

The Shared Care Plan Personal Health Record

*Endorsed by Whatcom Medic One, Fire Chiefs and Commissioners
and EMS Council*

A Health Care Authority Health Record Bank Pilot

Lori Nichols, Director
Whatcom Health Information Network





Whatcom HRB Pilot

HCA Goals

- A mechanism for consumers in WA state to sign up for HRB accounts that can be populated from multiple sources
 - Consumer Access, Utilization, and Annotation of this record
 - Consumer controlled access to their record



Whatcom HRB Pilot

Current Status

- Functioning, patient-designed PHR with 1400 active accounts and 6000 Care Team Members
- Patient Controls who has access to what in their PHR, can add, edit and print
- Connection to local EMR and eRx software for display and import of Meds Allergies and Immunizations
- In process of migrating to version that runs on Microsoft Health Vault



Whatcom HRB Pilot

- **Target populations include**
 - Moms - Family Health Managers
 - Seniors – More health info to track
 - General Public – Emergency Preparedness
- **Process**
 - Design and Marketing teams to refine functionality and messaging
 - Registration Coordinators
 - Will do bulk of upfront registration for population
 - Train onsite registrars at population centers



Current State of HIT

- Private self sustaining Health Information Intranet serving community
 - 180 K citizens
 - 1 hospital
 - 400 physicians (99%)
 - All Skilled Nursing Facilities (9)
 - Community Mental Health, Medic One, Medical Society, Home Health, Health Dept, Jail
 - Over 115 locations
 - Nearly 3000 pcs
 - Over 2500 network users



Current State of HIT

- Hospital online robust installation of GE Carecast EMR accessible to all physicians
- Labs and images online
- Specialty practices importing notes: GI, vascular lab, nephrology, echo, surgery centers
- E-mail - internet access – virus & spam protection
- Helpdesk phone and onsite service
- LAN consulting and implementation



Current State of IT

- Medical reference resources on line
 - Up To Date
 - Micromedex
 - MD Consult
 - Medical Journals, databases, etc in electronic library
 - Krames Patient Education Materials
 - Zynx Evidence
- 30% of docs using practice EMRs in some fashion
- Integration of practice EMRs with Hospital record & PHR
- 1400 Shared Care Plans, Personal Health Record in use, rollout to broader community underway via EMS providers
- e-prescribing software with super slo-mo adoption

