Performance Measures Coordinating Committee Council Meeting

Friday, May 5, 2023 1:00 p.m. – 3:00 p.m.



Housekeeping

- No formal break, so feel free to step out briefly if needed.
- For committee members:
 - Please keep your phone line muted when not speaking.
- For members of the public:
 - Please keep your phone line muted at all times.
 - There will be dedicated time for questions and comments.
 - Please use the chat box to submit your question/comment and it will be addressed in the order received.

Public Process

Maintaining a transparent process is important.

- Public comment opportunities:
 - PMCC meetings are open to the public.
 - There is time on the agenda for public comment prior to action on measures.
 - Meeting materials are posted on the Health Care Authority website.
 - Comments can be submitted to HCA anytime.

Today's Objectives

- Briefly recap January meeting
- Review the 2021 Performance results for WSCMS Measures Community Check Up
- Discuss potential changes to the 2024 WSCMS
- Public Comment
- Wrap Up

Welcome & Introductions

- Welcome new members:
 - Pam Schlauderaff, Mason Health
 - Peggy Evans, OneHealthPort
- Please share the following
 - Your Name
 - Your Role
 - ► Your organization

Recap of the January PMCC Meeting

Judy Zerzan-Thul, MD, HCA



Recap of the January 2023 PMCC Meeting

- Discussed letter to Legislature to confirm PMCC role/responsibilities
- Learned about rural health systems in Washington and current efforts to address quality Discussed Health Equity
- Discussed updated PMCC administrative processes
- Discussed a request to consider the addition of obesity measures to the Washington State Common Measure Set

2021 Performance Results for WSCMS Measures Community Check up

Jim Andrianos, Washington Health Alliance



Part 1: selected slides from...

All Alliance Meeting Tuesday March 7, 2023

Release of 17th WHA Community Checkup



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Leading health system improvement

Themes

- 1. Quality compared nationally It's lackluster
- 2. Primary care quality in Washington

Attributable patients have markedly better quality

3. Impact of where a person lives to quality

NEW: Area Deprivation stratification viewer



Quality of Care in Washington

Commercially Insured

- 81% of measures BELOW the 50th percentile
- In 2022, 72% below 50th percentile, **45% < 25th**
- In 2018, 58% below 50th percentile, 34% < 25th

Medicaid

- 74% of measures BELOW the 50th percentile
- In 2022, 68% below 50th percentile, **50% < 25th**
- In 2018, 78% below 50th percentile, **46% < 25th**



Washington State Results Comparison to NCQA HEDIS National Benchmarks <u>Medicaid-Insured</u>





Best In Class Quality – Commercial Insured

Clinical Measure	State Average	HEDIS Ranking	Best Practice National 90 th Percentile
Breast Cancer Screening	67%	<25 th	78%
Colon Cancer Screening	61%	25 th - 50 th	72%
Cervical Cancer Screening	61%	<25 th	80%
Diabetes (annual HbA1c)	83%	<25 th	94%
Avoiding imaging for Acute LBP	82%	75 th - 90 th	85%



Best In Class Quality – Medicaid Insured

Clinical Measure	State Average	HEDIS Ranking	Best Practice National 90 th Percentile	Top Clinic in WA
Breast Cancer Screening	39%	<25 th	61%	
Colon Cancer Screening	39%			
Cervical Cancer Screening	48%	<25 th	67%	
Diabetes (annual HbA1c)	76%	<25 th	91%	
Avoiding imaging for Acute LBP	76%	75 th – 90 th	81%	



Impact of Primary Care on Quality

Doesn't everyone already have a PCP?

- **Commercial enrollees** 34% do not attribute to a PCP
 - 20% with claims but no PCP
 - 14% without any claim
- Medicaid enrollees 39% do not attribute to a PCP
 - 20% with claims but no PCP
 - 19% without any claim



Impact on Care of not having a Primary Care Provider

Clinical Measure Commercial Insured	State Average	HEDIS Ranking	Best Practice National 90 th Percentile	Best in State	Had claims but no PCP
Breast Cancer Screening	67%	<25 th	78%	91%	
Colon Cancer Screening	61%	25 th - 50 th	72%	88%	
Cervical Cancer Screening	48%	<25 th	67%	95%	
Diabetes (annual HbA1c)	76%	<25 th	91%	96%	
Avoiding imaging for Acute LBP	76%	75 th - 90 th	81%	93%	
Well Child Visits total	45%	<25 th	73%	78%	
Asthma Medications ratio	80%	25 th - 50 th	88%	91%	



Where you live matters: The Neighborhood Atlas®

Allows ranking/grouping of neighborhoods by socioeconomic disadvantage

The Neighborhood Atlas® is based on a **composite measure** created by the Health Resources & Services Administration over three decades ago. Refined, adapted, and validated to the **Census block group** level by Amy Kind, MD, PhD, and her research team. Now known as the **Area Deprivation Index**.

