

Single Bed Certification and no bed report (SBC) quarterly update

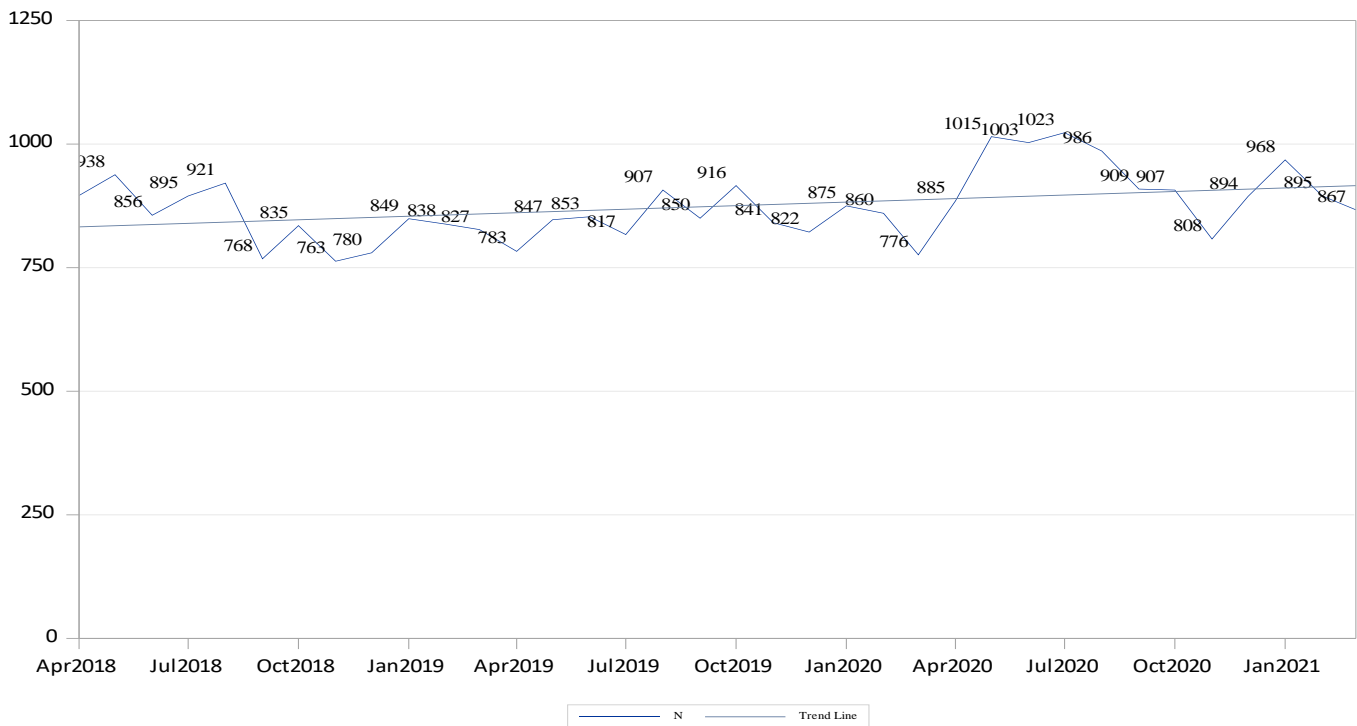
Quarter 1, 2021

General

A Single Bed Certification (SBC) allows a person to be detained under the mental health criteria of the Involuntary Treatment Act when there are no available certified Evaluation and Treatment (E&T) facility beds. The detained person is able to temporarily receive involuntary inpatient mental health treatment services from a licensed facility that is not currently certified as an E&T facility for up to 30 days, under WAC 182-300-0100. Behavioral Health Administrative Support Organization (BH-ASO) or its designee (Designated Crisis Responder) must submit a written request for the SBC to the local state hospital. The SBC rule requires the facility named in the SBC be willing and able to provide timely and appropriate mental health treatment in order to not be considered boarding; which was found to be a violation of a person’s civil liberties in the Supreme Court decision, *In re detention DW et al.*

