “plan of care” [POC]) The written plan of care for a patient which includes, but is not limited to, the physician's order for treatment and visits by the disciplines involved, the certification period, medications, and rationale indicating need for services.

Private Duty Nursing – Skilled nursing care and services provided in the home for clients with complex medical needs that cannot be managed within the scope of intermittent home health services.

Skilled Nursing Care – The medical care provided by a licensed nurse or delegate working under the direction of a physician as described in RCW 18.79.260.

Skilled Nursing Services – The management and administration of skilled nursing care requiring the specialized judgment, knowledge, and skills of a registered nurse or licensed practical nurse as described in RCW 18.79.040 and 18.79.060.

Usual and Customary Charge – The rate that may be billed to the agency for a certain service or equipment. This rate may not exceed:

- The usual and customary charge that you bill the general public for the same services; or
- If the general public is not served, the rate normally offered to other contractors for the same services.
Private Duty Nursing Services

What is the purpose of the program?

Private duty nursing services are administered by the Developmental Disabilities Administration (DDA) through the Medically Intensive Home Care Program (MIHCP). The purpose of this program is to reduce the cost of health care services by providing equally effective, more conservative, and/or less costly treatment in a client’s home.

Private duty nursing services are considered supportive to the care provided to the client by family members or guardians. Private duty nursing services are decreased as the family/guardian or other caregiver becomes able to meet the client’s needs, or when the client’s needs diminish.

What are private duty nursing services?
[Refer to WAC 182-551-3000]

Private duty nursing services consist of four or more hours of continuous skilled nursing services provided in the home to eligible clients with complex medical needs that cannot be managed within the scope of intermittent home health services.
Client Eligibility

Most Apple Health clients are enrolled in an agency-contracted managed care organization (MCO). This means that Apple Health pays a monthly premium to an MCO for providing preventative, primary, specialty, and other health services to Apple Health clients. Clients in managed care must see only providers who are in their MCO’s provider network, unless non-network providers are prior authorized or are providing urgent or emergency care. Providers must follow the policies and procedures of the client’s MCO, including prior authorization of services. See the agency’s Apple Health managed care page for further details.

It is important to always check a client’s eligibility prior to providing any services because it affects who will pay for the services.

Who is eligible for private duty nursing services?

To be eligible for private duty nursing services under the Medically Intensive Children’s Program (MICP), clients must:

- Be age 17 or younger;

- Meet financial eligibility under the categorically needy program, the medically needy program, or an alternative benefits plan program (see WAC 182-501-0060);

- Meet medical eligibility as follows:

  ✓ Require four or more continuous hours of active skilled nursing care with consecutive tasks at a level that cannot be delegated at the time of the initial assessment and can be provided safely outside of a hospital in a less restrictive setting.

  ✓ Require two or more tasks of complex skilled nursing, such as:

    ➢ Systems assessments, including multistep approaches of systems (e.g., respiratory assessment, airway assessment, vital signs, nutritional and hydration assessment, complex gastrointestinal assessment and management, seizure management requiring intervention, or level of consciousness);

    ➢ Administration of treatment for complex respiratory issues related to technological dependence requiring multistep approaches on a day-to-day basis (e.g., ventilator tracheostomy);
Private Duty Nursing for Children

- Assessment of complex respiratory issues and interventions with use of oximetry, titration of oxygen, ventilator settings, humidification systems, fluid balance, or any other cardiopulmonary critical indicators based on medical necessity;

- Skilled nursing interventions of intravenous/parenteral administration of multiple medications and nutritional substances on a continuing or intermittent basis with frequent interventions; or

- Skilled nursing interventions of enteral nutrition and medications requiring multistep approaches daily.

- Have informal support by a person who has been trained to provide designated skilled nursing care and is able to perform the care as required;

- Have prior authorization from the Developmental Disabilities Administration (DDA); and

- Have exhausted all other funding sources for private duty nursing (see RCW 74.09.185) prior to accessing these services through the MICP.