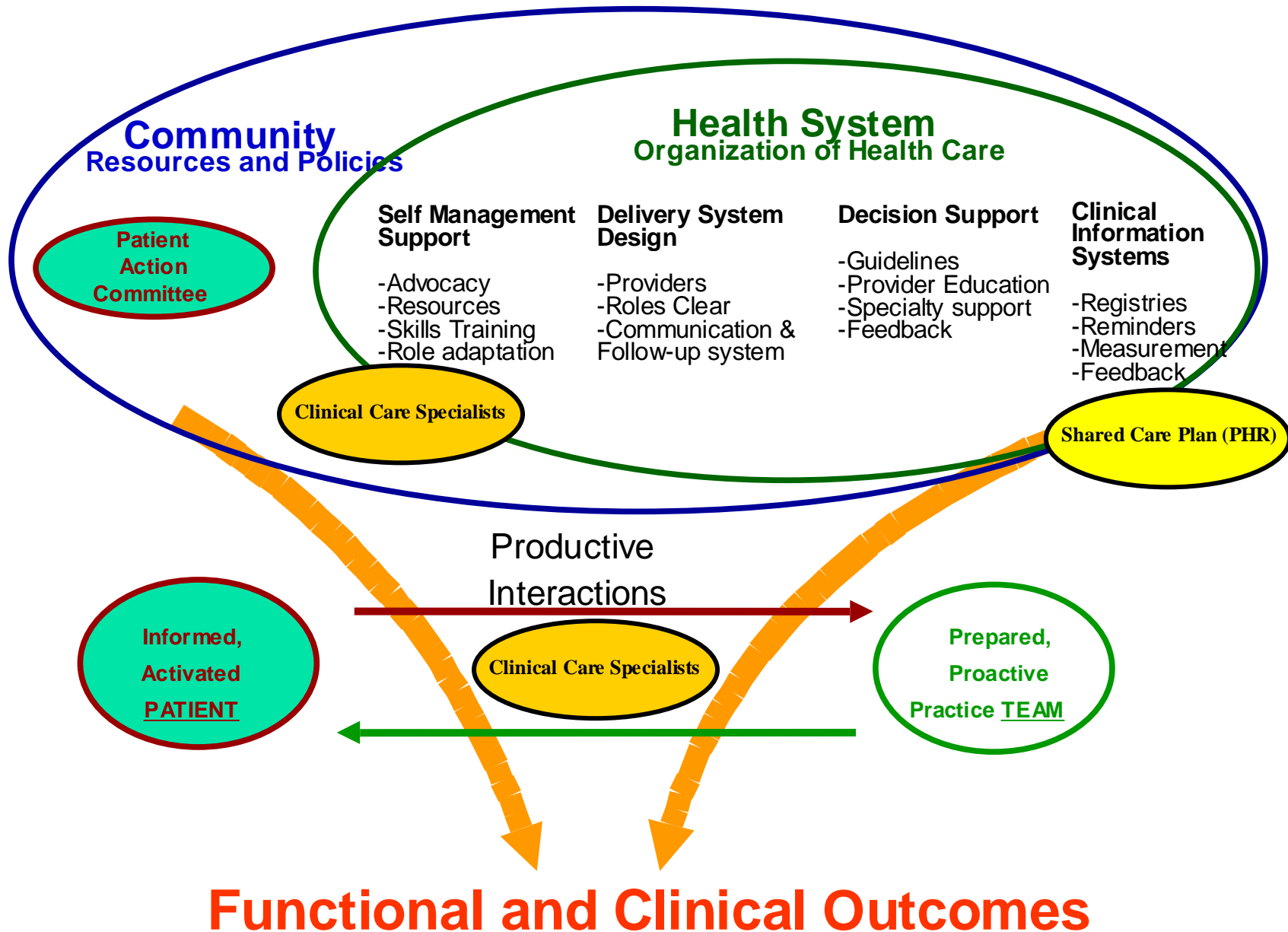


What's a patient to do?

- Lots of connectivity...systems and resources on line for providers ... where's the patient?
- Where does all the information converge?

Overview of the Chronic Care Model

Robert Wood Johnson Foundation/Sandy MacColl Institute





We have one of the most wired health communities in the nation

WHY TRACK OUR PERSONAL HEALTH INFORMATION?



Why?

The Medical Home is the Patient's Home

- Coordination of Care
- Travel
- Individual and Regional
Emergency Preparedness



A PHR evolving to a PHMS

EXPLORING THE SHARED CARE PLAN



Login screen

<http://www.sharedcareplan.org>

Version 1.00

Shared Care Plan

PERSONAL HEALTH RECORD

It's your health - you can take charge!

Secure Login

Username:

Password:

Sign In

[Forgot Password?](#)

Learn more about how the Shared Care Plan can help you take charge of your health.

Find out more!

[Explore A Sample Plan](#)

Get your own **FREE** Shared Care Plan.

Sign up now!

For news & updates enter your email address:

Go

What people are saying about the Shared Care Plan ...

"This is the greatest gift you can give your family... all this info... to have your wishes known."
— patient

"The Shared Care Plan is the biggest blessing anyone could have given us. To be able to organize everything and know which direction to go. The support it provides in managing day to day is invaluable."

"I [accessed] the Shared Care Plan and found it to be wonderful! ... it was nice to learn the process and to save [the patient] the effort of retelling all of his history."
— health care provider

Explore a Sample Plan



Care Team Page

Emergency #s, Care Team, Appts, Ins

Congral Shared Care Plan - Internet Explorer provided by Dell

https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=CareTeam

Signed In : Lori Nichols
[My Registration](#)
[Sign Out](#)

Shared Care Plan

YOUR PERSONAL HEALTH RECORD

Althea M Johnson
12/4/1940, 67 years old, female

- [Edit Althea's Registration](#)
- [Printout Options](#)
- [Privacy Summary](#)
- [Who's Accessed My Care Plan?](#)

Home **Care Team** About Me Diagnoses Next Steps Health Log Medications Reactions History Adv. Directives

[View Private Records](#)

Emergency Contact [\(Help\)](#)

Your Emergency Contact is the person you would like called first should you have an emergency. Your Backup Emergency Contact is the person you would like called if your primary Emergency Contact is unavailable.

Contact	Name	Phone Number	Alternate Phone Number	Action
Emergency Contact :	Maria Antoine	360-555-9988		Edit Delete
Backup Emergency Contact :	Jonathan Coneram	360-555-9874	cell 360-510-9123	Edit Delete

[Add New](#)

Care Team Members [\(Help\)](#)

Care Team Members are people and/or organizations who help you manage your health. Anyone who you feel has a role in your health care can be part of your Care Team.

Appts.	Name	Contact	Role/Description	Access Level	Comments	Action
	Althea Johnson		Patient	Fully Edit		Edit
8/10 @ 3PM	Kristyana Johnston		Primary Care Physician	Fully Edit		Edit Delete
	Mary Minniti	541-484-7336	Cardiologist	Fully Edit		Edit Delete
	Linda Center	541 914-3498	Friend	Fully Edit		Edit Delete

[Add New](#)

Done Internet | Protected Mode: Off 100%



About Me

Most Important, Language, Spirituality, Learning Style...

Congral SCP - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Forward Stop Refresh Home Search Favorites

Address <https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=CareTeam> Go Links

Shared Care Plan
YOUR PERSONAL HEALTH RECORD

Signed In : Kristin Creasey
[My Registration](#)
[Sign Out](#)

Althea M Johnson
12/4/1940, 67 years old, female

- [Edit Althea's Registration](#)
- [Printout Options](#)
- [Privacy Summary](#)
- [Who's Accessed My Care Plan?](#)

Home Care Team **About Me** Diagnoses Next Steps Health Log Medications Reactions History Adv. Directives

I want the person working with me to know... [\(Help\)](#)
This section is for you to record important details about your health and life that will help healthcare professionals understand your needs. Use the "[edit]" button to make changes.

This is the most important information you need to know about me: [Edit](#)

My family is very important and I would like them to be included in any major health decisions.

I have challenges with: [Edit](#)

<input checked="" type="checkbox"/> Vision	<input type="checkbox"/> Hearing	<input type="checkbox"/> Speech
<input checked="" type="checkbox"/> Mobility	<input type="checkbox"/> Transportation	<input type="checkbox"/> Other

Comments: I wear eyeglasses.

