

TEMPLATE FOR TRANSFORMATION PROJECT SUGGESTIONS

For projects to be considered for inclusion in the Medicaid Transformation Project List, please provide the information requested in the template. We are looking for summarized information – **2-3 pages maximum per project**. Please email completed templates by **January 15, 2016**, to MedicaidTransformation@hca.wa.gov with the subject **Medicaid Waiver Project**. Thank you for your interest and support.

| | |
|--|---|
| Contact Information | <p><i>Boys and Girls Club Odessa Brown Children’s Clinic/Seattle Children’s Valley Cities Counseling</i></p> <p><i>Nick Adams, Boys and Girls Club Mark Fadool, Odessa Brown Children’s Clinic/Suzanne Petersen Tanneberg, Seattle Children’s Alaina Goodman, Valley Cities</i></p> |
| Project Title | <i>Meeting Youth Where They Are At</i> |
| Rationale for the Project | |
| <ul style="list-style-type: none"> <i>Meaningful access to behavioral health care services is lacking for children and youth in many geographic areas around the state, including South Seattle. While services are available perhaps “on paper” through school referrals or at counselling agencies, in reality youth and their families have difficulty getting care for a host of reasons. For example, stigma associated with out of classroom time for counselling during school and the difficulty of becoming eligible for services and making it to clinic appointments are barriers for many youth in need.</i> | |
| Project Description | |
| <p><i>Which Medicaid Transformation Goals¹ are supported by this project/intervention? Check box(es)</i></p> <p>X Reduce avoidable use of intensive services X Improve population health, focused on prevention</p> <ul style="list-style-type: none"> Accelerate transition to value-based payment Ensure Medicaid per-capita growth is below national trends <p><i>Which Transformation Project Domain(s) are involved? Check box(es)</i></p> <p>X Health Systems Capacity Building X Care Delivery Redesign X Population Health Improvement – prevention activities</p> <ul style="list-style-type: none"> <i>Achieving the right care at the right time at the right place is the objective of this simple proposal to provide onsite counseling for children and their families at the Boys and Girls Club. The team proposing this idea commit to the following goals and principals:</i> <i>We want to support the Public Health approach by encouraging the multiple agencies that work in our community to give similar messages in a similar manner.</i> <i>We want to assist and support the dissemination of trauma informed skills in the community.</i> <i>Knowing that access to mental health services can be very challenging we want to bring these services to the community.</i> <i>We recognize that enriching children’s social and emotion needs can be accomplished in a fun way what better place to do this other than at the Boys and Girls Club.</i> | |

- We want to be able to destigmatize therapy by leveraging the amazing relationship the Club has in the community.
- Improve mental health access by offering groups to parents and children. The Club is already set to do this with the large amount of children/parents that come everyday and it is building capacity.
- We would love to be able to design an effective model at the Vista that can be replicated to other Boys and Girls Clubs.
- Since many of the children OBCC serves in nearby elementary schools attend the Club offering mental health support can serve to tighten these students safety net (home, school and community).
- We are excited about being able to offer all of OBCC's services; WIC, primary care and dental services to the members of the Club.
- The Club will also allow us to develop a peer to peer support which honors the strength and resiliency we see everyday in our community.
- Collaborating with the Club assures of better year round services. This is especially important since many of our children in the community backslide during the summer academically and emotionally.

Core Investment Components

• *This project proposal represents a collaborative approach that we believe holds great promise. In terms of implementation specifics, we are at an early conceptual development stage, so are not able to provide further specifics at this time. But recognizing that the need is great and the work of the HCA and the ACH's is groundbreaking and of vital importance to achieving healthier communities, we are submitting it now with high hopes it will make a difference. This train is leaving the station and we are jumping onboard!*

Project Metrics

• *See above. Thank you!*

¹Transformation goals as stated in Washington's Medicaid Transformation waiver, <http://www.hca.wa.gov/hw/Documents/waiverappl.pdf>:

- Reduce avoidable use of intensive services and settings such as acute care hospitals, nursing facilities, psychiatric hospitals, traditional LTSS and jails.
- Improve population health, with a focus on prevention and management of diabetes, cardiovascular disease, pediatric obesity, smoking, mental illness, substance use disorders and oral health; that is coordinated and whole-person centered.
- Accelerate the transition to value-based payment, while ensuring that access to specialty and community services outside the Indian Health system are maintained for Washington's tribal members.
- Ensure that Medicaid per-capita cost growth is two percentage points below national trends.