Every effort has been made to ensure this guide’s accuracy. If an actual or apparent conflict between this document and an agency rule arises, the agency rules apply.
About this guide*

This publication takes effect July 1, 2017, and supersedes earlier guides to this program.

HCA is committed to providing equal access to our services. If you need an accommodation or require documents in another format, please call 1-800-562-3022. People, who have hearing or speech disabilities, please call 711 for relay services.

Washington Apple Health means the public health insurance programs for eligible Washington residents. Washington Apple Health is the name used in Washington State for Medicaid, the children's health insurance program (CHIP), and state-only funded health care programs. Washington Apple Health is administered by the Washington State Health Care Authority.

What has changed?

<table>
<thead>
<tr>
<th>Subject</th>
<th>Change</th>
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<tbody>
<tr>
<td>All</td>
<td>Reorganized several sections within this guide</td>
<td>Housekeeping</td>
</tr>
<tr>
<td>Client Eligibility</td>
<td>Reorganized this section to keep all of the managed care information together</td>
<td>Housekeeping</td>
</tr>
<tr>
<td>Managed care</td>
<td>Added new section. Effective July 1, 2017, not all Apple Health clients will be enrolled in a BHO/FIMC/BHSO</td>
<td>Policy update</td>
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<tr>
<td></td>
<td>Added new section. Effective July 1, 2017, AI/AN clients living in the FIMC regions have a change to services available.</td>
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<tr>
<td>Provider Requirements</td>
<td>Updated the header and added a title within this section</td>
<td>Housekeeping</td>
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<td>General</td>
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<tr>
<td>Coverage - General</td>
<td>Updated the header and added a title within this section. Clarified instructions for requesting an ETR.</td>
<td>Housekeeping</td>
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<td>Thickeners – Client</td>
<td>Removed requirement that diagnosis of dysphagia has to be documented by videofluoroscopy. This is no longer a requirement for diagnosing medical necessity for dysphagia</td>
<td>Policy change</td>
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<tr>
<td>Eligibility</td>
<td>Added Note box regarding requirement documentation if dysphagia is diagnosed without videofluoroscopy</td>
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* This publication is a billing instruction.
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<thead>
<tr>
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<tr>
<td><strong>Thickeners – Authorization – Clients age one to 20</strong></td>
<td>Added <em>Enteral Nutrition Products Prescription Form</em> (HCA 13-961) to required forms the prescribing provider must complete when requesting prior authorization</td>
<td>Correction to list of required forms.</td>
</tr>
<tr>
<td><strong>Thickeners – Authorization – Clients under age one</strong></td>
<td>Added <em>Dietitian Worksheet – Oral Enteral Nutrition</em> (HCA 13-109) form and the <em>Enteral Nutrition Products Prescription Form</em> (HCA 13-961) to the list of required forms when requesting prior authorization</td>
<td>Correction to list of required forms.</td>
</tr>
<tr>
<td><strong>Thickeners – Coverage Table</strong></td>
<td>Added Modifier column and the required modifier when billing for thickeners</td>
<td>Billing clarification</td>
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<tr>
<td><strong>Inherited Metabolic Disorders – Authorization</strong></td>
<td>Added <em>Enteral Nutrition Products Prescription Form</em> (HCA 13-961) to the list of required forms for clients age 20 and younger and age 21 and older</td>
<td>Correction to list of required forms.</td>
</tr>
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<td><strong>Inherited Metabolic Disorders – Coverage Table</strong></td>
<td>Added Modifier column and the required modifier when billing for metabolic disorders</td>
<td>Billing clarification</td>
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<tr>
<td><strong>Tube-Delivered Enteral Nutrition – Client Eligibility</strong></td>
<td>Made minor changes to this section to match the wording in WAC 182-554-600</td>
<td>Clarification</td>
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<td><strong>Tube-Delivered Enteral Nutrition – Coverage Table</strong></td>
<td>Added Modifier column and the required modifier when billing for tube-delivered enteral nutrition</td>
<td>Billing clarification</td>
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<td><strong>Enteral Equipment and Related Supplies – Authorization</strong></td>
<td>Added “A typed <em>General Information for Authorization</em> (HCA 13-835) form”</td>
<td>Clarification</td>
</tr>
<tr>
<td><strong>Enteral Equipment and Related Supplies – Noncovered equipment and supplies</strong></td>
<td>Added “A typed <em>General Information for Authorization</em> (HCA 13-835) form”</td>
<td>Clarification</td>
</tr>
<tr>
<td><strong>Oral Enteral Nutrition – Client Eligibility</strong></td>
<td>For clients age 21 and older, revised to read that a provider may request prior authorization, not the client</td>
<td>Clarification</td>
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<tr>
<td><strong>Oral Enteral Nutrition – Authorization</strong></td>
<td>Added subheadings under this section for prior authorization and expedited prior authorization</td>
<td>Clarification</td>
</tr>
<tr>
<td><strong>Oral Enteral Nutrition – Prior Authorization</strong></td>
<td>Added that prior authorization is required if a client requires more than six months to transition to a diet of traditional food or food products (which can be purchased for the client as grocery products)</td>
<td>Policy change</td>
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### Enteral Nutrition

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<thead>
<tr>
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<tr>
<td><strong>Oral Enteral Nutrition – Coverage Table</strong></td>
<td>Added Modifier column and required modifier when billing for oral enteral nutrition</td>
<td>Billing clarification</td>
</tr>
<tr>
<td><strong>Oral Enteral Nutrition – Does the agency pay for oral enteral nutrition products for clients who are receiving Medicare Part B benefits?</strong></td>
<td>Added reference to Exception to Rule.</td>
<td>Requires Exception to Rule</td>
</tr>
<tr>
<td><strong>Enteral Nutrition Forms</strong></td>
<td>Added a new section itemizing all of the required HCA forms for Enteral Nutrition.</td>
<td>Resource tool</td>
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<tr>
<td><strong>Modifiers</strong></td>
<td>Added a new section for listing all modifiers used for Enteral Nutrition.</td>
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<tr>
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<td>Removing Blue Box regarding clients enrolled in Medicare Part B</td>
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<tr>
<td><strong>Record keeping</strong></td>
<td>Added a new section for all record keeping requirements to be in one place</td>
<td>Resource tool</td>
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### How can I get agency provider documents?

To access provider alerts, go to the agency’s [provider alerts](#) web page.

To access provider documents, go to the agency’s [provider billing guides and fee schedules](#) web page.
Where can I download agency forms?

To download an agency provider form, go to HCA’s Billers and provider’s web page, select Forms & publications. Type the HCA form number into the Search box as shown below (Example: 13-835).
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<td>Contacting the Agency Medical Assistance Customer Service Center (MACSC)</td>
<td>See the agency’s <a href="#">Billers and Providers</a> web page</td>
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<td>Becoming a provider or submitting a change of address or ownership</td>
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<td>Finding out about payments, denials, claims processing, or Agency managed care organizations</td>
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<td>Electronic billing</td>
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<td>Finding Agency documents (e.g., billing instructions, # memos, fee schedules)</td>
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<td>Private insurance or third-party liability, other than Agency managed care</td>
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<tr>
<td>Finding the nearest Women, Infants, and Children (WIC) clinic</td>
<td>To find the nearest WIC clinic, call (800) 841-1410 or visit the Department of Health’s <a href="#">WIC web page</a>.</td>
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Definitions

This section defines terms and abbreviations, including acronyms, used in this billing guide. Refer to Chapter 182-500 WAC for a complete list of definitions for Washington Apple Health.

**Body mass index (BMI)** – A number that shows body weight relative to height, and is calculated using inches and pounds, or meters and kilograms. (WAC 182-554-200)

**Dietitian (RD)** – A dietitian registered with the Academy of Nutrition and Dietetics and certified by the Washington State Department of Health.

**Enteral nutrition** – The use of medically necessary nutrition products alone, or in combination with traditional food, when a client is unable to consume enough traditional food to meet nutritional requirements. Enteral nutrition maybe provided orally or via feeding tube. (WAC 182-554-200)

**Enteral nutrition equipment** – Durable medical feeding pumps and intravenous (IV) poles used in conjunction with nutrition supplies to dispense formula to a client. (WAC 182-554-200)

**Enteral nutrition supplies** – The supplies (such as nasogastric, gastrostomy and jejunostomy tubes) necessary to allow nutritional support via the alimentary canal or any route connected to the gastrointestinal system.

**Medical nutrition therapy** – Face-to-face interactions between a certified registered dietician and a client or the client’s guardian for the purpose of evaluating the client’s nutrition and making recommendations regarding the client’s nutrition status or treatment.

**Orally administered enteral nutrition products** – Formulas or solutions that a person consumes orally for nutritional support.

