

**Washington State  
Health Care Authority**

Agency Medical Director Comments

**Appropriate Imaging for Breast Cancer  
Screening in Special Populations**

**Dan Lessler, MD**  
Chief Medical Officer, Washington Health Care Authority  
*January 16, 2014*


1

Appropriate Imaging for Breast Cancer

## Background

- Breast cancer is the most common form of cancer in women
- Mammography remains the mainstay of screening for breast cancer
- Breast CA mortality has declined overall by 28% since 1990; it is estimated that a little less than half this decline is due to early diagnosis with screening mammography
- Recommended age and frequency of screening mammography is variable across organizations

2



Appropriate Imaging for Breast Cancer

## Background

- Increased breast density both increases the risk of breast cancer and decreases the sensitivity of mammography to detect small lesions
- Approximately 50% of women have “dense breasts” (BI-RADS density “c” or “d”)
- Digital mammography has become the standard across the U.S., and is more sensitive than film for dense breasts
- The most important harms of mammography screening are false-positive results and over-diagnosis (detection of disease that would not have caused morbidity or mortality if not found)

3

Washington State  
Health Care Authority

Appropriate Imaging for Breast Cancer

## Desirable Attributes of New Approaches to Screening Mammography\*

- Decrease false positives
- Increase cancer detection
  - However, currently not possible to know whether any particular patient whose cancer is detected by mammography is or is not at risk of the cancer being “over-diagnosed.”
- Reasonable cost effectiveness

\*More definitive studies of new approaches to mammography screening that evaluate mortality are unlikely to be undertaken

4

Washington State  
Health Care Authority

Appropriate Imaging for Breast Cancer

## Newer Approaches to Breast Cancer Screening

### Digital Breast Tomosynthesis (DBT)

- Provides 3-D images and is a modification of digital mammography using a moving x-ray source and digital detector
- Approved in U.S. for breast CA screening when used in combination with mammography
- Newer tomosynthesis techniques do not significantly increase radiation exposure

5

Washington State  
Health Care Authority

Appropriate Imaging for Breast Cancer

## Supplemental Modalities in Women with Dense Breast Tissue

- Magnetic resonance imaging (MRI)
- Hand-held ultrasound (HHUS)
- Automated whole breast ultrasound (ABUS)

6

Washington State  
Health Care Authority

Appropriate Imaging for Breast Cancer

## Agency Medical Directors' Concerns

- **Safety = Low**
- **Efficacy = High**
- **Cost = High**

7

Washington State  
Health Care Authority

Appropriate Imaging for Breast Cancer

## Key Questions 1- 3

- 1) What is the effectiveness of screening with digital breast tomosynthesis (DBT) vs. digital mammography among women aged 40-74 who are candidates for screening mammography?
- 2) What is the comparative effectiveness of handheld ultrasonography, automated ultrasonography, and magnetic resonance imaging when used as supplemental screening modalities in women with dense breast tissue and a negative mammogram or negative DBT result?
- 3) What are the documented and potential harms associated with these imaging tests, including overdiagnosis and overtreatment, unnecessary biopsy as a result of false-positive imaging, patient anxiety, and radiation exposure?

8

Washington State  
Health Care Authority

Appropriate Imaging for Breast Cancer

## Key Questions 4 - 5

- 4) What is the differential effectiveness and safety of the tests of interest according to such factors as age, race or ethnicity, comorbidities, BMI, method of breast density classification, overall breast cancer risk, scan vendor, and imaging protocol (e.g., whether ultrasound is performed by a radiologist, technologist, or some combination of the two)?
- 5) What are the costs and cost-effectiveness (e.g., cost per cancer detected) of the imaging modalities of interest?