- Includes domains of income, education, employment, and housing quality
- Can be used to inform health delivery and policy
- Has been correlated with health outcomes such as all-cause cardiovascular, cancer, and childhood mortality; cervical cancer prevalence; etc.

https://www.neighborhoodatlas.medicine.wisc.edu/



Contents of the Area Deprivation Index (ADI)

 Percent of population aged >=25 years with <9 years of education 	 Percent of civilian labor force population >=16 years of age unemployed
 Percent of population aged >=25 years with less than a high school diploma 	 Percent of families below the poverty level
 Percent of employed persons >=16 years of age in white-collar occupations 	 Percent of population below 150% of the poverty threshold
Median family income	 Percent of single-parent households with children <18 years of age
Income disparity	Percent of households without a motor vehicle
Median home value	Percent of households without a telephone
Median gross rent	 Percent of occupied housing units without complete plumbing
Median monthly mortgage	 Percent of households with more than one person per room
Percent owner-occupied housing units	



ADI deciles for Washington state

Scaled nationwide







Where you live influences care (ADI deciles)





Impact of how where you live influences care

FIND THIS TOOL HERE: https://www.wacommunitycheckup.org/highlights/quality-results-by-area-deprivation-index

Quality Measures by ADI

Informational text can go here: adfj akdj ka lkjfaklj lkfjlkadflka kljaflkjad kljadfkljad kj flkajdflkj fkljadlkjafd kajdlkfj akldjf kajsdf kjadlkfj akjdf kajdlkfj akjdf kajdlkfj akjdf kajd kljad kljadkljf lkjadlkfjalkdsjfklj.





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Impact of how where you live influences care

Quality Measures by ADI







Statewide Results

















Blood sugar (HbA1c) testing for people with diabetes	Measure Name			King
0.75	Blood sugar (HbA1c) testing for people with diabetes	Rate	0.80 -	

The gap is significant in less advantaged areas in King County







Part 2: selected slides from...

Health Economics Committee Thursday March 9, 2023

Additional results not shown at the All Alliance meeting



Leading health system improvement







2

3

0.40

WA pattern Less deprived: above average adherence More deprived: below average adherence

King County

Adherence lag, middle deciles (comm'l) Firmer Medicaid adherence deciles 8-10 _





Commercial and Medicaid plots have similar shapes and patterns of statistical significance

- Uneven statewide **distribution of ambulatory capacity** affecting both payer groups?
- Better availability of weekend/evening office visits in more advantaged neighborhoods?
- **Cost of missing work** rises with neighborhood deprivation?
- Greater incidence of **ER visits for children** as decile rises?
- Also notable: Medicaid-commercial gap is smallest for the least deprived neighborhoods





- Uneven statewide **distribution of ambulatory capacity** affecting both payer groups?
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- Also notable: Medicaid-commercial gap is smallest for the least deprived neighborhoods





Child and adolescent wellcare visits Adherence patterns for 4 ACHs Would ACH leaders find these data useful? (see less cluttered

view, next slide)



Comparison between deciles 1 and 10; steeper lines indicate greater inequities

Commercial

Medicaid

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Measure Name		Elevate Health	HealthierHere	North Sound ACH	Olympic Community of He	Elevate Health	HealthierHere	North Sound ACH	Olympic Community of He
Child and adolescent well-care visits (ages 3-11 years)	0.60 • • • • • • • • • • • • • • • • • • •								
Child and adolescent well-care visits (ages 12-17 years)	0.60 tege 0.40 0.20								
Child and adolescent well-care visits (ages 18-21 years)	0.60 9 0.40 0.20								
Child and adolescent well-care visits (Total)	0.60 gate 0.40 0.20	1 10		1 10				1 10	1 10





Medicaid is competitive with or exceeds commercial performance for maternity access measures