**Rental** – A monthly or daily rental fee paid for equipment.
About this Program

What is the Enteral Nutrition Program?
(Chapter 182-554 WAC)

The Enteral Nutrition Program covers products, equipment, and supplies related to medically necessary nutrition when a client is unable to consume enough traditional food to meet nutritional requirements. Enteral nutrition may be provided orally or via feeding tube.
Client Eligibility

(WAC 182-554-300)

Who is eligible for enteral nutrition?

To receive oral or tube-delivered enteral nutrition products, equipment, and related supplies, a person must be eligible for one of the Washington Apple Health programs under WAC 182-501-0060 or be eligible for the Alien Emergency Medical (AEM) program under WAC 182-507-0110.

How do clients receive enteral nutrition in the following circumstances?

Nursing facilities and adult family homes

If a person resides in a nursing facility, adult family home, assisted living facility, boarding home, or any other residence where food is included in the daily rate, oral enteral nutrition products are the responsibility of the facility.

State-owned facilities

If a person resides in a state-owned facility, such as a state school, developmental disabilities facility, or mental health facility, the enteral nutrition products, equipment, and related supplies are the responsibility of the state-owned facility.

Hospice

If a person has elected to receive the agency’s hospice benefit, the person must arrange for enteral nutrition products, equipment, and related supplies directly through the hospice benefit.

WIC

A child who qualifies for supplemental nutrition from the Women, Infants, and Children (WIC) Program must receive supplemental nutrition directly from that program. However, the child may be eligible for enteral products from the agency if:

- The child’s need for a product exceeds WIC’s allowed amount
- The product is not available through the WIC Program.
How can I verify a patient’s eligibility?

Providers must verify that a patient has Washington Apple Health coverage for the date of service, and that the client’s benefit package covers the applicable service. This helps prevent delivering a service the agency will not pay for.

Verifying eligibility is a two-step process:

**Step 1. Verify the patient’s eligibility for Washington Apple Health.** For detailed instructions on verifying a patient’s eligibility for Washington Apple Health, see the *Client Eligibility, Benefit Packages, and Coverage Limits* section in the agency’s current ProviderOne Billing and Resource Guide.

If the patient is eligible for Washington Apple Health, proceed to **Step 2**.

**Step 2. Verify service coverage under the Washington Apple Health client’s benefit package.** To determine if the requested service is a covered benefit under the Washington Apple Health client’s benefit package, see the agency’s Program Benefit Packages and Scope of Services web page.

**Note:** Patients who wish to apply for Washington Apple Health can do so in one of the following ways:

1. By visiting the Washington Healthplanfinder’s website at: www.wahealthplanfinder.org
2. By calling the Customer Support Center toll-free at: 855-WAFINDER (855-923-4633) or 855-627-9604 (TTY)
3. By mailing the application to: Washington Healthplanfinder PO Box 946 Olympia, WA 98507

In-person application assistance is also available. To get information about in-person application assistance available in their area, people may visit www.wahealthplanfinder.org or call the Customer Support Center.
Agency-contracted managed care organizations (MCOs)

Clients enrolled in an agency-contracted managed care organization (MCO) must arrange for enteral nutrition products, equipment, and related supplies directly through an agency-contracted MCO. Managed care enrollment is displayed on the client benefit inquiry screen.

If a fee-for-service client enrolls in an agency-contracted MCO before the agency completes the purchase or rental of prescribed enteral nutrition products, necessary equipment, and supplies:

- The agency stops paying for any equipment on the last day of the month preceding the month in which the client becomes enrolled in the managed care plan.
- The agency-contracted MCO determines the client’s continuing need for the equipment and is then responsible for the client.

Effective July 1, 2017, not all Apple Health clients will be enrolled in a BHO/FIMC/BHSO

On July 1, 2017, some Apple Health clients will not be enrolled in a BHO/FIMC/BHSO program. For these clients, SUD services are covered under the fee-for-service (FFS) program.

Effective July 1, 2017, changes to services available to AI/AN clients living in the FIMC regions

Effective July 1, 2017, American Indian/Alaska Native (AI/AN) clients must choose to enroll in one of the managed care plans, either Community Health Plan of Washington (CHPW) or Molina Healthcare of Washington (MHW) under the FIMC model receiving all physical health services, all levels of mental health services and drug and alcohol treatment coordinated by one managed care plan; or they may choose to receive all these services through Apple Health fee-for-service (FFS). If they do not choose, they will be auto-enrolled into Apple Health FFS for all their health care services.

Effective January 1, 2017, some fee-for-service clients who had other primary health insurance were enrolled into managed care

On January 1, 2017, the agency enrolled some fee-for-service Apple Health clients who have other primary health insurance into an agency-contracted managed care organization (MCO).

This change did not affect all fee-for-service Apple Health clients who have other primary health insurance. The agency continues to cover some clients under the fee-for-service Apple Health program, such as dual-eligible clients whose primary insurance is Medicare.
For additional information, see the agency’s Managed Care web site, under Providers and Billers.

**Effective April 1, 2016, important changes to Apple Health**

These changes are important to all providers because they may affect who pays for services.

Providers serving any Apple Health client should always check eligibility and confirm plan enrollment by asking to see the client’s Services Card and/or using the ProviderOne Managed Care Benefit Information Inquiry functionality (HIPAA transaction 270). The response (HIPAA transaction 271) provides the current managed care organization (MCO), fee-for-service, and Behavioral Health Organization (BHO) information. See the Southwest Washington Provider Fact Sheet on the agency’s Regional Resources web page.

**New MCO enrollment policy – earlier enrollment**

Beginning April 1, 2016, Washington Apple Health (Medicaid) implemented a new managed care enrollment policy placing clients into an agency-contracted MCO the same month they are determined eligible for managed care as a new or renewing client. This policy eliminates a person being placed temporarily in fee-for-service while they are waiting to be enrolled in an MCO or reconnected with a prior MCO.

- **New clients** are those initially applying for benefits or those with changes in their existing eligibility program that consequently make them eligible for Apple Health Managed Care.

- **Renewing clients** are those who have been enrolled with an MCO but have had a break in enrollment and have subsequently renewed their eligibility.

Clients currently in fee-for-service or currently enrolled in an MCO are not affected by this change. Clients in fee-for-service who have a change in the program they are eligible for may be enrolled into Apple Health Managed Care depending on the program. In those cases, this enrollment policy applies.

**How does this policy affect providers?**

- Providers must check eligibility and know when a client is enrolled and with which MCO. For help with enrolling, clients can refer to the Washington Healthplanfinder’s Get Help Enrolling page.

- MCOs have retroactive authorization and notification policies in place. The provider must know the MCO’s requirements and be compliant with the MCO’s policies.
Behavioral Health Organization (BHO)

The Department of Social and Health Services (DSHS) manages the contracts for behavioral health (mental health and substance use disorder (SUD)) services for nine of the Regional Service Areas (RSA) in the state, excluding Clark and Skamania counties in the Southwest Washington (SW WA) Region. BHOs replace the Regional Support Networks (RSNs).

Inpatient mental health services continue to be provided as described in the inpatient section of the Mental Health Services Billing Guide. BHOs use the Access to Care Standards (ACS) for mental health conditions and American Society of Addiction Medicine (ASAM) criteria for SUD conditions to determine client’s appropriateness for this level of care.

Fully Integrated Managed Care (FIMC)

Clark and Skamania Counties, also known as SW WA region, is the first region in Washington State to implement the FIMC system. This means that physical health services, all levels of mental health services, and drug and alcohol treatment are coordinated through one managed care plan. Neither the RSN nor the BHO provide behavioral health services in these counties.

Clients must choose to enroll in either Community Health Plan of Washington (CHPW) or Molina Healthcare of Washington (MHW). If they do not choose, they are auto-enrolled into one of the two plans. Each plan is responsible for providing integrated services that include inpatient and outpatient behavioral health services, including all SUD services, inpatient mental health and all levels of outpatient mental health services, as well as providing its own provider credentialing, prior authorization requirements and billing requirements.

Beacon Health Options provides mental health crisis services to the entire population in Southwest Washington. This includes inpatient mental health services that fall under the Involuntary Treatment Act for individuals who are not eligible for or enrolled in Medicaid, and short-term SUD crisis services in the SW WA region. Within their available funding, Beacon has the discretion to provide outpatient or voluntary inpatient mental health services for individuals who are not eligible for Medicaid. Beacon Health Options is also responsible for managing voluntary psychiatric inpatient hospital admissions for non-Medicaid clients.

