



The New SmartHealth Experience Training

June 8, 2022

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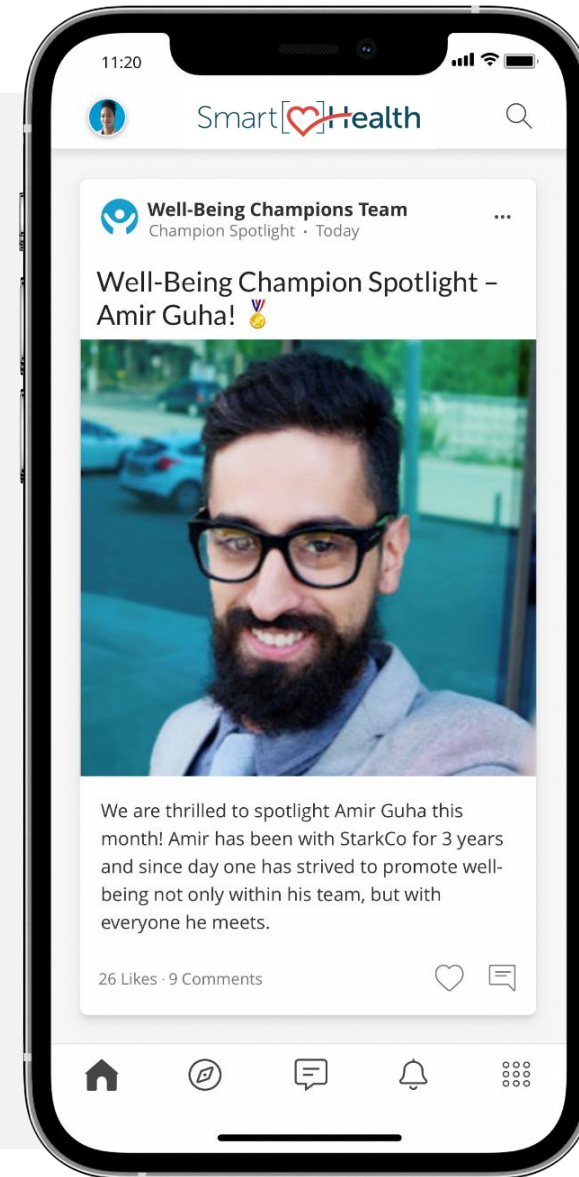
Why A New SmartHealth Experience?

1. **Simplify** - Personalize the employee experience with a one-stop-shop
2. **Be Efficient** – Access more in one place
3. **Give Choice** - Opt-in or opt-out of communications



Getting Started As easy as 1, 2, 3

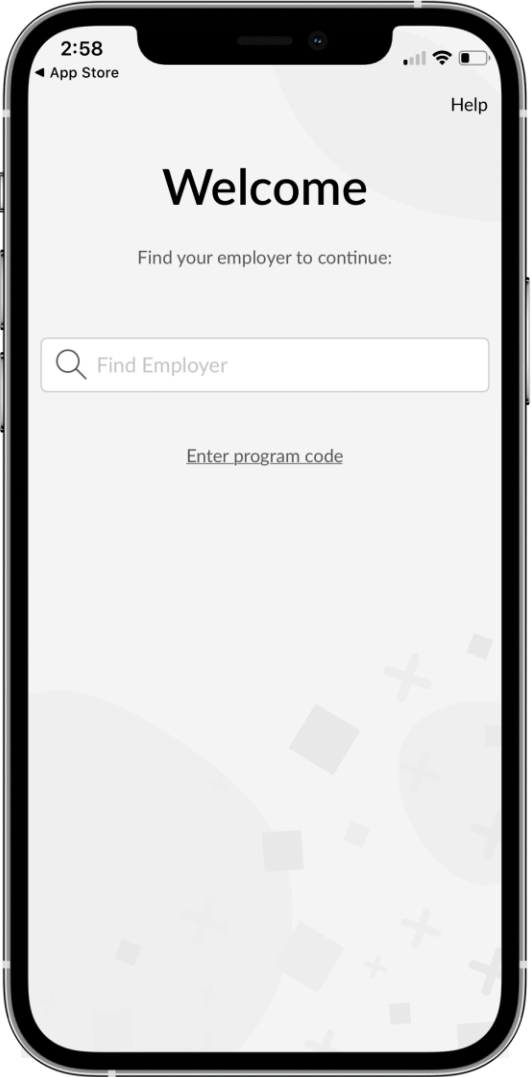
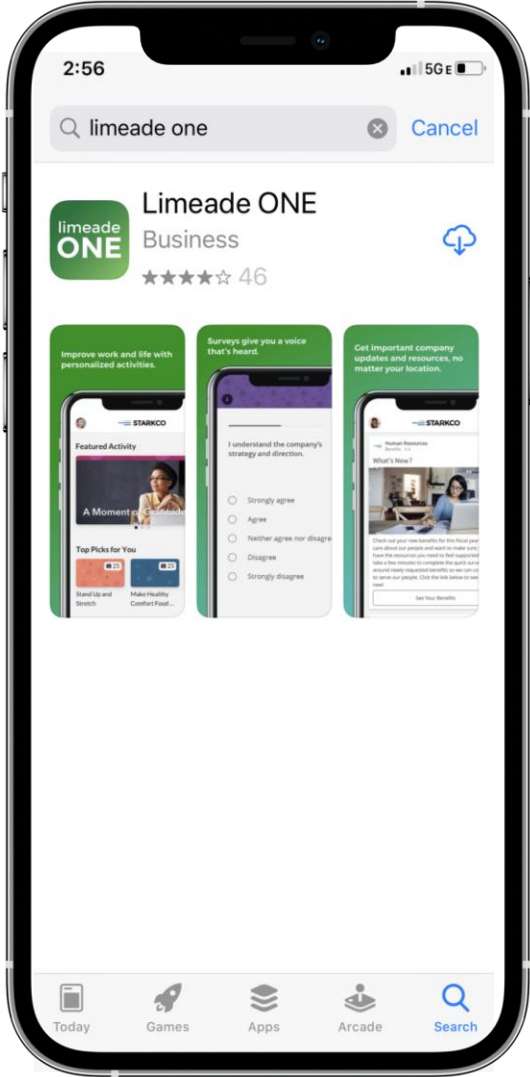
The New SmartHealth Experience