My primary language is English [Edit](#)

Comments:

My blood type is: A- [Edit](#)

Done Internet



Diagnosis

Freshness dating, links, comments

Congral SCP - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Forward Stop Home Search Favorites Refresh Print Mail

Address <https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=CareTeam> Go Links

Signed In : Kristin Creasey
[My Registration](#)
[Sign Out](#)

Shared Care Plan

YOUR PERSONAL HEALTH RECORD

Althea M Johnson
12/4/1940, 67 years old, female

- [Edit Althea's Registration](#)
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- [Who's Accessed My Care Plan?](#)

Home Care Team About Me **Diagnoses** Next Steps Health Log Medications Reactions History Adv. Directives

[View Private Records](#)

My Chronic and Long-Term Diagnoses [\(Help\)](#)

This is a list of all the conditions you have been diagnosed with and are managing.

[Add New](#)

Diagnosis	Description	Date Diagnosed	Diagnosed By	Comments	Action
Arthritis, Rheumatoid		11/29/06	Dr. Test	I can't afford the new medication for this condition.	Edit Delete
Dementia, Alzheimers type		4/1995	Johnston	19/30 MMSE, 3/2005	Edit Delete
Coronary Artery Disease (Heart Disease)		7/2/1998	Dr. Eduardo Floyd	Two stents placed 7/2/1998	Edit Delete
Left Hip Replacement	Replaced after a fall	10/2/98	Dr. Elayne Cho		Edit Delete
Diabetes Mellitus Type 2 - non-Insulin Dependent		3/7/96	Dr. Amy Fletcher	I had gestational diabetes with my first daughter.	Edit Delete

Done Internet



Next Steps

Concerns, Life Goals, Next Steps

Congral SCP - Microsoft Internet Explorer

Address: <https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=Diagnoses>

Home | Care Team | About Me | Diagnoses | **Next Steps** | Health Log | Medications | Reactions | History | Adv. Directives

[View Private Records](#)

Where I am — My concerns [\(Help\)](#)

This section helps you identify the types of problems or concerns you are currently facing as you manage your health. Sharing your concerns helps your Care Team assist you with Next Steps.

My Concerns Edit

<input type="checkbox"/> My ability to manage my chronic condition	<input type="checkbox"/> Emotional issues
<input checked="" type="checkbox"/> Thinking or memory problems	<input checked="" type="checkbox"/> Financial issues
<input type="checkbox"/> Family issues	<input type="checkbox"/> End of life issues
<input checked="" type="checkbox"/> Access to health care	<input checked="" type="checkbox"/> Spiritual support
<input type="checkbox"/> Other	

Details : My family is very important to me. I don't want to be a burden to them.

Where I want to be — Life goals [\(Help\)](#)

A Life Goal is a motivating reason you are working toward better health.

[Add New](#)

Goal Description	Action
<input type="checkbox"/> Attend my granddaughter's college graduation. 5/2006	Edit Delete
<input type="checkbox"/> Be able to live independently for at least 5 more years in my own home, it is 1/15/2004.	Edit Delete

Achieved Life goals

Goal Description	Action
----------------------------------	------------------------

Internet



Next steps continued

Care Planning, Therapies, Rehab

Congral SCP - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Back Forward Stop Home Search Favorites Refresh Print Mail New Tab

Address <https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=Diagnoses> Go Links >>

Achieved Life goals

Goal Description	Action
1 Have no emergency room visits for one full year.	Edit Delete

How I'm getting there - Next steps [\(Help\)](#)

Next Steps can be small, short-term steps that you are ready and willing to take towards obtaining your goals, or a way to help you track activities around an ongoing issue you are managing.

Hide Details

Add New

- 1 1/12/2005	Lose 10 pounds (10% of my body weight)	Add Action	Edit	Delete
1 12/8/2005	Work out three times a week	Edit	Delete	
1 11/30/2005	Buy new walking shoes	Edit	Delete	
1 1/12/2005	Find 2 new diabetic recipes a week and test them.	Edit	Delete	
1 1/12/2005	Join Chronic Walkerswith my daughter and attend weekly.	Edit	Delete	
1 1/12/2005	Eat only 3 tamales per week	Edit	Delete	

Be sure to reward yourself along the way !

Completed next steps

Hide Details

- 1 1/12/2005	Maintain a health blood pressure for 6 months	Add Action	Edit	Delete
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Internet



Health Log

Clinical Indicators, those ###s!

Congral SCP - Microsoft Internet Explorer

Address: <https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=Diagnoses>

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Home | Care Team | About Me | Diagnoses | Next Steps | **Health Log** | Medications | Reactions | History | Adv. Directives

[View Private Records](#)

Health Indicators [\(Help\)](#)

This is the place to record health indicators such as blood pressure, cholesterol and weight, the goal values that you want to reach or maintain and to monitor them over time.

