

Involuntary Treatment Act for Substance Use Disorders

Secure Withdrawal Management Report

July 1, 2022 to September 30, 2022

Background

On April 1, 2018, two changes in the adult and youth Involuntary Treatment Act (ITA) for Substance Use Disorders (SUD) went into effect.

1. Designated mental health professionals became designated crisis responders (DCRs).
2. Community members who are a danger to themselves or others, other's property, or gravely disabled due to a drug or alcohol problem may be involuntarily detained to a **secure withdrawal management and stabilization (SWMS)** facility.

There are **three facilities** that currently provide **SWMS¹** services: **American Behavioral Health Services (ABHS)**, located in Chehalis; **ABHS Parkside**, located in Wenatchee; and **Valley Cities**, located in Kent.

Capacity and Average Daily Census

The SWMS bed capacity varies by facility, currently at **53 beds**. A total of **179 individuals were served** between July 1 and September 30, 2022². In the reporting period, the **Average Daily Census (ADC)^{3 4}** moderated from **23 in July**, to **22 in August**, and to **25 in September**. The **bed utilization rates⁵** varied from **41%** in August to **48%** in September.

Facility	Capacity	Cases: Past 3 Months ²	Clients Served: Past 3 Months ²	July-22		August-22		September-22	
				ADC	% Capacity	ADC	% Capacity	ADC	% Capacity
ABHS Chehalis	21	71	69	10.516	50.08%	9.774	46.54%	10.167	48.41%
ABHS Parkside	16	89	83	6.129	38.31%	5.613	35.08%	6.400	40.00%
Valley Cities	16	33	33	6.226	38.91%	6.323	39.52%	8.733	54.58%
All Facilities	53	193	179	23	43.15%	22	40.96%	25	47.74%

¹ Data Sources: SWMS Facilities, July to September 2022.

² "Cases" include service counts in the reporting period of SWMS events tied to admissions, open active cases, and discharges by facility and month. "Clients Served" include unduplicated counts of individuals served in SWMS in the reporting period, by facility and month. The "All Facilities" count of "Clients Served" is an overall unduplicated figure; as such, the counts of "Clients Served" by Facility will not sum to the "All Facilities" count of "Clients Served."

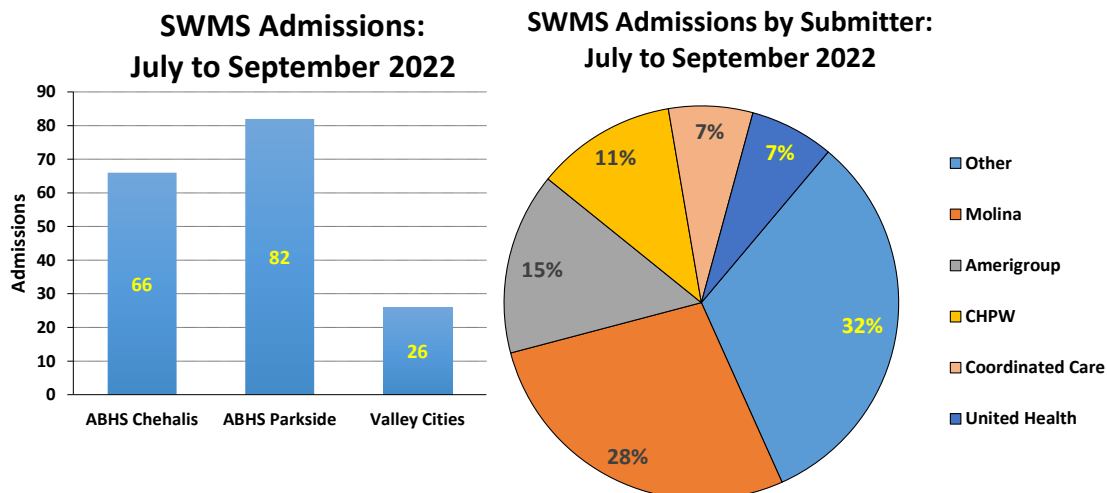
³ The facility monthly ADC is calculated by dividing the number of bed days by facility (i.e., the total days in a month in which clients were occupying a bed) by the number of active days by facility (i.e., the number of days in a month within which one or more individuals comprised the daily census). The total monthly ADC is a rounded sum of the facility monthly ADCs

⁴ In the TARGET era and the BHO era, discharge days for inpatient and withdrawal management services were counted as a service day. However, upon consultation with HCA staff in February 2022, there was consensus regarding the omission of the discharge date from the treatment/service episode, when calculating the length of stay for said episode. This decision rule is used when calculating SWMS bed days and the facility monthly ADCs.