Step 1: Download the Limeade ONE App

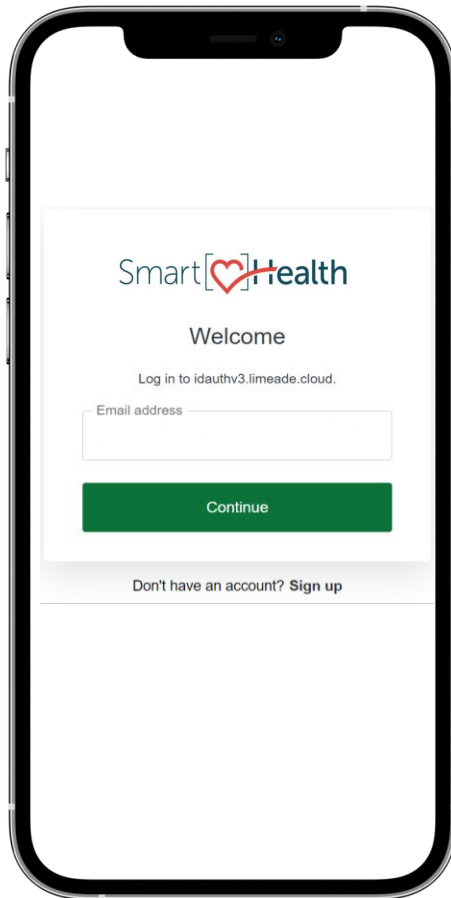


Optional QR code

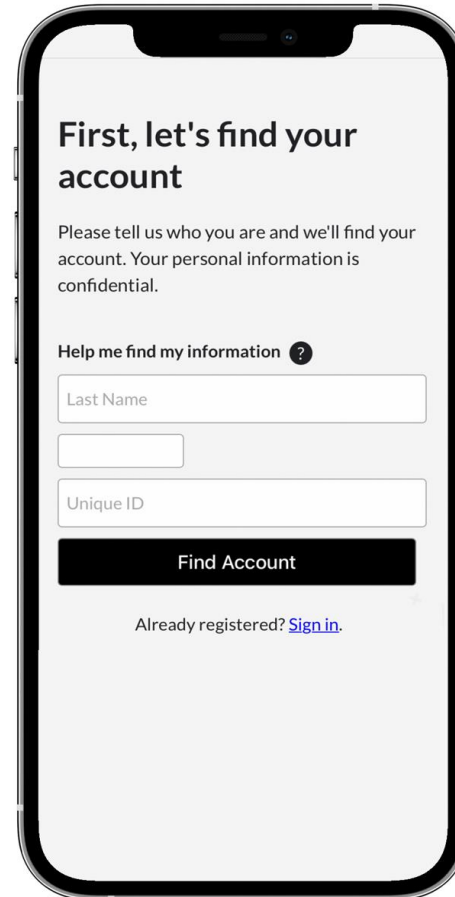


Enter "SmartHealth (State of Washington Employers)"

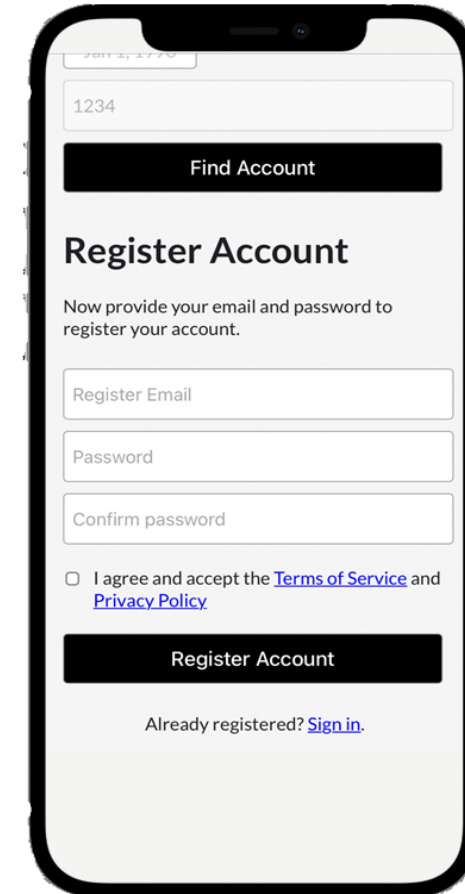
Step 2: Find Your Account



Click **Sign Up** at the login screen



Enter validation points and click **Find Account**



Set an email address & password for future logins and check **Agree to Terms of Service & Privacy Policy**

Step 3: Multi-Factor Authentication (MFA) Enrollment

Smart[Heart]Health

Secure Your Account

Enter your country code and phone number to which we can send a 6-digit code:

United States, US, +1

Enter your phone number

How do you want to receive the code?