[Hide Details](#) [Add New](#)

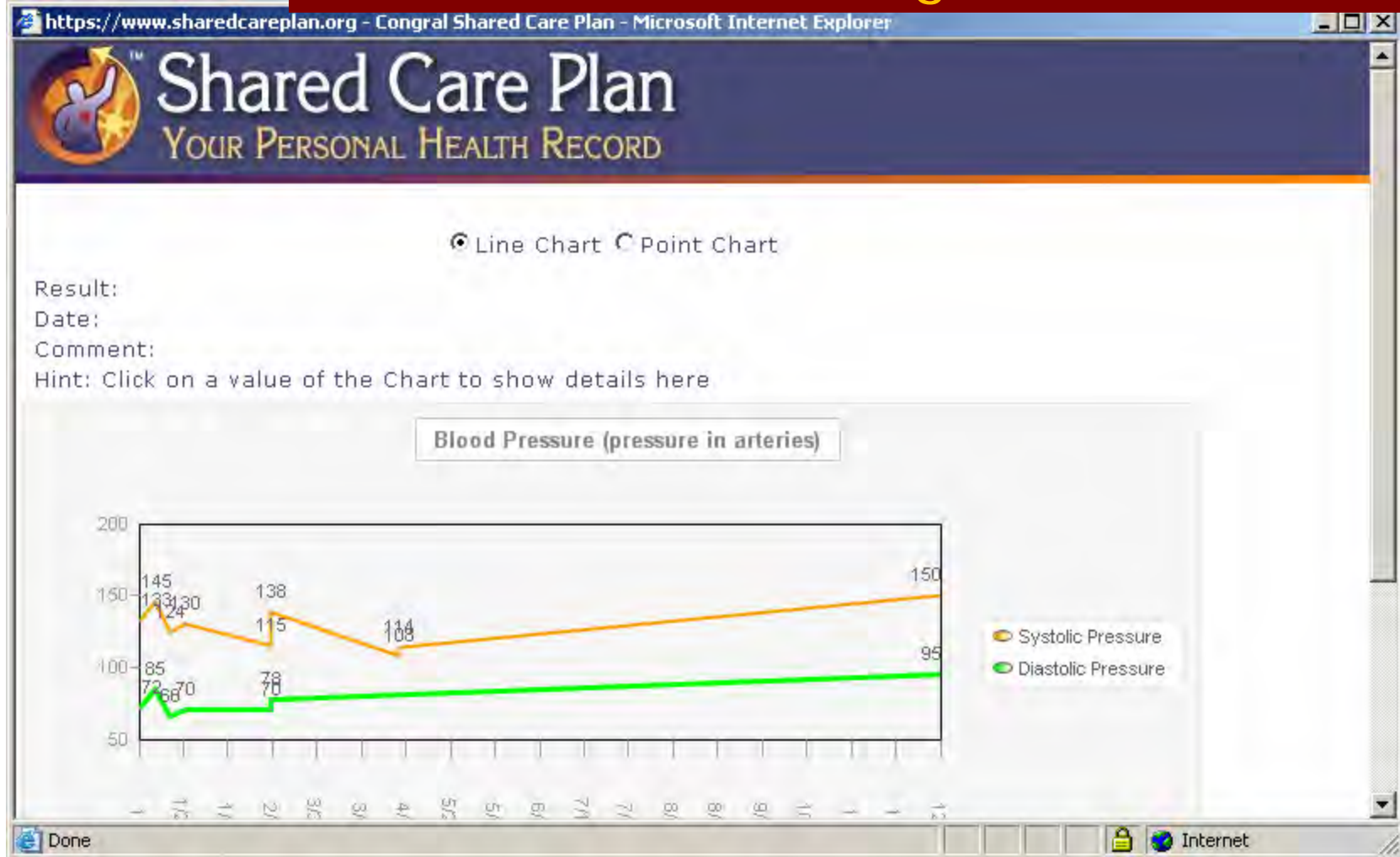
	Blood Pressure (pressure in arteries)	Goal= 119 / 79 or below	My granddaughter is testing this with me once a week and we record the best monthly.	Add Result Show Chart Edit Delete
-				
+	12/8/2005	150/95	I was stressed.	Edit Delete
+	4/9/2005	108/66 P72	standing	Edit Delete
+	4/9/2005	114/72 P72	sitting	Edit Delete
+	2/10/2005	138/78	standing	Edit Delete

Done [Internet](#)



Graphical Results Display

Facilitates Self - Management





Medications

Comments, Active, DC'd, Brand/Generic

Congral SCP - Microsoft Internet Explorer

Address: <https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=CareTeam>

Home | Care Team | About Me | Diagnoses | Next Steps | Health Log | **Medications** | Reactions | History | Adv. Directives

My Active Meds | My Discontinued Meds | View Private Records

Last verified on 9/24/2007 by Lori Nichols

Prescribed Medications [\(Help\)](#)

These are medications that you are currently taking that a healthcare professional has advised you to take, including vitamins and supplements available over-the-counter. When you remove a medication you are no longer taking, it will still be visible on the My Discontinued Meds page.