How do I verify a client’s eligibility?

Check the client’s Services Card or follow the two-step process below to verify that a client has Apple Health coverage for the date of service and that the client’s benefit package covers the applicable service. This helps prevent delivering a service the agency will not pay for.

Is the client enrolled in an agency-contracted managed care organization (MCO), in a behavioral health organization (BHO), or is the client receiving services through fee-for-service (FFS) Apple Health?

Verifying eligibility is a two-step process:

Step 1. **Verify the patient’s eligibility for Apple Health.** For detailed instructions on verifying a patient’s eligibility for Apple Health, see the Client Eligibility, Benefit Packages, and Coverage Limits section in the agency’s ProviderOne Billing and Resource Guide.

If the patient is eligible for Apple Health, proceed to **Step 2.** If the patient is not eligible, see the note box below.
Step 2. **Verify service coverage under the Apple Health client’s benefit package.** To determine if the requested service is a covered benefit under the Apple Health client’s benefit package, see the agency’s Program Benefit Packages and Scope of Services web page.

**Note:** Patients who are not Apple Health clients may submit an application for health care coverage in one of the following ways:

1. By visiting the Washington Healthplanfinder’s website at: 
   www.wahealthplanfinder.org

2. By calling the Customer Support Center toll-free at: 855-WAFINDER (855-923-4633) or 855-627-9604 (TTY)

3. By mailing the application to: 
   Washington Healthplanfinder 
   PO Box 946 
   Olympia, WA 98507

In-person application assistance is also available. To get information about in-person application assistance available in their area, people may visit www.wahealthplanfinder.org or call the Customer Support Center.

Are clients enrolled in an agency-contracted managed care organization eligible?

[Refer to WAC 182-538-060 and 095 or WAC 182-538-063]

**YES!** Private duty nursing services are included in the scope of service under agency-contracted managed care organizations (MCOs). When verifying eligibility using ProviderOne, if the client is enrolled in an MCO, managed care enrollment will be displayed on the Client Benefit Inquiry screen. All services must be requested directly through the client’s Primary Care Provider (PCP). Clients can contact their MCO by calling the telephone number provided to them.

All medical services covered under an MCO must be obtained by the client through designated facilities or providers. The MCO is responsible for:

- Payment of covered services; and
- Payment of services referred by a provider participating with the plan to an outside provider.
Note: To prevent billing denials, please check the client’s eligibility prior to scheduling services and at the time of the service and make sure proper authorization or referral is obtained from the plan. See the agency’s ProviderOne Billing and Resource Guide for instructions on how to verify a client’s eligibility.

Women enrolled in the PCCM model of Healthy Options must have a referral from their PCP in order for women’s health care services to be paid to an outside provider. The reason for this is the Indian clinics that contract with the agency as PCCMs do not meet the definition of health carriers in chapter 48.42 RCW. These clinics are not any of the organizations listed in Section 1 of this RCW; thus, they are exempt from the requirements spelled out in this act, including self-referrals by women to women’s health care services.

Managed care enrollment

Apple Health (Medicaid) places clients into an agency-contracted MCO the same month they are determined eligible for managed care as a new or renewing client. This eliminates a person being placed temporarily in FFS while they are waiting to be enrolled in an MCO or reconnected with a prior MCO. This enrollment policy also applies to clients in FFS who have a change in the program they are eligible for.

New clients are those initially applying for benefits or those with changes in their existing eligibility program that consequently make them eligible for Apple Health managed care. Renewing clients are those who have been enrolled with an MCO but have had a break in enrollment and have subsequently renewed their eligibility.

Checking eligibility

- Providers must check eligibility and know when a client is enrolled and with which MCO. For help with enrolling, clients can refer to the Washington Healthplanfinder’s Get Help Enrolling page.

- MCOs have retroactive authorization and notification policies in place. The provider must know the MCO’s requirements and be compliant with the MCO’s policies.

