

Hagaha Isbarbardhiga Qorshaha Daryeelka La Maareeyo ee Washington Apple Health ee 2025

Hagaha wuxuu isbarbardhigayaa qorshayaasha daryeelka la maareeyo ee Apple Health (Medicaid). Hoos waxaad ka eegi kartaa:

- Kaarka warbixinta qorshaha
- Adeegyada aasaasiga ah ee la caymiyay
- Shaxda isbarbardhiga dheefaha qiimaha lagu kordhiyay

Isticmaal hagahan si uu kaaga caawiyo doorashada qorshaha daryeelka la maareeyay ee Apple Health (Medicaid) oo si wanaagsan ugu habboon baahiyadaada iyo baahiyada qoyskaaga.

Kaarka Warbixinta Qorshaha Washington Apple Health ee 2024

Kaarkan warbixinta wuxuu muujinayaa sida qorshayaasha Apple Health la isu barbardhigi karo marka laga eego dhanka meelaha waxqabadka muhiimka ah.

Meelaha waxqabadka	Coordinated Care of Washington	Community Health Plan of Washington	Molina Healthcare of Washington	United Healthcare Community Plan	Wellpoint (oo horey loo oran jiray Amerigroup)
Daryeel helid	★☆☆	★★☆	★★★☆	★★☆	★☆☆☆
Ilaalinta caafimaadqabka carruuta	★★☆	★★☆	★★★☆	★☆☆	★☆☆
Ilaalinta caafimaadqabka haweenka iyo hooyooinka	★☆☆	★★☆	★★★	★☆☆	★☆☆
Ka-hortagga iyo maareynta jirooyinka	★☆☆	★☆☆	★★★☆	★★☆	★★★
Xaqijintaa daryeel habboon	★★★	★★☆	★☆☆	★☆☆	★☆☆
Ku qanacsanaanta daryeelka dadka waaweyn la siiyo	★☆☆	★★☆	★★☆	★★☆	★★★
Ku qanacsanaanta qorshaha dadka waaweyn	★☆☆	★★☆	★★★☆	★★☆	★★★

FURAHA: Waxqabadka oo loo barbardhigay dhammaan qorshayaasha Apple Health	
Celceliska ka sarreyya	★★★
Celceliska	★★☆
Celceliska ka hooseyya	★☆☆

Qiimeyntan waxaa lagu saleeyay macluumaad laga soo ururiyay qorshayaal caafimaad iyo sahannada xubnaha qorshaha caafimaadka ee 2023. (qaar ka mid ah xogta lagu adeegsaday qaybta Daryeel Helidda waxaa laga soo qaatay 2022).

Macluumaadka waxaa saxnaantiisa dib-u-eegay baarayaal madax-bannaan.

Dhibcaha waxqabadka qorshaha caafimaadka lama waafajin kala duwanaanshaha dadka xubnaha ka ah ama gobolada adeegga.

Eeg [Kaarka Warbixinta Qorshaha ee Washington Apple Health](#).

Adeegyada la caymiyay

Dhammaan qorshayaasha daryeelka la maareeyay ee Apple Health waa in ay ka hadlaan adeegyadan aasaasiga ah ee hoos lagu muuiiyay.

Ilsitaal-dhigid

Ilsitaal joogidda, oo uu ka mid yahay qaliinka bukaan-jiifka iyo bogsashada.

Adeegyada xaaladaha degdegga ah

Booqashooyinka lagu tago qolka xaaladaha degdegga ah, oo ay ku jiraan adeegyada gaadiidka degdegga ah ama daaweynta xarunta daryeelka degdegga ah.

Adeegyada socodka la xiriira

Booqashooyinka dhakhtarka marka aad xunuunsan tahay ama dhaawacan tahay, ama booqashooyinka rugta caafimaadka bukaan-socodka.

Daawooyinka uu dhakhtarka dad u qoro

Daawada uu dhakhtarkaaga amro.

Adeegyada sheybaarka

Raajoooyinka, MRI-yaa, baaritaannada dhiigga, iwm.

Daryeelka hooyada iyo dhallaanka

Loogu talagalay haweenka u baahan daryeelka dhalmada ka hor ama caawimaadda uurka, dhibaatooyinka, dhalidda.