In the SW WA region some clients are not enrolled in CHPW or Molina for FIMC, but remain in Apple Health fee-for-service managed by the agency. These clients include:

- Dual eligible – Medicare/Medicaid
- American Indian/Alaska Native (AI/AN)
- Medically needy
- Clients who have met their spenddown
- Noncitizen pregnant women
- Individuals in Institutions for Mental Diseases (IMD)
- Long-term care residents who are currently in fee-for-service
- Clients who have coverage with another carrier
Since there is no BHO (RSN) in these counties, Medicaid fee-for-service clients receive complex behavioral health services through the Behavioral Health Services Only (BHSO) program managed by MHW and CHPW in SW WA region. These clients choose from CHPW or MHW for behavioral health services offered with the BHSO or are auto-enrolled into one of the two plans. A BHSO fact sheet is available online.

**Apple Health Core Connections (AHCC)**

Coordinated Care of Washington (CCW) provides all physical health care (medical) benefits, lower-intensity outpatient mental health benefits, and care coordination for all Washington State foster care enrollees. These clients include:

- Children and youth under the age of 21 who are in foster care
- Children and youth under the age of 21 who are receiving adoption support
- Young adults age 18 to 26 years old who age out of foster care on or after their 18th birthday

American Indian/Alaska Native (AI/AN) children are not auto-enrolled, but may opt into CCW. All other eligible clients are auto-enrolled.

**AHCC complex mental health and substance use disorder services**

AHCC clients who live in Skamania or Clark County receive complex behavioral health benefits through the Behavioral Health Services Only (BHSO) program in the SW WA region. These clients choose between CHPW or MHW for behavioral health services, or they are auto-enrolled into one of the two plans. CHPW and MHW use the BHO Access to Care Standards to support determining appropriate level of care, and whether the services should be provided by the BHSO program or CCW.

AHCC clients who live outside Skamania or Clark County receive complex mental health and SUD services from the BHO and managed by DSHS.

**Contact Information for Southwest Washington**

**Beginning on April 1, 2016,** there is not an RSN/BHO in Clark and Skamania counties. Providers and clients must call the agency-contracted MCO for questions, or call Beacon Health Options for questions related to an individual who is not eligible for or enrolled in Medicaid.

If a provider does not know which MCO a client is enrolled in, this information can located by looking up the patient assignment in ProviderOne.
To contact Molina, Community Health Plan of Washington, or Beacon Health Options, please call:

<table>
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<tr>
<th></th>
<th>Contact Information</th>
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<tbody>
<tr>
<td>Molina Healthcare of Washington, Inc.</td>
<td>1-800-869-7165</td>
</tr>
<tr>
<td>Community Health Plan of Washington</td>
<td>1-866-418-1009</td>
</tr>
<tr>
<td>Beacon Health Options</td>
<td>Beacon Health Options</td>
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<td></td>
<td>1-855-228-6502</td>
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Provider Requirements - General

(WAC 182-554-400)

Who is eligible to bill for enteral nutrition services?

The following providers are eligible to enroll or contract with the agency to provide enteral nutrition products, equipment, and related supplies:

- Pharmacy providers
- Durable medical equipment (DME) providers

What requirements must a provider meet?

To receive payment for orally administered or tube-delivered enteral nutrition products, equipment and related supplies, a provider must meet all the requirements in Chapters 182-501 and 182-502 WAC.

Providers must:

- Provide only services that are within the scope of the provider’s license.

- Obtain prior authorization from the agency, if required, before:
  - Delivery to the client.
  - Billing the agency.

- Deliver enteral nutritional products in quantities sufficient to meet the client’s authorized needs, not to exceed a one-month supply.

- Confirm with the client or the client’s caregiver that the next month’s delivery of authorized enteral nutrition products is necessary and document the confirmation in the client’s file. The agency does not pay for automatic periodic delivery of products.

- Furnish clients with new or used equipment that includes full manufacturer and dealer warranties for at least one year.
Notify the client’s prescribing provider if the client has indicated that the product is not being used as prescribed and document the notification in the client’s file.

Complete the agency’s *Enteral Nutrition Products Prescription Form* (HCA 13-961). To be valid, a prescription must:

- Be written, dated, and signed (including the prescriber’s credentials) by the prescriber on or before the date of delivery of the product, equipment, or related supplies.
- Be no older than one year from the date the prescriber signed the prescription.
- State the specific item or service requested, the client’s diagnosis, and estimated length of need, quantity and units of measure, frequency and directions for use.

Have proof of delivery.

- When a client or the clients’ authorized representative receives the product directly from the provider, the provider must furnish the proof of delivery upon agency request. The proof of delivery must:
  - Be signed and dated by the client or the client’s authorized representative. The date of the signature must be the date the client received the item.
  - Include the client’s name and a detailed description of the items delivered, including the quantity and brand name.

- When a provider uses a shipping service to deliver items, the provider must furnish proof of delivery upon agency request. The proof of delivery must include:
  - The client’s name or other client identifier.
  - The delivery service package identification number.
  - The delivery address.
  - The quantity, a detailed description, and brand name of the item being shipped.

Bill the agency with the following dates of service:

- If the provider used a shipping service, the provider must use the shipping date as the date of service.
- If the client or the client’s authorized representative received the product directly from the provider, the provider must use the date of receipt as the date of service.

**Note:** The agency does not pay for automatic periodic delivery of products.
Coverage - General

(WAC 182-554-500)

What is covered under the Enteral Nutrition Program?

The agency’s Enteral Nutrition Program is not a food benefit.

Services covered under the Enteral Nutrition program include:

- Thickeners for clients 20 and younger
- Special formulas for clients with Inherited Metabolic Disorders
- Tube-delivered products for clients regardless of age
- Equipment and Supplies for tube-fed clients
- Oral enteral nutrition products for clients 20 and younger

What is not covered?

(WAC 182-554-800)

The agency does not cover the following:

- Nonmedical equipment, supplies, and related services (for example, back-packs, pouches, bags, baskets, or other carrying containers)

- Orally administered enteral nutrition products for clients age 21 and older

How do I request a noncovered service?

The agency reviews requests for noncovered health care services according to WAC 182-501-0160 as an exception to rule (ETR). To request a noncovered service using the ETR process, send a completed Oral Enteral Nutrition Exception to Rule Request (HCA 13-864), to the agency.

When the Early and Periodic Screening, Diagnosis, and Treatment Program (EPSDT) applies, the agency evaluates a noncovered service, equipment, or supply according to the process in WAC 182-501-0165 to determine if it is medically necessary, safe, effective, and not experimental (see WAC 182-534-0100 for EPSDT rules).
**Note:** The agency evaluates a request for orally administered enteral nutrition products and tube-delivered enteral nutrition products that are not covered or are in excess of the enteral nutrition program limitations or restrictions, in accordance with WAC 182-554-500.
Thickeners

Client eligibility

The agency covers thickeners for clients age 20 and younger with oropharyngeal dysphagia only. There is no benefit for clients age 21 and older.

Note: If oropharyngeal dysphagia is diagnosed without videofluoroscopy, documentation of the findings of the swallow evaluation must be recorded and include information on trials of different food consistencies that lead to the recommendation of a particular dysphagia diet.

Authorization

Clients age one to 20

For clients with oropharyngeal dysphagia, use expedited prior authorization (EPA) #870001406 when billing. If the client does not meet EPA criteria of a diagnosis of oropharyngeal dysphagia, the agency requires prior authorization.

- The prescribing provider must complete the following agency forms:
  - Thickeners for Children from 1 – 20 years old – Expedited Prior Authorization (EPA) (HCA 13-112)
  - Enteral Nutrition Products Prescription Form (HCA 13-961)
  - Dietitian Worksheet – Oral Enteral Nutrition Assessment (HCA 13-109)

- Durable medical equipment (DME) and pharmacy providers supplying thickeners must retain the completed forms and supporting documentation in the client’s file.
Clients under age one

- Prior authorization (PA) is required.

**Note:** The Food and Drug Administration (FDA) and the American Academy of Pediatrics have warned that xanthan gum (e.g. *Simply Thick*) and other gum thickeners are not safe for infants. Providers who feel xanthan gum is the next reasonable step in care must request PA.

- The PA request must include documentation on:
  - What other strategies were used to address dysphagia and why these strategies were unsuccessful.
  - Confirmation that the parents or guardians have been advised of the warning and agree that the benefit outweighs the risk.

- For prior authorization, complete the following forms and fax the forms together to the agency at (866) 668-1214:
  - A typed *General Information for Authorization* (HCA 13-835) form (use this in place of the coversheet for the fax transmission) and
  - *Thickeners for Babies Less Than One Year – Prior Authorization (PA) Request* (HCA 13-111) form;
  - *Enteral Nutrition Products Prescription Form* (HCA 13-961); and

(See Where can I download agency forms?)