Text message Voice call

Continue

[Try another method](#)

Don't have an account? [Sign up](#)

Enter your phone number to receive a code for MFA enrollment

Smart[Heart]Health

Secure Your Account

Enter your country code and phone number to which we can send a 6-digit code:

United States, US, +1

Enter your phone number
3166801992

How do you want to receive the code?

Text message Voice call

Continue

[Try another method](#)

Don't have an account? [Sign up](#)

Select whether you want to receive the code by text or voice call* (default is text). Click Continue.

Smart[Heart]Health

Verify Your Identity

We've sent a text message to:

+1 3166801992 [Edit](#)

Enter the 6-digit code
209833

Continue

Didn't receive a code? [Resend](#) or [get a call](#)

[Try another method](#)

Don't have an account? [Sign up](#)

Enter the code you received and click continue.



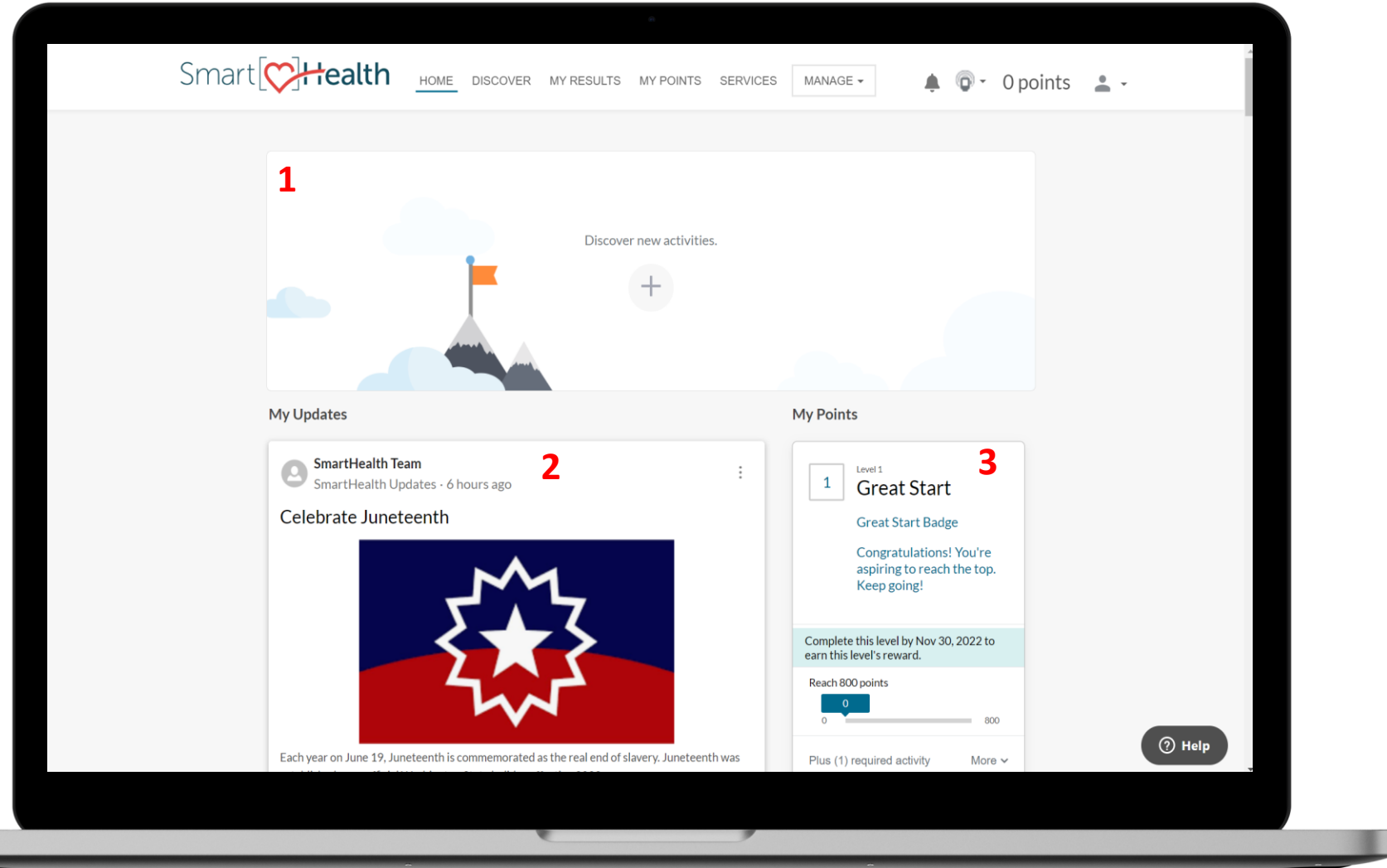
*Note: The phone number indicated must be able to receive texts or voice call, and must be a direct line



