### **CODE REVISER USE ONLY**



### **RULE-MAKING ORDER** PERMANENT RULE ONLY

### **CR-103P (December 2017)** (Implements RCW 34.05.360)

OFFICE OF THE CODE REVISER STATE OF WASHINGTON **FILED** 

DATE: April 25, 2025 TIME: 10:10 AM

WSR 25-10-011

Agency: Health Care Authority
Effective date of rule:  Permanent Rules  □ 31 days after filing.  □ Other (specify) (If less than 31 days after filing, a specific finding under RCW 34.05.380(3) is required and should be stated below)
Any other findings required by other provisions of law as precondition to adoption or effectiveness of rule?  ☐ Yes ☐ No ☐ If Yes, explain:
<b>Purpose:</b> The agency revised this section to add psychiatric mental health nurse practitioners as diagnosing and prescribing providers for ABA and clarify that the providers listed in subsection (4)(a) may require additional COE training for diagnosing and prescribing ABA for adults age 21 and over. Additionally, providers listed in subsection (4) must complete the required COE training for all ages.
Citation of rules affected by this order:  New: Repealed: Amended: 182-531A-0800 Suspended:
Statutory authority for adoption: RCW 41.05.021, 41.05.160
Other authority: N/A
PERMANENT RULE (Including Expedited Rule Making)  Adopted under notice filed as WSR 25-07-008 on March 6, 2025 (date).  Describe any changes other than editing from proposed to adopted version: None
If a preliminary cost-benefit analysis was prepared under RCW 34.05.328, a final cost-benefit analysis is available by contacting:
Name: Address: Phone: Fax: TTY: Email: Web site: Other:

# Note: If any category is left blank, it will be calculated as zero. No descriptive text.

Count by whole WAC sections only, from the WAC number through the history note.

A section may be counted in more than one category.

The number of sections adopted in order to comply	y with:					
Federal statute:	New		Amended		Repealed	
Federal rules or standards:	New		Amended		Repealed	
Recently enacted state statutes:	New		Amended		Repealed	
The number of sections adopted at the request of a	a nongo	vernmenta	al entity:			
	New		Amended		Repealed	
The number of sections adopted on the agency's o	wn initi	ative:				
	New		Amended	<u>1</u>	Repealed	
The number of sections adopted in order to clarify,	, stream	lline, or ref	form agency	procedu	res:	
	New		Amended	<u>1</u>	Repealed	
The number of sections adopted using:						
Negotiated rule making:	New		Amended		Repealed	
Pilot rule making:	New		Amended		Repealed	
Other alternative rule making:	New		Amended	<u>1</u>	Repealed	
Date Adopted: April 25, 2025	5	Signature:	` ` `			
Name: Wendy Barcus			100	nhi S	Bouns	,
Title: HCA Rules Coordinator			100	~~~~		

## WAC 182-531A-0800 Applied behavior analysis (ABA)—Provider requirements.

#### Center of excellence.

- (1) For the purposes of this chapter, center of excellence (COE) refers to an individual provider, not a facility.
- (2) A center of excellence (COE) must be an evaluating and prescribing provider.
  - (3) The COE provider must be:
- (a) A person licensed under Title 18 RCW who is experienced in the diagnosis and treatment of autism spectrum disorders and is:
  - (i) A developmental pediatrician;
  - (ii) A neurologist;
  - (iii) A pediatric neurologist;
  - (iv) A pediatric psychiatrist;
  - (v) A psychiatrist; or
  - (vi) A psychologist; or
- (b) A qualified medical provider who meets qualifications in subsection (4) of this section and who has been designated by the agency as a COE provider.
- (4) With the exception of providers listed in subsection (3)(a) of this section, ((ARNPs)) advanced registered nurse practitioners (ARNPs) including psychiatric mental health nurse practitioners, physicians, physician assistants, and naturopaths must complete the required COE training, for all ages, authorized by the agency. The COE provider must be prequalified by the agency and meet the following criteria:
- (a) ARNPs <u>including psychiatric mental health nurse practitioners</u>, physicians, physician assistants, and naturopaths must have demonstrated expertise in diagnosing an autism spectrum disorder by:
  - (i) Using a validated diagnostic tool;
- (ii) Confirming the diagnosis by observing the client's behavior and interviewing family members; or
- (iii) Reviewing the documentation available from the client's primary care provider, individualized education plan, or individualized family service plan;
- (b) ARNPs <u>including psychiatric mental health nurse practitioners</u>, physicians, physician assistants, and naturopaths must understand the medically necessary use of applied behavior analysis (ABA); and
- (c) ARNPs <u>including psychiatric mental health nurse practitioners</u>, physicians, physician assistants, and naturopaths must be sufficiently qualified to conduct and document a comprehensive diagnostic evaluation and develop a multidisciplinary clinical treatment plan under WAC 182-531A-0500(2).
- (5) To be recognized as a COE by the agency, the provider, as listed in  $\underline{\text{subsection}}$  (4)(a) of this section, must submit a signed COE Attestation form, HCA 13-0009, to the agency.
- (6) Providers listed in subsection (4)(a) of this section may require additional COE training for diagnosing and prescribing ABA for adults age 21 and over.
- (7) To be reimbursed for fee-for-service or agency-contracted managed care organization (MCO) services:

- (a) All COE providers must be enrolled with the agency.
- (b) All COEs providing services to clients enrolled with an agency-contracted MCO must also be contracted with the MCO, per the MCO contract specifications in accordance with 42 C.F.R.  $\S$  438.14.
- $((\frac{7}{1}))$  <u>(8)</u> All ABA providers must meet the specified minimum qualifications and comply with applicable state laws.

### Lead behavior analysis therapist.

- $((\frac{8}{(8)}))$  (9) The lead behavior analysis therapist (LBAT) must:
- (a) Be licensed by the department of health (DOH) to practice independently as a behavior analyst or an assistant behavior analyst with supervision from a licensed behavior analyst or licensed psychologist (see chapter 18.380 RCW) and be an eligible provider according to chapter 182-502 WAC; or
- (b) Be a DOH-licensed mental health counselor, DOH-licensed marriage and family therapist, DOH-licensed independent clinical social worker, DOH-licensed advanced social worker, or DOH-licensed psychologist (see chapter 18.380 RCW). Providers listed in this subsection must have a signed Applied Behavior Analysis (ABA) Attestation form, HCA 13-0008, regarding certification as a board-certified behavior analyst (BCBA) or a board-certified assistant behavior analyst (BCBA) on file with the agency.
- $((\frac{9}{}))$  10) The LBAT must enroll as a servicing provider under chapter 182-502 WAC, be authorized to supervise ancillary providers, and be:
- (a) A DOH-licensed behavior analyst (LBA) (see chapter 18.380 RCW); or
- (b) A DOH-licensed assistant behavior analyst (LABA) (see chapter 18.380~RCW).
- $((\frac{(10)}{)})$   $\underline{(11)}$  If the LBAT's role is filled by a LABA, the responsibilities below must be fulfilled by both the LABA and the supervising LBA or licensed psychologist, as required by DOH under chapter 246-805 WAC. The LBAT must:
- (a) Develop and maintain an ABA therapy treatment plan that is comprehensive, incorporating treatment provided by other health care professionals, and that states how all treatment will be coordinated; and
- (b) Supervise at least five percent of the total direct care provided by the certified behavior technician per week.

### Certified behavior technician.

- $((\frac{11}{11}))$  (12) The certified behavior technician (CBT) must
- be certified by DOH as a CBT under chapter 18.380 RCW in good standing with no license restrictions.
- $((\frac{12}{12}))$  The CBT must enroll as a servicing provider under chapter 182-502 WAC.
  - $((\frac{(13)}{(14)}))$  14 The CBT must:
  - (a) Deliver services according to the ABA therapy treatment plan;
- (b) Be supervised by a DOH-licensed professional who meets the requirements under WAC 246-805-330; and
- (c) Review the client's progress with the supervisor at least every two weeks to confirm that the ABA therapy treatment plan still meets the client's needs. If changes are clinically indicated, they must be made by the supervisor.

### Facility-based day program.

- $((\frac{14}{1}))$  <u>(15)</u> All facility-based day program providers must meet the requirements under WAC 182-531A-0600 (3)(a), and meet the following requirements:
- (a) Outpatient hospital facilities must meet the applicable DOH licensure requirements under chapter 246-320 WAC;
- (b) Any provider rendering direct ABA services in the facility-based day program must meet the qualifications and applicable licensure or certification requirements as described in this subsection, as applicable;
- (c) Any provider serving as a member of the multidisciplinary care team must be licensed or certified under Title 18 RCW; and
- (d) Have a signed ABA Day Program Capacity Attestation form, HCA 13-0007, on file with the agency.