Adeegyada caafimaadka carruurta, oo ay ku jiraan daryeelka ilkaha iyo indhaha

Baaritaannada ilkaha, booqashooyinka joogtada ah ee dhakhtarka indhaha, ookiyaale, tallaal, iyo in kale.

Adeegyada wanaagga iyo ka hortagga, oo ay ku jiraan maareynta cudurka ba'an

Baaritaannada loogu talagalay waxyabaha sida lafo-beelka iyo naaso-cabbirka, iyo caawimaadda la noolaashaha jirooyinka waqtiga dheer socda sida cudurka sonkorta.

Adeegaha caafimaadka hab dhaqanka

Adeegyada caafimaadka dhimirka iyo daaweynta xanuunka isticmaalka maandooriyaha.

Aladaha iyo adeegyada baxnaaninta

U-jimcinta jirka, hadal ku daaweynta, addimo gacan ku sameys ah, iyo qalab caafimaad kale.

Wax ka ogow adeegyada iyo dheefaha kale ee uu caymiyo [Apple Health](#).

Shaxda Isbarbardhiga Dheefaha Qiimaha Lagu Kordhiyay ee Qorshayaasha Apple Health ee 2025

Dheefaha Qiimaha Lagu Darey (VAB) waxay bixiyaan taageero dheeraad ah oo aaney ka hadlin Apple Health (Medicaid) waxaana macaamiisha siiya qorshahooda daryeelka la maareeyo.

Qorshayaasha daryeelka la maareeyo qaarkood waxay bixiyaan taageero isuduwid fogaan arag ah ama shakhsii ahaan ah si ay kaaga caawiso in aad hesho kuwan iyo dheefo kale. Dhammaan qorshayaasha lagama helo degmooyinka oo dhan ama dhammaan barnaamijyada Apple Health. Dhagsii bogagga qorshaha ee ka hooseeya magacyada si aad u hesho liiska dhammeystiran ee dheefaha uu qorshuhu bixiyo. VAB-yada caamka ah ayaa laga helaa shaxda hoose.

Dheefaha Qiimaha Lagu Darey	Coordinated Care of Washington, Inc	Community Health Plan of Washington	Molina Healthcare of Washington	UnitedHealthcare Community Plan	Wellpoint Washington (oo horey loo oran jiray Amerigroup)
Bogg internet	coordinatedcarehealth.com/value-added-benefits	chpw.org/chpw-benefits-plus	MolinaHealthcare.com/MemberWA	UHCCP.com/wa/imc	wellpoint.com/wa/medicaid/extras

