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following meeting

# Prenatal through 5 Relational Health Subgroup

August 17, 2021

Monthly Meeting



# Agenda

- Welcome (5)
- Overview (4)
- Implementation updates (16)
- Refining recommendations (50)
  1. Peer supports
  2. Perinatal services
- Synthesis & Close (10)

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# Breakout - Introductions

*Please say hello and share a sentence or two about What is something happy that has happened in your life recently?*



**Vision:** Washington's children, youth, and young adults have access to high-quality behavioral health care.

**Mission:** Identify barriers to and opportunities for accessing behavioral health services for children, youth and young adults (prenatal to 25 years old) and their families that are accessible, effective, timely, culturally and linguistically relevant, supported by evidence, and incorporate tailored innovations as needed; and to advise the Legislature on statewide behavioral health services and supports for this population.

## **Important Elements of Work Group Charge:**

- Support the unique needs of children and youth (prenatally through age 25), including promoting health and social and emotional development in the context of children's family, community, and culture
- Develop and sustain system improvements to support the 15 behavioral health needs of children and youth

**Racial equity norms** – The P5RHS has spent years addressing issues of racial equity

# P5RHS Calendar

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Date	Actions
June 14	First subgroup report
June 15, 2-3:30	P5RHS meeting <ul style="list-style-type: none"><li>Recap last session &amp; follow-up implementation; Identify potential priorities</li></ul>
July 20, 2-3:30	P5RHS meeting <ul style="list-style-type: none"><li>Issue groups refine prioritized recommendations &amp; P5RHS further refine</li></ul>
August 17, 2-3:30	P5RHS meeting <ul style="list-style-type: none"><li>Issue groups refine prioritized recommendations</li><li>Subgroup members help with outreach and vetting</li></ul>
September 14, 2-3:30	P5RHS meeting <ul style="list-style-type: none"><li>P5RHS finalizes prioritized recommendations</li><li>Generate message content for recommendation FAQs and talking points</li></ul>
September 17	Draft P5RHS recommendations due to CYBHWG (Due to staff in advance of 9/17)
October 5	<b>Input on refined draft P5RHS recommendations due to Kristin &amp; Casey</b>
October 12, 2-3:30	P5RHS meeting – review final recommendations
October 15	Final recommendations due to CYBHWG (Due to staff in advance of 10/15)
November 1	CYBHWG report due to the Legislature
November 9, 2-3:30	P5RHS meeting
December 14	P5RHS meeting
2-3:30	
December 14	P5RHS meeting

# Our Focus

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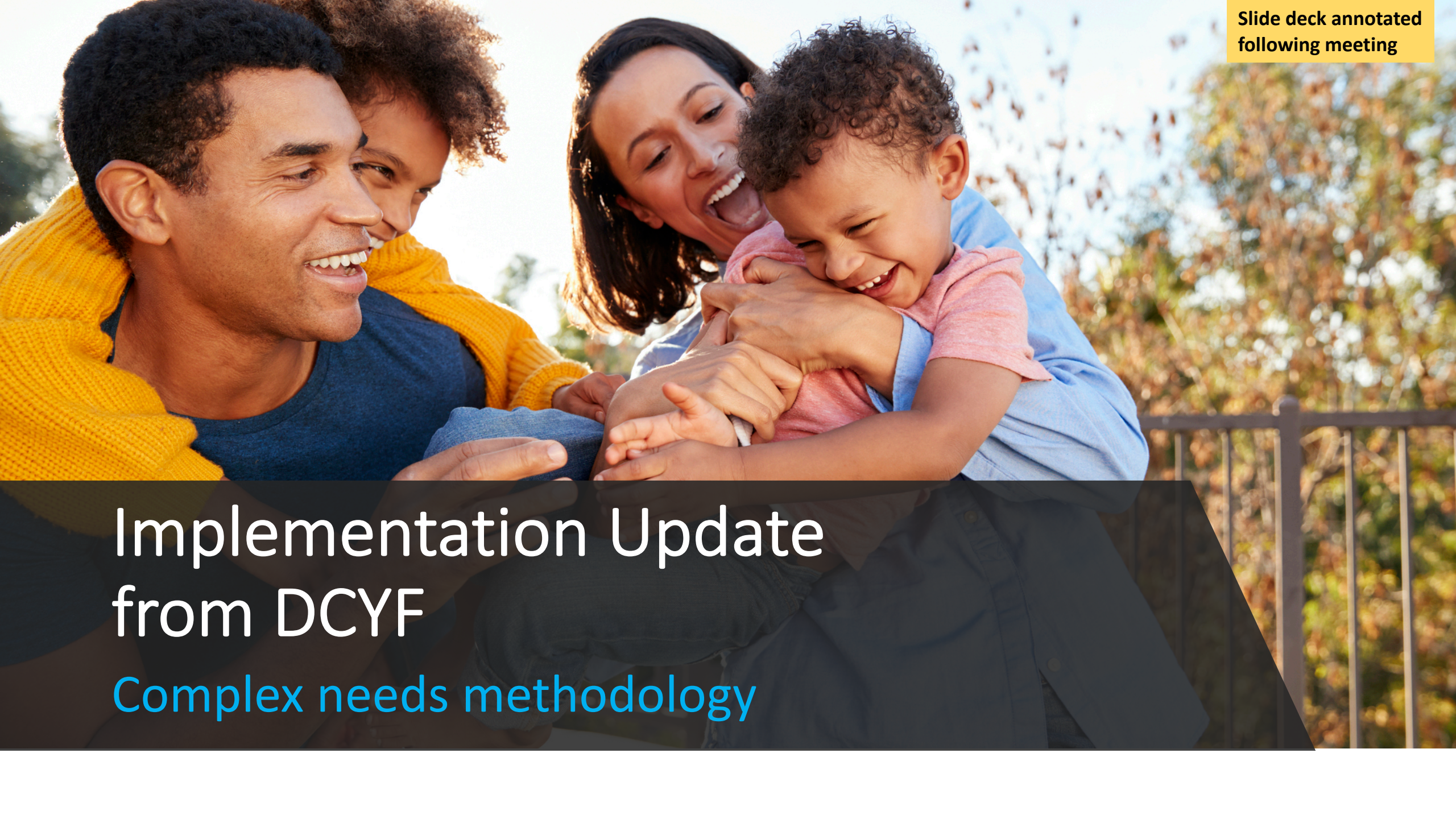
- **COMMUNITY-INFORMED** - Prioritizes approaches and ideas that strengthen child and family well-being, as shared by members of impacted communities and those that serve them
- **CENTERS & ADVANCES EQUITY** – Holds the promise to measurably close gaps in health access and outcomes
- **ACHIEVABLE** – Size and scope are appropriate for Washington’s policy landscape
- **CAPACITY** – Implementation could be described and executed well and quickly
- **STRENGTHENS/TRANSFORMS** – Helps to build, sustain, or transform foundational systems
- **FIT** – Fits within the P5RHS and CYBHWG scope, and avoids duplicating the work of other groups