SmartHealth Tour



SmartHealth Home Page

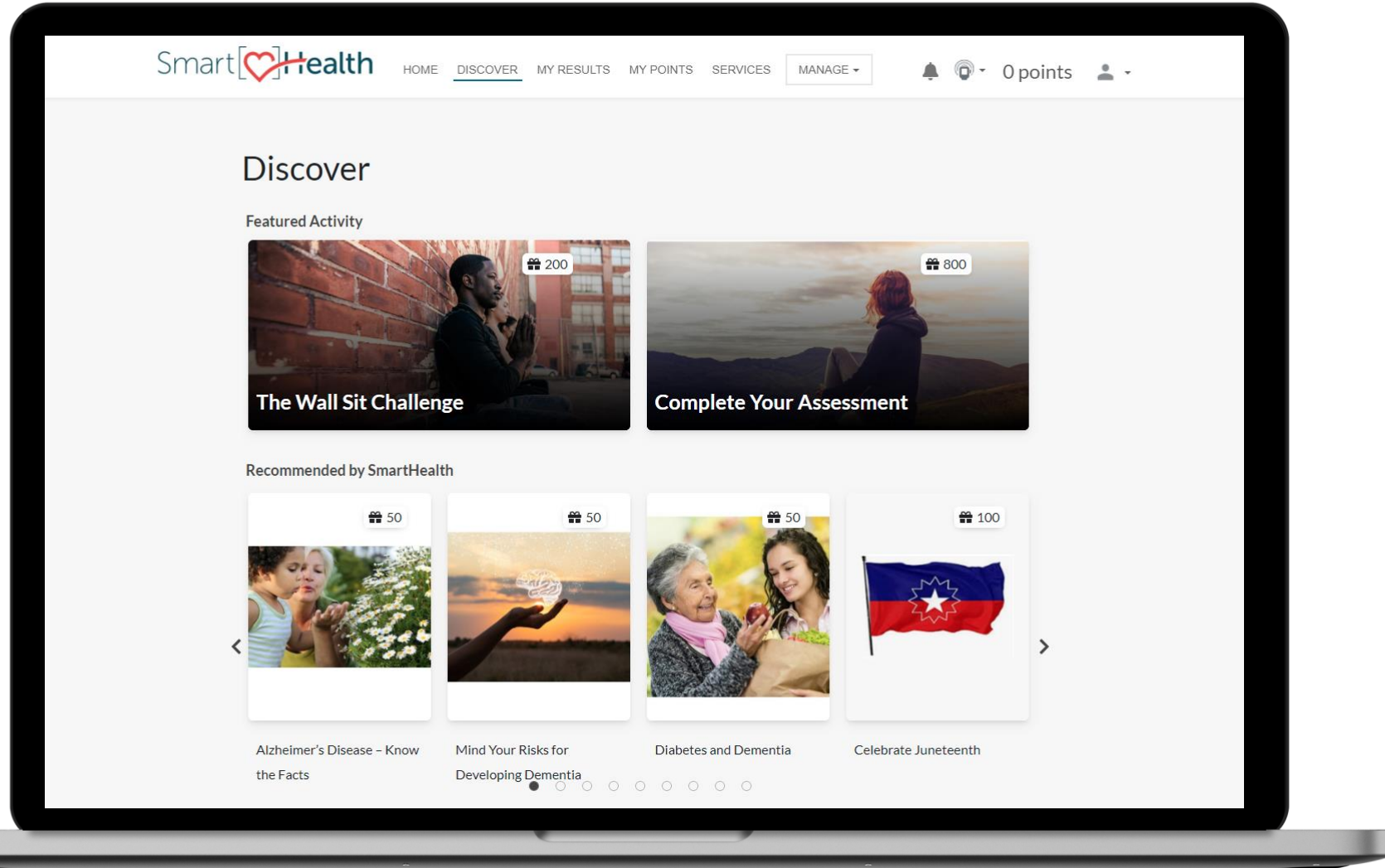


1. See activities you have joined and easily track from the home page.

2. My Updates provides relevant, important and community information. Join the conversation by commenting or liking posts.

