

Washington State Shared Decision Making Workshop

Speaker Biographies

Dan Matlock, MD, MPH, University of Colorado

Dr. Matlock is the Director of the Colorado Program for Patient Centered Decisions at ACCORDS (The Adult and Child Consortium for Outcomes Research and Delivery Science). He is board certified in Internal Medicine, Geriatrics, and Palliative care. His research is aimed at fundamentally changing and improving how patients make decisions around invasive cardiovascular technologies. He has been funded under an NIH career development award, several NHLBI, NIA, and NCI RO1s (two Co-I, one PI), and four PCORI projects studying shared decision making among older adults making decisions around invasive technologies. He has participated in the American College of Cardiology's shared decision making task force and he is also an active participant of the International Patient Decision Aid Standards writing committee. Recently, he has also been named Director of Implementation Research for the Denver Veterans Affairs Geriatric Research, Education, and Clinical Center.

Randy Moseley, MD, Confluence Health (Retired)

Randal Moseley received his M.D. from the University of Washington, and completed his internal medicine residency at the University of Utah. He is board certified in internal medicine, with added qualifications in geriatrics. His practice experience includes ambulatory general internal medicine, geriatrics, and hospital medicine. He is the founder of the Confluence Health hospitalist service and recently retired as the Medical Director of Patient Safety and Risk for the organization. He has long been active in promotion of shared decision making within Confluence and chaired the workgroup that created their patient decision aids for screening mammography choices. These decision aids were certified by the Health Care Authority. He was an active contributor in work by the Bree Collaborative creating their 2019 statement on Shared Decision Making.

Sarah Munro, PhD, UW

Dr. Sarah Munro is an implementation scientist whose work intersects sexual and reproductive health, health policy, and shared decision making. Dr. Munro completed her PhD in health services research at the University of British Columbia and postdoctoral fellowship in shared decision making with The Dartmouth Institute. She recently joined the University of Washington as an Assistant Professor with the Department of Health Systems and Population Health in the School of Public Health. Working closely with patient partners and policy makers, Dr. Munro leads a program of cross-national research investigating how to embed evidence-based interventions in routine sexual and reproductive healthcare. Her research is supported by the Canadian Institutes of Health Research, Health Canada, and Michael Smith Health Research BC.

Maureen Oscadal, RN, Harborview Medical Center

Maureen Oscadal, RN, BSN, AMB-BC, CARN Pronouns: She/her Maureen Oscadal is a Nurse Care Manager with the Office Based Opioid Treatment program at the University of Washington Harborview Medical Center in the Adult Medicine Clinic. She also works with the University of Washington Addiction, Drug & Alcohol Institute's State Opioid Response training team as a Nurse Care Manager Trainer for sites in Washington that offer medication for opioid use disorder using collaborative care. She completed a Bachelor of Science in Nursing and is a board-certified Ambulatory Care and Addiction Registered Nurse. Maureen has 10 years of experience working in primary care and over 14 years of experience practicing harm reduction and trauma-informed care.

Heather Schultz, MD, MHA, Washington State Health Care Authority

Dr. Heather Schultz is the Associate Medical Director for Employee and Retiree Benefits at the Washington Health Care Authority. Dr. Schultz is board certified in general pediatrics and pediatric hospital medicine. She began her post-residency clinical career working at a community health center in California before moving to Washington in 2005 where she worked as a pediatric hospitalist first in Everett and then Tacoma through 2019. Prior to joining HCA in 2023, Dr. Schultz served as medical director of utilization management of pediatric and adult hospital care for a Washington healthcare system. Dr. Schultz received her MD from Cornell University Medical College and her MHA from University of Washington.

Leigh Simmons, MD, Massachusetts General Hospital/Harvard Medical School

Leigh Simmons, MD, is an internal medicine physician at Massachusetts General Hospital and assistant professor of medicine at Harvard Medical School. She is the Medical Director of the MGH Health Decision Sciences Center where she studies the use of decision aids to help patients and clinicians in the shared decision making process. Dr. Simmons develops and conducts training of physicians and staff in communication skills focused on improving decision making with patients. Her clinical practice is with the Internal Medicine Associates at Massachusetts General Hospital. In addition to her clinical and research interests, Dr. Simmons is a medical student educator and directs the internal medicine clerkship for Harvard Medical School students at Massachusetts General Hospital.

