

# HILN Communities & Equity Accelerator Committee

Tuesday, August 21<sup>st</sup> 2018 2:00 – 4:00 PM  
Washington State Health Care Authority  
Cherry 137, 626 8th Ave SE, Olympia

**Meeting Objective:** Apply and administer a health equity lens into the work being conducted with health system transformation.

### Attendees:

<input type="checkbox"/>	Antony Chiang	<input type="checkbox"/>	Laura Kate Zaichkin	<input type="checkbox"/>	Sofia Aragon
<input type="checkbox"/>	Aren Sparck	<input type="checkbox"/>	Leah Tuzzio	<input type="checkbox"/>	Suzanne Swadener
<input type="checkbox"/>	Bertha Lopez	<input type="checkbox"/>	Lisa Seagram	<input type="checkbox"/>	Sybill Hyppolite
<input type="checkbox"/>	Huma Zarif	<input type="checkbox"/>	Michael Itti	<input type="checkbox"/>	Torney Smith
<input type="checkbox"/>	Shareka Fortier	<input type="checkbox"/>	Nora Coronado	<input type="checkbox"/>	Vicki Lowe
<input type="checkbox"/>	Janet Varon	<input type="checkbox"/>	Paj Nandi	<input type="checkbox"/>	Victoria Fletcher
<input type="checkbox"/>	Jessie Dean	<input type="checkbox"/>	Rick Ludwig	<input type="checkbox"/>	Renee Hildebrand
<input type="checkbox"/>	Samantha Zimmerman	<input type="checkbox"/>	Sam Watson Alvaron	<input type="checkbox"/>	James Simonoski
<input type="checkbox"/>	Kennedy Soileau	<input type="checkbox"/>	Drew Martin	<input type="checkbox"/>	Maura Little

2.

No	Agenda Items	Time	Lead	Notes
1.	Introductions/Roll Call	2:00 PM	Samantha	
2.	Welcoming Remarks	2:05pm	Sofia and Antony	
3.	Communities & Equity Committee Changes and Update	2:15pm	Laura Z.	<ul style="list-style-type: none"> <li>Welcome Aren as third co-champion!</li> <li>Staffing and leadership</li> </ul>
4.	HILN Debrief/ Update	2:30pm	Samantha	<ul style="list-style-type: none"> <li>Round robin on thoughts from the HILN meeting</li> <li>Assessment Update</li> </ul>
5.	Healthier Washington Equity Roadmap	2:50pm	Samantha, Laura Z., Drew Martin	<ul style="list-style-type: none"> <li>Overview of State of Solutions project: “Advancing and Integrating Equity to Create a Healthier Washington”</li> <li>Equity Action Lab approach</li> <li>Framework/strawperson for moving health equity work forward</li> <li>Committee meeting cadence</li> </ul>
6.	Healthier Washington Medicaid Transformation Learning Symposium	3:40pm	Laura Z.	<ul style="list-style-type: none"> <li>Save the date: Oct. 24 in SeaTac</li> <li>Update on planning</li> <li>Opportunities for stakeholder involvement</li> </ul>
7.	Closing/Next Steps	3:55pm	Samantha	

**Upcoming Meeting Planner**

<b>Meeting</b>	<b>Date / Time</b>	<b>Location</b>
2018 MTP Learning Collaborative	October 24 <sup>th</sup> 8am-5pm	Double Tree in SeaTac
Communities & Equity Meeting	December 18 <sup>th</sup> 2pm-4pm	TBD

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<input type="checkbox"/>	Jessie Dean	<input checked="" type="checkbox"/>	Rick Ludwig	<input checked="" type="checkbox"/>	Rene' Hilderbrand
<input checked="" type="checkbox"/>	Samantha Zimmerman	<input type="checkbox"/>	Sam Watson Alvaron	<input checked="" type="checkbox"/>	James Simonoski (Susan Campbell called-in on his behalf)
<input type="checkbox"/>	Kennedy Soileau	<input checked="" type="checkbox"/>	Drew Martin	<input type="checkbox"/>	Maura Little
<input checked="" type="checkbox"/>	Kayla Salazar	<input checked="" type="checkbox"/>	Juan Alaniz		

