Agency: Health Care Authority

Effective date of rule:
- Emergency Rules
  - ☒ Later (specify) January 1, 2022

Any other findings required by other provisions of law as precondition to adoption or effectiveness of rule?
- ☒ No

Purpose: HCA is amending WAC 182-531-1400 to implement changes directed by the legislature in 2SHB 1325, Sec (2)(11), chapter 126, Laws of 2021. For mental health diagnostic assessment of children birth through age five, HCA is directed to reimburse providers for up to five sessions per assessment and for travel costs when a session is conducted in a home or community setting.

Citation of rules affected by this order:
- New:
- Repealed: 182-531-1400
- Amended:
- Suspended:

Statutory authority for adoption: RCW 41.05.021, 41.05.160, and 2SHB 1325, Sec (2)(11), chapter 126, Laws of 2021

Other authority: N/A

**EMERGENCY RULE**
Under RCW 34.05.350 the agency for good cause finds:
- ☒ That immediate adoption, amendment, or repeal of a rule is necessary for the preservation of the public health, safety, or general welfare, and that observing the time requirements of notice and opportunity to comment upon adoption of a permanent rule would be contrary to the public interest.
- ☐ That state or federal law or federal rule or a federal deadline for state receipt of federal funds requires immediate adoption of a rule.

Reasons for this finding: Approximately 9.5-14.2 percent of children birth to age five experience emotional, relational, or behavioral disturbance. Considering the impending statewide increase in behavioral health impacts and expected increase in child abuse occurrences resulting from the COVID-19 pandemic, it is urgent that the mental health system have developmentally appropriate assessment, diagnosis, and treatment protocols with flexibility to support families where they are in communities to ensure equitable, adequate care and to prevent long-term social-emotional health impacts to Washington’s youngest children. The implementation of policy changes directed by 2SHB 1325, Sec (2)(11), chapter 126, Laws of 2021 is critical to supporting a developmentally appropriate mental health system. This emergency rule is necessary while HCA conducts the permanent rulemaking process.

Note: If any category is left blank, it will be calculated as zero. No descriptive text.

Count by whole WAC sections only, from the WAC number through the history note. A section may be counted in more than one category.

The number of sections adopted in order to comply with:

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<th>Federal statute:</th>
<th>New</th>
<th>Amended</th>
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<td>Federal rules or standards:</td>
<td>New</td>
<td>Amended</td>
<td>Repealed</td>
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<tr>
<td>Recently enacted state statutes:</td>
<td>New</td>
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The number of sections adopted at the request of a nongovernmental entity:

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The number of sections adopted on the agency’s own initiative:

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The number of sections adopted in order to clarify, streamline, or reform agency procedures:

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The number of sections adopted using:

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<td>Negotiated rule making</td>
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<td>Pilot rule making</td>
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<td>Other alternative rule making</td>
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**Date Adopted:** December 29, 2021

**Name:** Wendy Barcus

**Title:** HCA Rules Coordinator

**Signature:**

\[
\text{Signature:} \quad \text{Wendy Barcus}
\]
WAC 182-531-1400 Psychiatric physician-related services and other professional mental health services. (1) The mental health services covered in this section are different from the mental health services covered under community mental health and involuntary treatment programs in chapter 182-538D WAC.

(2) Inpatient and outpatient mental health services not covered under chapter 182-538D WAC may be covered by the agency under this section.

Inpatient mental health services

(3) For hospital inpatient psychiatric admissions, providers must comply with chapter 182-538D WAC.

(4) The agency covers professional inpatient mental health services as follows:
   (a) When provided by a psychiatrist, psychiatric advanced registered nurse practitioner (ARNP), psychiatric mental health nurse practitioner-board certified (PMHNP-BC), or psychologist in conjunction with the prescribing provider;
   (b) The agency pays only for the total time spent on direct psychiatric client care during each visit, including services provided when making rounds. The agency considers services provided during rounds to be direct client care services and may include, but are not limited to:
      (i) Individual psychotherapy up to one hour;
      (ii) Family/group therapy; or
      (iii) Electroconvulsive therapy.
   (c) One electroconvulsive therapy or narcosynthesis per client, per day, and only when performed by a psychiatrist.

Outpatient mental health services

(5) The agency covers outpatient mental health services when provided by the following licensed health care professionals who are eligible providers under chapter 182-502 WAC:
   (a) Psychiatrists;
   (b) Psychologists;
   (c) Psychiatric advanced registered nurse practitioners (ARNP);
   (d) Psychiatric mental health nurse practitioners-board certified (PMHNP-BC);
   (e) Mental health counselors;
   (f) Independent clinical social workers;
   (g) Advanced social workers; or
   (h) Marriage and family therapists.

(6) With the exception of licensed psychiatrists and psychologists, qualified health care professionals who treat clients age ((eighteen)) 18 and younger must:
   (a) Have a minimum of ((one hundred)) 100 actual hours of specialized study of child development and treatment and a minimum of one year of supervised experience in the diagnosis and treatment of clients age ((eighteen)) 18 and younger; or
   (b) Be working under supervision of a professional who meets these criteria.

(7) The agency does not limit the total number of outpatient mental health visits a licensed health care professional can provide.
The agency evaluates a request for covered outpatient mental health services in excess of the limitations in this section under WAC 182-501-0169. The agency covers outpatient mental health services with the following limitations:

(a) One psychiatric diagnostic evaluation, per provider, per client, per calendar year, unless significant change in the client's circumstances renders an additional evaluation medically necessary and is authorized by the agency. For the purposes of this section, psychiatric diagnostic evaluation means the same as assessment (see WAC 182-538D-0200). When the psychiatric diagnostic evaluation is administered to a client from birth through age five, the agency allows the following as funding is available:

(i) Up to five sessions to complete a psychiatric diagnostic evaluation, if necessary; and

(ii) Evaluations in the home or community setting, including reimbursement for provider travel.

(b) One or more individual or family/group psychotherapy visits, with or without the client, per day, per client, when medically necessary.

(c) One psychiatric medication management service, per client, per day, in an outpatient setting when performed by one of the following:

(i) Psychiatrist;

(ii) Psychiatric advanced registered nurse practitioner (ARNP); or

(iii) Psychiatric mental health nurse practitioner-board certified (PMHNP-BC).

(9) To receive payment for providing mental health services, providers must bill the agency using the agency’s published billing instructions.