

Washington State Shared Decision Making Workshop Action Plan Template

This template can be used as a guide for your organization as you consider what is needed to implement shared decision making into your infrastructure. Please consider the following questions as you fill in the template:

- Are you currently doing shared decision making in your organization?
 - If yes, where is your organization in the implementation process? For example, is shared decision making built into your current workflow?
 - If not, what needs to change in order to implement shared decision making?
- What are some potential barriers to implementing shared decision making? (Resource: NQP Playbook)
 - What are some possible solutions to overcome those barriers? (Resource: NQP Playbook)
- Who do you need to partner or connect with to help implement shared decision making at your organization?
- What do you need from others to make necessary changes?

Additional information can be found in the [National Quality Partners Playbook: Shared Decision Making in Healthcare](#) and the [Dr. Robert Bree Collaborative Shared Decision Making Report and Recommendations](#).

Shared Decision Making Workshop Action Plan Template

There are many frameworks with which shared decision making can be implemented. All share common components and all start with health system leadership engagement. Leadership engagement is a necessary first step. The workgroup recommends using an established framework for implementing shared decision making.

The [National Quality Partner’s Playbook: Shared Decision Making in Healthcare](#) is a comprehensive, pragmatic framework. The Playbook organizes the process into implementation fundamentals, each which include basic, intermediate, and advanced steps for health care organizations. The six fundamentals include:

- Leadership and culture
- Patient education and engagement
- Healthcare team knowledge and training
- Action and implementation
- Tracking, monitoring, and reporting
- Accountability

Many of the stages of change categories map well onto the basic, intermediate, advanced steps within the playbook. The workgroup suggests applying the playbook as follows:

Stage of Change	Steps	Notes
Contemplation	Review the basic implementation examples for all six fundamentals. Implement the components of examples within basic Leadership and Culture implementation (page 6).	
Preparation	Review the Playbook’s basic to advanced Healthcare Team Knowledge and Training examples (page 12) and implement components of basic Knowledge and Training.	
Action	Review the Playbook’s Fundamental 4: Action and Implementation (page 15) and implement the components basic through advanced.	
Maintenance	Review the Playbook’s basic to advanced Tracking, Monitoring, and Reporting examples (page 18) and implement components under basic through advanced.	