

Single Bed Certification Data Dictionary

County – Indicate the County in which the DMHP investigation occurred or facility is located within.

Initial Request – This is the first SBC for this person in this episode. Generally this is what the DMHP will use. This is also used when a person transfers facilities within the 72 hour detention. Facilities will use this for the first SBC for long term involuntary treatment if there was no previous SBC used for this episode.

Extension Request – This is for the person on a 90 or 180 order and the facility has requested a previous SBC but the person continues to need involuntary inpatient care and has not yet been admitted to the State Hospitals.

Name and Title of DMHP/Facility Requester – The DMHP's name and title (Jane Doe, DMHP) or In the case of a child, the facility's name (Sacred Heart Medical Center) who is requesting the SBC.

Requester Fax # - a working fax number for the department (Western or Eastern State Hospital) to fax back the approved SBC. (Best practice is that the facility receive a copy of the approved SBC and that the DMHP keep a copy with the individual's clinical record)

Requester Phone # - a phone number that the DMHP or facility staff requesting the SBC can be reached directly. (State hospitals often have to call the requester to clarify spelling of names or other critical information in order to approve the request. If the hospital cannot reach the requester the SBC request will be denied).

Date Requested – Date the DMHP or Facility is faxing the form.

Time Requested – the time the DMHP or Facility is faxing the form. Form must be faxed to the State Hospital within an hour of Time Requested.

Facility – Name of the facility written out not just initials – (Western State Hospital not WSH) including location (Western State Hospital, Lakewood)

City – The city not the neighborhood that the facility is located within.

Accepted by – the name and title of the person who is agreeing on behalf of the facility, that the facility can meet the needs of the consumer under the single bed certification WAC 388-865-0526. For the DMHP it is generally an ER doctor or ER manager. Do not submit a SBC if the facility does not accept.

Acceptors Phone # - a phone number that the accepting staff can be reached at if needed by the state hospital.

Patient's Name – the name of the person who is being detained first name in first box, last in second box, MI in the third box.

DOB – The Person's date of birth using the - month/day/year convention.

Gender – M is male, F is female, Other is for transgendered. Gender is based on self-report.

Legal Status at the time of the request – DMHPs will use the '72 Hour Hold or LRA Revocation Detention boxes only, Facilities will use the '14 Day Commitment', 90 Day Commitment or 180 Day Commitment or 90 Day LRA Rev. Order, 180 Day LRA Rev. Order or 365 Day LRA Rev. Order (For those few facilities that move the detained person on a SBC from one facility to another during the 72 hour hold, will note it under the 72 hour hold).

Criteria for Request – Only Facilities may use Box 1 as only they can make a prognosis that the consumer will be ready for discharge within 30 days and will not need to go to a State Hospital. If there is a plan to send the person to the State Hospital this is not the proper box.

The DMHP or the E&T facility may use Box 2 when an Evaluation and Treatment facility is willing to accept the Respondent on a SBC such as Kitsap Adult Inpatient Unit, Bremerton, or Foothills E&T, Spokane. This is rarely used except for long term involuntary treatment (90 -180 day orders) by the E&T. **If a Non-E&T RTF will be providing the SBC care, a letter detailing how the RTF will meet the person's treatment and legal needs per WAC 388-865-0526 and RCW 71.05 needs to be attached to the SBC request**

The DMHP or facility will use Box 3 when the Respondent will receive appropriate mental health treatment in one of the follow, checking the appropriate box. Facilities will use this box if they are treating the person on a 14 day or 90 day, 180 day or 365 day order.

Examples would be –

Hospital with a psychiatric unit – St Johns Peace Health Bellingham, Sacred Heart Medical Center, Spokane

Hospital that can provide timely and appropriate mental health treatment - St Clare hospital, Lakewood or Holy Family Hospital, Spokane

A psychiatric hospital – Fairfax, Kirkland or Smokey Point BH, Marysville

The DMHP or Facility, may use Box 4 for the occasional person with medical treatment needs not generally available in an E&T or at the State hospitals, but to do so the DMHP or facility staff must 'adequately describe' why the person requires the medical services. Best practice is for the DMHP to consult with the ER doctor and WSH staff regarding this criteria. (Current medical concerns are such that they would generally require admission for medical treatment at a medical hospital.)

If the Respondent is waiting for more than **6 hours** after service, for transport from the ER to the E&T, but has a bed on hold, use this last box.

Describe why box –write why the person requires a SBC at this facility – Due to impulsive behavior the respondent requires 24 hours supervision and medication management, The respondent was running in traffic due to a mental disorder. Or The respondent has not been eating consistently due to paranoid beliefs about food and requires a structured setting to provide consistent nutrition and mental health medications. Or The respondent has been suicidal and held a gun to their head and requires the safety of 24 hour supervision and treatment for depression. Do not write it is due to the lack of beds!

If consumer is under 18 years of age, is this request for certification on an adult unit Yes/No – This is to be filled out by the facility requesting for a child under 18 years of age.

Write clearly and legible. Incomplete or illegible forms will be denied. Use the Fax number at the top of the form to send the form to the State Hospital. Remember you may not alter this form.