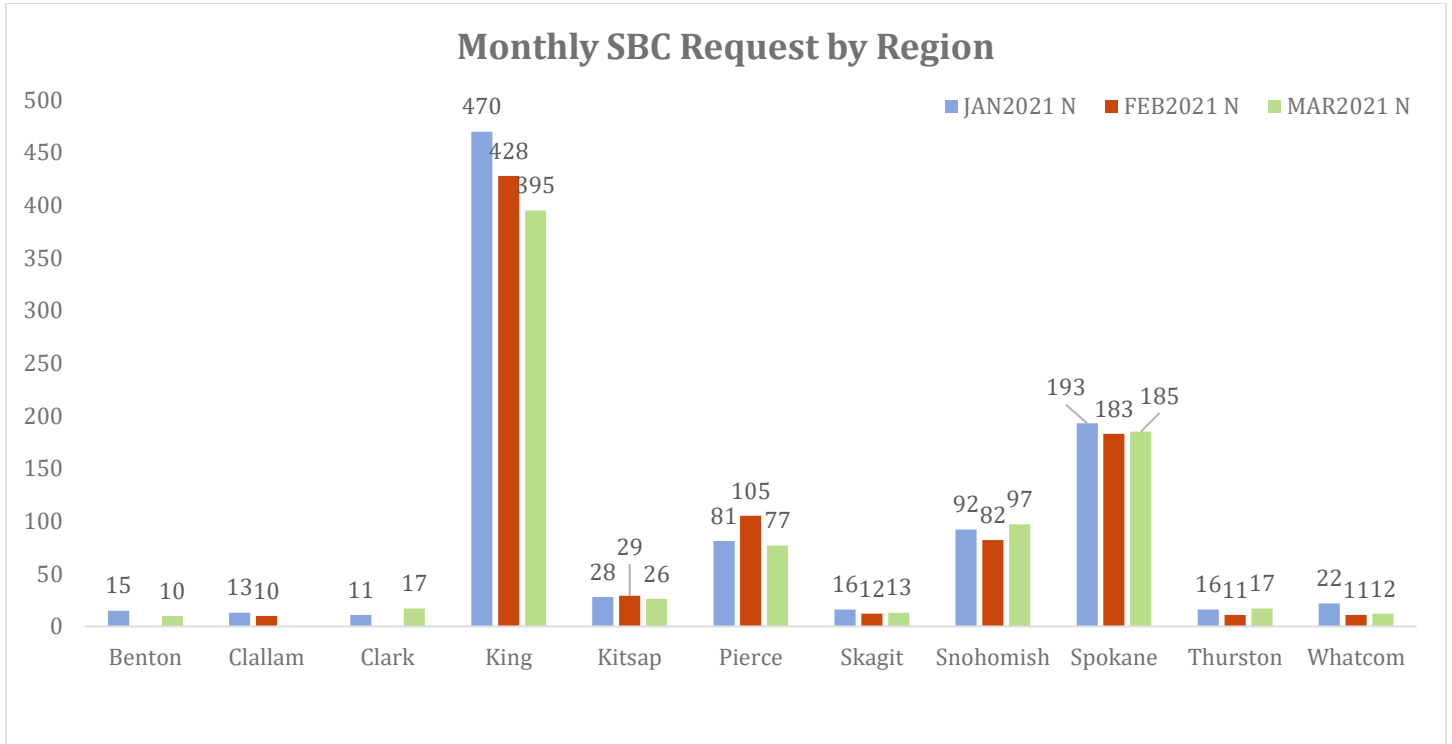
Monthly SBC count

Monthly SBC Count, Last Three Years



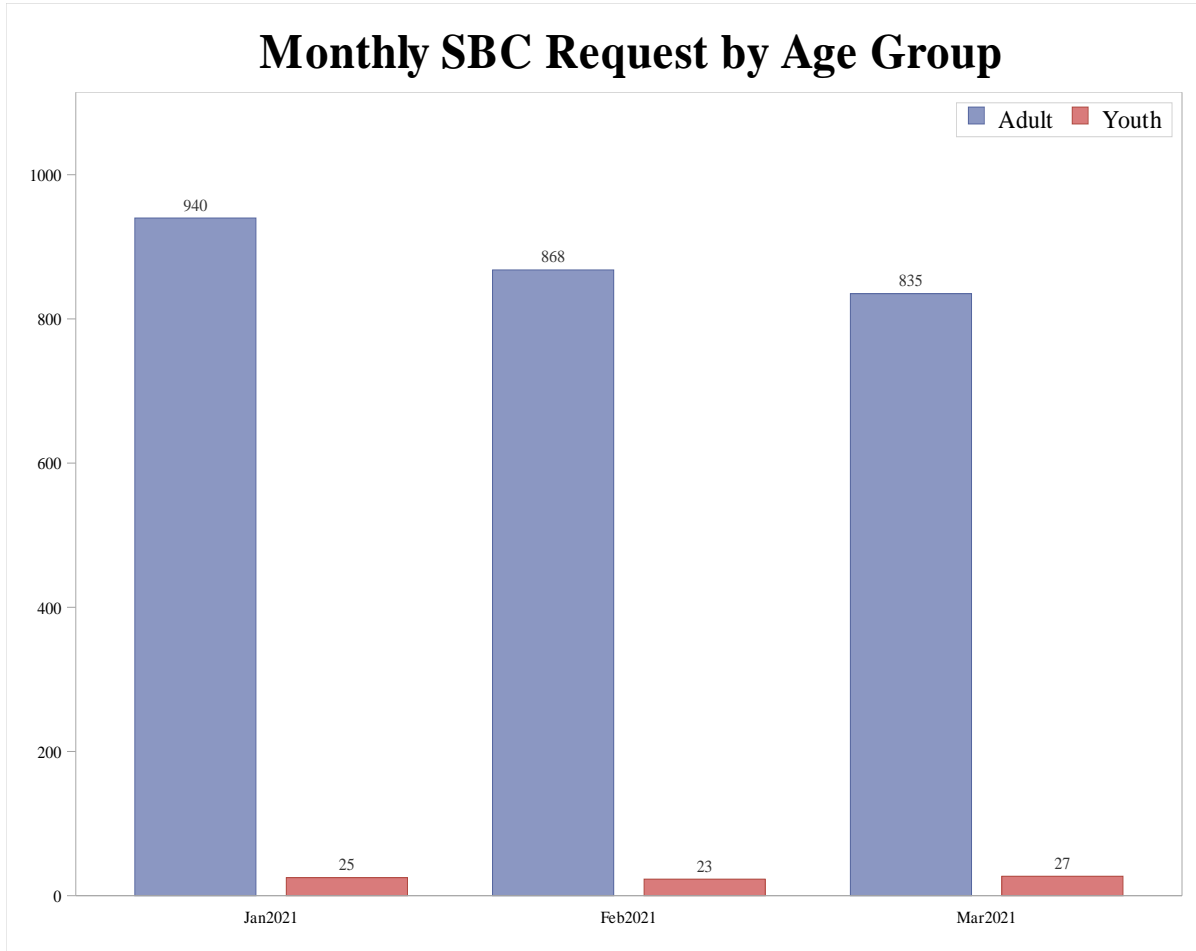
First quarter use of SBC

The use of SBC continues to rise. However, in the past couple of years there has been a leveling off of the growth of SBC used across the state each month. As a direct result of the practice in King County of using SBC for all detentions, King County continues to use significantly more SBCs than any other region. All data identifying fewer than 10 individuals in any given county has been removed to meet privacy standards.