3. My Points shows your current point status, My Choice points and reward level.

Discover SmartHealth Activities

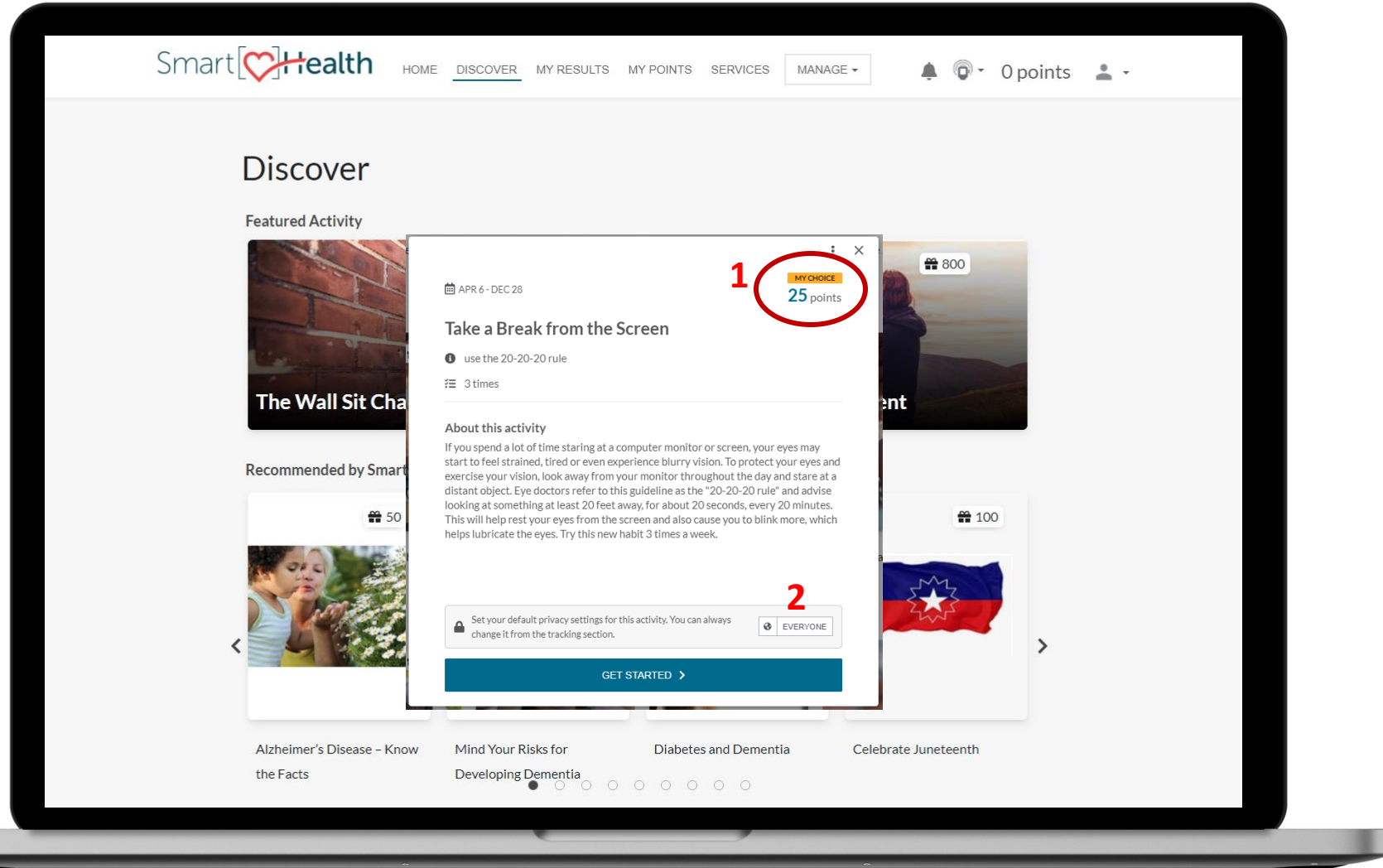


Discover new activities designed to encourage you to maintain or create healthy habits.

SmartHealth activities fit into one or more of the following wellbeing dimensions:

- Physical Well-Being
- Emotional Well-Being
- Financial Well-Being
- Work Well-Being