Product list

DME and pharmacy providers must use the *Enteral Nutrition Product Classification List* located on the Noridian website. Providers must use the applicable HCPCS codes in the product list with the appropriate modifier for all enteral nutritional claims. The agency accepts billing for only the codes and products listed on the Noridian Enteral Nutrition Product Classification List.

The agency denies claims for enteral nutrition products billed without the appropriate modifiers.
Coverage table

<table>
<thead>
<tr>
<th>Category (HCPCS code)</th>
<th>Modifier</th>
<th>Short Description</th>
<th>One Unit Equals</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B4100</td>
<td>BO</td>
<td>Food thickener oral</td>
<td>1 oz</td>
<td>Examples: Resource, ThickenUp, Simply Thick, Thick &amp; Easy, and Thick-It. For a client younger than age 1, the provider must request PA. Thickeners are covered for clients one year and older when EPA criteria is met. Use EPA #870001406.</td>
</tr>
</tbody>
</table>

Record keeping

The agency requires DME and pharmacy providers to keep legible, accurate, and complete records to justify the medical necessity of the items provided. See the Record Keeping chart in this guide.

Fee schedule

You can find the current Enteral Nutrition Fee Schedule on the agency’s Enteral Nutrition Fee Schedule web page.
Inherited Metabolic Disorders

(WAC 182-554-550)

Client eligibility

The agency covers orally administered enteral nutrition products for clients age 20 and younger with amino acid, fatty acid, and carbohydrate metabolic disorders, including phenylketonuria (PKU).

Authorization

Clients age 20 and younger

Use EPA# 870001405 when billing.

Durable medical equipment (DME) and pharmacy providers must complete and retain the following forms in the client’s file:

- *Enteral Nutrition Products Prescription Form (HCA 13-961).*

Clients age 21 and older

To request an exception to rule, DME and pharmacy providers must complete the following forms and fax them together to the agency at (866) 668-1214 for review:

- A typed *General Information for Authorization (HCA 13-835)* form (use this in place of the coversheet for the fax transmission) and
- *Metabolic Disorders – Oral Enteral Nutrition Exception to Rule Requests: Adults (HCA 13-100).*
- *Enteral Nutrition Products Prescription Form (HCA 13-961).*

(See Where can I download agency forms?)
Product list

DME and pharmacy providers must use the Enteral Nutrition Product Classification List located on the Noridian website. Providers must use the applicable HCPCS codes in the product list with the appropriate modifier for all enteral nutritional claims. The agency accepts billing for only the codes and products listed on the Noridian Enteral Nutrition Product Classification List.

The agency denies claims for enteral nutrition products billed without the appropriate modifiers.

Coverage table

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<th>One Unit Equals</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B4157</td>
<td>BO or BA</td>
<td>Ef special metabolic inherit</td>
<td>100 cal</td>
<td>Use EPA #870001405</td>
</tr>
<tr>
<td>B4162</td>
<td>BO or BA</td>
<td>Ef ped specmetabolic inherit</td>
<td>100 cal</td>
<td>Use EPA #870001405</td>
</tr>
</tbody>
</table>
Miscellaneous

Prior authorization (PA) is required before billing HCPCS code B9998.

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Modifier</th>
<th>Short Description</th>
<th>EPA/PA</th>
<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B9998</td>
<td></td>
<td>Enteral supp not otherwise c</td>
<td>PA</td>
<td>N</td>
<td>Requires PA. Complete form HCA 13-745 and send with typed and completed form HCA 13-835. Invoice for requested item must be submitted for review.</td>
</tr>
</tbody>
</table>

Record keeping

The agency requires DME and pharmacy providers to keep legible, accurate, and complete records to justify the medical necessity of the items provided. See the Record Keeping chart in this guide.

Fee schedule

You can find the current Enteral Nutrition Fee Schedule on the agency’s Enteral Nutrition Fee Schedule web page.
Tube-Delivered Enteral Nutrition

(WAC 182-554-600)

Client eligibility

The agency covers tube-delivered enteral nutrition products, equipment, and related supplies, regardless of age, if the client:

- Has a valid prescription under WAC 182-554-400.
- Can manage tube feedings independently or with a caregiver’s assistance, and
- Has at least one of the following medical conditions:
  - A disease or condition that impairs the client’s ability to ingest sufficient calories and nutrients or restricts calories and nutrients from food from reaching the gastrointestinal tract, or
  - A disease or condition of the small bowel that impairs digestion and absorption of an oral diet, either of which requires tube feedings to provide sufficient nutrients to maintain weight and strength properly proportioned to the client's overall health status.

Dual eligible clients

Clients with both Medicare and Medicaid are eligible for some tube-delivered products under Medicare Part B. Medicaid is always the payer of last resort.
**Women, Infants, and Children (WIC) and tube-delivered enteral nutrition**

If a WIC-eligible tube-fed client can use a standard formula available from WIC, the client must receive the product from WIC. All clients under age 5, including tube-fed clients, must receive products and formulas directly from WIC unless:

- The client is not eligible for the WIC program.
- The client is eligible for the WIC program, but the need for the enteral nutrition product or formula exceeds WIC’s allowed amount.
- The requested product or formula, or the equivalent, is not available through the WIC program.

**Authorization**

The agency covers tube-delivered enteral nutrition products without prior authorization for eligible clients living in their homes and other residential settings, but not for clients in inpatient settings.

The prescribing provider must complete an *Enteral Nutrition Products Prescription Form* (HCA 13-961). (See [Where can I download agency forms?](#)) The DME and pharmacy provider must keep this completed form in the client’s file.

For clients age 4 years and younger, the Department of Health’s *WIC/Medicaid Nutrition Form* (DOH 962-937 March 2014) must also be completed.

**Product list**

DME and pharmacy providers must use the *Enteral Nutrition Product Classification List* located on the Noridian website. Providers must use the applicable HCPCS codes in the product list with the appropriate modifier for all enteral nutritional claims. The agency accepts billing for only the codes and products listed on the Noridian Enteral Nutrition Product Classification List.

The agency denies claims for enteral nutrition products billed without the appropriate modifiers.
### Coverage table

<table>
<thead>
<tr>
<th>Category (HCPCS code)</th>
<th>Modifier</th>
<th>Short Description</th>
<th>One Unit Equals</th>
</tr>
</thead>
<tbody>
<tr>
<td>B4102</td>
<td>BA</td>
<td>Ef adult fluids and electrolyte</td>
<td>500 ml</td>
</tr>
<tr>
<td>B4103</td>
<td>BA</td>
<td>Ef ped fluid and electrolyte</td>
<td>500 ml</td>
</tr>
<tr>
<td>B4149</td>
<td>BA</td>
<td>Ef blenderized foods</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4150</td>
<td>BA</td>
<td>Ef complet w/intact nutrient</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4152</td>
<td>BA</td>
<td>Ef calorie dense&gt;=1.5kcal</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4153</td>
<td>BA</td>
<td>Ef hydrolyzed/amino acids</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4154</td>
<td>BA</td>
<td>Ef spec metabolic noninherent</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4155</td>
<td>BA</td>
<td>Ef incomplete/modular</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4157</td>
<td>BA</td>
<td>Ef special metabolic inherit</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4158</td>
<td>BA</td>
<td>Ef ped complete intact nut</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4159</td>
<td>BA</td>
<td>Ef ped complete soy based</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4160</td>
<td>BA</td>
<td>Ef ped caloric dense&gt;=0.7kcal</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4161</td>
<td>BA</td>
<td>Ef ped hydrolyzed/amino acid</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4162</td>
<td>BA</td>
<td>Ef ped spec metabolic inherit</td>
<td>100 cal</td>
</tr>
</tbody>
</table>

### Miscellaneous

Prior authorization (PA) is required before billing HCPCS code B9998.

<table>
<thead>
<tr>
<th>HCPCS Code</th>
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<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B9998</td>
<td></td>
<td>Enteral supp not otherwise c</td>
<td>PA</td>
<td>N</td>
<td>Requires PA. Complete HCA 13-745 form and send with typed and completed HCA 13-835 form as the cover sheet. Invoice for requested item must be submitted for reimbursement.</td>
</tr>
</tbody>
</table>
Record keeping

The agency requires DME and pharmacy providers to keep legible, accurate, and complete records to justify the medical necessity of the items provided. See the Record Keeping chart in this guide.

Fee schedule

You can find the current Enteral Nutrition Fee Schedule on the agency’s Enteral Nutrition Fee Schedule web page.
Enteral Equipment and Related Supplies for Tube-Delivered Enteral Nutrition

(Client eligibility)

The agency covers medically necessary enteral feeding supply kits, tubing, and the rental, purchase, and repair of pumps and IV poles for all eligible clients regardless of age according to the limits listed in the coverage tables in this section.

