

# Substance Use Recovery Services Advisory Committee Meeting Notes

March 4, 2024, 9:00-11:00 PST

Meeting Recording: [Substance Abuse Recovery Services Advisory Committee - YouTube](#)

## HCA Executive & Administrative Support

<input type="checkbox"/>	Jason McGill, Executive Co-Sponsor	<input checked="" type="checkbox"/>	Tony Walton, 5476 Project Manager	<input type="checkbox"/>	Hailee Fuller, Admin Assistant
<input checked="" type="checkbox"/>	Michelle Martinez, Administrator	<input checked="" type="checkbox"/>	Brianna Peterson, Plan Writer	<input checked="" type="checkbox"/>	Rachel Downs, Admin Assistant
<input checked="" type="checkbox"/>	Blake Ellison, Meeting Facilitator	<input checked="" type="checkbox"/>	Alex Sheehan	<input checked="" type="checkbox"/>	Tim Candela
<input checked="" type="checkbox"/>	Sarah Melfi-Klein				

## Committee Members (28)

<input checked="" type="checkbox"/>	Michael Langer	<input checked="" type="checkbox"/>	Amber Cope	<input type="checkbox"/>	Donnell Tanksley
<input type="checkbox"/>	Amber Leaders	<input checked="" type="checkbox"/>	Brandie Flood	<input checked="" type="checkbox"/>	Malika Lamont
<input type="checkbox"/>	Sen. Manka Dhingra	<input checked="" type="checkbox"/>	Stormy Howell	<input checked="" type="checkbox"/>	Addy Adwell
<input type="checkbox"/>	Sen. John Braun	<input checked="" type="checkbox"/>	Chad Enright	<input checked="" type="checkbox"/>	Kevin Ballard
<input type="checkbox"/>	Rep. Lauren Davis	<input checked="" type="checkbox"/>	John Hayden	<input checked="" type="checkbox"/>	Hunter McKim
<input type="checkbox"/>	Rep. Dan Griffey	<input checked="" type="checkbox"/>	Niki Lewis	<input type="checkbox"/>	Kurtis Klingenberg
<input checked="" type="checkbox"/>	Caleb Banta-Green	<input type="checkbox"/>	Sherri Candelario		
<input checked="" type="checkbox"/>	Don Julian Saucier	<input checked="" type="checkbox"/>	James Tillett		<b>Alternates / Optional Attendees:</b>
<input type="checkbox"/>	Chenell Wolfe	<input checked="" type="checkbox"/>	Christine Lynch	<input type="checkbox"/>	Rep. Jamila Taylor
<input checked="" type="checkbox"/>	Alexie Orr	<input checked="" type="checkbox"/>	Sarah Gillard	<input type="checkbox"/>	Rep. Gina Mosbrucker

## Meeting Attachments

- Meeting Agenda
- Recovery Navigator Program (RNP) Report/Dashboard Review – Q3 & Q4 2023 Presentation

## Public Comment

- No public comment from attendees.

## Walk-on Item Requests

- A SURSAC member wanted to speak about the current status [Engrossed Second Substitute Senate Bill 6109 – Supporting Children and families.](#)

## Recovery Navigator Program (RNP) Report/Dashboard Review – Q3 & Q4 2023

**Brianna Peterson**, Technical Plan Writer and Report Administrator with Washington Health Care Authority, shared a presentation on Q3 & Q4 2023 data for Recovery Navigator Program (RNP) to include:

- **Updated timeline for reporting schedules for the 2024 RNP data dashboards**
- **Referral & Outreach Data – Q3 2023**
  - 3,197 estimated unduplicated clients
  - 6,582 unduplicated encounters
  - 777 law enforcement referrals
  - 81% of encounters had response within 15 minutes
  - 223 enrolled in intensive case management
  - 574 enrolled in light case management
- **Case Management Data – Q3 2023**
  - 13,769 case management events
  - 1,954 estimated unduplicated clients
  - 4,590 contingency management-style encounters
- **Referral & Outreach Data – Q4 2023**
  - 2,923 estimated unduplicated clients
  - 5,799 unduplicated encounters
  - 650 law enforcement referrals
  - 69% of encounters had response within 15 minutes
  - 294 enrolled in intensive case management
  - 415 enrolled in light case management
- **Case Management Data – Q4 2023**
  - 13,526 case management events
  - 2,036 estimated unduplicated clients
  - 4,091 contingency management-style encounters
- **Comparing Outreach and Referral to Case Management Demographic Collection**

## Questions and Comments for Brianna Peterson RE: Recovery Navigator Program (RNP) Report/Dashboard Review – Q3 & Q4 2023

### **Q: How can one get involved in RNP field work to help potentially increase numbers?**

A: The easiest way to find out is to get in touch with the local RNP teams serving interested parties' geographic regions. Those can be found here: [Recovery Navigator Providers in Washington State](#)

### **Q: What is classified as a 'response'?**

A: The response by an RNP Navigator to a client referral.