Behavioral Health Organization (BHO)

Effective July 1, 2018, the Health Care Authority manages the contracts for behavioral health services (mental health and substance use disorder) for eight of the Regional Service Areas (RSAs) in the state. The remaining regions have fully integrated managed care (FIMC).

See the agency’s Mental Health Services Billing Guide for details.
Fully Integrated Managed Care (FIMC)

For clients who live in an FIMC region, all physical health services, mental health services, and drug and alcohol treatment are covered and coordinated by the client’s agency-contracted MCO. The BHO will not provide behavioral health services in these counties.

Clients living in an FIMC region will enroll with an MCO of their choice that is available in that region. If the client does not choose an MCO, the client will be automatically enrolled into one of the available MCOs, unless the client is American Indian/Alaska Native (AI/AN). Clients currently enrolled in one of the available MCOs in their region may keep their enrollment when the behavioral health services are added.

**Effective July 1, 2017, American Indian/Alaska Native (AI/AN) clients living in an FIMC region of Washington may choose to enroll in one of the agency-contracted MCOs available in that region or they may choose to receive all these services through Apple Health FFS. If they do not choose an MCO, they will be automatically enrolled into Apple Health FFS for all their health care services, including comprehensive behavioral health services. See the agency’s American Indian/Alaska Native webpage.**

For more information about the services available under the FFS program, see the agency’s Mental Health Services Billing Guide and the Substance Use Disorder Billing Guide.

For full details on FIMC, see the agency’s Changes to Apple Health managed care webpage.

FIMC Regions

Clients who reside in either of the following two FIMC regions and who are eligible for managed care enrollment must choose an available MCO in their region. Specific details, including information about mental health crisis services, can be found on the agency’s Apple Health managed care webpage.

**North Central Region – Douglas, Chelan and Grant Counties**
**Effective January 1, 2018,** the agency implemented the second FIMC region known as the North Central Region, which includes Douglas, Chelan, and Grant Counties.

**Southwest Washington Region – Clark and Skamania Counties**
**Effective April 1, 2016,** the agency implemented the first FIMC region known as the Southwest Washington Region, which includes Clark and Skamania Counties. Clients eligible for managed care enrollment choose to enroll in one of two available MCOs in this region.
Apple Health Foster Care (AHFC)

Coordinated Care of Washington (CCW) provides all physical health care (medical) benefits, lower-intensity outpatient mental health benefits and care coordination for all Washington State foster care enrollees through a single, statewide managed care plan known as Apple Health Core Connections (AHCC).

Clients under this program are:

- Under the age of 21 who are in foster care (out of home placement)
- Under the age of 21 who are receiving adoption support
- Age 18-21 years old in extended foster care
- Age 18 to 26 years old who aged out of foster care on or after their 18th birthday (alumni)

These clients are identified in ProviderOne as “Coordinated Care Healthy Options Foster Care.”

See the agency’s Apple Health managed care page, Apple Health Foster Care for further details.
Provider/Client Responsibilities

Who performs private duty nursing services?
[Refer to WAC 182-551-3200]

Providers qualified to deliver private duty nursing services under the Medically Intensive Children’s Program (MICP) must have the following:

- An in-home services license with the state of Washington to provide private duty nursing;
- A contract with the Developmental Disabilities Administration (DDA) to provide private duty nursing; and
- A signed core provider agreement with the Health Care Authority (HCA).

Appropriate medical training for the nurses and the family/guardian is the responsibility of the discharging hospital and the receiving licensed home health agency. Training costs due to nurse turnover or client transfers are the responsibility of the licensed home health agency.

The licensed home health agency is responsible for meeting all of the client's nursing needs. The Medicaid agency will not approve intermittent nursing visits in addition to Private Duty Nursing services.
Who is responsible for choosing a private duty nursing agency?

Choosing a licensed home health agency is the responsibility of one, or a combination, of the following caregivers involved with the client's care:

- Family member/guardian;
- Attending physician;
- Client's social worker or case manager; or
- Discharge planner.