Authorization

Providers must obtain authorization for enteral equipment and supplies when noted on the coverage tables in this section.

To exceed the specified limits, providers request a Limitation Extension (LE). To request an LE, providers must complete the following forms and fax them to the agency at (866) 668-1214:

- A typed General Information for Authorization (HCA 13-835) form (use this in place of the coversheet for the fax transmission)
- Enteral Equipment and Supplies Limitation Extension (LE) Request Form (HCA 13-115)
- Enteral Nutrition Products Prescription Form (HCA 13-961)

(See Where can I download agency forms?)
Rescinding authorization

The agency may rescind authorization for prescribed equipment if the equipment was not delivered to the client before the client:

- Loses medical eligibility.
- Becomes covered by a hospice agency and the equipment is used in the treatment of the terminal diagnosis or related condition(s).
- Enrolls in or becomes eligible for an agency-contracted MCO.
- Dies.

Coverage

The following are included in the agency’s reimbursement for equipment rentals or purchases:

- Instructions to the client, caregiver, or both, on the safe and proper use of equipment provided
- Full service warranty
- Delivery and pick-up
- Fitting and adjustments

- If changes in circumstances occur during the rental period, such as death or ineligibility, the agency will terminate reimbursement effective on the date of the change in circumstances.
- Providers may not bill for simultaneous rental(s) and purchase of the same item at any time.
- The agency will pay up to an additional three months of pump rental while a client-owned pump is being repaired.
- The agency will not reimburse providers for equipment that was supplied to them at no cost through suppliers/manufacturers or items that have been returned by clients.
- Rent-to-purchase equipment may be new or used at the beginning of the rental period.

Note: Covered items that are not part of the nursing facility per diem may be billed separately to the agency.
Enteral Nutrition

Enteral supply kits

To request a limitation extension to exceed specified limits, see Authorization.

- Do not bill more than one supply kit code per day. No modifier is needed when billing for enteral supply kits or enteral tubing.

- Enteral supply kits include all the necessary supplies for the client to administer enteral nutrition.

- If billing for a span of dates, the number of units must match the number of days billed.

Coverage table – enteral supply kits

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Short Description</th>
<th>EPA/PA</th>
<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B4034</td>
<td>Enter feed supkit syr by day</td>
<td></td>
<td>N</td>
<td>Maximum # of units - 1 per client, per day</td>
</tr>
<tr>
<td>B4035</td>
<td>Enteral feed supp pump per d</td>
<td></td>
<td>N</td>
<td>Maximum # of units - 1 per client, per day</td>
</tr>
<tr>
<td>B4036</td>
<td>Enteral feed sup kit grav by</td>
<td></td>
<td>N</td>
<td>Maximum # of units - 1 per client, per day</td>
</tr>
</tbody>
</table>

Enteral tubing

The total number of allowed tubes includes any tubes provided as part of the replacement kit. To request a limitation extension to exceed specified limits, see Authorization.

Coverage table – enteral tubing

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Short Description</th>
<th>EPA/PA</th>
<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B4081</td>
<td>Enteral ng tubing w/ stylet</td>
<td></td>
<td>N</td>
<td>Maximum # of units - 3 per client, per 30 days</td>
</tr>
<tr>
<td>B4082</td>
<td>Enteral ng tubing w/o stylet</td>
<td></td>
<td>N</td>
<td>Maximum # of units - 3 per client, per 30 days</td>
</tr>
<tr>
<td>B4083</td>
<td>Enteral stomach tube levine</td>
<td></td>
<td>N</td>
<td>Maximum # of units - 1 per client, per 30 days</td>
</tr>
</tbody>
</table>
**Enteral Nutrition**

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Short Description</th>
<th>EPA/PA</th>
<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B4087</td>
<td>Gastro/jejuno tube, std</td>
<td></td>
<td>N</td>
<td>Maximum # of units - 5 per client, per 30 days. <strong>Note:</strong> Use this code when billing for extension tubing.</td>
</tr>
<tr>
<td>B4088</td>
<td>Gastro/jejuno tube, low-pro</td>
<td></td>
<td>N</td>
<td>Max # of units - 1 per client, every 2 months</td>
</tr>
</tbody>
</table>

**Enteral repairs**

Repairs to a client-owned pump require **authorization** from the agency. Providers may request authorization after the repairs have begun.

Submit a typed *General Information for Authorization* (HCA 13-835) form (use this in place of the coversheet for the fax transmission to the agency along with an invoice for the repairs that separates parts from labor charges. (See [Where can I download agency forms?](#))

Repairs or nonroutine service may not exceed 50 percent of the purchase price.

**Coverage table – enteral repairs**

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Modifier</th>
<th>Short Description</th>
<th>Authorization Required</th>
<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>E1399</td>
<td></td>
<td>Durable medical equipment mi</td>
<td>Y</td>
<td>N</td>
<td>Detailed invoice required</td>
</tr>
<tr>
<td>B9002</td>
<td>RR</td>
<td>Enter nutr inf pump any type</td>
<td>Y</td>
<td>N</td>
<td>The agency will pay up to 3 months rental while client-owned pump is being repaired.</td>
</tr>
<tr>
<td>K0739</td>
<td></td>
<td>Repair/svc dme non-oxygen eq</td>
<td>Y</td>
<td>N</td>
<td>Repairs or non-routine service not to exceed 50 percent of purchase price, if the equipment is less than 5 years old. Separate parts from labor and indicate number of units (e.g. 15 minutes) requested.</td>
</tr>
</tbody>
</table>
Pumps and poles

- The agency considers poles and pumps purchased after 12-months rental.
- Pumps may be new or used equipment at the beginning of rental period.
- Providers must use the procedure codes listed in the agency’s fee schedule along with the appropriate modifier for all poles and pumps.

Coverage table – pumps and poles

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Modifier</th>
<th>Short Description</th>
<th>EPA/PA</th>
<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>E0776</td>
<td>NU</td>
<td>Iv pole</td>
<td></td>
<td>Y</td>
<td>Maximum # of units - 1 per client, per lifetime</td>
</tr>
<tr>
<td>E0776</td>
<td>RR</td>
<td>Iv pole</td>
<td></td>
<td>Y</td>
<td>Maximum # of units - 1 per month, not to exceed 12 months</td>
</tr>
<tr>
<td>B9002</td>
<td>RR</td>
<td>Enter nutr inf pump any type</td>
<td></td>
<td>N</td>
<td>Maximum # of units - 1 per month, not to exceed 12 months</td>
</tr>
</tbody>
</table>

Payment
(WAC 182-554-900)

What is included in the agency’s payment?

The agency determines reimbursement for covered enteral nutrition equipment and necessary supplies according to the set fee schedule, and evaluates and updates the maximum allowable fees for enteral nutrition products, equipment, and related supplies at least once per year.

The agency’s payment for covered enteral nutrition products, equipment, and related supplies include all the following:

- Any adjustments or modifications to the equipment required within three months of the date of delivery (not applicable to adjustments required because of changes in the client's medical condition)
- Instructions to the client, caregiver, or both, on the safe and proper use of equipment provided
- Full service warranty
- Delivery and pick-up
- Fitting and adjustments

If changes in circumstance occur during the rental period, such as death or ineligibility, the agency discontinues payment effective on the date of the change in circumstance.
The agency does not pay for simultaneous rental and purchase of any item.

The agency does not reimburse providers for equipment that is supplied to them at no cost through suppliers or manufacturers.

The provider who furnishes enteral nutrition equipment to a client is responsible for any costs incurred to have equipment repaired by another provider if:

- Any equipment that the agency considers purchased requires repair during the applicable warranty period.
- The provider refuses or cannot fulfill the warranty.
- The client still needs the equipment. If the rental equipment must be replaced during the warranty period, the agency recoups fifty percent of the total amount previously paid toward rental and eventual purchase of the equipment delivered to the client if:
  - The provider is unwilling or unable to fulfill the warranty.
  - The client still needs the equipment.

Noncovered equipment and supplies

(\texttt{WAC 182-554-800})

Noncovered medical equipment, supplies and related services include backpacks, pouches, bags, baskets or other carrying container.

For a product that needs an unspecified code, prior authorization is required. To request prior authorization, fax the following completed forms to the agency at (866) 668-1214:

- A typed \textit{General Information for Authorization} (HCA 13-835) form (use this in place of the coversheet for the fax transmission) and
- \textit{Justification for Miscellaneous Enteral Nutrition Procedure Code (B9998)} (HCA 13-745) form

(See \texttt{Where can I download agency forms?})
**Miscellaneous**

Prior authorization (PA) is required before billing HCPCS code B9998.