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3.	Communities & Equity Committee Changes and Update	2:15pm	Laura Z.	
4.	HILN Debrief/ Update	2:30pm	Samantha	<ul style="list-style-type: none"> <li>• There were mixed reviews from HILN members, some thought the meeting was very productive and one of the best HILN meetings they've had, while others thought it was too big of a call to action and unclear how to implement the changes discussed.</li> <li>• For some it wasn't that they didn't want to understand, rather they felt they couldn't understand. Perhaps we can step back and prepare people for these conversations in a more structured way.</li> <li>• Eager to move this into action and something tangible to help the HILN members see their role in this health equity work.</li> <li>• There is a lack of collective understanding across the state- need to look to HILN to say "these are the ways we can connect/align individual activities going on in different regions to broader statewide efforts."</li> <li>• Structural blocks make having these conversations challenging- more structure, more formal information</li> </ul>

				<p>and training on where people are coming from and where these issues come from would be helpful.</p> <ul style="list-style-type: none"> <li>• People know what the disparities are, but have different explanations for why.</li> <li>• Need to help members understand that it's ok to be uncomfortable. These are uncomfortable conversations and it may take a long time for people to be ok with that discomfort.</li> <li>• Need to set safe parameters to have the conversation- would be helpful to develop shared ground rules/ norms, such as it's ok to be uncomfortable.</li> <li>• Using some of the meeting time for small group discussions would help people feel more comfortable and speak more freely/openly.</li> <li>• It's hard for those of the dominant class to be aware of their privilege, particularly white men in power. It's not about feeling guilty, but rather the need to look internally and be aware of your privilege, and recognize the responsibility you have because of it.</li> <li>• Healthcare is local, so want to start small. Need a disruptive group to begin these conversations- what does disruption look like? Look for the low hanging fruit/achievable wins.</li> </ul>
5.	Healthier Washington Equity Roadmap	2:50pm	Samantha, Laura Z., Drew Martin	<p><u>Overview of State of Solutions project/Equity Action Lab approach/framework for moving health equity work forward:</u></p> <ul style="list-style-type: none"> <li>• Overall the committee was supportive of the proposed approach. The group liked how we can incorporate different layers and the ACHs in this work, as well as how its limited in time and scope. Like the early-win, action-oriented approach. The group also appreciated the sustainability aspect, sustainability is critical and these proposed process initiatives are easier to sustain. Look forward to consultation from States of Solutions on the sustainability aspect.</li> <li>• <u>Questions/Things to Consider:</u> <ul style="list-style-type: none"> <li>• There are a lot of opportunities to bring in/braid resources, so need to think about what other organizations we can bring in to this.</li> <li>• How do we develop measures for this work? PDSA, equity action lab helps ensure we're bringing in the right people in the right way. Other ways to measure that may not be what would typically come up as a metric, how do we develop metrics for what we really want to measure?</li> <li>• Workforce and housing- how incorporate these into our framework?</li> <li>• How do we incorporate/integrated this work with things already happening in the community? Should involve the ACHs first- avoid duplication since they're already doing their own health equity work. The Pathways to Population Health levers approach would help with this since these levers run through all health equity work.</li> <li>• Could potentially do equity action labs for each ACH- ACHs may be receptive to this if we found an ACH partner in each region.</li> </ul> </li> </ul>

				<ul style="list-style-type: none"> <li>• It is essential that we engage and incorporate those with lived experience in our work, but there is a struggle with figuring out how to do this.</li> <li>• Also need to think about how to include Medicaid clients overall in our health equity approach, often health care is something that happens to them, not for/with them.</li> <li>• Don't rely on just the ACHs as a way to engage the community- those served through the VA and Indian Health Services don't interact with the ACH as much but we need their engagement.</li> <li>• MCOs are interested in supporting this work, need to think about the health plan's role.</li> </ul> <p><u>Committee meeting cadence:</u></p> <ul style="list-style-type: none"> <li>• Committee agreed to change the cadence of these meetings to monthly; we will try to host these in Seattle when possible.</li> <li>• Need to have another touch point with HILN before the next scheduled meeting in January.</li> </ul>
6.	Healthier Washington Medicaid Transformation Learning Symposium	3:40pm	Laura Z.	
7.	Closing/Next Steps	3:55pm	Samantha	<ul style="list-style-type: none"> <li>• Samantha &amp; Laura will refine/update our proposed approach based on this feedback and send it back out to the committee to review.</li> <li>• Samantha will send out the call-in information for the SoS call next Thursday.</li> <li>• HCA will send out new monthly C&amp;E committee meeting calendar invites.</li> </ul>

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