⁵ The bed utilization rate (expressed as "% Capacity") is calculated by dividing the facility monthly ADC by each facility's capacity; and by dividing the total monthly ADC by the composite total capacity of all participating facilities. The rate is rounded to the next one-hundredth of a percentage point, for purposes of illustration for the ADC table.

Admissions

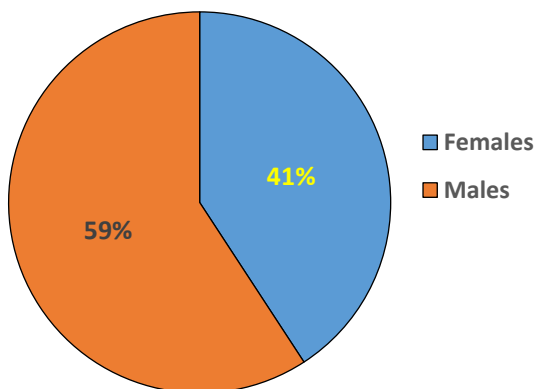
There were **174 admissions** to SWMS between July 1 and September 30, 2022. **Clients enrolled via Molina Healthcare** comprised the single submitter with the highest percentage of admissions (**28%**)⁶ to SWMS during the reporting period.



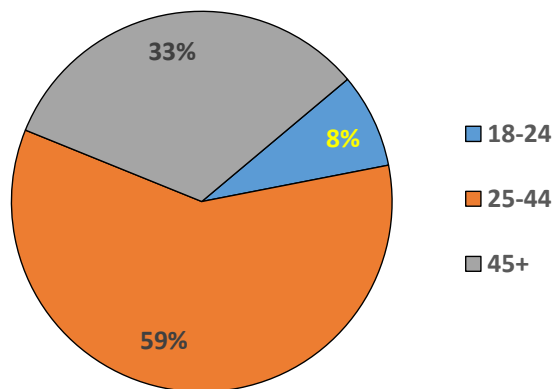
"Other" includes: "Other Plan_BHO_Need" (Beacon, Blue Cross/Blue Shield, Cigna, Great Rivers BH, Greater Columbia, Kaiser, King County BH, Premera, Providence, Regence, Salish, Spokane, Thurston-Mason, and UMR); and "Other" (Medicaid, Medicare, Native [American client], and Not Reported/Unknown).

Admissions vary by gender⁷ and age grouping (all adults). **Males (59%)**, and **persons ages 25-44 (59%)**⁸ comprised most admissions during the reporting period.

SWMS Admissions by Gender: July to September 2022



SWMS Admissions by Age Group: July to September 2022



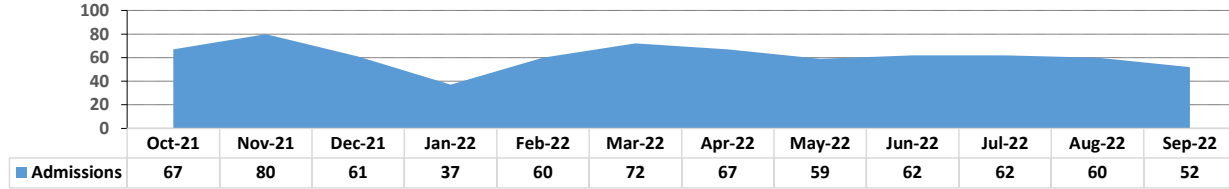
⁶ Percentages are rounded upward to the nearest integer. As such, figures may not sum to 100 percent.

⁷ Indicates a person's self-identified gender.