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Short Description</th>
<th>Authorization Required</th>
<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B9998</td>
<td>Enteral supp not otherwise c</td>
<td>Yes</td>
<td>N</td>
<td>Use form HCA 13-745 Justification for Miscellaneous Enteral Nutrition Procedure Code (B9998). Include invoice for Rates determination.</td>
</tr>
</tbody>
</table>

**Record keeping**

The agency requires DME and pharmacy providers to keep legible, accurate, and complete records to justify the medical necessity of the items provided. See the Record Keeping chart in this guide.

**Fee schedule**

You can find the current Enteral Nutrition Fee Schedule on the agency’s Enteral Nutrition Fee Schedule web page.
Overview of new requirements

Oral enteral nutrition is a medical benefit for treating medical conditions when no equally effective, less costly alternative is available to treat the client’s condition. It is not a food benefit, such as the Basic Food in Washington and WIC.

When commercially available products are prescribed to correct documented nutritional or growth deficiencies, they should be used for the shortest amount of time possible before transitioning to a diet of traditional food or food products with ingredients that can be purchased for the client as grocery products. These include:

- Over-the-counter nutrition products
- Standard infant formulas
- Standard toddler formulas

The provider who prescribes a product covered by the oral enteral nutrition benefit must refer the client for services of other health care professionals whenever needed. Clients receiving the oral enteral products must address the medical issues causing inadequate diet and nutrition. These other providers may include:

- Primary care providers
- Dietitians
- Gastroenterology specialists
- Allergists
- Developmental pediatricians
- Applied Behavior Analysis (ABA) and mental health providers
- Speech and occupational therapists
Client eligibility

Oral enteral nutrition is a covered benefit for clients 20 years of age and younger.

There is no oral enteral nutrition benefit for clients 21 and older. Providers may request an exception to rule (ETR) by completing the *Oral Enteral Nutrition Exception to Rule Request* (HCA 13-864) form and faxing the request to the agency at (866) 668-1214.

Women, Infants, Children (WIC), and Oral Enteral Nutrition

- All clients under age five who qualify for supplemental nutrition from the Women, Infants, and Children (WIC) nutrition program must receive products and formulas directly from that program.
- The agency may cover orally administered enteral nutrition products for a client under age five if the client is:
  - Not eligible for the WIC program.
  - Eligible for the WIC program, but the client’s need for an oral enteral nutrition product or formula exceeds the amount allowed by WIC rules.
  - Eligible for the WIC program, but a medically necessary product or formula is not available through the WIC program.

Provider requirements

Prescribing providers

The health care provider who prescribes an oral enteral nutrition product is attesting that a client has or is at risk of growth or nutrient deficits due to a condition that prevents the client from meeting nutritional needs using food, over-the-counter nutrition products, standard infant formula, or standard toddler formula.

If “failure to thrive” or “feeding difficulties” is diagnosed, the underlying medical or behavioral cause must be identified and addressed. Prescribing providers are responsible for referring clients who are prescribed oral enteral nutrition products paid for by the agency to speech or occupational therapists, applied behavioral analysis (ABA) providers, mental health providers, or other medical providers such as allergists, developmental pediatricians or gastroenterologists to address comorbid conditions related to inadequate intake of regular food when indicated.
Dietitians

Consulting dietitians must conduct a complete nutrition assessment to assure the prescribed product is appropriate for the client’s nutritional diagnosis. The dietitian must develop an individual diet plan so the client or caregivers will be able to prepare foods using grocery items that meet the client’s nutrient and caloric needs. They will assist the client with a transition to food and food products, grocery items available commercially, and homemade shakes and smoothies.

Dietitians, as essential partners in the client’s health care team, should recommend to the prescribing provider if their assessment indicates a problem that could be addressed by other health care providers, such as speech or occupational therapists, ABA providers, mental health providers, or other medical providers such as allergists, developmental pediatricians or gastroenterologists.

DME and pharmacy providers (servicing and billing providers)

DME and pharmacy providers are eligible to enroll or contract with the agency to provide orally administered enteral nutrition products.

The DME or pharmacy provider should assure that the prescribing provider and dietitian have fully completed the forms that indicate the client meets EPA criteria, and have accurately identified and calculated the amount of product prescribed.

To receive payment for orally administered enteral nutrition products, a provider must:

- Provide only those services that are within the scope of the provider's license.
- Obtain prior authorization from the agency, if required, before delivery to the client and before billing the agency.
- Deliver enteral nutritional products in quantities sufficient to meet the client's authorized needs, not to exceed a one-month supply.
- Confirm with the client or the client's caregiver that the next month's delivery of authorized orally administered enteral nutrition products is necessary and document the confirmation in the client's file. The agency does not pay for automatic periodic delivery of products.
- Notify the client's physician if the client has indicated the enteral nutrition product is not being used as prescribed, and document the notification in the client's file.
- Bill electronically according to the general billing requirements found in the agency’s ProviderOne Billing and Resource Guide.
- Bill using the appropriate modifiers.
Authorization

All orally administered enteral nutrition products require either EPA or PA.

Expedited prior authorization

When using EPA, it is the responsibility of the prescribing provider to ensure that the client meets all eligibility criteria.

The prescribing provider as well as the DME or pharmacy provider are responsible for the accuracy and documentation of medical necessity. A completed Oral Enteral Nutrition Products for Clients 20 years of Age and Younger. Expedited Prior Authorization (EPA) Worksheet form (HCA 13-114) signed by the prescribing provider must be kept in the client’s file and made available to the agency upon request.

When required, the Dietitian Worksheet – Oral Enteral Nutrition Assessment (HCA 13-109) form, consultation notes, growth charts, and the prescription form must be retained in the client’s file. This document is subject to post-pay review by the agency under WAC 182-502-0100. (See Where can I download agency forms?)

To facilitate getting medically necessary oral enteral nutrition products, use one of the following expedited prior authorization numbers:

- EPA #870001407 for urgent one-time, one-month supply and
- EPA #870001408 when medically necessary to treat a growth of nutritional deficiency. Monthly supply up to 6 months.

- Use EPA #870001407 for clients age 20 and younger when:
  
  - The client has an urgent or immediate need for orally administered nutrition products (e.g. to prevent hospitalization).
  - The client has or is at risk of growth or nutrient deficits due to a condition that prevents the client from meeting their needs using food, over-the-counter nutrition products, standard infant formula, or standard toddler formula.
  - The prescriber has completed the agency’s Enteral Nutrition Products Prescription Form (HCA 13-961).

A dietitian must evaluate the client as soon as possible to confirm the prescribed product meets the current nutritional and caloric needs. The prescribing provider must follow-up to identify any medical or behavioral issues that require referral for management.
• Use EPA #870001408 for clients age 20 and younger whose primary care physician has determined medical necessity for an orally administered enteral nutrition product. Before starting the oral enteral nutrition product, the next reasonable step care is consultation with a dietitian. This EPA covers a monthly supply for up to 6 months after the client has been evaluated by a dietitian when:

- The client has or is risk of growth or nutrient deficits due to a condition that prevents the client from meeting their needs using food, over-the-counter nutrition product, standard infant formula, or standard toddler formula. Prescribing provider must submit a growth chart with current measurement to the servicing provider (CDC growth charts are available at the HCA website if needed).
- The prescriber has completed the agency’s Enteral Nutrition Products Prescription Form (HCA 13-961).
- The client has a completed Dietitian Worksheet – Oral Enteral Nutrition Assessment (HCA 13-109) form from a registered dietitian (RD) that includes all of the following:
  - Evaluation of the client’s nutritional status, including growth and nutrient analysis.
  - An explanation about why the product is medically necessary as defined in WAC 182-500-0070.
  - A nutrition care plan that monitors the client’s nutrition status, and includes a plan for transitioning the client to food or food products, if possible.
  - Recommendations, as necessary, for the primary care provider to refer the client to other health care providers (for example, gastrointestinal specialists, allergists, speech therapists, occupational therapists, applied behavioral analysis providers, and mental health providers) who will address the client’s growth or nutrient deficits.

Prior authorization

• If a client requires more than six months to transition to a diet of traditional food or food products (which can be purchased for the client as grocery products), prior authorization (PA) is required.

• If a client requires orally administered enteral nutrition products for longer than six months, the DME or pharmacy provider must obtain PA from the agency. The request for PA must include all of the following:
  - Documentation of the client’s diagnosis that supports the client’s need for the orally administered enteral nutrition product.
The client’s nutrition care plan, including steps to transition the client to food or food products, if possible, or document why the client cannot transition to food or food products. Any updates from subsequent RD reevaluations must be included.

Updates to the client’s growth chart.

Progress notes documenting regular follow up and weight checks how the prescribed product is treating the client’s growth or nutrient deficits, or is necessary to maintain the client’s growth or nutrient status.

Referrals, if necessary, to other health care providers treating related medical or mental health conditions.

