

prescription Opioids know the facts

What are the risks of misusing prescription pain relievers (opioids)?

Talk with your health care provider about all the prescription drugs you take.

- Mental confusion
- Drowsiness
- Changes in brain that build tolerance, leading to dependence

WITHDRAWAL SYMPTOMS:
Restlessness, muscle and bone pain, insomnia, diarrhea, vomiting, cold flashes with goose bumps, kicking movements, severe craving that can lead to relapse

TOTAL BODY EFFECTS:
Euphoria, warm flushing, poor nutrition, fatal overdose

PREGNANCY AND INFANTS:
Miscarriage, low birth weight, developmental delays, addiction in infants

- Infectious diseases such as HIV, Hepatitis B and Hepatitis C if injected
- Increased and/or decreased blood pressure
- Slow, irregular breathing that can be fatal
- Constipation
- Cramping
- Nausea
- HIV and other sexually transmitted infections from unsafe sex while intoxicated

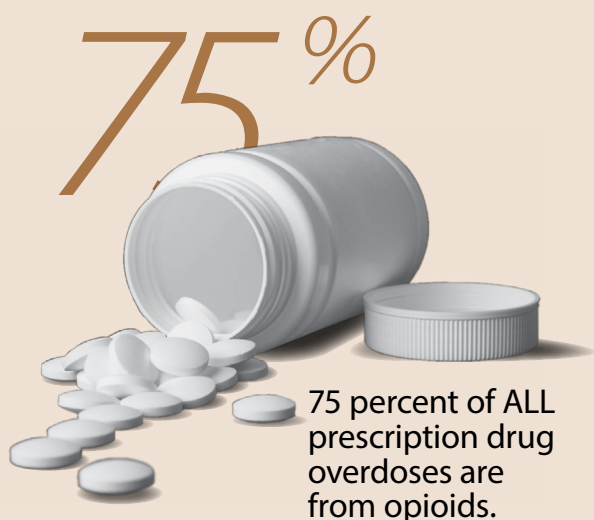
Symptoms of overdose

COLD/CLAMMY SKIN DRY MOUTH WEAK PULSE DROWSINESS LOW BLOOD PRESSURE COMA BLUE NAILS AND LIPS MUSCLE SPASMS DISORIENTATION VOMITING NON RESPONSIVE SEIZURES SMALL PUPILS NO BREATHING OR SHALLOW

Need help?

For free referrals and emotional support:
Washington Recovery Help Line
1-866-789-1511
Teen Link
1-866-833-6546

Quick facts



- Prescription opioids are medications that relieve pain.
- They can be addictive if not used as directed by your doctor.
- More people die from opioid overdoses than from any other drug.

near-17 thousand



Nearly 17,000 people die each year from prescription pain reliever overdoses.

Lock up your meds and safely discard them. Visit: www.TakeBackYourMeds.org

How does your use affect you?
Check yourself at www.drugscreening.org

Washington
Recovery Help Line
24-Hr Help for Substance Abuse, Problem Gambling & Mental Health
866-789-1511
www.waRecoveryHelpLine.org

wasbirt
www.dshs.wa.gov/wasbirt

Washington State
Health Care Authority
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