9

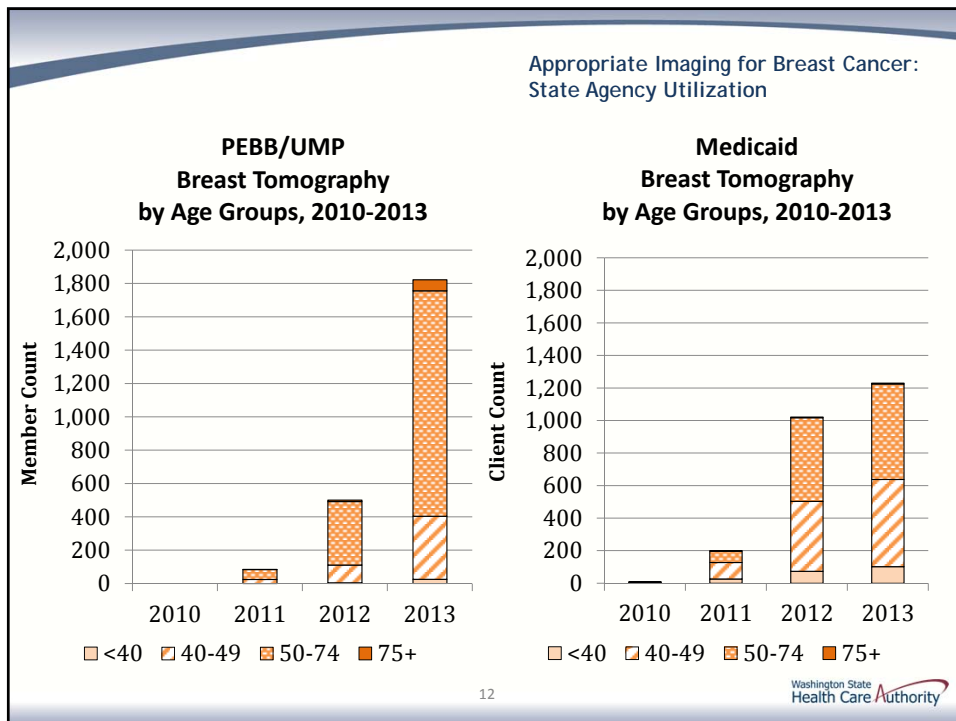
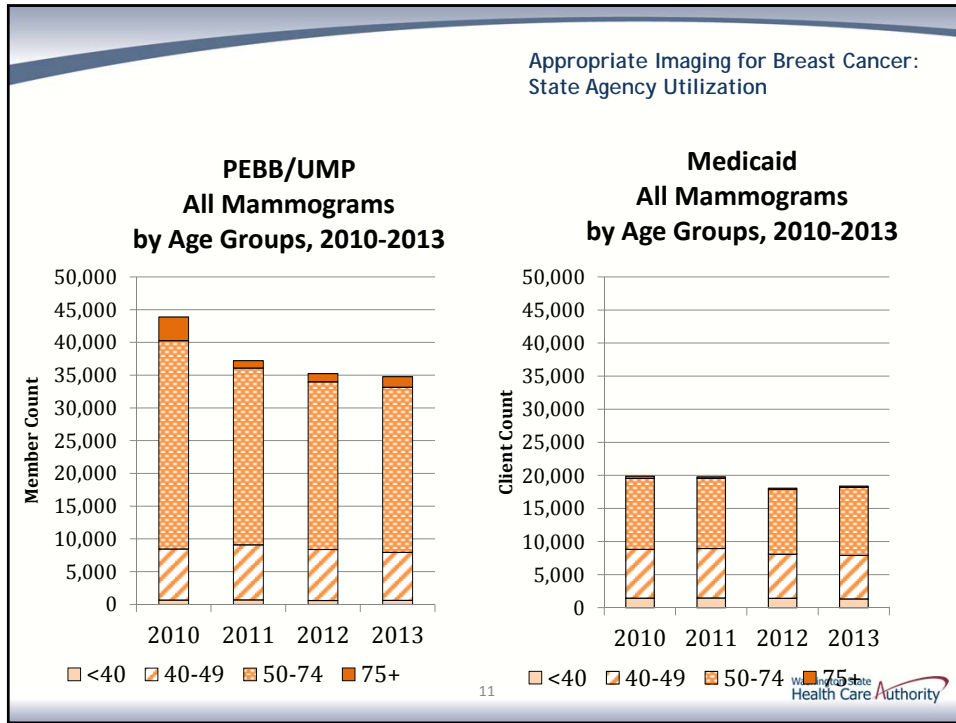
Appropriate Imaging for Breast Cancer:  
State Agency Utilization