⁸ The age groups "45-64" and "65+" were combined for the "SWMS Admissions by Age Group" chart, to avert data suppression.

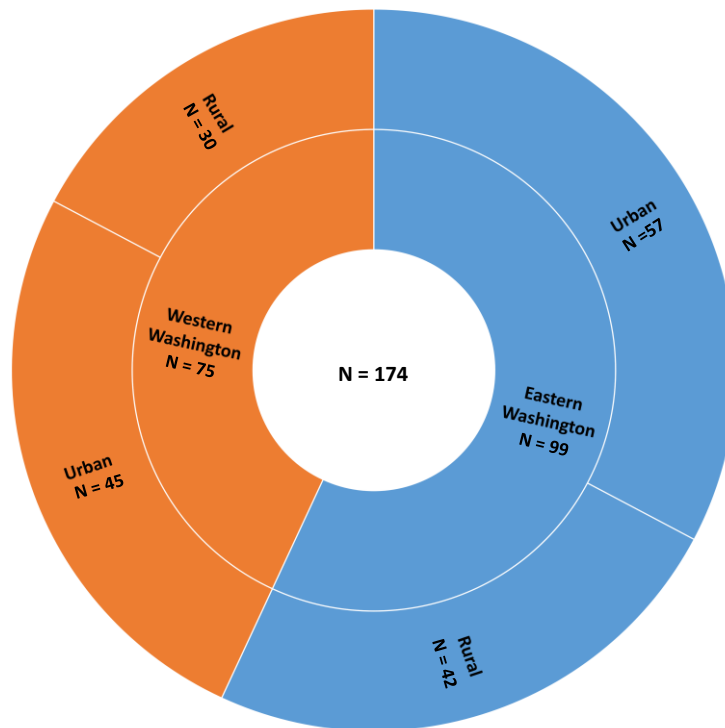
The average count of admissions during **July-September 2022 (58.0)** was a **net 7.6 percent lower** than the average count of admissions in the **preceding 9-month period (62.8)**.

SWMS Admissions: October 2021 to September 2022



Admissions to SWMS varied by **rural v. urban counties of detention⁹**, and by the geographic area (Eastern Washington at **57%**, and Western Washington at **43%**). Admissions from **urban counties of detention outnumbered admissions from rural counties (59% [urban] v. 41% [rural])**.

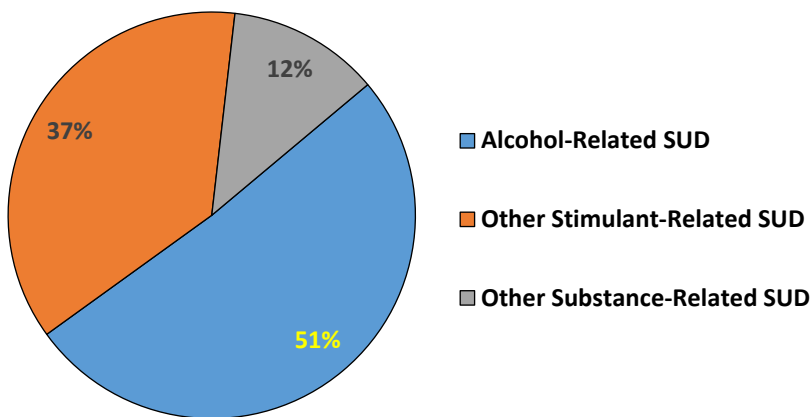
SWMS Admissions: July to September 2022
Eastern Washington and Western Washington
Urban and Rural Counties



⁹ Rural counties with admissions during the reporting period include Chelan, Clallam, Grant, Grays Harbor, Island, Jefferson, Kittitas, Klickitat, Lewis, Okanogan, Pacific, Pend Oreille, Skagit, Stevens, Walla Walla, and Yakima counties. Urban counties with admissions during the reporting period include Benton, Clark, King, Kitsap, Pierce, Snohomish, Spokane, Thurston, and Whatcom counties. **Source (Rural/Urban County Flags):** Washington Department of Health, based on population data from Washington State Office of Financial Management, April 2017 (DOH 609-003).