Start Date	Rx By	Brand(Generic)Name & Strength	Direction	Use	B	L	D	N	Action
1/1/1900		asdf							<input type="button" value="Edit"/> <input type="button" value="Remove"/>
1/1/1900		FLUOXETINE HCL 20MG TABLET (FLUOXETINE HCL 20MG TAB PO)	Take 2 tablet(s) by mouth daily in the morning under the tongue.	For depression.	2				<input type="button" value="Edit"/> <input type="button" value="Remove"/>
↳ Comments: Take with food.									
12/12/2004	Lombard	ISOSORBIDE MN 30MG TAB SA (ISOSORBIDE MONONITRATE SA 30MG TAB PO)	Take 1 tablet(s) by mouth once daily.	Prevent chest pain, angina, and dilate coronary arteries.	1				<input type="button" value="Edit"/> <input type="button" value="Remove"/>
12/3/2004	Johnston	RISPERDAL 0.25MG TABLET (RISPERIDONE 0.25MG TAB PO)	Take 1 tablet(s) by mouth daily at dinnertime.	anxiety or restlessness in early evening			1		<input type="button" value="Edit"/> <input type="button" value="Remove"/>
↳ Comments: May give medication earlier than dinner time if anxiety occurs sooner. May repeat one time each evening if anxiety or wondering is persistent or uncharacteristic/hostile behavior.									
1/1/2001	Johnston	EXELON 3MG CAPSULE (RIVASTIGMINE TARTRATE 3MG CAP PO)	Take 1 tablet(s) by mouth twice a day.	Sustain memory	1		1		<input type="button" value="Edit"/> <input type="button" value="Remove"/>


Done



Knowledge base linkage

Links from Meds, Dx, Procedures, Results

https://www.peacehealth.org - Healthwise Knowledgebase - Microsoft Internet Explorer

 **Shared Care Plan**
YOUR PERSONAL HEALTH RECORD

**Search Results for "FLUOXETINE HCL 20MG
TABLET FLUOXETINE HCL 20MG TAB PO"**

[All Topics \[100\]](#) ▶ Medications [54]
[Health Topics \[28\]](#) [Alternative Medicine \[17\]](#)
Medical Tests [0] [Support Groups \[1\]](#)

healthwise
for every health decision®

New Search

[Help](#) | [Search Menu](#) | [Buscar en Español](#)

Medications

1. [Selective serotonin reuptake inhibitors for panic disorder](#)
2. [MAO-B inhibitors for Parkinson's disease](#)
3. [fluoxetine and olanzapine](#)
4. [fluoxetine](#)
5. [Selective serotonin reuptake inhibitors \(SSRIs\) for PTSD](#)
6. [Selective serotonin reuptake inhibitors \(SSRIs\) for PMS and PMDD](#)

Close

Internet



Meds on Record

View Rx from other sources, select for import

Congral SCP - Microsoft Internet Explorer

Address: https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=MyDiscontinuedMeds

Home Care Team About Me Diagnoses Next Steps Health Log **Medications** Reactions History Adv. Directives

My Active Meds My Discontinued Meds **Meds On Record** Hide Private Records

Medications on Record [\(Help\)](#)

The "Meds on Record" view provides a list of active medications that are on record for you in the Electronic Medical Record (EMR) systems of participating hospitals, clinics, and doctors. You can use this list as a way to compare and maintain the "My Active Meds" list in your Shared Care Plan. You can also copy any medications listed here into your own "My Active Meds" list.

[Compare To 'My Active Meds'](#)

Data Source Color Key [\(Help\)](#)
Text = Carecast Text = Rcopia

Copy to 'My Active Meds'?	Brand Name & Strength (Generic Name & Strength)	Directions	Rx By	Start Date	Comments	Setting (Source)
<input type="checkbox"/>	Dexamethasone 4 mg Tab (Dexamethasone 4 mg Tab)	1-0 tablet	THOMPSON, IAN	12/12/2007		(Lastword)
<input type="checkbox"/>	equipment As Dir (equipment As Dir)	As directed	ZZ-PER-PT, REPORT	12/27/2007	Dx 824.8, Right ankle fx	(Lastword)
<input type="checkbox"/>	Hydrocodone-Acetaminophen 5 mg-325 mg Tab (Hydrocodone-Acetaminophen 5 mg-325 mg Tab)	1-2 tablets as needed	ZZ-PER-PT, REPORT	10/24/2007	can refill on 11-01-07	(Lastword)
<input type="checkbox"/>	Ibuprofen 100 mg Tab (Ibuprofen 100 mg Tab)	1-2 tablets as needed	ZZ-PER-PT, REPORT	12/27/2007		(Lastword)
<input type="checkbox"/>	Keflex 500 mg Cap (Cephalexin 500 mg Cap)	1-0 capsule	ZZ-PER-PT, REPORT	11/2/2007		(Lastword)

Internet



Reactions

Allergies, contraindications

Congral SCP - Microsoft Internet Explorer

Address: <https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=MyDiscontinuedMeds>

Home Care Team About Me Diagnoses Next Steps Health Log Medications **Reactions** History Adv. Directives

My Reactions Reactions on Record Hide Private Records

Allergies / Intolerances [\(Help\)](#)

These are substances (drug, food, or otherwise) that cause a bad reaction when you take, inhale or in some way come in contact with them.

[Add New](#)

Substance	Date Occurred	Type	Documented By	Reaction
No Allergies listed. Click the [Add New] button to add a new Allergy. Or, check this box: <input type="checkbox"/> I have no known Allergies				

Contraindications [\(Help\)](#)

These are substances (such as drugs and food) that interact badly with your condition or medications that you are already taking.

[Add New](#)

Substance	Reason	Documented By	Action
Green Bell Peppers	Bad Heartburn.	Linda	Edit Delete
Grapefruit	Deactivates my blood pressure medication	My doctor	Edit Delete

Key to Symbols

- Indicates that the patient has marked an item as private (hidden from one or more Care Team members). Your respect of this sensitive information is appreciated.
- Place your mouse cursor over an information icon (don't click) to see who last updated the item and when.
- These information icons indicate items updated since you last viewed this Shared Care Plan.