Sugnaan La'aanta Cuntada	\$100/sannadkii oo ah fawjarrlo loogu talagalay miraha iyo khudaarta	Caawimaadda cunto geyta ka-dib isbitaal joogista, helidda kaydadka cuntada, taageerada nafaqada iyo buuxinta araajida	Laba toddobaad oo la helo cuntooyin caafimaadqab leh oo bilaash ah kadib isbitaal joogidda Taageero laga helo cunto-yaqaanno diiwaangashan iyo barayaal caafimaad Caawimaadda fawjarrada cuntada iyo dheefaha dowladda	Eeg VAB Taageerada Hooyada	Xubinnimada Costco Gold ee bilaashka ah Eeg VAB Taageerada Hooyada
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Taageero Guryeyn	N/A	Caawimaadda gudbinnada iy araajiada guryeynta ee kirada, taageerada guurista, iyo barnaamijyada caawimaadda guryeynta	N/A	Eeg Taageerada VAB ee Kala-guurka Nolosha	N/A
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Taageerada Kala-guurka ee Jeelka/Xabsiga	Deeqo lagu iibsanyo baahiyada aasaasiga ah, sida cuntada, dharka, iyo walxo kale, oo lagu taageerayo kala-guurka guuleysta	Taageero loogu talagalay kala-guurka guuleystay ee adeegyada goobta ku saleysan marka la heli karo	Caawimaadda fahamka iyo helidda daryeelaaga caafimaadka iyo in laguugu xiriiriyo cuntada, dharka, guryeynta, iyo kheyraadyo kale	Aasaasiyaadka: Boorsada garabka la saarto oo ay ku jiraan dhar iyo agab kale	Laabtoob Bilaash ah \$100 oo loogu talagalay Internet/ tiknoolajiyad \$75 oo loogu talagalay badeecoyinka nadaafadda haweenka
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Dheefaha Qiimaha Lagu Darey	Coordinated Care of Washington, Inc	Community Health Plan of Washington	Molina Healthcare of Washington	UnitedHealthcare Community Plan	Wellpoint Washington (oo horey loo oran jiray Amerigroup)
Taageero Hooyonimo	<p>Sahayda saddex bilood oo faytamiinnada dhalmada ka hor</p> <p>Kuriga gaariga ama Pack and Play oo bilaashka ah iyo caawimaadda sariirta ilmaha yar</p> <p>Doula Care: Qorsheynta iyo caawimaadda xanuunka foosha, naas-nuujiinta iyo taageerada kale ka-dib dhalidda</p> <p>Mashiinka naaska lagu liso oo elektaroonig ah ama gacanta ku shaqeeya</p>	<p>Faytamiinada dhalmada ka hor</p> <p>Maamulayaasha kiiska gaarka ah ee taageeraya baahiyada uurka la xiriira</p> <p>Mashiinka naaska lagu liso oo elektaroonig ah ama gacanta ku shaqeeya</p>	<p>Faytamiinada dhalmada ka hor</p> <p>Caawimaadda helidda kheyraadyada kale ee dowladda sida barnaamijka Haweenka, Ilmaha Dhowaan Dhashey, iyo Carrurta (WIC)</p> <p>Mashiinka naaska lagu liso oo elektaroonig ah ama gacanta ku shaqeeya</p>	<p>Faytamiinada dhalmada ka hor</p> <p>Kursiga gaariga oo bilaash ah</p> <p>Raashiin guriga la keeno oo loogu talagalay dadka dhalaya ee ka qaybqaadanaya maareynta kiiska Tallaabooyinka Ugu Horreeya ee Caafimaadqabka leh (laba-toddobaad oo raashiin ah oo loogu talagalay haweenaya dhashe iyo ilaa iyo 4 xubnood oo kuwa qoyska ah)</p> <p>Nuxur waxbarasho iyo taageero loo marayo Babyscripts iyo Text4Baby</p> <p>Doula Care: Qorsheynta iyo caawimaadda xanuunka foosha, naas-nuujiinta iyo taageerada kale ka-dib dhallidda</p> <p>Mashiinka naaska lagu liso oo elektaroonig ah ama gacanta ku shaqeeya</p>	<p>Barnaamijka cunto-geynta labada-toddobaad ah oo loogu talagalay hooyooinka uurka leh iyo kuwa dhowaan dhaley</p> <p>Cunto-geynta 10-toddobaad ah oo loogu talagalay haweenka uurka leh ee qaba cudurka sonkorowga</p> <p>\$100 oo kaarka hadiyadda ah si loogu iibyo agab carrureed</p> <p>Mashiinka naaska lagu liso oo elektaroonig ah ama gacanta ku shaqeeya</p>
Taageerada kala-guurka nolosha	<p>Maareynta daryeelka shakhsiyeed (agabka musqulaha daruuriga ah, kabo, iyo qorsheeyeyaa, iyo kuwo kale oo bilaash ah)</p> <p>LGBTQIA+ Care Navigators (taageerada iyo hagitaanka daryeelka lagu xaqiijinayo jinsiga)</p>	<p>Waxbarashada xirfadda-nololeed ee loogu talagalay dhallinyarada 15-18 sano jirka ah</p> <p>Ilaa \$500 oo loogu talagalay yoolasha nololeed ee madax-bannaan</p> <p>Tababbaridda xirfadaha nolol maalmeedka</p> <p>Taageero waxbarasho</p> <p>Horumarin shaqo</p> <p>Tababbar mihnaadeed</p> <p>Adeegyada shaqo geynta</p> <p>LGBTQIA+ Care Navigators (taageerada iyo hagitaanka daryeelka lagu xaqiijinayo jinsiga)</p>	<p>LGBTQIA+ Care Navigators (taageerada iyo hagitaanka daryeelka lagu xaqiijinayo jinsiga)</p>	<p>Kheyraadka dhallinyarada barta internet-ka ee gacan kaa siinaya gaarista baahiyadaada guryeynta, shaqada, iyo maareynta maaliyadeed</p> <p>LGBTQIA+ Care Navigators ee taageerada iyo hagitaanka daryeelka lagu xaqiijinayo jinsiga</p>	<p>Xirmada kala-guurka Nolosha oo bilaash ah oo la socda xirmooyinka gargaarka degdegga ah iyo ilkaha, bustaha xaaladaha degdegga ah, iyo kuwo kale</p> <p>Xirmada dhaawaca ee loogu talagalay dhallinyarada la soo gudboonaaday guri la'aanta</p> <p>Shahaadda Hawsha oo Bilaash ah oo loogu talagalay shaqada</p> <p>Imtixaannada GED oo bilaash ah</p>