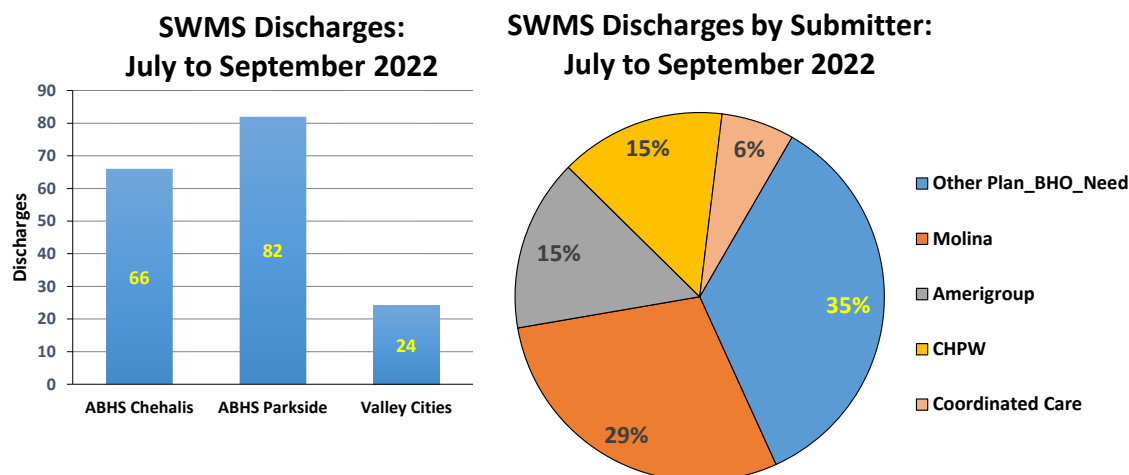
Admissions whereby clients presented with **Alcohol-Related SUD diagnoses**¹⁰ comprised the majority (51%) of SWMS admissions during the reporting period.

SWMS Admissions by SUD Diagnostic Group: July to September 2022



Discharges

There were **172 discharges** from SWMS between July 1 and September 30, 2022. **Clients enrolled via Molina Healthcare** comprised the single submitter with the highest percentage of discharges (29%)¹¹ from SWMS during the reporting period.

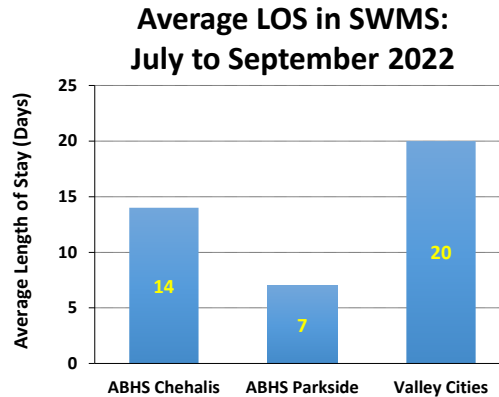


"Other" includes: "Other Plan_BHO_Need" (Beacon, Blue Cross/Blue Shield, Great Rivers BH, Greater Columbia, Kaiser, King County BH, Premera, Providence, Regence, Salish, Spokane, Thurston-Mason, United Health Care, and UMR); and "Other" (Medicaid, Native [American client], and Not Reported/Unknown).