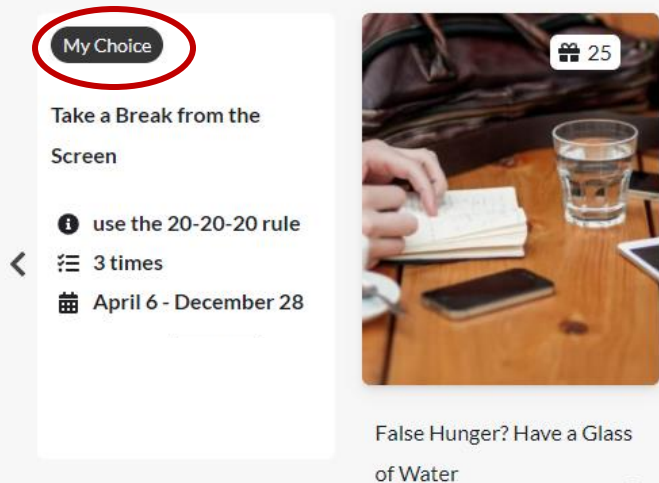
Discover SmartHealth Activities



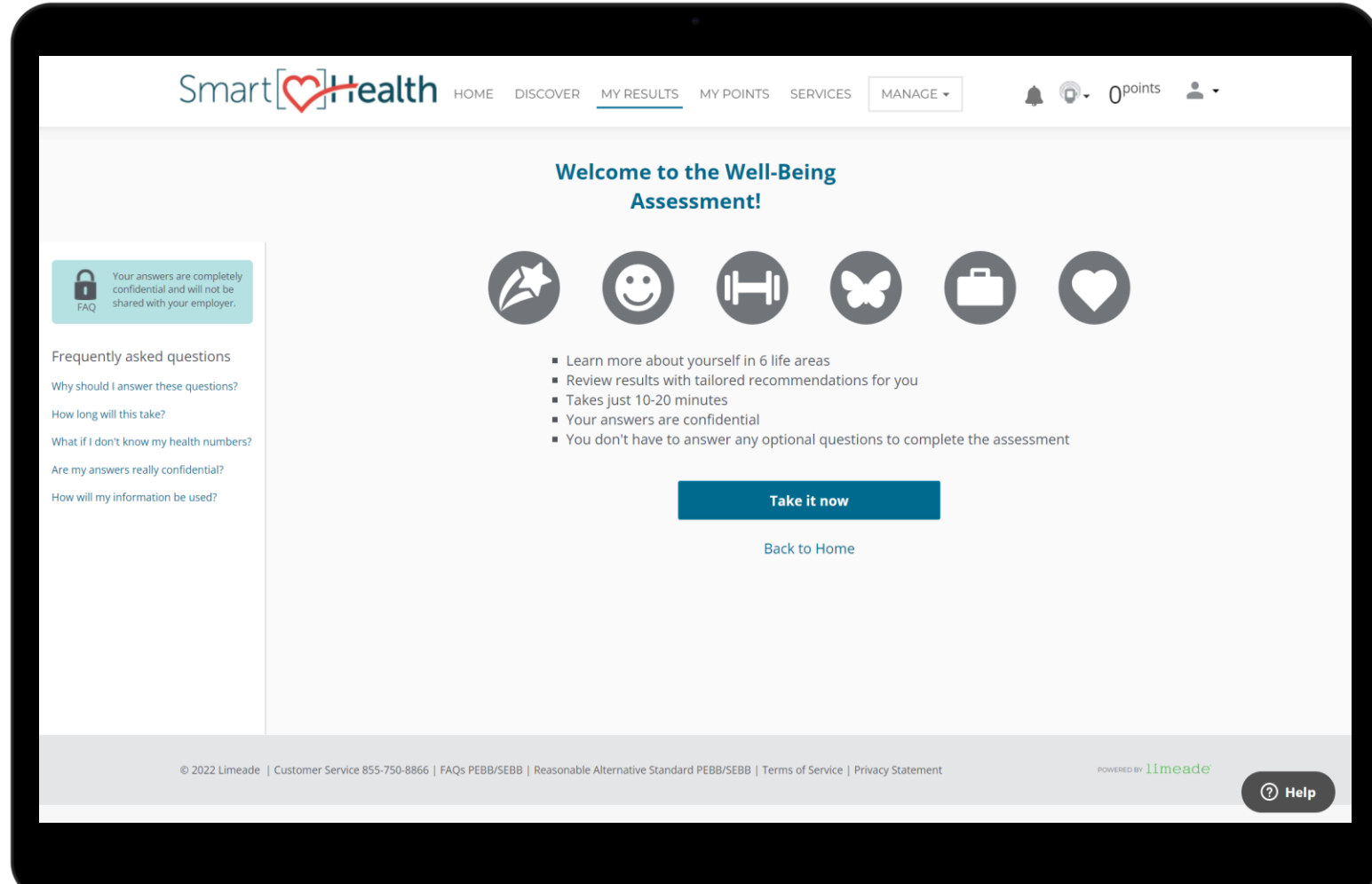
1. My Choice activities are easy to identify.

2. When joining an activity, you can select if Everyone can see your participation or only you. When you click "Get Started" the activity will be visible on the Home page.