Dheefaha Qiimaha Lagu Darey	Coordinated Care of Washington, Inc	Community Health Plan of Washington	Molina Healthcare of Washington	UnitedHealthcare Community Plan	Wellpoint Washington (oo horey loo oran jiray Amerigroup)
Gaadiid	N/A	Caawimaadda jadwaleyn ta gaadiidka oo aan xaddidnayn oo lagu xajisanayo gaadiidraac bilaash ah oo lagu tagayo ballamaha caafimaadka	N/A	N/A	\$50 Orca haddii aad ku nooshahay degmooyinka King, Pierce, iyo Snohomish ama \$50 kaar gaas haddii aad ku nooshahay meel ka baxsan degmooyinkaasi
Jirdhis/Habnooleed Caafimaadqab leh (Xubinnimada Jiimka)	Tababbarka maareynta miisaanka Taageerada ka-dib qaliinka miisaan dhimista iyo towjiihinta	Hagid laga helo tababarayaal caafimaad waayo-arag ah, kalkaaliyayaal caafimaad, iyo cunto-yaqaanno diiwaangashan	Tababbarka maareynta miisaanka Wada-tashi lala yeelanayo cunto-yaqaan diiwaangashan oo ay u jiraan qorsheynta cuntada iyo hagid Barnaamjiga Ka-hortagga Cudurka Sonkorta oo leh fasallo waxbarasho iyo xubinnimda YMCA oo bilaash ah	AbleTo: Ablikeesha is-daryeel oo leh qalabka caafimaadka dareenka oo ay ku jiraan khilaawo, neefsasho, jimicsyo, fidiyowyo, baloogyo iyo in badan	Kaar \$50 ah oo loogu talagalay xubinnimo giim(gym) ama xirmo jimicsi oo loogu talagalay xubnaha laga helay sokerowga hore ama sonkorowga/ macaanka noociisa 2aad Kheyraadyo jirdhis online-ka ah Fawjarka WW (horey loo oran jiray Weight Watcher®) oo loogu talagalay xubnaha cayilka la xanuunsan (wuxuu bixiyya ujrada isqoritaanka, 13 toddobaad oo fasallo qof ahaan loo qaato ama internet-ka lagu qaato)
Naadiyada/ Waxqabadyada Carruurta (4H, Naadiga Wiilasha iyo Gabdhaha ee loogu talagalay carruurta 6-18 sano jirka ah)	Xubinnimada Naadiga Wiilasha iyo Gabdhaha oo bilaash ah Jimicsiyada isboortiga Naadiga Healthy Kids Club	Xubinnimada Naadiga Wiilasha iyo Gabdhaha oo bilaash ah Jimicsiyada isboortiga	Xubinnimada Naadiga Wiilasha iyo Gabdhaha oo bilaash ah Jimicsiyada isboortiga BeMe App: Abka Wanaagga Caafimaadka Dhimirka ee loogu talagalay carruurta ay da'doodu u dhaxeyso 13-19 sano jir	Xubinnimada Naadiga Wiilasha iyo Gabdhaha oo bilaash ah Jimicsiyada isboortiga	Xubinnimada Naadiga Wiilasha iyo Gabdhaha oo bilaash ah Jimicsiyada isboortiga \$50 oo loogu talagalay naadiyada kale ee dhallinyarda oo ay ku jiraan iskootisyada gabdhaha, iskootisyada wiilasha iyo kuwo kale Xubinnimada 4H \$120 oo loogu talagalay casharrada dabaasha ee ilaa da'da 18 Xubinnimada YMCA ee loogu talagalay macaamiisha ku nool Wenatchee iyo Longview Abka khilaawada ee loogu tagalay dhallinyarada ay da'doodu u dhaxeysa 13 ilaa 18
Dheefta(aha) Maqalka/Aragga Loogu talagalay dadka waaweyn ee jira 21 iyo kuwa ka weyn	\$100 loogu talagalay ookiyaale ama xuub-arageed	Ookiyaal lacag la'aan ah	Ookiyaal lacag la'aan ah	\$100 oo loogu talagalay ookiyaale (Aan ku habboonay xubnaha Apple Health Expansion)	\$100 oo loogu talagalay ookiyaale

