

Anticonvulsants - pregabalin (LYRICA®)

Medical policy no. 72.60.00.57-1

Effective July 1, 2018

Medical necessity

Drug	Medical Necessity
pregabalin (LYRICA®)	<p>LYRICA® may be considered medically necessary for any of the following diagnosis:</p> <ol style="list-style-type: none"> 1. Epilepsy/convulsions 2. Diabetic peripheral neuropathy 3. Fibromyalgia 4. Neuropathic pain due to spinal cord injury 5. Postherpetic neuralgia

Clinical policy:

Clinical Criteria	
Initial authorization criteria	<p>ONE of the following:</p> <ol style="list-style-type: none"> 1. Diagnosis of Epilepsy/convulsions 2. ALL of the following: <ol style="list-style-type: none"> a. Diagnosis of ONE of the following: <ol style="list-style-type: none"> i. Diabetic peripheral neuropathy <ol style="list-style-type: none"> 1) Dose ≤ 300mg/day ii. Fibromyalgia <ol style="list-style-type: none"> 1) Dose ≤ 450mg/day iii. Neuropathic pain due to spinal cord injury <ol style="list-style-type: none"> 1) Dose ≤ 600mg/day iv. Postherpetic neuralgia <ol style="list-style-type: none"> 1) Dose ≤ 600mg/day b. ONE of the following: <ol style="list-style-type: none"> i. Client has been stable on Lyrica (pregabalin) ii. History of failure, contraindication, or intolerance to gabapentin 1800mg/day for 4 weeks c. Client is greater than or equal to (≥) 12 years of age <p>Approval for 12 months</p>
Reauthorization criteria	<p>ONE of the following:</p> <ol style="list-style-type: none"> 1. Diagnosis of Epilepsy/convulsions 2. BOTH of the following: <ol style="list-style-type: none"> a. Dosage has not exceeded the above maximum limit for diagnosis

	<p>b. Documentation of positive clinical benefit</p> <p>Approval for 12 months</p>
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Dosage and quantity limits

Diagnosis	Dose and Quantity Limits
Diabetic peripheral neuropathy	<ul style="list-style-type: none"> • Maximum dose 300mg per day • Quantity limit 3 capsules per day
Fibromyalgia	<ul style="list-style-type: none"> • Maximum dose 450mg per day • Quantity limit 3 capsules per day
Neuropathic pain due to spinal cord injury	<ul style="list-style-type: none"> • Maximum dose 600mg per day • Quantity limit 3 capsules per day
Postherpetic neuralgia	<ul style="list-style-type: none"> • Maximum dose 600mg per day • Quantity limit 3 capsules per day

References

1. Product Information: LYRICA oral capsules, oral solution, pregabalin oral capsules, oral solution. Parke-Davis (per FDA), New York, NY, 2018.