Done Internet



Reactions on Record

View and import

Congral SCP - Microsoft Internet Explorer

Address: <https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=MyDiscontinuedMeds>

Reactions on Record [\(Help\)](#)

Reactions on Record provides a list of reactions that are on record for you in the Electronic Medical Record (EMR) systems of participating hospitals, clinics, and doctors. You can use this list as a way to compare and maintain your "My Reactions" list in your Shared Care Plan including copying reactions directly from this page.

[Compare To 'My Reactions'](#)

Data Source Color Key [\(Help\)](#)
Text = Carecast Text = Rcopia

Copy to 'My Reactions'?	Reaction Type	Substance	Reaction	Source
<input checked="" type="checkbox"/>	Drug	Allergies/Intolerances Reviewed/Updated		Lastword
<input checked="" type="checkbox"/>	Drug	ASPIRIN		Lastword
<input type="checkbox"/>	Drug	FUROSEMIDE	URTICARIA/HIVES	Lastword
<input type="checkbox"/>	Drug	GEMFIBROZIL -U6WX	DIAPHORESIS	Lastword
<input type="checkbox"/>	Drug	LATEX	CONTACT DERMATITIS	Lastword
<input type="checkbox"/>	Drug	LISINOPRIL	bad cough	Lastword
<input type="checkbox"/>	Drug	LORATADINE -Z2QX	enuresis	Lastword
<input type="checkbox"/>	Drug	METFORMIN	nausea	Lastword
<input type="checkbox"/>	Drug	MORPHINE SULFATE	URTICARIA/HIVES	Lastword
<input type="checkbox"/>	Food	stawberries		Lastword

[Copy Selected Reactions](#) [Select All](#) [Deselect All](#) [Cancel](#)

Done Internet



History

Personal Hx, Procedures & Hosp, Imm; Family Hx

Congral SCP - Microsoft Internet Explorer

Address: https://www.sharedcareplan.org/MainPage.aspx?PageToLoad=CarePlan&CtrlToLoad=MyDiscontinuedMeds

Althea M Johnson
12/4/1940, 67 years old, female

- [Edit Althea's Registration](#)
- [Printout Options](#)
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Home | Care Team | About Me | Diagnoses | Next Steps | Health Log | Medications | Reactions | **History** | Adv. Directives

My History | Family Health History | Immunizations on Record | Hide Private Records

Procedures & Surgeries [\(Help\)](#)

Here you can keep track of any procedures and surgeries you have had. These can range from a biopsy to a CT scan to a mammogram. On the add screen you can click to view a list of common procedures.

[Add New](#)

Procedure	Date	Comments	Action
Heart Catheterization	2/2/02		Edit Delete
Heart Valve Surgery	around 2004		Edit Delete
echocardiogram	6/6/2005	55%	Edit Delete
Echocardiogram	5/22/2002	EF 42%	Edit Delete
Echocardiogram	6/31/2000	Done by P. Beglan Ejection Fraction 35%	Edit Delete
Cardiac Catheterization with 2 stents	7/2/2000	Done by Dr. P. Beglan	Edit Delete
Hip Replacement	late 2003		Edit Delete
Barium swallow	2/19/03		Edit Delete

Hospital Visits [\(Help\)](#)

Done Internet



Advanced Directives

And other documents

The screenshot shows a web browser displaying the 'Shared Care Plan' website. The patient's name is Althea M Johnson, born 12/4/1940, 67 years old, female. The website has a navigation menu with options like Home, Care Team, About Me, Diagnoses, Next Steps, Health Log, Medications, Reactions, History, and Adv. Directives. A sidebar on the left lists 'Treatment Preferences: Advance Directives' and 'NOTE: To view/print advance directives...'. The main content area shows a list of documents under 'Document Name' with columns for 'Action' (Edit, Delete, View). One document is highlighted: 'Durable Power of Attorney for Health Care'. A preview window is open over this document, showing its title and a 'Notice to Person Executing This Document' section. The notice explains that the document gives the designated person the power to make health care decisions for the patient if they lose the capacity to do so themselves. It also states that the Health Care Agent will NEVER be allowed to consent to or refuse life-sustaining treatment or any procedure which would not stop at the stage of brain death.

Shared Care Plan
YOUR PERSONAL HEALTH RECORD

Signed In: Lori Nichols
My Registration
Sign Out

Althea M Johnson
12/4/1940, 67 years old, female

• [Edit Althea's Registration](#) • [Printout Options](#)
• [Privacy Summary](#)
• [Who's Accessed My Care Plan?](#)

Home | Care Team | About Me | Diagnoses | Next Steps | Health Log | Medications | Reactions | History | **Adv. Directives**

[View Private Records](#)

Treatment Preferences: Advance Directives
Advance directives are signed legal documents and printing from within your Shared Care Plan.

NOTE: To view/print advance directives, click on the document name.

If you don't already have an Advance Directive, click on the link below:

- [Advance Directive\(Dragon\)](#)
- [Advance Directive\(Washington\)](#)

[Document Name](#)

Document Name	Action
Other - see comments	Edit Delete View
Advance Directive	Edit Delete View
Advance Directive	Edit Delete View

Key to Symbols

- Indicates that the patient has marked this document as important.
- Place your mouse cursor over an information icon to see the level two information.
- These information icons indicate items that are pending review.
- Click on this button to see the level two information.