See “How do I request prior authorization?”

What are the application requirements?
[Refer to WAC 182-551-3300]

Clients requesting private duty nursing services through fee-for-service must submit a completed and signed Medically Intensive Children’s Program (MICP) Application form (DSHS 15-398). The MICP application must include the following:

- DSHS 14-012 Consent form;
- DSHS 14-151 Request for DDA Eligibility Determination form (for clients not already determined DDA-eligible);
- DSHS 03-387 Notice of Practices for Client Medical Information form;
- Appropriate and current medical documentation including a medical plan of treatment or plan of care (WAC 246-335-540) with the client’s age, medical history, diagnoses, and the parent or guardian contact information including address and phone number;
- A list of current treatments or treatment records;
- Information about ventilator, bilevel positive airway pressure (BiPAP), or continuous positive airway pressure (CPAP) hours per day or frequency of use;
- History and physical examination from current hospital admission, recent discharge summary, or recent primary physician exam;
- A recent interim summary, discharge summary, or clinical summary;
• Recent daily nursing notes within the past five to seven days of hospitalization or in-home nursing documentation;

• Current nursing care plan that may include copies of current daily nursing notes that describe nursing care activities;

• An emergency medical plan that includes strategies to address loss of power to the home and environmental disasters such as methods to maintain life-saving medical equipment supporting the client. The plan may include notification of electric and gas companies and the local fire department;

• A psycho-social history/summary with the following information, as available:
  ✓ Family arrangement and current situation;
  ✓ Available personal support systems; and
  ✓ Presence of other stresses within and upon the family.

• Statement that the home care plan is safe for the client and is agreed to by the client’s parent or legal guardian;

• Information about other family supports such as Medicaid, school hours, or hours paid by a third-party insurance or trust; and

• For a client with third-party insurance or a managed care organization (MCO), a denial letter from the third-party insurance or MCO that states the private duty nursing will not be covered.
Prior Authorization

Is prior authorization (PA) required?
[Refer to WAC 182-551-3400]

Yes! Providers must receive prior authorization (PA) from the Developmental Disabilities Administration (DDA) prior to providing private duty nursing services to clients. The Medicaid agency approves requests for private duty nursing services on a case-by-case basis.

How do I request PA
[Refer to WAC 182-551-3400]

A provider must coordinate with a DDA case manager and request PA by submitting a complete referral to DDA. This referral must include a complete signed Medically Intensive Children’s Program (MICP) application form (DSHS 15-398). See What are the application requirements?

Note: Please see the agency’s ProviderOne Billing and Resource Guide for more information on requesting authorization.

Where do I send the completed referral?

MIHCP Manager
PO Box 45310
Olympia WA 98504-5310
Fax: (360) 407-0954

When does DDA approve requests for private duty nursing services?
[Refer to WAC 182-551-3400]

The Developmental Disabilities Administration (DDA) approves requests for private duty nursing services for eligible clients on a case-by-case basis when:

- The application requirements listed under WAC 182-551-3300 are met; and
- The nursing care consultant determines the services to be medically necessary, as defined in WAC 182-500-0070 and according to the process in WAC 182-501-0165.
Coverage

What is covered?

[Refer to WAC 182-551-3000(6)]

Upon approval, the Medically Intensive Home Care Program (MIHCP) manager will notify the client’s Developmental Disabilities Administration (DDA) case manager of the final determination. The MIHCP manager will authorize medically necessary private duty nursing services up to a maximum of 16 hours per day (see exception listed below), restricted to the least costly, equally effective amount of care.

**Exception:** The MIHCP manager may authorize additional hours if they are medically necessary. Additional hours beyond 16 per day are subject to review as a limitation extension under WAC 182-501-0169.

The client’s DDA case manager will notify the client's caregivers. Once the specific nursing agency is selected and prior to the initiation of care, that agency must contact the MIHCP manager to obtain the authorization number and the number of nursing care hours allowed for each MIHCP client.