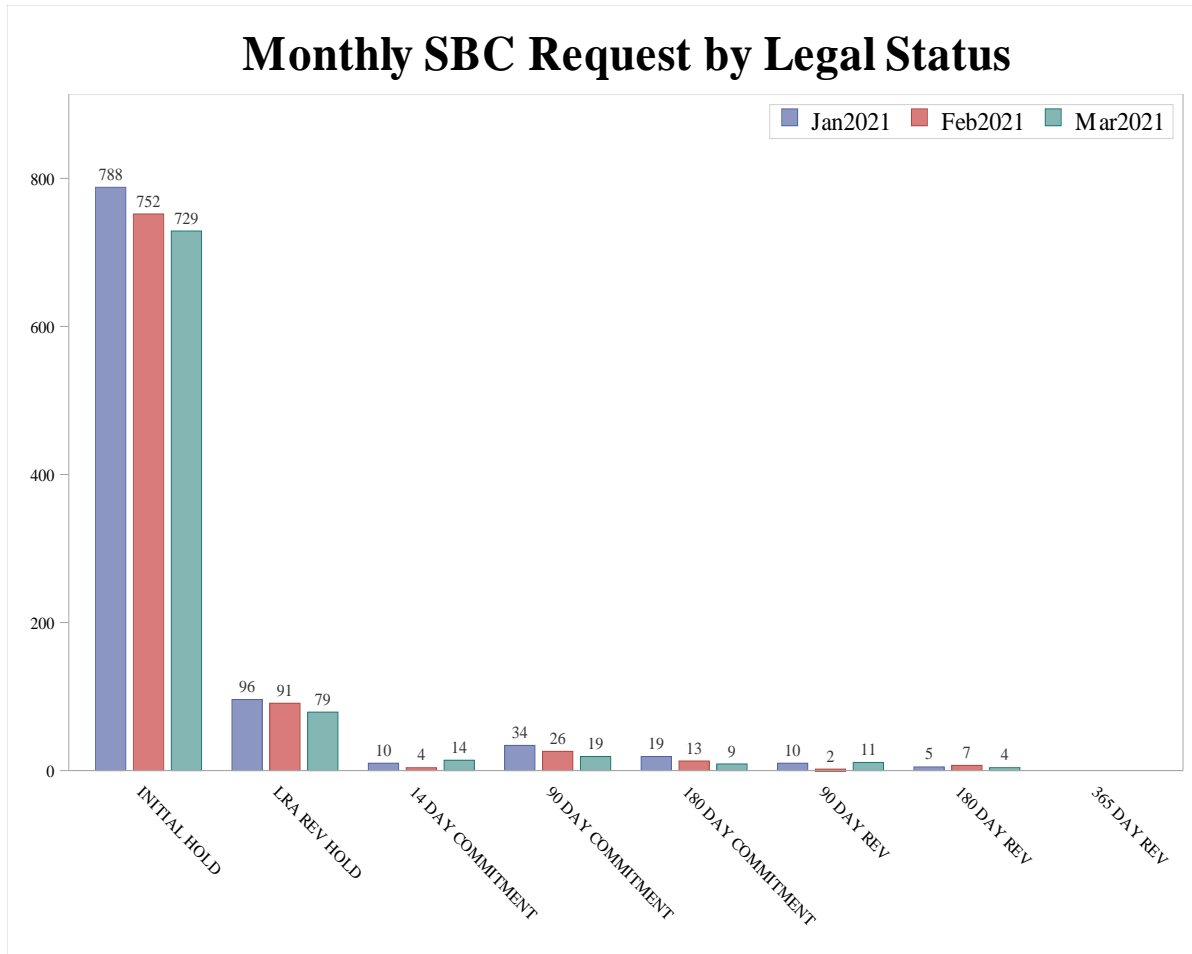
SBCs by adult and youth for the first quarter 2021

The use of SBCs by adults has seen a slight decline, while youth remained about the same throughout the first quarter.