Durable Power of Attorney for Health Care

Notice to Person Executing This Document

This is an important legal document. Before executing this document you should know these facts:

- This document gives the person you designate as your Health Care Agent the power to make **MAJOR** health care decisions for you if you lose the ability to make informed health care decisions for yourself. This power is effective only when you lose the capacity to make informed health care decisions for yourself. As long as you have the capacity to make informed health care decisions for yourself, you retain the right to make all medical and other health care decisions for you.
- You may make specific instructions in this document on the authority of the Health Care Agent to make health care decisions for you.
- Select any specific instructions you include in this document. If you do lose the capacity to make an informed decision on a health care matter, the Health Care Agent **NEVER** will be authorized by this document to make health care decisions for you at the state, county, or local level, unless you specifically state otherwise. If you had the capacity to do so, the authority of the Health Care Agent to make health care decisions for you **GRANTFULLY** will include the authority to give informed consent, to refuse to give informed consent, or to withdraw informed consent, to any care, treatment, service, or procedure to analyze, diagnose, or treat a physical or mental condition. You can limit this right to the document types chosen.
- A Health Care Agent can only act under the law "When Nothing Is Said" allowed under Washington state law. A Health Care Agent will **NEVER** be allowed to authorize "never-ending" treatments or any procedure which would not stop at the stage of brain death.
- When executing this durable power of attorney to make health care decisions for you when dealing on your behalf, the Health Care Agent will also attempt to act with good faith, as if they were someone in your stead. You may make your wishes known to the Health Care Agent by including them in this document or by making them known to another medical professional.
- When signing under this document, the Health Care Agent **NEVER** will have the same rights that you have to receive information about proposed health care, to refuse health care, and to consent to the disclosure of health care records.

1. Creation of Durable Power of Attorney for Health Care

In order to create a power of attorney (Health Care Agent) by appointing the person or persons designated herein to make



Additional Features

- **Printout Options**
 - Individual Pages
 - Wallet Summary
 - Advanced Directives & other documents
 - Intake forms (clipboard forms)
- **Privacy Summary**
 - Who has access to what at a glance
- **Who's Accessed My Care Plan?**
 - Who has looked?
 - Who hasn't?! No Assumptions