**Before starting the care, call:**

MIHCP Manager
(360) 407-1504

It is the nursing agency's responsibility to contact the MIHCP nursing coordinator to obtain an authorization number and verify the total number of hours authorized at the beginning of each approved time span. Additional nursing hours beyond the allotted monthly hours must be prior authorized.

The MIHCP manager may adjust the number of authorized hours when the client’s condition or situation changes. Any hours of nursing care services in excess of those authorized by the MIHCP manager may be the financial responsibility of the client, family, or guardian. Providers must follow the provisions of WAC 182-502-0160 when billing the client.

The nursing notes and plan of care (see WAC 246-335-540) must be kept in the client's file and made available for review by the MIHCP Manager upon request.
## Coverage Table

<table>
<thead>
<tr>
<th>HCPCS Procedure Code</th>
<th>Appropriate Modifier(s)</th>
<th>Description of Services</th>
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<tbody>
<tr>
<td>T1000</td>
<td>TD</td>
<td>RN, per 15 min.</td>
</tr>
<tr>
<td>T1000</td>
<td>TD TU</td>
<td>RN, per 15 min, <strong>overtime</strong></td>
</tr>
<tr>
<td>T1000</td>
<td>TD TV</td>
<td>RN, per 15 min., <strong>holiday</strong></td>
</tr>
<tr>
<td>T1000</td>
<td>TD TK TV</td>
<td>RN – second client; same home, per 15 min.</td>
</tr>
<tr>
<td>T1000</td>
<td>TE TK TV</td>
<td>LPN – second client; same home, per 15 min., <strong>holiday</strong></td>
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<td>T1000</td>
<td>TE TU</td>
<td>LPN, per 15 min, <strong>overtime</strong></td>
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<td>T1000</td>
<td>TE TV</td>
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<tr>
<td>T1000</td>
<td>TE TK TV</td>
<td>LPN – second client; same home, per 15 min.</td>
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</table>

**Key to Modifiers:**
- TD = RN
- TK = Second client
- TE = LPN
- TU = Overtime
- TV = Holiday

**Note:** Procedure code T1000 **requires prior authorization.** The agency pays for private duty nursing services per unit. 1 unit = 15 minutes.

**Bill Your Usual and Customary Fee.**


## Fee Schedule

You may view the agency’s Private Duty Nursing Fee Schedule.
What are the general billing requirements?

Providers must follow the ProviderOne Billing and Resource Guide. These billing requirements include, but are not limited to:

- Time limits for submitting and resubmitting claims and adjustments;
- What fee to bill the agency for eligible clients;
- When providers may bill a client;
- How to bill for services provided to primary care case management (PCCM) clients;
- Billing for clients eligible for both Medicare and Medicaid;
- Third-party liability; and
- Record keeping requirements.

Scheduling of hours

RN service hours may be performed in combination with LPN service hours. The combination must not exceed the total hours that have been prior approved for each calendar month of care.

Multiple clients in the same home

The MICHP Manager may authorize additional payment when the private duty nurse cares for more than one client in the same home. Be sure to use a separate claim for each client receiving private duty nursing services.

Services covering more than one month

If you receive prior authorization from the MIHCP Manager to provide more than one month of services, bill each month on a separate line.
How do I bill claims electronically?

Instructions on how to bill Direct Data Entry (DDE) claims can be found on the agency’s Billers and Providers web page, under Webinars.

For information about billing Health Insurance Portability and Accountability Act (HIPAA) Electronic Data Interchange (EDI) claims, see the ProviderOne 5010 companion guides on the HIPAA Electronic Data Interchange (EDI) web page.

The following claim instructions relate to private duty nursing services:

<table>
<thead>
<tr>
<th>Name</th>
<th>Entry</th>
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<tbody>
<tr>
<td>Place of Service</td>
<td>These are the only appropriate codes for this program:</td>
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<tr>
<td></td>
<td><strong>Code Number</strong></td>
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<td>12</td>
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