Documentation of any communication the treating provider has had with other providers directly or indirectly treating the client’s growth or nutrient deficits while the client is receiving orally administered enteral nutrition products.

**Product list**

DME and pharmacy providers must use the [Enteral Nutrition Product Classification List](#) located on the Noridian website. Providers must use the applicable HCPCS codes in the product list with the appropriate modifier for all enteral nutritional claims. The agency accepts billing for only the codes and products listed on the Noridian Enteral Nutrition Product Classification List.

The agency denies claims for enteral nutrition products billed without the appropriate modifiers.

**Coverage table**

<table>
<thead>
<tr>
<th>Category (HCPCS code)</th>
<th>Modifier</th>
<th>Short Description</th>
<th>One Unit Equals</th>
</tr>
</thead>
<tbody>
<tr>
<td>B4102</td>
<td>BO</td>
<td>Ef adult fluids and electrolyte</td>
<td>500 ml</td>
</tr>
<tr>
<td>B4103</td>
<td>BO</td>
<td>Ef ped fluid and electrolyte</td>
<td>500 ml</td>
</tr>
<tr>
<td>B4149</td>
<td>BO</td>
<td>Ef blenderized foods</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4150</td>
<td>BO</td>
<td>Ef complet w/intact nutrient</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4152</td>
<td>BO</td>
<td>Ef calorie dense&gt;=1.5kcal</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4153</td>
<td>BO</td>
<td>Ef hydrolyzed/amino acids</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4154</td>
<td>BO</td>
<td>Ef spec metabolic noninherit</td>
<td>100 cal</td>
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</table>
### Enteral Nutrition

<table>
<thead>
<tr>
<th>Category (HCPCS code)</th>
<th>Modifier</th>
<th>Short Description</th>
<th>One Unit Equals</th>
</tr>
</thead>
<tbody>
<tr>
<td>B4155</td>
<td>BO</td>
<td>Ef incomplete/modular</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4158</td>
<td>BO</td>
<td>Ef ped complete intact nut</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4159</td>
<td>BO</td>
<td>Ef ped complete soy based</td>
<td>100 cal</td>
</tr>
<tr>
<td>B4160</td>
<td>BO</td>
<td>Ef ped caloric dense&gt;=/=0.7kc</td>
<td>100 cal</td>
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</tbody>
</table>

### Miscellaneous

Prior authorization (PA) is required before billing HCPCS code B9998.

<table>
<thead>
<tr>
<th>HCPCS Code</th>
<th>Modifier</th>
<th>Short Description</th>
<th>EPA/PA</th>
<th>Part of NH per diem</th>
<th>Policy/Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>B9998</td>
<td></td>
<td>Enteral supp not otherwise c</td>
<td>PA</td>
<td>N</td>
<td></td>
</tr>
</tbody>
</table>

### Record keeping

The agency requires DME and pharmacy providers to keep legible, accurate, and complete records to justify the medical necessity of the items provided. See the Record Keeping chart in this guide.

### Does the agency pay for medical nutrition therapy?

The agency pays for medical nutrition therapy when it is provided by a dietician with an agency provider number, for clients age 20 and younger who are in an eligible program, when the client is referred by an EPSDT provider.

**Note:** All clients age 20 and younger and on an eligible program must be evaluated by a certified registered dietician who has a signed core provider agreement with the agency, within 30 days of initiation of enteral nutrition products, and periodically (at the discretion of the certified registered dietician) while receiving enteral nutrition products. See Provider Requirements. (See WAC 182-554-500(3).

For more information, see the agency’s Medical Nutrition Therapy Medicaid Billing Guide.
Does the agency pay for oral enteral nutrition products for clients who are receiving Medicare part B benefits?

Yes. The agency may pay for oral enteral nutrition through exception to rule for clients on Medicare Part B. The agency reviews requests for noncovered health care services according to WAC 182-501-0160 as an exception to rule (ETR).

The agency does not require a provider to submit a Medicare denial for the client when providing oral enteral nutrition products to these clients.

Does the agency pay for enteral nutrition products used in combination with parenteral nutrition?

The agency pays for both enteral and parenteral nutrition and supplies while a client is being transitioned from parenteral to enteral nutrition. See the agency’s [Home Infusion Therapy and Parenteral Nutrition Medicaid Billing Guide](#).
Authorization

(WAC 182-554-700)

Prior authorization (PA)

PA is the agency’s approval for certain medical services, equipment, or supplies, before the services are provided to clients, as a precondition for provider reimbursement. Expedited prior authorization (EPA) and limitation extensions (LE) are forms of PA.

Note: See the agency’s ProviderOne Billing and Resource Guide for more Information on requesting authorization.

Providers must obtain authorization for all covered orally administered enteral nutrition products, tube-delivered enteral equipment, and related supplies.

• Authorization does not guarantee payment.

• Authorization requirements are not a denial of service.

• Providers must submit a written request to the agency for when required in this billing guide.

Note: The agency does not cover orally administered enteral nutrition for clients age 21 and older.

• Upon request, a provider must provide documentation to the agency showing how the client’s condition met the criteria for PA or EPA.

• PA is required for orally administered enteral nutrition products, and tube-delivered enteral equipment, replacement parts, and related supplies.

• The provider must submit a request form for PA on the Oral Enteral Nutrition Prior Authorization Request form (HCA 13-110). This form must be:

  ➢ Complete, with all fields filled in.

  ➢ Completed by the prescribing physician, advanced registered nurse practitioner, or physician assistant.

  ➢ Written, dated, and signed (including the prescriber’s credentials) by the prescriber on the same day, and before the date of delivery. The agency does not accept backdated forms.

  ➢ Submitted within three months of the date the prescriber signed the prescription.
Expedited prior authorization (EPA)

EPA is a process to eliminate the need to fax requests for prior authorization for selected Healthcare Common Procedure Coding System (HCPCS) codes.

Providers must establish that the client’s condition meets the clinically appropriate expedited prior authorization (EPA) criteria outlined in this billing guide. The appropriate EPA number must be used when the provider bills the agency.
# Enteral Nutrition Forms

*(Read this Billing Guide completely for full information)*

<table>
<thead>
<tr>
<th>Authorization</th>
<th>Required Forms</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral enteral products</td>
<td></td>
<td></td>
</tr>
<tr>
<td>For urgent one-time, one-month supply</td>
<td>HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em>&lt;br&gt;HCA 13-114 <em>Oral Enteral Nutrition Products for Clients 20 and younger. EPA Worksheet</em></td>
<td>Keep completed forms in the client’s file for agency review, upon request. No WIC/Medicaid Nutrition form required due to the urgent nature of the need for the oral enteral product.</td>
</tr>
<tr>
<td>Use EPA# 87001407</td>
<td></td>
<td></td>
</tr>
<tr>
<td>To treat a growth of nutritional deficiency (when medically necessary)</td>
<td>HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em>&lt;br&gt;HCA 13-109 <em>Dietitian Worksheet – Oral Enteral Nutrition Assessment</em>&lt;br&gt;HCA 13-114 <em>Oral Enteral Nutrition Products for Clients 20 and younger. EPA Worksheet</em>&lt;br&gt;DOH 962-937 <em>WIC/Medicaid Nutrition Form</em> if client is age 4 years or younger</td>
<td>Keep completed forms in the client’s file for agency review, upon request.</td>
</tr>
<tr>
<td>Monthly supply up to 6 months.</td>
<td>Use EPA# 87001408</td>
<td></td>
</tr>
<tr>
<td>Prior authorization request when medically necessary and client cannot be transitioned to homemade product or food after 6 months of EPA.</td>
<td>HCA 13-835 <em>General Information for Authorization</em>&lt;br&gt;(This form must be typed and must be the coversheet for the fax transmission.)&lt;br&gt;HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em>&lt;br&gt;HCA 13-109 <em>Dietitian Worksheet – Oral Enteral Nutrition Assessment</em>&lt;br&gt;HCA 13-110 <em>Oral Enteral Nutrition PA Request</em>&lt;br&gt;DOH 962-937 <em>WIC/Medicaid Nutrition Form</em> if client is age 4 years or younger</td>
<td>Fax completed forms to the agency for clinical review.</td>
</tr>
</tbody>
</table>
### Oral enteral products (cont.)