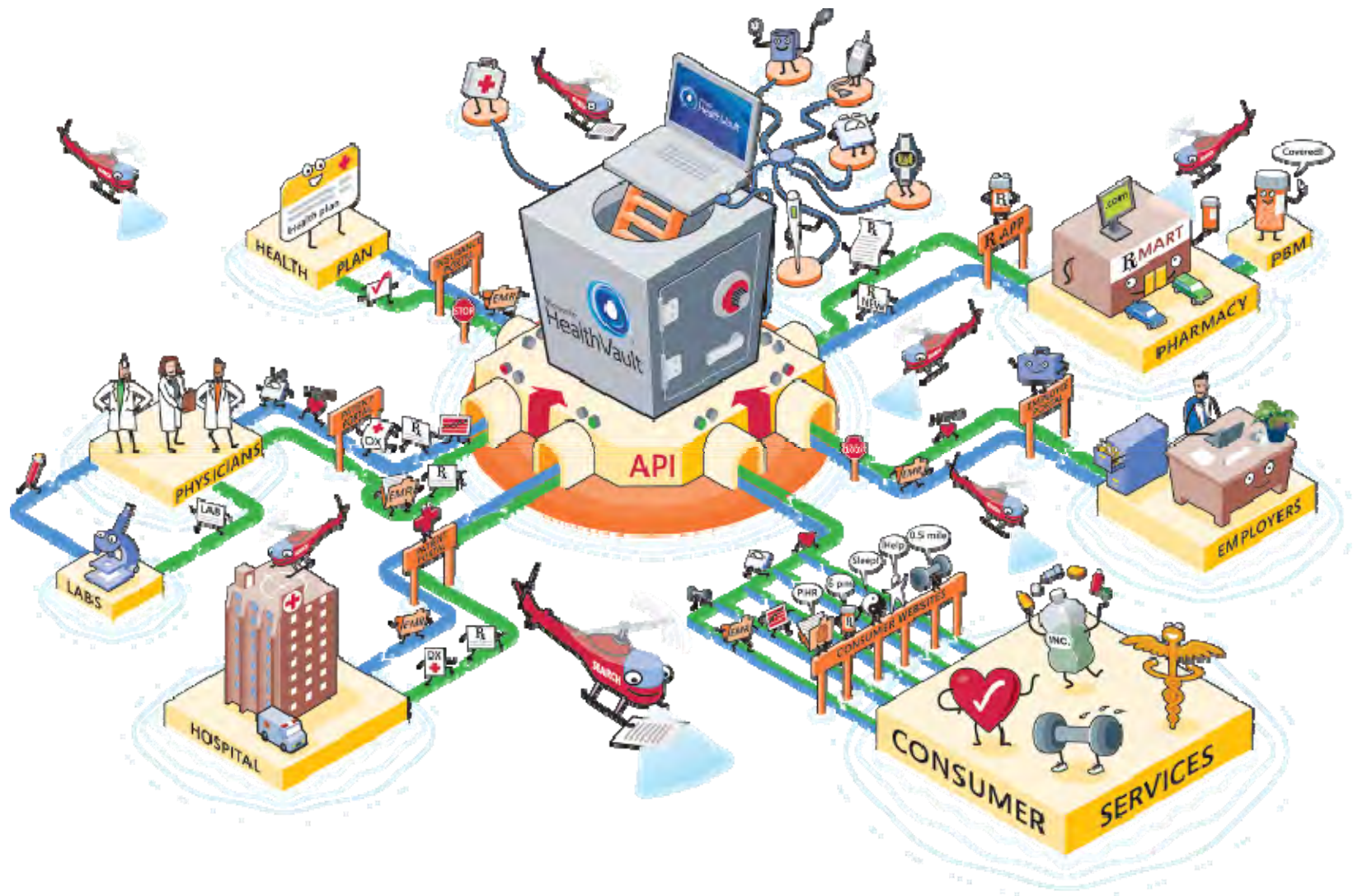
How does all this connect to

HEALTHVAULT?

THE FOLLOWING SLIDES ARE PROPRIETARY TO MICROSOFT AND ARE NOT FOR REDISTRIBUTION

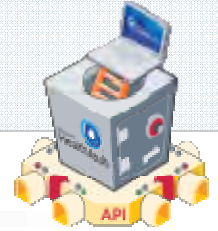


What is Health Vault? A Health Solutions Ecosystem

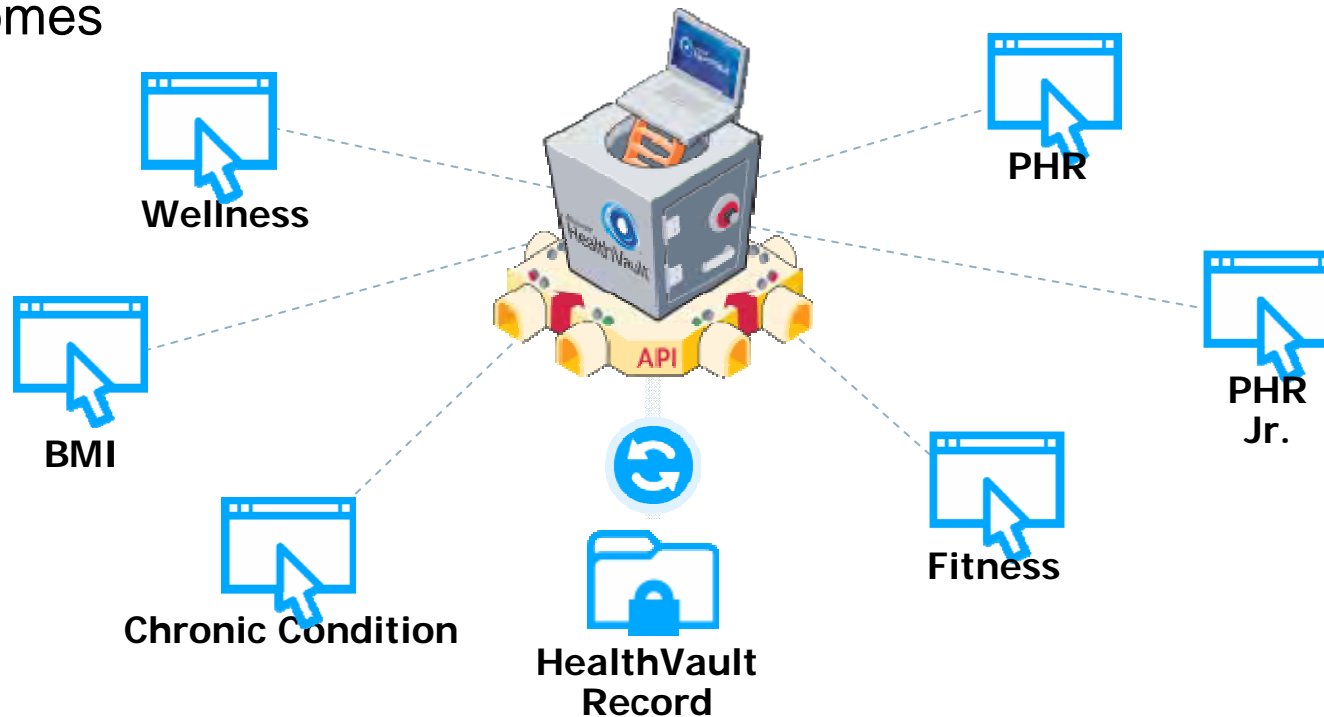




HealthVault is NOT a PHR



- HealthVault is a way for individuals to collect, store, and share their health information
- It is a shared data platform that allows multiple applications to work with a person's health data to improve health management and outcomes





Design Principles of HealthVault



Privacy and Security Focused



Inclusive of Industry Standards



Free for Users and Developers



Data interoperability & HealthVault

- Inclusive of industry standards
 - Meaningful standards in healthcare (eg., XML, HL7 CCD, ASTM CCR)
- Open Specification Promise (OSP)
 - HealthVault XML interfaces (available Fall 2008)
 - Public description of how HealthVault talks to the world
 - Use of the spec is free, easy, now, and in the future
 - Recreate and re-implement the HealthVault service
- CodePlex projects
 - .NET API wrapper (available Summer 2008)
 - Microsoft Reference Software License (Ms-RSL)
 - Contributed & maintained by HSG
 - API wrappers for other environments
 - Java available now, more coming soon from the community



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Questions, Comments?

*Thank you for your
interest in our
Citizens' Health*