



# Physical & Behavioral Health Integration Accelerator Committee Meeting Summary

January 4, 2016  
2:00 PM – 3:00 PM  
Conference Call

The Healthier Washington Physical and Behavioral Health Integration Committee will promote goals of achieving health systems transformation in Washington State through the integration of physical and behavioral healthcare.

The objectives of the kickoff meeting were to understand the Accelerator Committee's broad membership composition and hear why this particular work is important to each member; and begin to establish the goals of the Accelerator Committee and clarify its work moving forward. The meeting illustrated the reach and potential impact of each committee member, and their ability to achieve the overarching aim of the committee.

## **Potential Actions and Concepts Identified by Committee Members**

- Development of a common definition of integrated care that is applicable across the full spectrum of care and can help the State, payers and providers align our payment, policy, and clinical integration models around the definition;
- Conduct a statewide inventory, to assess providers across the State and better understand the baseline level of integration occurring, and the current capacity of providers for adopting integrated care models or moving along the spectrum towards integration;
- Develop an inventory of readiness assessment tools for partners to self-evaluate their capacity to achieve integrated care;
- Promote an understanding of the State's integration model to help providers and consumers navigate the changing system;
- Use the Committee as a cohesive body to explore the clinical aspects of integration across the care continuum, and to help the State progress towards a cohesive integration process, informed by the results of the inventory and common definition of integrated care;
- Use the Committee as an opportunity for learning across members, so that integrated care clinical best practices can be shared as well as learnings from the implementation of an integrated purchasing strategy in Southwest Washington.
- Focus on workforce development: create an inventory of opportunities for professionals to learn the skills necessary to expand the behavioral health workforce.

## **What Success Looks Like**

- Common definition of integrated care is developed and applied
- Uptake of integrated care models that improve patient care outcomes and lead to healthier patients
- Shared learnings and dissemination of best practices across Committee members and communicated broadly to system partners

## **Next Steps**

The committee expressed interest in starting to develop a common definition of integrated care for discussion during the next Committee call, and beginning to identify readiness assessment tools for the creation of a readiness assessment inventory. Committee members were encouraged to send language around a common definition and readiness assessment tools to staff, for broader dissemination and discussion on the next call. Additionally Committee Co-Champions and staff are amending the proposed scope to include suggestions from Committee members. The next call will be held in February, 2016.

**Present:**

Co-Champions

Joe Roszak, Kitsap Mental Health Services

Teresita Batayola, International Community Health Services

Members in Attendance

Chelene Whiteaker, Washington State Hospital Association

Darcy Jaffe, Harborview Medical Center

Erin Hafer, Community Health Plan of Washington

Julie Lindberg, Molina Health Plan of Washington

Jürgen Unützer, University of Washington School of Medicine

Sarah Addison, Sea Mar Community Health Centers

Rick Weaver, Central Washington Comprehensive Mental Health

Lauren Simonds, National Alliance on Mental Illness of Washington State

MaryAnne Lindeblad, Washington State Medicaid Director

Ann Christian, Washington Council for Behavioral Health

Brian Sandoval, Yakima Valley Farm Workers Clinic

Vanessa Gaston, Clark County Human Services

Paul Schoenfeld, Everett Clinic

Peter Rutherford, Confluence Health

Chris Imhoff, Director of the Division of Behavioral Health and Recovery, Department of Social and Health Services

Diane Narasaki, Asian Counseling and Referral Service

Peggy Papsdorf, Pioneer Human Services

Julie Youngblood, Coordinated Care Cenpatico

Invited

Barry Kling, Chelan-Douglas Health District

Susan McLaughlin, King County Department of Community and Health Services

Representative Paul Harris, 17<sup>th</sup> District, House of Representatives

Cezanne Garcia, Department of Health

Staff

Laura Zaichkin, Washington State Health Care Authority

Isabel Jones, Washington State Health Care Authority