### **Q: Can you please explain why this number (1,954) is different from the number "enrolled in light CM" and "enrolled in intensive CM" on the previous slides?**

A: those numbers from the prior slide were referring to the "Referral and Outreach" data, while the 1954 number is for 'case management'. The number listed on the case management tab also includes individuals who had previously been referred, along with any recent referrals (as listed on the R&O numbers), so the number listed on the CM tab should consistently be larger.

### **Comments:**

- An individual cited that currently the data is showing as R&O being 42% white and case management at 64% white, and the data would be much stronger looking at it from an equity perspective. It is probably a data reporting issue with the 'unknown' being better known under the case management tab, but if there is a way to reverse engineer the information from case management, you can understand what the 'unknown' look like and how they are reported.

## **Recovery Navigator Program (RNP) Success Stories – Spokane County**

**Darin Christensen**, RNP Manager with Pioneer Human Services, Spokane County, shared that they would be sharing a Success Story and some of the successes and challenges with the local program within the Spokane region.

- He shared that their current team, coupled with partnerships with other organizations has brought them a lot of success. Through partnering with other organizations, they can build a roadmap of resources around the local area to assist individuals. Additionally, the passion of the members of their teams has brought a lot of hope to those they serve. They are working together to stay apprised of different programs, opportunities for new programs, and available bed space, which are just a few things that makes their program so successful. Challenges have included (which was cited as fairly common for other providers) not having enough detox bed space, especially the lack of inpatient bed space for women in the community. There are efforts to expand on the number of beds and to make navigating them easier to get to, but it remains difficult when the need is so high that it becomes another barrier for success of those working hard to move forward. A second challenge has been the number of officers utilizing law enforcement referral mechanisms and they are working on establishing more partnerships. Overall, the Spokane County RNP program is highly successful.

**Sarah Deviny**, RNP Program Participants shared her story with SURSAC meeting attendees.

- She was raised in a fairly normal family but had family struggling with alcohol and drug use. She acquired her certification as a Licensed Practical Nurse (LPN) and worked as a certified medical

assistant for seventeen years. She soon fell into addiction following her son's diagnosis with diabetes and her child's father passing way. She received a criminal charge, then went to the Seattle/Tacoma area and was using drugs. She went back to Spokane, WA, went to jail for a significant amount of time and participated in the [Department of Corrections Family Offender Sentencing Alternative \(FOSA\) Program](#). After graduating treatment, she decided to live in Oxford housing while on probation. She began participating in Recovery Navigator Program and worked with Pioneer Human Services, attending their Roadmap to Success program. She went on to obtain her Certified Peer Counselor (CPC) and is going on to do three years of sobriety. She is able to utilize her lived experience to assist and reach others that are going through the struggles she had. She is in a place of hope and stability in her life and gives a lot of credit to the programs that supported her. Sarah is currently a Peer Navigator for the Recovery Navigator team in Spokane.

### Questions and Comments for Spokane County RNP Team RE: Success Stories & Challenges

**Q: Can you speak about the capacity in the City of Spokane to meet the needs of clients? How do you go about expanding your services to others?**

A: Having the understanding and life experience to connect and relate to clients to understand the directions they may need to go is important. Having the connections and resources to help them navigate these difficult times is important for the program but the clients as well. Doing this has allowed clients to feel comfortable sharing about their experiences with RNP, which has led to more clientele being served. For example, Sarah received a call the day prior from an individual who was recommended to her via another client. Intentionality in reputation is very important to building that trust to be able to meet the unique needs of their clientele. Trust building is the most important thing we can do when serving program participants.

#### **Comments:**

- A SURSAC member thanked Darin and Sarah for being in their program and setting an example of the power of RNP.