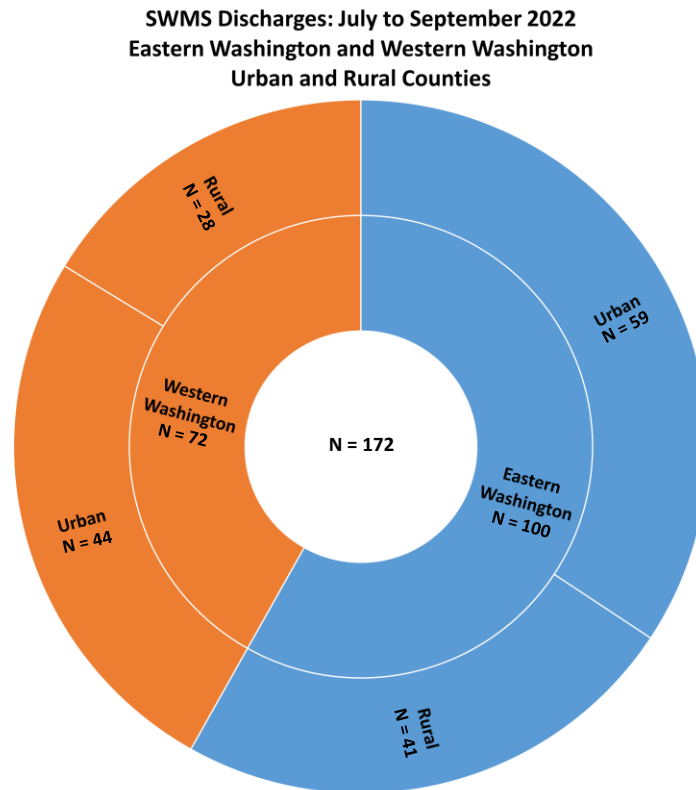
¹⁰ SUD Diagnostic Groups are comprised of ICD-10 diagnoses that signify substance use, abuse, or dependence. "Other Stimulant-Related SUD" is synonymous with use, abuse, or dependence of amphetamines, methamphetamine, other psychostimulants (i.e., therapeutics such as mixed amphetamine [e.g., Adderall], methylphenidate [e.g., Ritalin], or modafinil [e.g., Provigil]), and caffeine. "Other Substance-Related SUD" includes diagnoses of substance use, abuse, or dependence related to cannabis, opioids, or to sedatives/hypnotics/anxiolytics.

¹¹ Percentages are rounded upward to the nearest integer. As such, figures may not sum to 100 percent.

The overall **average length of stay (LOS)** was **11 days**, which has **moderated over time**. The LOS measured during the reporting period varied by facility.



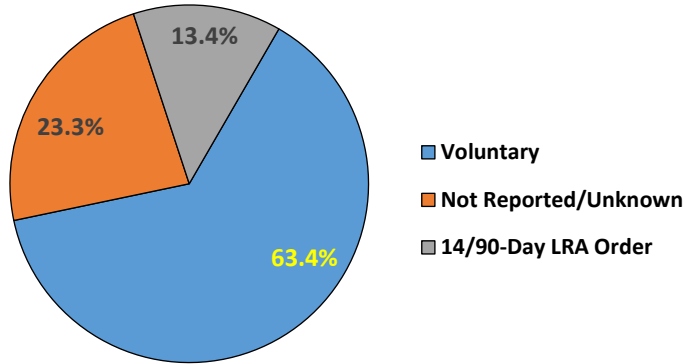
Discharges from SWMS varied by **rural v. urban counties of detention**¹², and by the geographic area. Counties of detention located in **Eastern Washington** comprised the majority (**58%**) of SWMS discharges during the reporting period. Discharges from **urban counties of detention outnumbered admissions from rural counties (60% [urban] v. 40% [rural])**.



¹² Rural counties with discharges during the reporting period include Chelan, Clallam, Cowlitz, Franklin, Grant, Grays Harbor, Island, Jefferson, Kittitas, Klickitat, Lewis, Okanogan, Pacific, Pend Oreille, Skagit, Stevens, Walla Walla, and Yakima counties. Urban counties with discharges during the reporting period include Benton, Clark, King, Kitsap, Pierce, Snohomish, Spokane, Thurston, and Whatcom counties. **Source (Rural/Urban County Flags):** Washington Department of Health, based on population data from Washington State Office of Financial Management, April 2017 (DOH 609-003).

The majority (**63%**) of SWMS discharges had “**Voluntary**” as the **Legal Status**^{13 14} at the point of discharge.

SWMS Discharges by Legal Status



¹³ “Other” (Legal Status) includes 14-Day and 90-Day Order(s), Conditional Release(s), and Custody Transfer(s).

¹⁴ Percentages are rounded upward to the nearest tenth of a percentage point. As such, figures may not sum to 100 percent.