

## Sida loo codsado caymiska

### Barta internet-ka

Ka codsashada barta internet-ka ah ayaa si degdeg ah kuu tusin doonta haddii aad xaq u leedaday caymis bilaash ah ama mid qiimahiisu jaban yahay oo loo marayo Apple Health. **Waxaad codsan kartaa waqtii kasta, sannadka-oo dhan. Ka bilow wahealthplanfinder.org**

### Waxaad u baahnaan doontaa macluumadaan kahor inta aadan bilaabin:

- Dakhliga bilaha ah ee qoyskaaga.
- Macluumadka socdaalkaaga, haddii taasi lagugu dabaqi karo.
- Taariikhaha dhalashada xubin kasta oo qoyskaaga ah.
- Lambarrada Dammaanada Bulshada ee xubin kastoo qoyska ka tirsan ee caymiska codsanaya, haddii taasi lagugu dabaqi karo.



### Qaabab kale ee loo codsan karo

Wac (telefoonka lacag la'aanta ah) 1-855-923-4633  
TTY/TTD 1-855-627-9604

### Caawiyeaal/hageyaal qof-ahaan ah

Wac lambarka telefoonka bilaashka ah ee kor ku xusan si aad u hesho caawiye shakhsi ahaaneed, ama booqo [wahealthplanfinder.org](http://wahealthplanfinder.org) ka-dibna dhagsii Linkiga Taageero Hel.

### Boostada

Foomka codsiga ka soo dagso [hca.wa.gov/health-care-application](http://hca.wa.gov/health-care-application) ka-dibna raac tilmaamaha boostada.

## Ma u baahantahay in laguugo caawiyo codsashada?

### Takhasusleyaasha isqoritaanka ee kusalaysan-bulshada

Takhasusleyaasha ka ahaada Maamulka Daryeelka Caafimaadka waxay joogaan isbitaalada, xarumaha caafimaadka, waaxooyinka caafimaadka, iyo xarumaha wacyi gelinta ama lagaari karo ee bulshada ee kuyaala degmada. Eeg liiska ku qoran: [hca.wa.gov/hcacomunitystaff](http://hca.wa.gov/hcacomunitystaff)

### Caawiyeaal ama hageyaal qof-ahaan ah

Lagu tababarey isticmaalka Washington Healthplanfinder, caawiyeashaan/hageyayaalkaan waxay joogaan meelo baddan oo bulshada kamid ah. Mid hel adiga oo wacaya 1-855-923-4633. Istimaleyaasha TTY/TDD, fadlan wac 1-855-627-9604.

### Wada-hawlgalayaasha bulshada

Shaqaale ama dad iskaada wax u qabso ah oo jooga bulshada degmada-kusalaysan ururada—xarumaha caafimaadka, isbitaalada, iyo ururu aan-faa'iido doon ahayn—aya kugu caawin kara in aad codsatid.

### Waaxda caafimaadka degmadaada

Wac si aad u oggaato waxa laga heli karo goobta aad degantahay.

### Tabarucayaasha SHIBA

Tabarucayaasha tooska SHIBA (Lataliyayaasha Dheefta Ceymiska Caafimaadka Gobolka oo dhan ah) waxay kusiinayaan caawimaad doorashooyin daryeel caafimaad sir, cadaalad, iyo bilaash ah. Wac 1-800-562-6900.



Maamulka Daryeelka Caafimaadka wuxuu u hoggaansamayaa dhammaan sharciyada xuquuqda madaniga ah ee gobolka Washington iyo dowladda federaalka waxaana ka go'an in uu suurtageliyo in si siman loo helo adeegyadeenna. Haddii aad u baahan tahay diyaafadin, ama u baahan tahay dokumentiyo ku qoran luuqad kale ama qaab kale ah, fadlan wac 1-800-562-3022 (TRS: 711).



**Marnaba sidan oo kale uma sahanayn in la helo caymis caafimaad bilaash ah ama qiimahiisu jaban yahay**



## Matahay qof u qalma?

### Apple Health loogu talagalay

#### Dadka waaweyn

Waad u-qalmi kartaa haddii:

- Haddii ay da'daadu u dhaxeyso 19 iyo 65 sano jir.
- Haddii aad deggan tahay Washington.
- Haddii aad tahay muwaadin Mareykan ah ama aad buuxiso shuruudaha socdaalka ee Medicaid.
- Haddii dakhligaaga qoyska sannadlaha ah uu yahay ama ka hooseeyo qaddarada lagu muujiyey shaxda xaq-u-yeelashada Dakhliga.

### Apple Health loogu talagalay

#### Haweenka Uurka leh

Barnaamijkan wuxuu bixiyaa caymiska haweenka uurka leh ee leh dakhli la xisaabin karo ama ka yar boqolkiiiba 198 ee heerka saboolnimada federaalka iyada oo aan la eegin xaaladda socdaalka ama jinsiyadda. Eeg shaxda xaq-u-yeelashada dakhliga ee dhanka midig.