Measure Name		CHI Franciscan Medical Group*	Kaiser Permanente Washington	MultiCare Health System*
Breast cancer screening	-08.0 -06.0 gite -04.0			
Cervical cancer screening	0.70- <u>e</u> 0.60- 0.50-			
Child and adolescent well-care visits (ages 3-11 years)	- 0.70 - 0.60 gate - 0.50			
Child and adolescent well-care visits (ages 12-17 years)	0.70- 0.60- 0.50- 0.40-			
Child and adolescent well-care visits (Total)	0.70 - 0.60 - 0.50 - 0.40	1 10		

Prevention Measures Adherence patterns for 3 medical groups

Decile 1 vs decile 10

Once again: patients attributable to medical groups have better adherence to recommended care


Additional results not shown at the All Alliance meeting

Eye-popping quality advantages are associated with patients who attribute to PCPs





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Additional results not shown at the All Alliance meeting

Eye-popping quality advantages are associated with patients who attribute to PCPs





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See 22 specific Calls to Action

- for Employers
- for Health Plans
- for Providers
- for The Washington Health Alliance

at: https://wacommunitycheckup.org/reports/2023-community-checkup-report/



Thank you



Leading health system improvement

Potential Changes to 2024 Washington State Common Measure Set

Laura Pennington, HCA



Potential changes to 2024 WSCMS

- HEDIS measures in Washington State Common Measure Set (WSCMS)
 - Proposed HEDIS updates for MY 2024
 - ► MY 2023 HEDIS updates
- HIV Viral Suppression Measure
 - Previously recommended for addition to WSCMS
- 2023 Bi-annual evaluation of WSCMS

NCQA Proposed Changes to HEDIS MY 2024 Measures – Retirement

- Proposed measures for retirement currently in the WSCMS:
 - Antidepressant Medication Management (AMM)
 - Ambulatory Care (AMB)
 - Use of Spirometry Testing in the Assessment and Diagnosis of COPD (SPR)
- Other proposed measures for retirement not in WSCMS:
 - Care for Older Adults (COA): Pain Assessment Indicator (Medicare only)
 - Inpatient Utilization—General Hospital/Acute Care (IPU)
 - Medical Assistance with Smoking and Tobacco Use Cessation
 - Non-Recommended Cervical Cancer Screening in Adolescent Females (NCS)

NCQA Proposed Changes to HEDIS MY 2024 Measures – Updates to existing measures

Proposed changes to existing measures

- Hemoglobin A1c (HbA1c) Control for Patients With Diabetes (HBD)
- Eye Exam for Patients With Diabetes (EED)
- Proposed Changes to Gender Documentation and Inclusion
 - Breast Cancer Screening
 - Cervical Cancer Screening
- Expansion of number of HEDIS Measures requiring stratification by Race and Ethnicity

Impacts of HEDIS measures proposed for retirement

Antidepressant Medication Management (AMM)

- The measure only addresses adherence to antidepressants as a treatment for depression and does not address other guideline recommended treatments such as psychotherapy.
- Currently required for reporting for Medicaid only
 - Ambulatory Care (AMB)
- Use of Spirometry Testing in the Assessment and Diagnosis of COPD (SPR)
 - Required reporting for WSCMS not NCQA (Commercial and Medicaid)

Updates to existing HEDIS measures

Eye Exam for Patients with Diabetes (EED)

- Current description
 - > The percentage of members 18–75 years of age with diabetes (types 1 and 2) who had a retinal eye exam.
- Removed the Hybrid reporting method
- Updated the event/diagnosis criteria
 - Claim/encounter data. Members who had at least two diagnoses of diabetes on different dates of service during the measurement year or the year prior to the measurement year.
 - Pharmacy data. Members who were dispensed insulin or hypoglycemics/antihyperglycemics during the measurement year or the year prior to the measurement year (Diabetes Medications List) and have at least one diagnosis of diabetes during the measurement year or the year prior to the measurement year.
- Updated required exclusions.
- Little impact to contracts
 - Currently a VBP measure in ERB contracts
 - Required for reporting only in MCO contracts
 - > Currently an MTP measure

For additional detail go to: Changes to Existing HEDIS® Measure: (ncqa.org)

Proposed changes to gender documentation and inclusion for Breast & Cervical Cancer Screening

- NCQA seeks comments on expanding the denominator populations of the Breast and Cervical Cancer Screening measures to include transgender and gender-diverse members recommended for routine breast and cervical cancer screening.
- The revised language is designed to better reflect the measures' intent, which is that all members who are recommended for routine breast and cervical cancer screening receive the screening.