## **Naloxone and Overdose Prevention Educational Campaigns**

**Chantel Wong**, Washington State Department of Health, shared a presentation on the [Prevent Overdose WA](#) campaign. The presentation included:

- Six Phases of Research Informed Campaign Development
  - Secondary Research
  - Partner Interviews
  - Focus/Message Testing
  - Concept Testing
  - Survey: Stigma & Behaviors
  - Ad Recall & Awareness
- Behavior & Audience Selection
- Campaign Assets (Available in English & Spanish)
- Results
  - 98% increase in naloxone orders (in 13 focus counties)
  - 14% increase in naloxone awareness

- 500K social media engagements
- 23.4 million completed video views
- 188K website visits
- Ad recall highest amount priority audiences

**Melissa Thoenke** and **Anne Paulsen**, Washington State Health Care Authority, shared a presentation on different resources and campaigns related to preventing opioid misuse and overdose. The presentation included:

- [Friends For Life](#)
  - Program Goals including illicit fentanyl education, overdose prevention, naloxone awareness, and harm reduction
  - Campaign Outcomes
    - Ads resulted in 65 million impressions
    - 172K+ website visitors
    - 1,300 downloads of materials (English and Spanish)
    - Materials shared locally in 21/39 Washington Counties
    - All 37 syringe service programs (SSP's) received harm reduction education materials
    - Community partners expressed appreciation of the care-centric and empathetic tone that resonates with their audiences, which led to a high demand of materials in schools, health centers, and school organizations
- [For Our Lives](#)
  - Program Goals including native-centered education, illicit fentanyl information, overdose prevention, naloxone awareness, treatment & recovery, and destigmatization
  - Campaign Outcomes
    - Ads resulted in over 26 million impressions
    - 50K+ website visits throughout 2023
    - Fulfilled 30+ requests for toolkit materials from tribes and organizations serving Native people in Washington State
    - 99 placements in 11 tribally owned print publications directly reaching Native people in Washington State
    - Campaign evaluation research revealed that audiences appreciated the simplicity, authenticity, and thoughtfulness of campaign materials
      - Storytelling approach was received as relatable, effective way to communicate and connect with Native communities
- [Starts With One](#)
  - Program Goals including prescription opioid misuse preventions, safe storage and disposal of opioids, prescriber education, and pharmacy engagement program
  - Campaign Outcomes
    - Ads resulted in 86 million impressions
    - 96,401 website users
    - 3,025 downloads of prevention material (English and Spanish)
    - 14,899 lbs. of medication collected on National Take Back Days

- A post-campaign evaluation survey of Washingtonians found a 50% increase in locking up medication (when compared with previous year)
  - Pharmacy Program
    - Partnerships with 17 pharmacies across 11 counties in Washington
    - 615 locking bags distributed to patients
    - 855 conversations between pharmacists and patients about locking up opioid medications
    - 331 people who pledged to lock up their opioid medications
- Starts With One + Washington State Hospital Association (WSHA)
  - Partnership with WSHA to share provider-focused resources with their members
  - Program Goals including provider education and engagement, responsible prescribing practices, safe and responsible prescription opioid use, and alternative pain management
  - Campaign Outcomes
    - Outreach to 130+ hospitals/hospital systems with campaign information and messaging
    - 52,800 rack cards on responsible opioid use, 52,800 wallet cards on alternative pain management, and 13,200 prescribing best practice guidelines distributed (in English and Spanish) to hospitals across Washington
    - 1,399 users visited online toolkit
    - Pain media effort focused on hospital campuses and clinics resulted in over 8 million impressions
    - 215 kits of educational materials distributed to providers at conferences and events
    - Provider Ambassadors shared about responsible prescribing practices in videos circulated to all WSHA members and through an op-ed in The Olympian

## Walk-on Item Follow-Up

- A SURSAC member wanted to speak about the current status [Engrossed Second Substitute Senate Bill 6109 – Supporting Children and families.](#)
  - The Bill is waiting on Senate President and House Speaker signatures before going to the Governor’s Office.
  - A SURSAC member requested if they can get more than just DCYF perspective on the Bill as there were multiple concerns from community participants and stakeholders. More feedback from organizations such as the Keeping Families Together Coalition could help address concerns. The bill is going to stigmatize those who use drugs and make it easier for children to be taken away. The bill has a lot of implications, including undoing the work of [Engrossed Second Substitute House Bill 1227 – The Keeping Families Together Act.](#)
    - HCA will make contact that there is a request to the HCA DBHR Lead Analyst that there is a request from SURSAC to have a more intentional conversation on this topic.

## Public Comment

- No public comment from attendees.

## Future Agenda Topics Related to Menti Results

- Menti Results showed that individuals would like to discuss 2E2SSB 5536.
  - It was suggested by a SURSAC member to invite discussion from local jurisdictions impacted by this bill as this will impact syringe exchange and rural areas. They should also invite Commissioners who are supporting this so it can be better understood and to also provide an opportunity to be better educated on the potential impacts of the bill.
    - Members who have examples of local communities being impacted can let HCA know.

## Next Steps

1. Michelle will send out the next SURSAC agenda prior to the April 2024 Meeting.