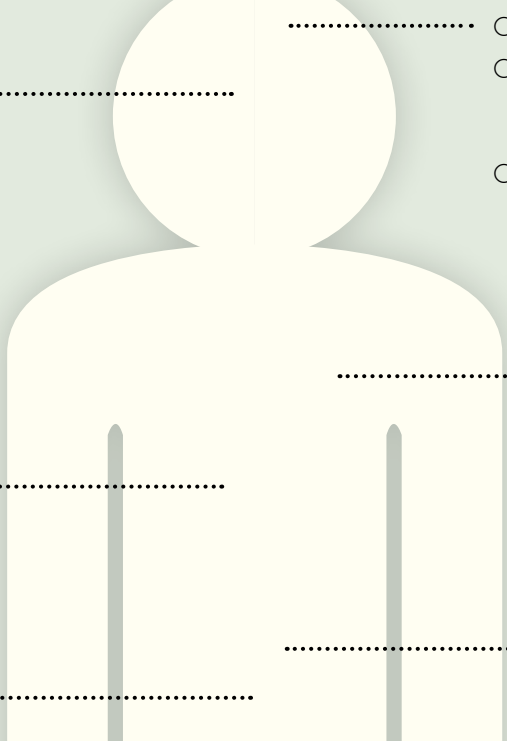


# Marijuana *know the facts*

## What are the risks of marijuana use?

- 
- Depression
  - Anxiety
  - Lack of motivation
  - Mood swings
  - Schizophrenia
  - Addiction
  - Delayed reaction time and coordination resulting in injury or car crashes
  - Impairs short term memory, learning, judgement, and sensory perception
  - Damages airways
  - Asthma
  - Lung infections
  - Emphysema
  - Lung cancer
  - Increases blood pressure, heart rate and risk of heart attack
  - Impairs immune system
  - Weight gain

**MEN:** Lowers testosterone and sperm production, increases risk for erectile dysfunction, breast growth, and testicular cancer

**WOMEN:** Fertility problems

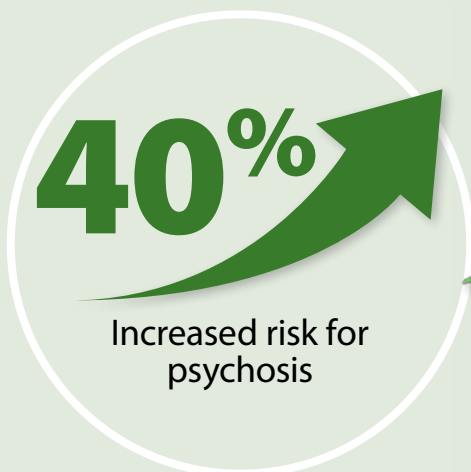
**PREGNANCY:** Increased risk of premature birth, THC transfers to baby through placenta and breast milk

### Need help?

For free referrals and emotional support:  
 Washington Recovery Help Line  
 1-866-789-1511  
 Teen Link  
 1-866-833-6546

## Quick facts

- **Just like alcohol**, marijuana has health and safety risks.
- **Just like alcohol**, marijuana can damage the developing brain. Avoid using if pregnant, nursing or under 21.



Get more facts at: [www.LearnAboutMarijuanaWA.org](http://www.LearnAboutMarijuanaWA.org)

**How does your use affect you?**  
 Check yourself at [www.drugscreening.org](http://www.drugscreening.org)

Washington Recovery Help Line  
 24-Hr Help for Substance Abuse, Problem Gambling & Mental Health  
 866-789-1511  
[www.waRecoveryHelpLine.org](http://www.waRecoveryHelpLine.org)

**wasbirt**  
[www.dshs.wa.gov/wasbirt](http://www.dshs.wa.gov/wasbirt)

Washington State Health Care Authority  
 HCA 82-0088 (6/18)