Proposed changes to gender documentation and inclusion for Breast & Cervical Cancer Screening

Table 1: Proposed Measure Revisions

Measure	Current Measure Description	Revised Measure Description
Breast Cancer Screening	The percentage of women 50–74 years of age who had a mammogram to screen for breast cancer.	The percentage of members 50–74 years of age who were recommended for routine breast cancer screening and had a mammogram to screen for breast cancer.
Cervical Cancer Screening	The percentage of women members 21–64 years of age who were screened for cervical cancer.	The percentage of members 21–64 years of age who were recommended for routine cervical cancer screening and were screened for cervical cancer.

For additional detail go to Changes to Existing HEDIS® Measure: (ncqa.org)

Breast Cancer Screening details

Breast Cancer Screening will assess screening among a denominator population of members recommended for routine breast cancer screening, including members with any of the following:

Administrative gender of female (currently in specification), or

- Sex of "female" assigned at birth, or
- Sex for clinical use of "female" or "specified", or
- Administrative gender, sex assigned at birth or sex for clinical use of "male" and 5+ years of exposure to gender-affirming estrogen therapy
- The measure will exclude members with bilateral mastectomy, including genderaffirming chest reconstruction.

Initial feedback:

Overall support for the intent behind these changes but also recognize the potential for additional administrative burden to collect appropriate gender information. In addition, recognize there will be small numbers, at least initially.

Cervical Cancer Screening details

- Breast Cancer Screening will assess screening among a denominator population of members recommended for routine cervical cancer screening, including members with any of the following:
 - Administrative gender of female (currently in specification), or
 - Sex of "female" assigned at birth, or
 - Sex for clinical use of "female" or "specified", or
 - The measure will exclude members with total hysterectomy or acquired absence of cervix
- Initial feedback:
 - Similar feedback provided for BCS, with the following addition:
 - > Need to exclude people who have an assigned sex at birth of male.

Expansion of Race and Ethnicity Stratification Into Select HEDIS Measures

- NCQA's goal is to advance health equity by leveraging HEDIS to hold health plans accountable for disparities in care among their patient populations.
- NCQA introduced the race and ethnicity stratification to 5 HEDIS measures in MY 2022 and 8 additional measures for MY 2023.
- NCQA has proposed a list of candidate measures in which to expand the stratification in MY 2024. They are also seeking feedback on any additional measures not on this list.
- NCQA intends to add a minimum of 5 new measures for MY 2024.

Current required measures for stratification by race and ethnicity

Table 1. Measures	Stratified by	Race/Ethnicity	in MY	2022 and MY 2023
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Domain	Measure	Product Lines	
Prevention and Screening	Colorectal Cancer Screening (COL, COL-E)	Commercial, Medicaid, Medicare	
	Adult Immunization Status (AIS, AIS-E)	Commercial, Medicaid, Medicare	
	Immunizations for Adolescents (IMA, IMA-E)	Commercial, Medicaid	
	Breast Cancer Screening (BCS-E)	Commercial, Medicaid, Medicare	
Respiratory	Asthma Medication Ratio (AMR)	Commercial, Medicaid	
Cardiovascular	Controlling High Blood Pressure (CBP)	Commercial, Medicaid, Medicare	
Diabetes	Hemoglobin A1c Control for Patients With Diabetes (HBD)	commercial, Medicaid, Medicare	
Behavioral Health	Follow-Up After Emergency Department Visits for Substance Use (FUA)	Commercial, Medicaid, Medicare	
	Pharmacotherapy for Opioid Use Disorder (POD)	Commercial, Medicaid, Medicare	
Access and Availability of Care	Prenatal and Postpartum Care (PPC)	Commercial, Medicaid	
	Initiation and Engagement of Substance Use Disorder Treatment (IET)	Commercial, Medicaid, Medicare	
Utilization	Child and Adolescent Well Care Visits (WCV)	Commercial, Medicaid	
	Well-Child Visits in the First 30 Months of Life (W30)	Commercial, Medicaid	