# Implementation Update

## Early Learning Advisory Council

- 2 open seats
  - Infant or early childhood mental health expert
  - P-3 services
- Deadline to apply 8/31
  - <https://www.surveymonkey.com/r/JCN2YTC>
- Please share widely with your networks



# Implementation Update from DCYF

Complex needs methodology



## Implementation Update

Infant and early  
childhood mental  
health consultation  
expansion

- Current Status
- Hiring plans



# DC:0-5™

Diagnostic Classification  
of Mental Health and  
Developmental Disorders of  
Infancy and Early Childhood

ZERO TO THREE



## Implementation Update

Developmentally appropriate mental health assessment and diagnosis for birth through age 5

- Reimbursement – Assessment, diagnosis & travel
- Requirement for use of DC:-0-5™
- DC:-0-5™ training
- Crosswalk of DC:0-5™ diagnoses & ICD-10 Medicaid billing codes

Thank you for the updates!



# Small Groups

## Prioritized Issues

- 1. Peer Supports** – Create a budget item for innovation grants for peer supports that are promotional and preventive and do not require a diagnosis or treatment
- 2. Perinatal Services & Supports** – Create a budget item for innovation grants for integrated perinatal and pediatric relational health services and supports

- 1. COMMUNITY-INFORMED** - Prioritizes approaches and ideas that strengthen child and family well-being, as shared by members of impacted communities and those that serve them
- 2. CENTERS & ADVANCES EQUITY** – Holds the promise to measurably close gaps in health access and outcomes
- 3. ACHIEVABLE** – Size and scope are appropriate for Washington’s policy landscape
- 4. CAPACITY** – Implementation could be described and executed well and quickly
- 5. STRENGTHENS/TRANSFORMS** – Helps to build, sustain, or transform foundational systems
- 6. FIT** – Fits within the P5RHS and CYBHWG scope, and avoids duplicating the work of other groups

# Small Group Work

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Please discuss, chat, and explore thoughts about the current recommendation:

- *Have we clearly said what the issue or problem is?*
- *Have we clearly said who it affects and how? (e.g., children, families, communities, and society)?*
- *Does the recommendation clearly address the issue or problem we described? Is it budget or policy?*
- *Is there more we need to know? (e.g., citations, details to confirm, stories to collect, etc.)*





# Recap and Synthesize

# Wrap Up

## Next steps

1. **Next meeting –**  
September 14<sup>th</sup> 2:00p-  
3:30p
2. Targeted asks to research  
and help revise
3. Request for vetting with  
your colleagues

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- Stay healthy
- Keep moving the prenatal to 5  
relational health systems forward!