Dawn Stacey, RN, PhD, FRSC, FAAN, FCAHC, FCAN, University of Ottawa

Dawn Stacey RN, PhD, FRSC, FAAN, FCAHC, FCAN is the Vice-Dean of Research in the Faculty of Health Sciences at the University of Ottawa. She holds a Research Chair in Knowledge Translation to Patients and is a Distinguished University Professor in the School of Nursing. She is a Senior Scientist and co-scientific director of the Patient Decision Aids Research Group at the Ottawa Hospital Research Institute. She leads the Cochrane Review of Patient Decision Aids, co-chairs of the Steering Committee for the International Patient Decision Aid Standards Collaboration (IPDAS) and collaborates on the Cochrane Reviews of Decision Coaching and Interventions for Increasing the Use of Shared Decision Making. For more information: <https://decisionaid.ohri.ca>.

Karen Sepucha, PhD, Massachusetts General Hospital

Dr. Sepucha is the director of the Health Decision Sciences Center in the Division of General Internal Medicine at Massachusetts General Hospital (MGH) and an associate professor in Medicine at Harvard Medical School. Her research is focused on helping patients and families become meaningfully involved in significant medical decisions. Dr. Sepucha oversees efforts to promote shared decision making in primary and specialty care at MGH and across MassGeneral Brigham Health Care. In this work, she has overseen the delivery of more than 85,000 patient decision aids and training of more than 1,000 clinicians in shared decision making communication skills. She has led the development of survey instruments to measure the quality of decisions. The decision quality instruments have been used in national surveys of medical decisions and have been adapted for use in national patient experience surveys. Two performance measures based on these surveys have been endorsed by the National Quality Forum (now the Partnership for Quality Measurement). Her recent research has focused on the implementation of decision aids using Learning Collaboratives as well as testing interventions designed to improve the quality of decisions about stopping medical tests and treatments. Dr. Sepucha has been active in local, national and international efforts to improve decision quality, and is on the steering committee of the International Patient Decision Aids Standards collaboration. She has a Ph.D. in Engineering-Economic Systems and Operations Research from Stanford University, with a focus in decision sciences.

Ginny Weir, MPH, Foundation for Healthcare Quality

Ginny Weir, MPH, is the Chief Executive Officer of the Foundation for Health Care Quality, a nonprofit organization dedicated to improving health care quality, equity, and safety through convening, clinical data, and driving best practice. She served as the Director of the Bree Collaborative prior to this role and worked to develop pragmatic, evidence-informed clinical guidelines for 40+ health care services. She received her master's in public health from the University of Washington, School of Public Health and her bachelor's in psychology from the University of California at Berkeley.

Judy Zerzan-Thul, MD, MPH, Washington State Health Care Authority

Dr. Judy Zerzan-Thul is the Chief Medical Officer for the Washington Health Care Authority (HCA) which administers the state's Medicaid program and the state's Employee, School and Retiree Benefits. Dr. Zerzan-Thul is a general internal medicine physician and began her career as an academic researcher at the University of Colorado. Prior to joining HCA in August 2018, Dr. Zerzan-Thul was Chief Medical Officer for the Colorado Department of Health Care Policy and Financing. She is co-chair of the Health Care Payment Learning and Action Network and has held leadership positions in the Medicaid Medical Director's Network and served on a number of national committees. She is currently an adjunct Associate Professor at the University of Washington.

Dr. Zerzan-Thul is a native Oregonian who received her MD degree from Oregon Health and Science University in 1998 and her MPH in Health Policy and Administration from the University of North Carolina in 1999. She completed the Robert Wood Johnson Clinical Scholars Program at the University of Washington/Seattle VA in 2007. She was a 2008-2010 non-residential Health and Aging Policy Fellow in the office of Senator John D. Rockefeller IV of West Virginia working on the Affordable Care Act.