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## RULE-MAKING ORDER PERMANENT RULE ONLY

## CR-103P (December 2017) (Implements RCW 34.05.360)

OFFICE OF THE CODE REVISER STATE OF WASHINGTON FILED

DATE: June 10, 2019 TIME: 1:49 PM

WSR 19-13-022

Agency: Health Care Authority
Effective date of rule:
Permanent Rules
⊠ 31 days after filing.
Other (specify) (If less than 31 days after filing, a specific finding under RCW 34.05.380(3) is required and should
be stated below)
Any other findings required by other provisions of law as precondition to adoption or effectiveness of rule?
□ Yes ⊠ No If Yes, explain:
Purpose: As authorized in Substitute Senate Bill 5883, the agency is creating rules for a new model of care called
Collaborative Care Model which is part of the integration of mental health and physical health.
Citation of rules affected by this order:
New: 182-531-0425
Repealed: Amended:
Suspended:
Statutory authority for adoption: RCW 41.05.021, 41.05.160
Other authority: SSB 5779 Concerning behavioral health integration in primary care, RCW 41.05.021, 41.05.160,
PERMANENT RULE (Including Expedited Rule Making) Adopted under notice filed as WSR 19-06-083 on March 6, 2019 (date).
Describe any changes other than editing from proposed to adopted version: N/A
Describe any changes other than editing norm proposed to adopted version. N/A
If a preliminary cost-benefit analysis was prepared under RCW 34.05.328, a final cost-benefit analysis is available by
contacting:
Name:
Address:
Phone:
Fax:
TTY:
Email:
Web site:
Other:

Note: If any category is left blank, it will be calculated as zero. No descriptive text.							
Count by whole WAC sections only, from the WAC number through the history note. A section may be counted in more than one category.							
The number of sections adopted in order to compl	y with:						
Federal statute:	New		Amended		Repealed		
Federal rules or standards:	New		Amended		Repealed		
Recently enacted state statutes:	New		Amended		Repealed		
The number of sections adopted at the request of a nongovernmental entity:							
	New		Amended		Repealed		
The number of sections adopted on the agency's own initiative:							
	New		Amended		Repealed		
The number of sections adopted in order to clarify, streamline, or reform agency procedures:							
	New	<u>1</u>	Amended		Repealed		
The number of sections adopted using:							
Negotiated rule making:	New		Amended		Repealed		
Pilot rule making:	New		Amended		Repealed		
Other alternative rule making:	New	<u>1</u>	Amended		Repealed		
Signature:							
Date Adopted: June 10, 2019		-	10	110	\ \		
Name: Wendy Barcus		Survey Johneld					
Title: HCA Rules Coordinator				Ø			

WAC 182-531-0425 Collaborative care. (1) Under the authority of RCW 74.09.497, and subject to available funds, the medicaid agency covers collaborative care provided in clinical care settings.

(2) For the purposes of this section:

(a) **Collaborative care** means a specific type of integrated care where medical providers and behavioral health providers work together to address behavioral health conditions, including mental health conditions and substance use disorders.

(b) **Collaborative care model** is a model of behavior health integration that enhances usual clinical care by adding two key services:

(i) Care management support for clients receiving behavioral health treatment; and

(ii) Regular psychiatric or board certified addiction medicine consultation with the clinical care team, particularly for clients whose conditions are not improving.

(c) **Collaborative care team** means a team of licensed behavioral health professionals operating within their scope of practice who participate on the clinical care team along with the collaborative care billing provider to provide collaborative care to eligible clients. The team must include a collaborative care billing provider, a behavioral health care manager, and a psychiatric consultant. Professionals making up this team include, but are not limited to:

(i) Advanced registered nurses;

(ii) Chemical dependency professionals;

(iii) Chemical dependency professional trainees under the supervision of a certified chemical dependency professional;

(iv) Marriage and family therapists;

(v) Marriage and family therapist associates under the supervision of a licensed marriage and family therapist or equally qualified mental health practitioner;

(vi) Mental health counselors;

(vii) Mental health counselor associates under the supervision of a licensed mental health counselor, psychiatrist, or physician;

(viii) Physicians;

(ix) Physician assistants under the supervision of a licensed physician;

(x) Psychiatrists;

(xi) Psychiatric advanced registered nurses;

(xii) Psychologists;

(xiii) Registered nurses;

(xiv) Social workers;

(xv) Social worker associate-independent clinical, under the supervision of a licensed independent clinical social worker or equally qualified mental health practitioner; and

(xvi) Social worker associate-advanced, under the supervision of a licensed independent clinical social worker, advanced social worker, or equally qualified mental health practitioner.

(3) The behavioral health care manager is a designated licensed professional with formal education or specialized training in behavioral health (including social work, nursing, or psychology), working under the oversight and direction of the treating medical provider.

(4) The collaborative care billing provider must meet all of the following:

(a) Be enrolled with the agency as one of the following:

(i) A physician licensed under Titles 18 RCW and 246 WAC;

(ii) An advanced registered nurse practitioner licensed under Titles 18 RCW and 246 WAC;

(iii) A federally qualified health center (FQHC);

(iv) A rural health clinic (RHC); or

(v) A clinic that is not an FQHC or RHC that meets the requirements of Titles 70 RCW and 247 WAC.

(b) Complete, sign, and return the Attestation for Collaborative Care Model, form HCA 13-0017, to the agency; and

(c) Agree to follow the agency's guidelines for practicing a collaborative care model.

(5) Providers of collaborative care must:

(a) Use a registry to track the client's clinical outcomes;

(b) Use at least one validated clinical rating scale;

(c) Ensure the registry is used in conjunction with the practice's electronic health records (EHR);

(d) Include a plan of care; and

(e) Identify outcome goals of the treatments.

(6) If a provider no longer meets the agreed upon requirements in the agency's Attestation for Collaborative Care Model, form HCA 13-0017, the provider must immediately notify the agency. The agency does not pay for collaborative care if a provider does not meet the agreed upon requirements.

(7) Providers are subject to post pay review by the agency. The agency may recoup payment if the provider is found to have not met the requirements for providing collaborative care as agreed to in the agency's Attestation for Collaborative Care Model, form HCA 13-0017.