Dheefaha Qiimaha Lagu Darey	Coordinated Care of Washington, Inc	Community Health Plan of Washington	Molina Healthcare of Washington	UnitedHealthcare Community Plan	Wellpoint Washington (oo horey loo oran jiray Amerigroup)
Kheyraadyada Telehealth	<p>Teledoc Mental Health wuxuu bixiyaa qalab lagu yareynayo walaaca, niyadjabka, iyo isticmaalka maandooriyaha</p> <p>Ablikeeshanka NeuroFlow app ee loogu talagalay taageerada caafimaadka habdhaqanka</p> <p>Ablikeeshanka Pacify App oo leh doulas oo 24/7 la helo karo, la-taliyayaasha naas-nuujinta, khadka Caawimaadda Dhibaataada iyo waxyaabo kale inta lagu guda jiro xilliga uurka iyo wiixii ka dambeeyaa</p>	<p>Booqashooyin fiidiyow iyo telefoon 24/7 ah oo loo marayo Daryeelka Fogaan-aragga CHPW (CHPW Virtual Care)</p> <p>Caawimaadda barashada isticmaalka tiknoolajiyadda loogu talagalay daryeelka caafimaadka</p> <p>Bright Heart Health: Khadka telefoonka xanuunka isticmaalka maandooriyaha ee 24/7</p> <p>BoulderCare: xalka telefoonka (telehealth) ee loogu talagalay xubnaha raadinaya daaweynta la qabsiga</p> <p>Charlie Health: barnaamijka bukaan-socodka degdeggaa ah ee gaarka ah ee fogaan-aragga ee loogu talagalay dhallinyarada</p>	<p>Daryeelka deg-deg ah ee fogaan-aragga ee 24/7 (Teladoc)</p> <p>Pyx Health App: barnaamij bixiya wehel iyo kheyraad lagu taageerayo baahiyadaada caafimaadka dhimirka iyo jirka</p> <p>Shabakadeenna bixiyayaasha caafimaadka habdhaqanka iyo soo kabashada telehealth waxaa ka mid ah: Boulder Care, Bicycle Health, iyo Teladoc</p>	<p>Daryeelka fogaan-aragga 24/7 ee UHC Doctor Chat Bright Heart Health: Daaweynta iyo taageerada 24/7 ee loogu talagalay caafimaadka dhimirka iyo xanuunka isticmaalka maandooriyaha</p> <p>Eleanor Health: daaweynta xanuunnada isticmaalka maandooriyaha iyo khamriga, oo lagu darey isuduwidda daryeelka ee caafimaadka jirka BoulderCare</p> <p>Charlie Health: Barnaamijka Bukaan-socodka Degdeggaa ah</p>	<p>Live Health Online Kheyraadyada wanaaggaa dareenka ee online-ka</p>
Barnaamijyada Abaal-marinta (Ilaa \$200 xubin kasta sannad kasta)	Kasbo ilaa \$200 adiga oo sameynaya adeegyada iyo baaritaannada ka hortagga ah	Kasbo ilaa \$200 oo ah kaarar hadiyad oo Aad ka helyaso Target, Amazon, ama Safeway/Albertsons adiga oo sameynaya adeegyada iyo baaritaannada ka hortagga ah	Kasbo ilaa \$200 adiga oo sameynaya adeegyada iyo baaritaannada ka hortagga ah	Kasbo ilaa \$200 adiga oo sameynaya adeegyada iyo baaritaannada ka hortagga ah	Kasbo ilaa \$200 adiga oo sameynaya adeegyada iyo baaritaannada ka hortagga ah