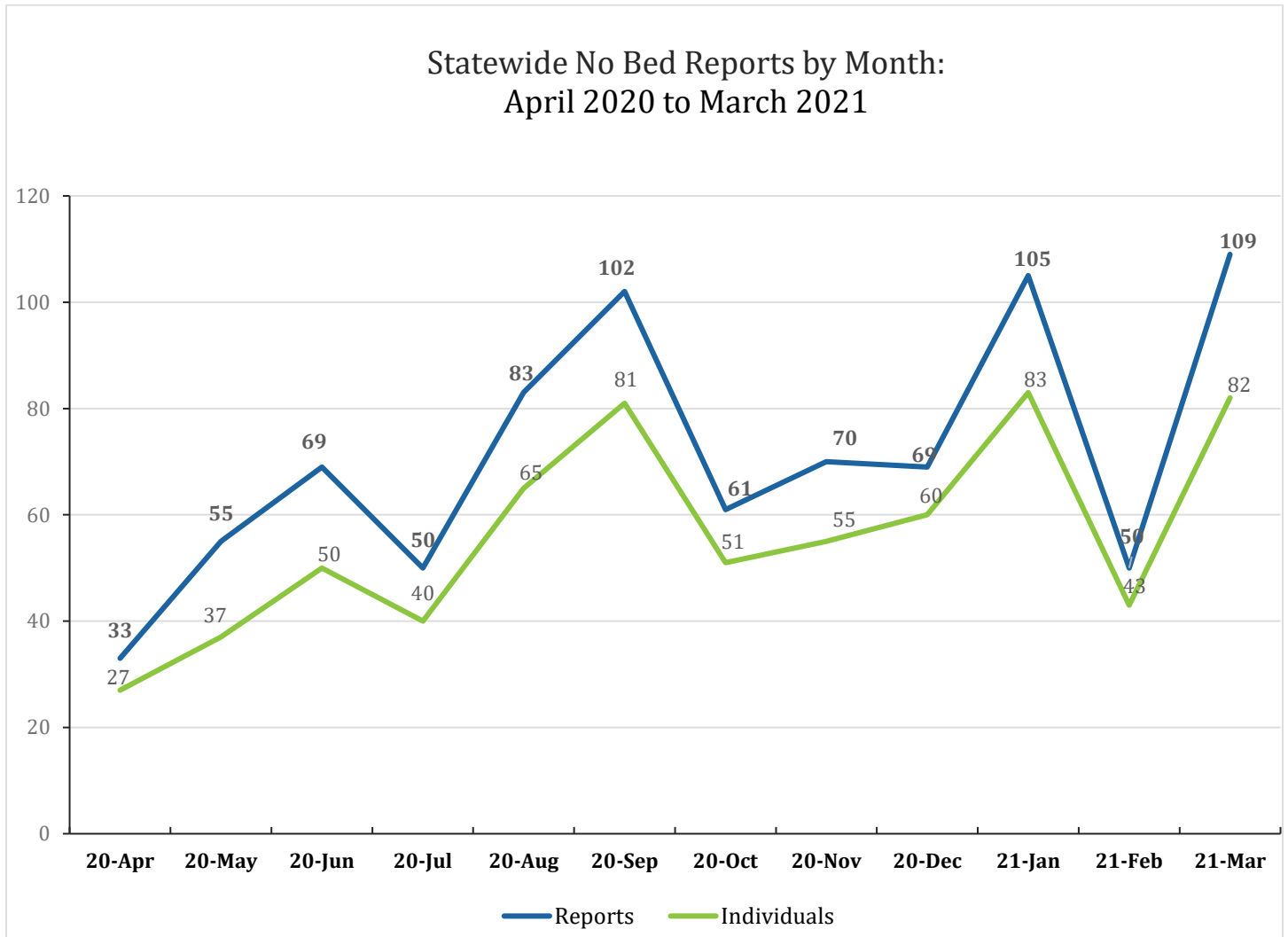
First quarter SBC use by legal criteria statewide

SBCs are also used when an E&T facility is unable to transfer its patient with an order for 90 or 180 days more restrictive involuntary treatment to one of the state hospitals. The SBC allows the E&T facility to provide long-term involuntary treatment temporarily. As proportionally consistent, most of the SBCs are for 90-day commitment orders for involuntary inpatient treatment.



