

Washington State
Health Care Authority
Public Employees Benefits Board



Shine a light on your medical plan options

Choose the best plan for you and your family

Choosing a medical plan is important. Many people think first about cost and which doctors and hospitals are in the network. There are other things to consider when choosing the plan that is right for you and your family.

Take a look ▶▶▶

Think about these questions as you review your 2016 plan options

My providers

- ✓ Are the providers I want to see in the plan's network?
- ✓ Will the primary care provider spend enough time with me during my visits? Am I able to ask all my questions and mention any concerns I have?
- ✓ Will my provider share information that helps us work in partnership to make decisions about my health care?

Coordinated care

- ✓ Will I receive care by providers who are supported by a system with the goal of keeping me healthy and getting me the care I need?
- ✓ If I am seeing more than one health provider or have complicated medical issues, how will they share information about my health so that I'm not filling out duplicate forms or getting unnecessary care?

Nurse line, online resources

- ✓ Does the plan have access to a 24/7 nurse line or medical help line for after-hours support or to help me decide whether I need to see a provider?
- ✓ Am I able to easily find information online about my care to support me in making the decisions that work best for me?

Learn more about your 2016 medical plan options at
www.hca.wa.gov/pebb

Own your health: <http://oyh.wacommunitycheckup.org>