<table>
<thead>
<tr>
<th>Authorization</th>
<th>Required Forms</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exception to Rule (ETR)</td>
<td>HCA 13-835 <em>General Information for Authorization</em> (This form must be typed and must be the coversheet for the fax transmission.)</td>
<td>Fax completed forms and any additional documentation to HCA for clinical review.</td>
</tr>
<tr>
<td></td>
<td>HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td>HCA 13-864 <em>Oral Enteral Nutrition Exception to Rule Request</em></td>
<td></td>
</tr>
</tbody>
</table>

### Formulas for inherited disorders of metabolism

<table>
<thead>
<tr>
<th>Clients under age 20 Use EPA #870001405</th>
<th>HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em></th>
<th>For clients age 20 and younger who have inherited metabolic disorders only. Keep completed forms in the client’s file for agency review, upon request.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>HCA 13-101 <em>Metabolic Disorder-Oral Enteral Nutrition EPA Worksheet (Children)</em></td>
<td></td>
</tr>
<tr>
<td>Clients age 12 and older Exception to Rule (ETR)</td>
<td>HCA 13-835 <em>General Information for Authorization</em> (This form must be typed and must be the coversheet for the fax transmission.)</td>
<td>For clients age 21 and older with inherited metabolic disorders only. Fax completed forms and any additional documentation to the agency for clinical review.</td>
</tr>
<tr>
<td></td>
<td>HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td>HCA 13-100 <em>Metabolic Disorders-Oral Enteral Nutrition ETR Request (Adults)</em></td>
<td></td>
</tr>
</tbody>
</table>

### Thickener

<table>
<thead>
<tr>
<th>For clients age 1-20 Use EPA #870001406</th>
<th>HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em></th>
<th>Keep completed forms in the client’s file for agency review, upon request.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>HCA 13-109 <em>Dietitian Worksheet – Oral Enteral Nutrition Assessment</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td>HCA 13-112 <em>Thickeners for children age 1-20</em></td>
<td></td>
</tr>
<tr>
<td>Authorization</td>
<td>Required Forms</td>
<td>Notes</td>
</tr>
<tr>
<td>---------------</td>
<td>----------------</td>
<td>-------</td>
</tr>
<tr>
<td><strong>Thickeners (cont.)</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prior authorization required for clients under age 1</td>
<td>HCA 13-835 <em>General Information for Authorization</em> (This form must be typed and must be the coversheet for the fax transmission.) HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em> HCA 13-109 <em>Dietitian Worksheet – Oral Enteral Nutrition Assessment</em> HCA 13-111 <em>Thickeners for babies less than one year</em></td>
<td>Fax completed forms and any additional documentation to the agency for clinical review.</td>
</tr>
<tr>
<td><strong>Tube delivered products</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No PA or EPA if clients meet criteria in <a href="https://app.leg.wa.gov/coderepository/default.aspx?LawNumber=WAC%20182-554-600&amp;Section=182-554-600&amp;Codebook=WWW&amp;Category=3&amp;Chapter=151">WAC 182-554-600</a>.</td>
<td>HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em> DOH 962-937 <em>WIC/Medicaid Nutrition Form</em> if client is age 4 years or younger</td>
<td>Keep completed forms in the client’s file for agency review, upon request.</td>
</tr>
<tr>
<td><strong>Equipment and supplies for tube delivered products</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No PA or EPA required unless the client’s needs exceeds published limits.</td>
<td>HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em></td>
<td>Keep completed forms in the client’s file for agency review, upon request.</td>
</tr>
<tr>
<td>Limitation Extension (LE)</td>
<td>HCA 13-835 <em>General Information for Authorization</em> (use this form as the coversheet for the fax transmission) HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em> HCA 13-115 <em>Enteral Equipment and Supplies Limitation Extension (LE) Request Form</em></td>
<td>Fax completed forms and any additional documentation to the agency for clinical review.</td>
</tr>
<tr>
<td>Request for B9998 - miscellaneous enteral nutrition product.</td>
<td>HCA 13-835 <em>General Information for Authorization</em> (use this form as the coversheet for the fax transmission) HCA 13-961 <em>Enteral Nutrition Products Prescription Form</em> HCA 13-745 <em>Justification for Miscellaneous Enteral Nutrition Procedure Code (B9998)</em></td>
<td>Fax completed forms and any additional documentation to the agency for clinical review. Invoice for requested item must be submitted for reimbursement.</td>
</tr>
</tbody>
</table>
Modifiers

**Note:** Providers must use the procedure codes listed in the product list along with the appropriate modifier for all enteral nutrition products. The agency denies claims for enteral nutrition products without modifiers.

### Modifier BA

Use Modifier BA for medically necessary, tube-delivered enteral nutrition products and supplies, not orally administered nutrition.

### Modifier BO

Use Modifier BO for medically necessary, orally administered enteral nutrition products, not nutrition administered by external tube.

**Note:** Medicare Part B covers enteral nutrition products for clients who are tube-fed. Enteral nutrition products appropriately billed with a ‘BO’ modifier will not require a Medicare denial and can be billed directly to the agency. Providers must use the procedure codes listed in the agency’s fee schedule along with the appropriate modifier for all poles and pumps.

### Modifier NU

Use Modifier NU to indicate that the provider is billing the agency for newly purchased equipment.

### Modifier RR

Use Modifier RR to indicate that the provider is billing the agency for rental equipment.
Billing

Effective for claims billed on and after October 1, 2016
All claims must be submitted electronically to the agency, except under limited circumstances.
For more information about this policy change, see Paperless Billing at HCA.
For providers approved to bill paper claims, see the agency’s Paper Claim Billing Resource.

What are the general billing requirements?

Providers must follow the agency’s ProviderOne Billing and Resource Guide. These billing requirements include:

- What time limits exist for submitting and resubmitting claims and adjustments?
- When providers may bill a client.
- How to bill for services provided to primary care case management (PCCM) clients.
- How to bill for clients eligible for both Medicare and Medicaid.
- How to handle third-party liability claims.
- What standards to use for record keeping.

How do I bill claims electronically?

Instructions on how to bill Direct Data Entry (DDE) claims are found on the agency’s Billers and Providers web page, under Webinars.

For information about billing Health Insurance Portability and Accountability Act (HIPAA) Electronic Data Interchange (EDI) claims, see the ProviderOne 5010 companion guides on the HIPAA Electronic Data Interchange (EDI) web page.
Record Keeping

The agency requires DME and pharmacy providers to keep legible, accurate, and complete records to justify the medical necessity of the items provided. (See WAC 182-502-0020 Health care record requirements.)

<table>
<thead>
<tr>
<th>Product</th>
<th>Retain in the Client’s File</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Thickeners</strong></td>
<td>• A copy of the <em>Enteral Nutrition Products Prescription Form</em> (HCA 13-961), signed and dated by the prescribing provider, listing the client’s medical condition and the exact daily amount of thickener product prescribed</td>
</tr>
<tr>
<td></td>
<td>• A copy of the <em>Thickeners for Children from 1–20 years old – Expedited Prior Authorization (EPA)</em> form (HCA 13-112), or the <em>Thickeners for Babies Less Than One Year – Prior Authorization (PA) Request</em> form (HCA 13-111)</td>
</tr>
<tr>
<td></td>
<td>• A copy of the <em>Dietitian Worksheet – Oral Enteral Nutrition Assessment</em> (HCA 13-109) form for clients age 20 and younger</td>
</tr>
<tr>
<td><strong>Inherited Metabolic Disorders</strong></td>
<td>• A copy of the <em>Enteral Nutrition Products Prescription Form</em> (HCA 13-961), signed and dated by the prescribing provider, listing the client’s medical condition and the exact daily amount of product prescribed. At a minimum, this prescription must be renewed annually.</td>
</tr>
<tr>
<td>Product</td>
<td>Retain in the Client’s File</td>
</tr>
<tr>
<td>----------------------------------------</td>
<td>----------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| Tube-Delivered Enteral Nutrition       | • A copy of the *Enteral Nutrition Products Prescription Form* (HCA 13-961) that is signed and dated by the prescribing provider and lists the client’s medical condition and the exact daily caloric amount of medically necessary enteral nutrition product.  
  • For clients age 4 and younger, WIC forms documenting that:  
    ➢ The client is not eligible for WIC program services.  
    ➢ The client is eligible for WIC program services, but nutrition needs exceed the WIC program’s maximum per calendar month allotment.  
    ➢ The WIC program cannot provide the prescribed or similar product. |
| Enteral equipment and related supplies  | • A copy of the *Enteral Nutrition Products Prescription Form* (HCA 13-961), signed and dated by the prescribing provider, listing the client’s medical condition and the exact daily amount of product prescribed. At a minimum, this prescription must be renewed.  
  • A copy of the *Enteral Equipment and Supplies Limitation Extension Request form* (HCA 13-115). |
<table>
<thead>
<tr>
<th>Product</th>
<th>Retain in the Client’s File</th>
</tr>
</thead>
</table>
• Associated documentation  |

Upon request, a vendor must provide specific, detailed documentation to the agency showing how the client’s condition met the criteria for EPA. DME and Pharmacy providers must keep documentation on file for six years (see WAC 182-502-0020).