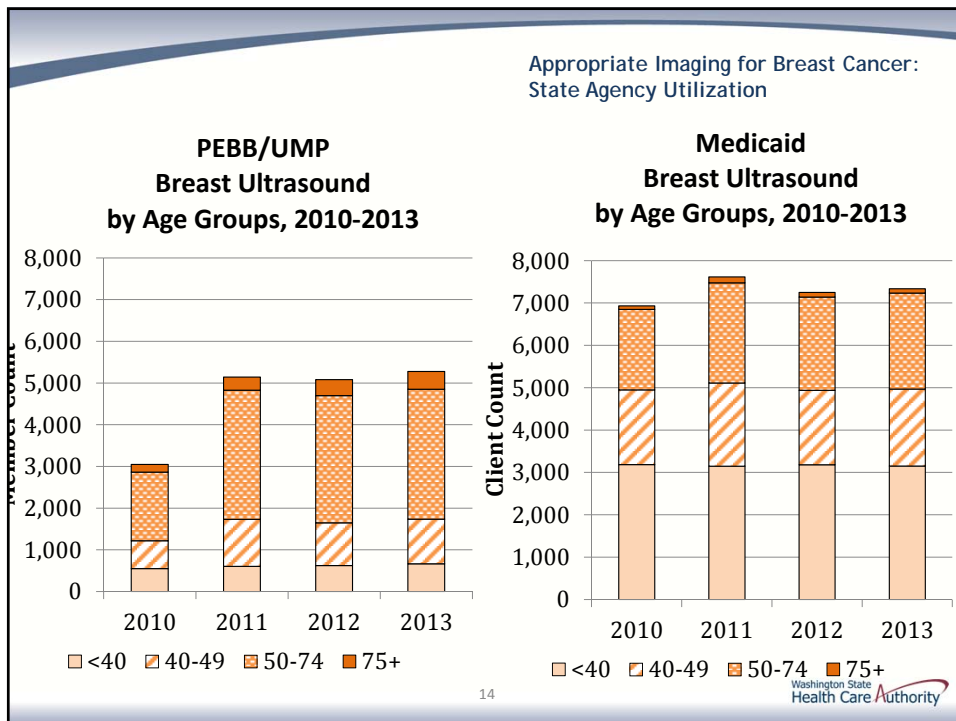
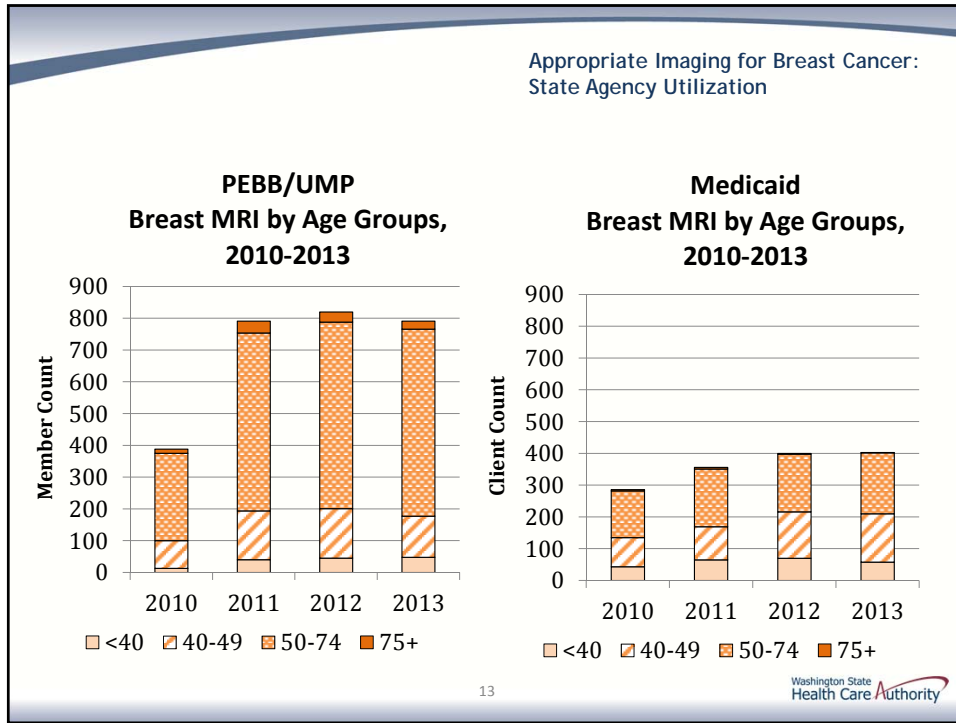
## Current State Agency Policy