Table 2. RES Candidate Measures for MY 2024

Domain	Measure	Product Lines
Behavioral Health	Follow-Up After Emergency Department Visit for Mental Illness (FUM)	Commercial, Medicaid, Medicare
	Utilization of the PHQ-9 to Monitor Depression Symptoms for Adolescents and Adults (DMS-E)	Commercial, Medicaid, Medicare
	Depression Screening and Follow-Up for Adolescents and Adults (DSF-E)	Commercial, Medicaid, Medicare
	Follow-Up After Hospitalization for Mental Illness (FUH)	Commercial, Medicaid, Medicare
	Prenatal Depression Screening and Follow-Up (PND-E)	Commercial, Medicaid
	Postpartum Depression Screening and Follow-Up (PDS-E)	Commercial, Medicaid
	Risk of Continued Opioid Use (COU)	Commercial, Medicaid, Medicare
	Use of Opioids at High Dosage (HDO)	Commercial, Medicaid, Medicare
	Use of Opioids from Multiple Providers (UOP)	Commercial, Medicaid, Medicare
	Cervical Cancer Screening (CCS-E)	Commercial, Medicaid
Prevention & Screening	Childhood Immunization Status (CIS-E)	Commercial, Medicaid
	Prenatal Immunization Status (PRS-E)	Commercial, Medicaid
Diabetes	Kidney Health Evaluation for Patients With Diabetes (KED)	Commercial, Medicaid
	Eye Exam for Patients with Diabetes (EED)	Commercial, Medicaid
Care Coordination	Follow-Up After Emergency Department Visit for People With Multiple High-Risk Chronic Conditions (FMC) Medicare	

Candidate measures for MY 2024

NCQA MY 2023 retirements/addition

Proposed for removal:

In MY 2023, NCQA retired the following CAHPS-based measures:

- Flu Vaccinations for Adults Ages 18–64 (FVA)
- Flu Vaccinations for Adults Ages 65 and Older (FVO)
- Pneumococcal Vaccination Status for Older Adults (PNU)
 - > PNU was added to the Adult Immunization Status (AIS-E)
 - > PNU is currently on the WSCMS and needs to be removed

Proposed for addition:

Adult Immunization Status (AIS-E)

- This measure is an NCQA approved alternative for PNU
- This measure will be electronic only effective MY 2024
- This measure was reviewed by the PMCC in 2022

AIS-E Measure specifications

- The AIS-E measure assesses the percentage of adults 19 years of age and older who are up to date on recommended routine vaccinations, with separate indicators for influenza; tetanus and diphtheria (Td) or tetanus, diphtheria, and acellular pertussis (Tdap); zoster; and pneumococcal vaccinations.
- All LOB: Commercial, Medicaid and Medicare

HIV Viral Suppression Measure

- Originally considered as part of the original 2014 WSCMS
- Again, presented for consideration in 2016 at the recommendation of GSK
- The PMCC agreed it was important but put it in the parking lot due to insufficient data
- Is on the current CMS Adult Core Measure Set
- We are now able to collect and report this measure
- Therefore, we may want to consider the addition to the WSCMS

Biannual Evaluation of WSCMS

- Need to identify a process to conduct a biannual review of performance data for the measures in the WSCMS
- Plan is to convene a small workgroup over the summer to evaluate the measures in the WSCMS and present recommendations to the PMCC for consideration at the fall meeting
- Past workgroup members:

ACH – Olympic Community of Health	Regence Blue Shield
Aetna	Seattle-King County Public Health
Cigna	UnitedHealthcare
Community Health Plan of WA	Washington Health Alliance
Kaiser Permanente-Washington	WA State Department of Health
Health Care Authority	WA State Department of Social & Health
Molina Healthcare of WA	WA State Hospital Association
Premera Blue Cross	

Next Steps

Convene evaluation workgroup over summer 2023
Monitor final changes to NCQA HEDIS MY 2024 measures
Bring proposed changes to 2024 WSCMS for final vote

Public Comment

Sharon Eloranta, MD



Public Comment

- Please enter your question or comment into the chat box.
- If you prefer to speak, enter your name into the chat box and unmute yourself when called upon.
- ○If speaking, please limit your comments to 2 minutes.

Wrap Up and Next Steps

Judy Zerzan-Thul, MD



Wrap Up/Next steps

- Action Items
- Next Meeting:
 - October 2023
 - Proposed agenda topics:
 - Initial vote of proposed changes to 2024 WSCMS
 - Revisit rural health quality
 - >Send additional topics to Laura P.