

Call us

**Customer Service: Medical
Uniform Medical Plan**

1-888-849-3681

(TTY: 711)

Monday–Friday

7 a.m. to 5 p.m. Pacific Time

Customer Service: Prescription Drugs

Washington State Rx Services

1-888-361-1611

Monday–Friday

7:30 a.m. to 5:30 p.m. Pacific Time

Visit us online

www.hca.wa.gov/ump

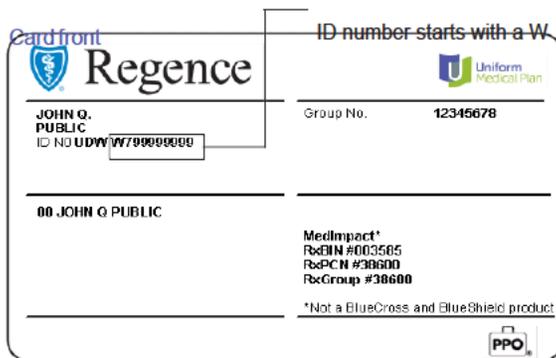
Quick tips for UMP Classic members



Health insurance can seem pretty complicated sometimes, especially if you're new to the plan. Below are some tried-and-true tips to help you get the most out of your benefits and save money.

1. Always use your UMP member ID card.

Be sure to show your member ID card whenever you see a provider or fill a prescription. Providers and pharmacists use the information on the card to make sure they bill for the service correctly.



PPO in the suitcase icon means you are a PPO BlueCard member and have access to Blue Cross and/or Blue Shield Plan providers worldwide.

2. Use preferred providers whenever possible.

When you see a preferred provider, you'll pay much less (15% coinsurance in most cases) than what you would pay when you see an out-of-network provider. Preferred providers will never bill you more than the plan allows. If you see an out-of-network provider, you'll pay 40% coinsurance plus any amounts the provider might charge above what the plan pays.

To find preferred providers, use the provider directory on the UMP website at www.hca.wa.gov/ump or call Customer Service at 1-888-849-3681.

Preferred vs. Out-of-Network Cost Comparison		
	Preferred provider	Out-of-network provider
Provider's billed charge	\$150	\$150
Allowed amount	\$100	\$100
Provider discount	-\$50	\$0
Total charge to be paid	\$100	\$150
Plan pays (% of allowed amount)	\$85 (85% of \$100)	\$60 (60% of \$100)
What you pay (balance)	\$15	\$90*

*You pay 40% of the allowed amount (\$40) plus the amount the provider may charge over the allowed amount (\$50).

3. Get preventive care for free.

To see which services are covered under the preventive benefit, call Customer Service or check the U.S. Preventive Services Task Force at www.uspreventiveservicestaskforce.org. All services rated as "A" or "B" are covered 100%.

4. Buy generic or preferred drugs to save money.

When you purchase prescriptions that are generic (Value Tier or Tier 1) or preferred (Tier 2), UMP pays a higher percentage of the cost and you'll pay less out of your pocket. Things you can do to save money include:

- Talk to your provider about prescribing generic or lower-cost brand name drugs.
- Check the Prescription Price Check tool online or call Washington State Rx Services for drug prices and lower-cost alternatives.
- Ask your pharmacist to substitute a generic for a brand-name drug whenever possible.

5. Take advantage of your vision benefit.

You don't need to meet the deductible for routine vision exams or hardware. Exams are covered 100% when you see a preferred provider, with an annual plan payment of up to \$65 for contact lens fitting fees (you pay any amount over that). Vision hardware for adults (over age 18) is covered up to \$150 every two calendar years. Children's vision hardware (birth through age 18) is covered as follows: One pair of eyeglasses per year paid at 100%; contact lenses are paid at 85% with no quantity limit.