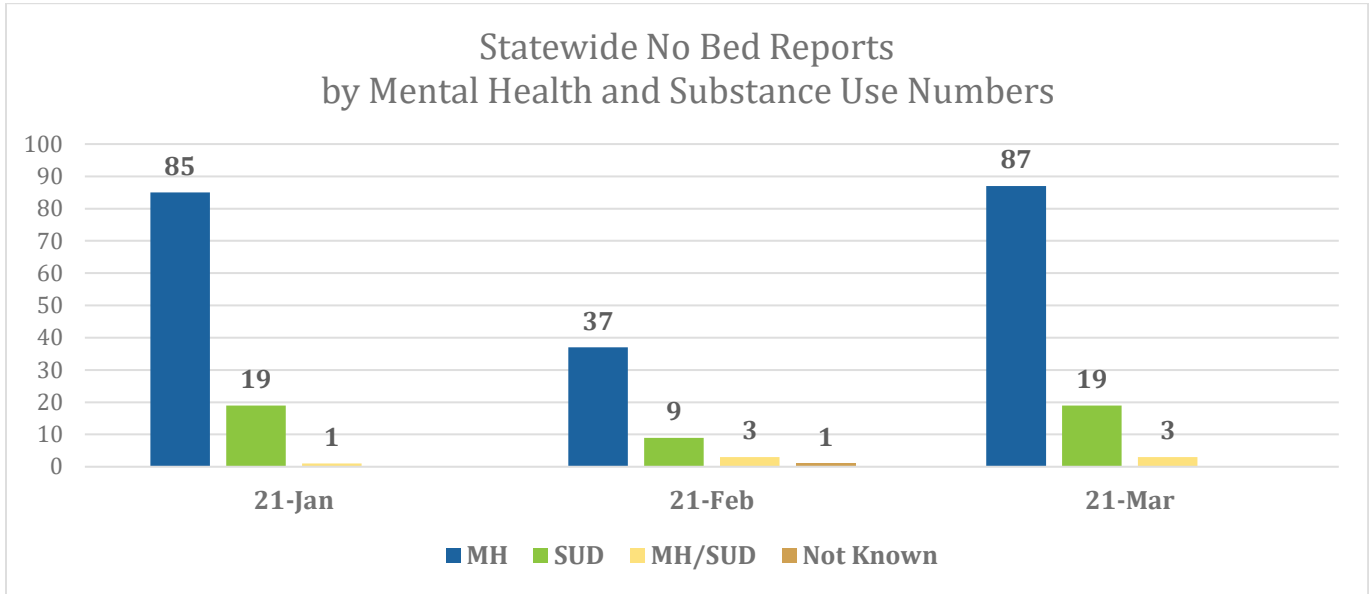
Unavailable detention facility reports

When a Designated Crisis Responder determines a person meets criteria for involuntary inpatient treatment due to a mental disorder or a substance use disorder, but is unable to detain the person at risk due to the lack of an available bed at an E&T facility or a Secure Withdrawal Management and Stabilization facility, and the person cannot be served by the use of SBC, the Designated Crisis Responder is required to make a report to the authority within 24 hours stating they were unable to detain the person due to the lack of a certified involuntary inpatient treatment bed.



Statewide no bed reports by mental health and substance use numbers

In the first quarter of 2021 there were 54 no bed reports for substance use and 209 no bed reports for mental health. This is a substantial increase over any previous quarter.



No bed reports by county

There was an increase in Chelan, Lewis and Thurston counties of NBRs in the first quarter of 2021. All data identifying fewer than 10 individuals in any given county has been removed to meet privacy standards.