Top Picks



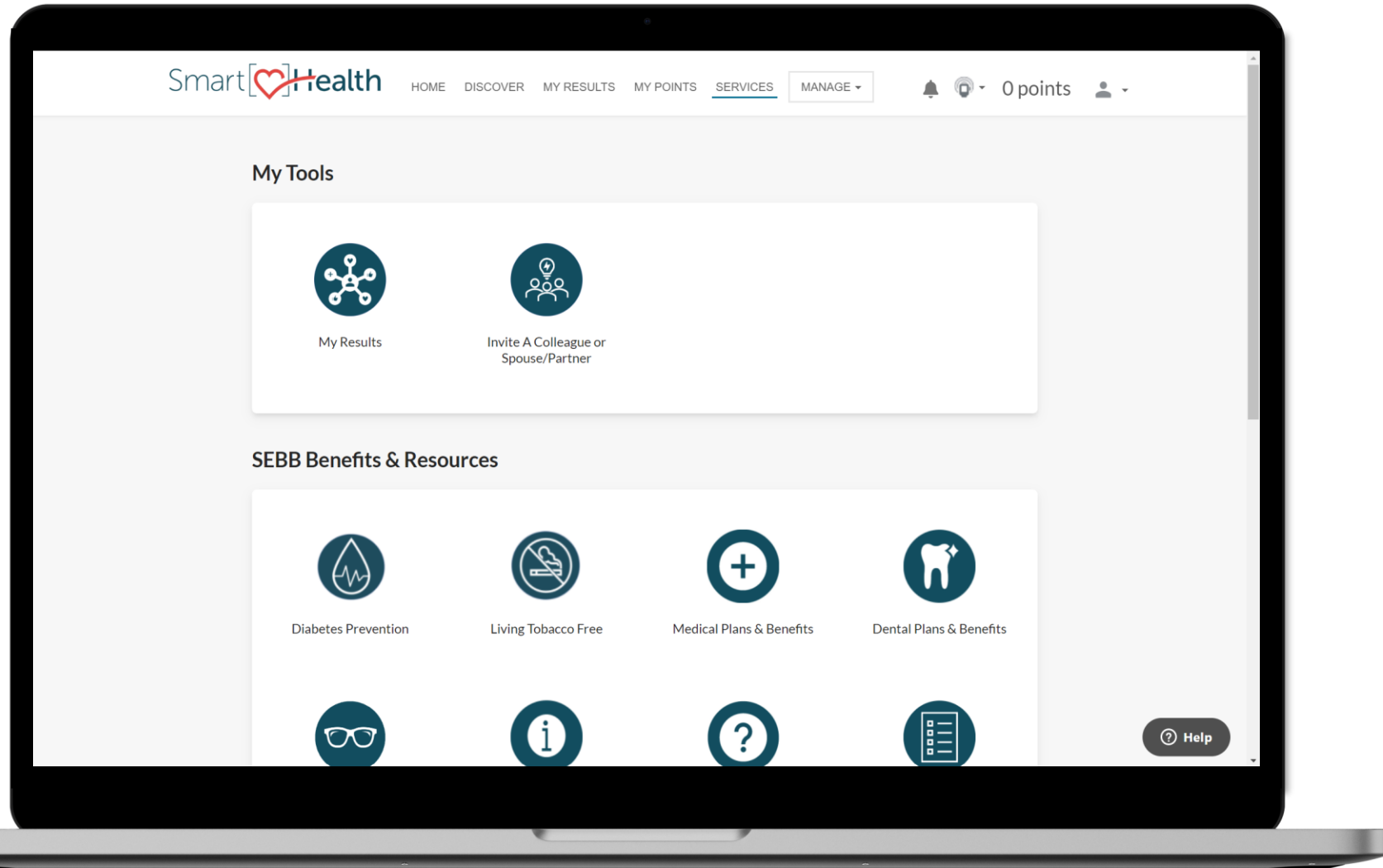
Well-Being Assessment



Completing the Well-Being Assessment allows SmartHealth to recommend activities based on areas you would like to work on.

It's also a great way to see year-over-year progress.

Services At Your Fingertips



Easily access your benefits and resources in one, easy to find place.



Just For Wellness Coordinators



Coming Soon

A place for Wellness Coordinators that allows you to:



Hear More

Share and see best practices



Know More

Access to usable well-being related content



Do More

Network with coordinators

Stay tuned for updates and how to join in



Thank you!

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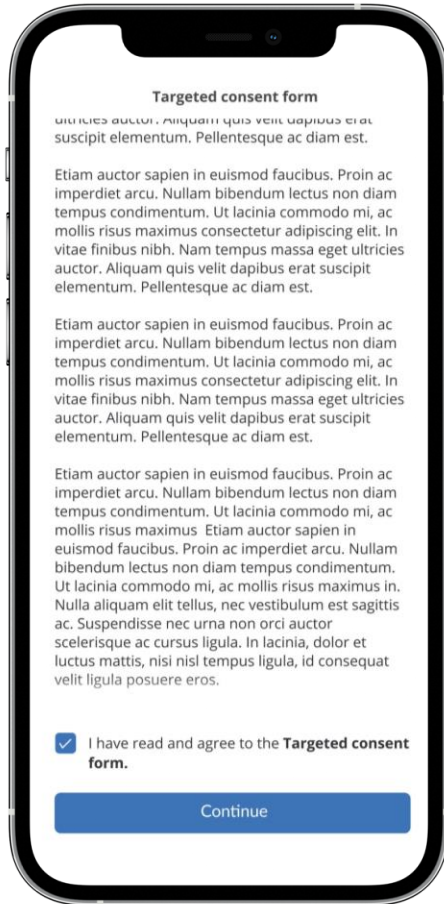




