

# Housing and recovery through peer services (HARPS)



# Research shows a connection between inpatient treatment and homelessness

Within one year of discharge from a psychiatric hospital nearly 30% of individuals become homeless

Within one year of discharge from an inpatient SUD Treatment facility nearly 50% of individuals become homeless

Homelessness exacerbates mental health symptoms and substance use

# What does the HARPS program do?

Subsidies to get housing (security deposits, rent, background screenings.)

Supportive Housing Services, including peer support, to maintain housing.

Landlord outreach.

Individual housing & tenancy sustaining Services.

Housing related collaborative activities.

# HARPS Eligibility Requirements

Individuals who experience behavioral health disorders (either a mental health disorder, substance use disorder, or both) and who demonstrate a medical necessity for inpatient behavioral health services or

Individuals who are discharging from an inpatient behavioral health setting homeless or

Individuals who at risk of entering an inpatient behavioral health facility

Homelessness includes a broad definition of unstably housed (includes couch surfing)

# HARPS Objective:

Prevents homelessness for individuals leaving inpatient treatment settings

- Read the RDA Report

Offers housing services including peer support.

# HARPS Current Locations and Providers 2023

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- ▶ Salish BHASO
- ▶ Spokane BHASO (Provider)
- ▶ King County BHASO
- ▶ Greater Lakes Mental Health Care
- ▶ North Sound BHASO
- ▶ Great Rivers BHASO
- ▶ Greater Columbia BHASO
- ▶ Consumer Voices Are Born
- ▶ Catholic Charities
- ▶ Thurston-Mason BHASO

# For more information

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[HARPS Fact Sheet](#)