### Apple Health ee loogu talagalay

#### Caruurta

Ceymis kujiridu waa mid bilaash u ah caruurta katirsan qoyska ee leh dakhli ah ama kahooseeya boqolkiiiba 215 ee heerka saboolnimada dowlada iyo lacag ceymis bileed hoosaysa oo laheli karo oo lasiinayo caruurta katirsan qoyska leh dakhli ah ama kahooseeya boqolkiiiba 317 ee heerka saboolnimada dowlada. Eeg shaxda xaq-u-yeelashada dakhliga ee dhanka midig.



## Xusuusino Muhiim ah

Haddii aad xaq u leedadah Washington Apple Health (Medicaid), waxaad iska diiwaangelin kartaa waqtii kasta, sannadka oo dhan, bartan [wahealthplanfinder.org](http://wahealthplanfinder.org).

Haddii aadan xaq u lahayn Apple Health, waxaad xaq u yeellan kartaa caawimaadda caymiskaaga caafimaadka ama adeegyo caafimaad kale.

### Jadwalka U qalmida Dakhliga 2023, Washington Apple Health (Medicaid)

<i>Waxaa dhici karta in aad u qalantid ...</i>	Kaliya qofkaan	Qoys 2 qof ah	Qoys 3 qof ah	Qoys 4 qof ah	Qoys 5 qof ah	Qoys 6 qof ah	Qoys 7 qof ah	Qoys 8 qof ah
<b>Apple Health loogu talagalay Dadka waaweyn</b> (dadka waaweyn ee ay da'doodu tahay 19 ilaa 65)	\$1,677 bille \$20,121 sanadle	\$2,268 bille \$27,214 sanadle	\$2,859 bille \$34,307 sanadle	\$3,450 bille \$41,400 sanadle	\$4,042 bille \$48,494 sanadle	\$4,633 bille \$55,587 sanadle	\$5,224 bille \$62,680 sanadle	\$5,815 bille \$69,773 sanadle
<b>Apple Health loogu talagalay Haween- ka Uurka leh</b>	Aan Ku Habboonayn	\$3,254 bille \$39,046 sanadle	\$4,102 bille \$49,223 sanadle	\$4,950 bille \$59,400 sanadle	\$5,799 bille \$69,578 sanadle	\$6,647 bille \$79,755 sanadle	\$7,495 bille \$89,932 sanadle	\$8,343 bille \$100,109 sanadle
<b>Apple Health ee loogu taloga- lay Caruurta</b> (waa u bilaash car- ruurta ay da'doodu tahay ilaa 19)	\$2,613 bille \$31,347 sanadle	\$3,534 bille \$42,398 sanadle	\$4,455 bille \$53,449 sanadle	\$5,375 bille \$64,500 sanadle	\$6,296 bille \$75,551 sanadle	\$7,217 bille \$86,602 sanadle	\$8,138 bille \$97,653 sanadle	\$9,059 bille \$108,704 sanadle
<b>Apple Health ee loogu talagalay Caruurta ee haysta lacagta ceymiska bilaha ah</b> (\$20 bileed ilmo kasta; \$40 qoys- ka ugu baddan)	\$3,220 bille \$38,637 sanadle	\$4,355 bille \$52,258 sanadle	\$5,490 bille \$65,879 sanadle	\$6,625 bille \$79,500 sanadle	\$7,761 bille \$93,121 sanadle	\$8,896 bille \$106,742 sanadle	\$10,031 bille \$120,363 sanadle	\$11,166 bille \$133,984 sanadle
<b>Apple Health ee loogu talagalay Caruurta leh lacagta ceymiska</b> (\$30 bileed ceymiska ilmo kasta; \$60 qoyska ugu baddan)	\$3,852 bille \$46,219 sanadle	\$5,210 bille \$62,513 sanadle	\$6,568 bille \$78,807 sanadle	\$7,925 bille \$95,100 sanadle	\$9,283 bille \$111,394 sanadle	\$10,641 bille \$127,688 sanadle	\$11,999 bille \$143,982 sanadle	\$13,357 bille \$160,276 sanadle

Qof kasta oo dheeri ah, kudar dakhliga bilaha ah:

Dadka waaweyn .....	\$591
Haweenka Uurka leh .....	\$848
Apple Health ee loogu talagalay Caruurta .....	\$921

Apple Health ee loogu talagalay Caruurta leh \$20 Lacagta ceymiska bilaha ah ..... \$1,135

Apple Health ee loogu talagalay Caruurta leh \$30 Lacagta ceymiska bilaha ah ..... \$1,358

Tirada dakhliga waxay dhaqan gelaysaa Abril 1, 2023, tooska Maarsa 31, 2024.