

## Thickeners for Babies Under the Age of One Year Prior Authorization Request Form

**Fax:** 1-866-668-1214 **or mail to:** Medical Request Coordinator-Apple Health,  
Washington State Health Care Authority, PO Box 45535; Olympia, WA 98504-5535.

A typed and completed HCA 13-835 *General Authorization for Information* form must be attached to your request  
in order to be processed by the Health Care Authority.

CLIENT INFORMATION		
Client name	Provider one client ID	
<b>Does this child have a diagnosis of dysphagia confirmed by videofluoscopy?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No	Applicable ICD code:	
VENDOR INFORMATION		
Vendor name	Provider NPI	
Vendor contact person	Telephone number	Vendor fax number
SERVICE REQUEST INFORMATION		
Product name	HCPCS code	HCPCS units per day
PROVIDER INFORMATION		
Prescribing provider	NPI	Telephone number
PCP	NPI	Telephone number
GI provider (if applicable)		Telephone number
Speech therapist /occupational therapist		Telephone number
Date and findings of videofluoroscopic swallow study documenting dysphagia.		
<b>What interventions have already been tried to address child's dysphagia? What was the outcome of the trial?</b> <input type="checkbox"/> Positioning <input type="checkbox"/> Pacing <input type="checkbox"/> Other means of thickening <input type="checkbox"/> Other nipple/nipple flow		
Registered dietitian	Telephone number	
<b>What are the instructions from the dietician including:</b> <ul style="list-style-type: none"> <li>• Amount of thickener to be added to liquids</li> <li>• Volume of milk/formula per 24 hours</li> </ul> <b>Please attach a copy of the dietician consult and dysphagia diet assessment and recommendations.</b> Include an assessment of adequacy of nutrient intake (energy, protein, vitamin and minerals). Be sure to include details on the contribution to the total diet made by thickener (for instance amount of indigestible CHO- fiber, gum, based on composition of product).		

For children over the age of 1 year who require thickeners for dysphagia,  
use the EPA process described in the *Provider Guide*.