Appendix



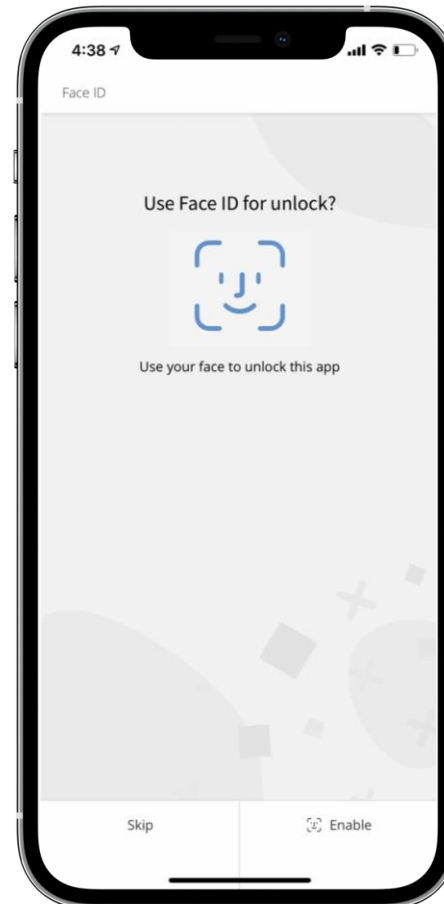
Consents + First Time Login Steps



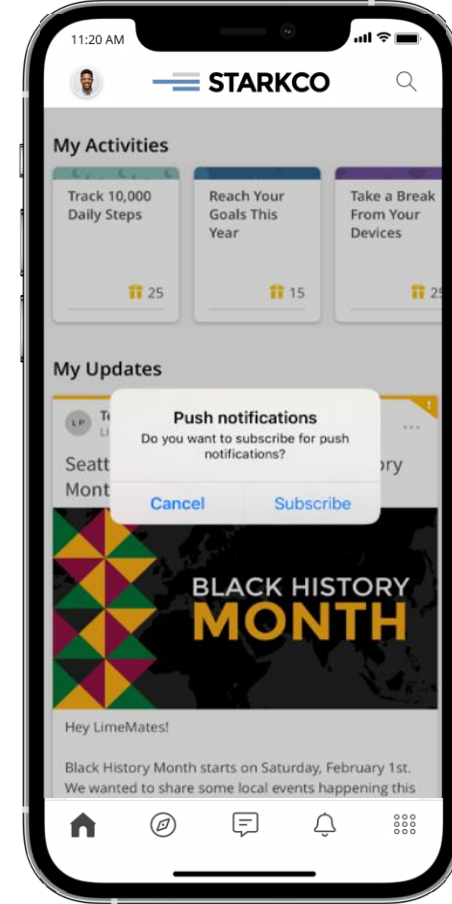
Accept Targeted Consent



Set & Confirm PIN (app only)

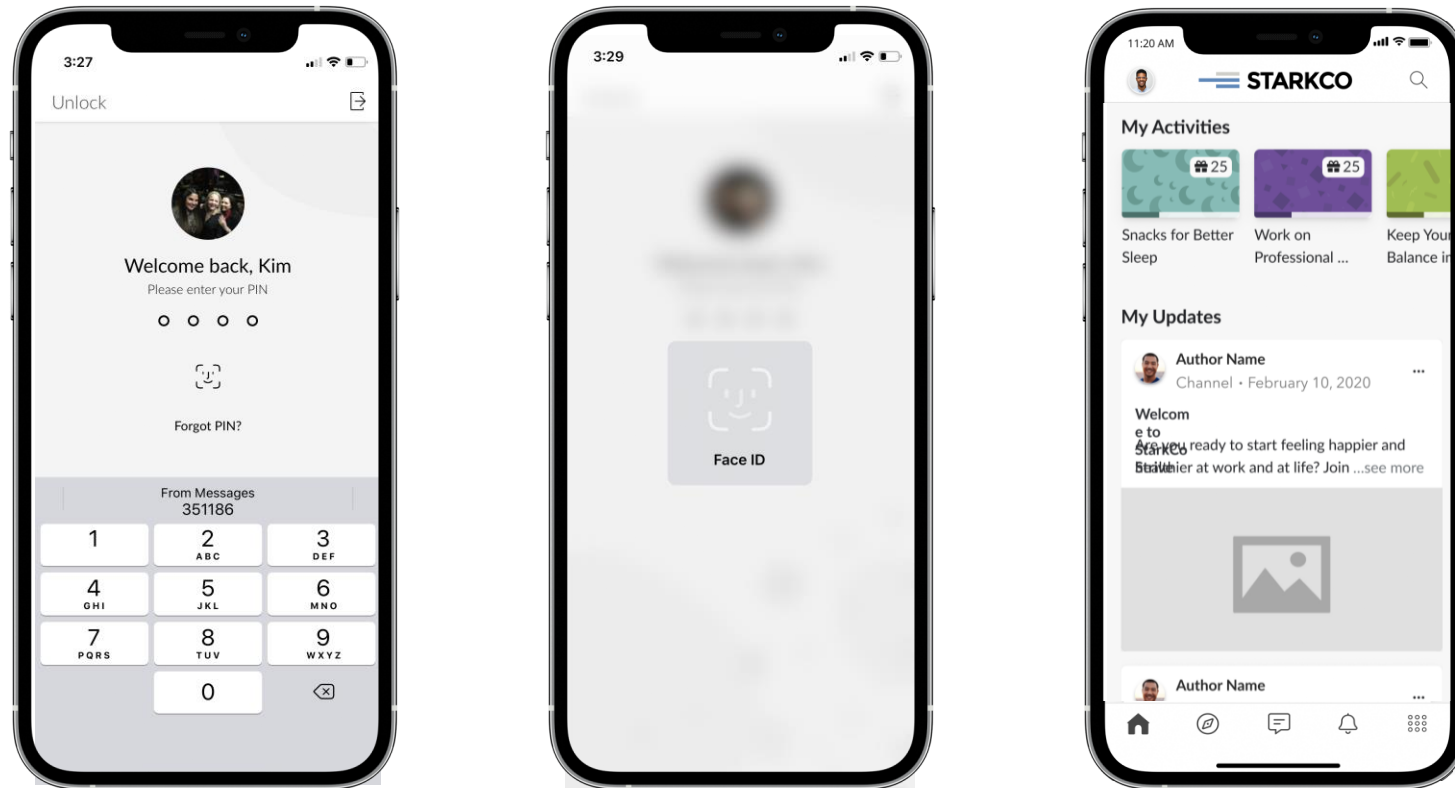


Set Touch/Face ID (optional; app only)



Set Push Notifications/Home (optional; app only)

Returning Login steps



In between MFA verifications, users can return to the app easily by using their Touch/Face ID (if set), or their PIN.