Dheefaha Qiimaha Lagu Darey	Coordinated Care of Washington, Inc	Community Health Plan of Washington	Molina Healthcare of Washington	UnitedHealthcare Community Plan	Wellpoint Washington (oo horey loo oran jiray Amerigroup)
Adeegyada Dheeraadka ah (Irbad isku daaweyn, Gudniin, iwm.)	<p>Qiimo-dhimista Amazon Prime</p> <p>Telefoon casri ah oo ay la socdaan daqiqiado, daata internet, iyo farriin qoraaleed aan xaddidnay oo bilaash ah (wacitaanno bilaash ah oo lala yeelanayo Coordinated Care iyo khadka la-talinta kalkalisada oo 24/7 ah)</p> <p>Buuxinta Daawooyinka 90-maalin: ikhiyaarka in qoraalka daawada boostada laguugu soo diro gurigaaga ama aad ka soo qaadato farmashiyaha</p> <p>Caawimaadda sigaar joojinta</p>	<p>Qiimo-dhimista Amazon Prime</p> <p>Iskujirkira 20 booqashooyin sannadkii oo loogu talagalay taageerada walbahaarka iyo xanuunka oo ay ku jiraan hababka irbad isku daaweynta, gacan ku daaweynta, iyo duugis ku daaweynta (shabako furan, wax gudbin ah ama oggolaanshiyo hore looma baahna)</p> <p>Gudniinka</p> <p>Sahay daawo 90-maalin ah oo loogu talagalay inta badan xaaladaha daba-dheeraada</p> <p>Caawimaadda sigaar joojinta</p>	<p>Qiimo-dhimista Amazon Prime</p> <p>Adeeg Wireless ah oo leh daata 4 GB, hadal iyo farriimo aan xaddidnayn, wacitaannada gudaha Mexico, Kanada, Shiihaha, Koonfurta Kuuriya, iyo Fiiitnaam</p> <p>Buuxinta Daawooyinka 90-maalin: ikhiyaarka in qoraalka daawada boostada laguugu soo diro gurigaaga ama aad ka soo qaadato farmashiyaha</p> <p>Caawimaadda sigaar joojinta</p>	<p>Qiimo-dhimista Amazon Prime</p> <p>Telefoon casri ah oo bilaash ah: waxaa ka mid ah farriin qoraaleed, daqiqada ku hadal ah iyo daata Gudniinka</p> <p>Sahay daawo 90-maalin ah oo loogu talagalay inta badan xaaladaha daba-dheeraada</p> <p>Caawimaadda sigaar joojinta</p>	<p>Qiimo-dhimista Amazon Prime</p> <p>7 kulan oo irbad isku-daaweyn ah</p> <p>Shahaadda Hawsha oo Bilaash ah oo loogu talagalay shaqada Imtixaanaadka-GED oo bilaash ah</p> <p>Faa'iidooyinka daawo dhaqameedka loogu talagalay xubnaha Hindidda Mareykanka iyo Dadka Asal Ahaan u dhashay Alaska (oo ay ka mid yihiin mundulka loo yaqaanno sweat lodge, gubidda, sheeko sheegidda, iyo goobo wadaagista)</p> <p>\$150 oo loogu talagalay gudniinka uu sameeyo adeeg-bixye shabakada ku jira</p> <p>LightBox oo loogu talagalay xubnaha laga helay niyad-jabka, ama xanuun xilliyeedka saameynta leh</p> <p>Caawimaadda sigaar joojinta</p>

Helidda dheefahan waxay ku xiran tahay xaq-u-yeelashada Apple Health. Badeecooyinka iyo adeegyada lagu sharxay shaxda kor ku xusan laguma bixiyo ama laguma damaanadqaadin Apple Health ama Apple Health Expansion. Helitaanka dheefahan kuma xidhna hannaanka rafcaannada ee Apple Health. Khilaaf kastoo la xiriira badeecooyinkan iyo adeegyadan waxaa ku waajibi kara hannaanka cabashada qorshaha daryeelka la maareeyo.