



- Displaying an elevated risk of harm to themselves or others.
- In need of a more intensive and individualized approach to treatment.
- In need of a more flexible and engaging approach.
- system(s) are struggling to support your foster child together.
- In Special Education and/or has a 504 Plan, with multiple school suspensions for mental health and/or behavioral issues.
- Involved in multiple systems (i.e., mental health, child welfare (CPS), juvenile justice, developmental disabilities services, and/or substance use disorder treatment) and the

over the phone or in-person.

When the screening tool shows that WISE could potentially benefit your child, your child is referred to a WISE agency so that an intake evaluation can be completed. The WISE provider agency will then assign a new team to your child and all care will be coordinated through that agency/team.

If it is determined that your child does not appear to meet the level of care WISE provides, your child will be referred to other mental health services, as appropriate, to have his/her needs addressed.

## How do I refer my child to WISE?

Referrals for a WISE screen can be made at any time. To find out who to contact go to: <https://www.hca.wa.gov/assets/free-or-low-cost/wise-referral-contact-list-by-county.pdf> and click on the "WISE Referral Contact List by County" document.

## What Happens Once I Make a Referral?

All referrals should result in a WISE screening. A WISE screen must be offered within 10 working days of receiving a referral. All WISE screens include:

Information gathering, to complete the Child Adolescent Needs and Strengths (CANS) screen, which consists of a subset of 26 questions. This screen will determine whether it appears your child could benefit from the level of care WISE offers. This screening tool can be completed

## Want to get involved?

Your voice can help improve services for children and youth. Family, Youth, System Partner Round Tables (FYSPTs) are an important part of a governance structure that is working to make improvements to the children's behavioral health system, including WISE. Learn more here: <https://www.hca.wa.gov/about-hca/behavioral-health-recovery/family-youth-system-partner-round-table-fysprt>

## Washington's Wraparound with Intensive Services (WISE)

### *Overview of the T.R. et al. v. Birch and Strange*

*In November 2009, a Medicaid lawsuit was filed (formerly called T.R. v. Dreyfus) against the Department of Social and Health Services and the Health Care Authority about intensive mental health services for children and youth. The lawsuit is based on federal EPSDT (Early and Periodic Screening Diagnosis and Treatment) laws that require states to provide mental health services and treatment to children who need them, even if the services have not been provided in the past. After several years of negotiations, both sides agreed on a plan that they believe will put them in compliance with the laws, and most importantly, work for youth and families in Washington State. The federal court approved this Settlement Agreement on December 19, 2013. The goal of the Settlement Agreement is to develop a system that provides intensive mental health services in home and community settings that work – for Medicaid eligible youth up to 21 years of age.*