Cancer Screening Using:	Medicaid	UMP	DOC	LNI
Mammography	C	C	C	PA
Breast Tomography	PA*	PA	PA	PA
Breast MRI	C	PA	PA	C
Breast Ultrasound	C	PA	PA	C

\* Under unlisted (unspecified) procedure code.

**C:** Covered  
**NC:** Not covered  
**PA:** Prior authorization required





## Uncertainties

- For all technologies under consideration, sufficient follow-up data is lacking to estimate sensitivity and specificity
- No data on more definitive outcomes of morbidity and mortality
- MRI and HHUS studies have been done in high risk populations that happen to include women with dense breast tissue, and so results are not specific to women with dense breast tissue only
- Very limited data available on ABUS
- Study populations are heterogeneous and hence meta-analysis is not possible

15

## Summary of Harms

- False positive test result
  - May impact psychological well being
  - Some patients will go on to unnecessary biopsy with attendant risk of complications (e.g. infection; bleeding)
- Radiation exposure from DBT now comparable to that of digital mammography along

16




Appropriate Imaging for Breast Cancer

### Summary: DBT

Statistic	Digital Mammography (Estimated yield)	DBT + DM (Estimated yield)	Uncertainty*
Recall rate per 1,000	100-160	80-140	Moderate-High
Biopsy rate per 1,000	14-22	12-27	Moderate
Cancer detection rate per 1,000	3-5	4-6	Moderate-High
Positive biopsy among total biopsied (PPV3)	20-25%	25-30%	Low-Moderate

\* Issues of study heterogeneity and comparability of populations result in higher uncertainty. Degree of uncertainty of recall rates is because two prospective studies are from outside of U.S. There are no prospective large studies with patient outcomes.

17




Appropriate Imaging for Breast Cancer

### Summary: DBT

- DBT is a promising but as yet unproven approach to screening mammography. Available studies are of poor quality, and questions remain regarding rates of recall, biopsy and cancer detection, as well as test sensitivity and specificity
- Available Economic modeling is limited
  - Available models suggest possible small benefit with likely substantial additional cost

18



## DBT: Private Payer Examples

- National private payers
  - DBT is considered experimental, investigational or unproven for any purpose by Aetna, CIGNA, Humana, UniCare, United Healthcare and Wellpoint/Anthem
- Regional payers
  - Premera and Health Net consider DBT investigational and do not cover it
  - Regence considers DBT to be incident to either screening or diagnostic mammogram and does not cover it

19

## Centers for Medicare & Medicaid Services

- There are no published national or local coverage determinations for DBT

20


Appropriate Imaging for Breast Cancer

## Supplemental Screening with MRI

Statistic	Digital Mammography	Incremental Yield with MRI	Uncertainty*
Recall rate per 1,000	100-120	100-120	High
Biopsy rate per 1,000	14-22	20-40	High
Cancer detection rate per 1,000	3-5	3-11	High
Positive biopsy among total biopsied (PPV3)	20-25%	22-48%	High

\* There is a high level of uncertainty around these values b/c of the lack of direct evidence from studies of MRI in women with dense breast tissue and b/c of heterogeneity of findings in studies of high risk women.

21




Appropriate Imaging for Breast Cancer

## Supplemental Screening with Hand-Held Ultrasound (HHUS)

Statistic	Digital Mammography	Incremental Yield with HHUS	Uncertainty*
Recall rate per 1,000	100-120	30-100	High
Biopsy rate per 1,000	14-22	30-60	Low-Moderate
Cancer detection rate per 1,000	3-5	2-4	Low
Positive biopsy among total biopsied (PPV3)	20-25%	5-7%	Low

\* High level of uncertainty about recall rate b/c lack of direct evidence from studies of women with dense breasts and b/c heterogeneity of findings. Cancer detection rate based on three Connecticut studies.

22



Appropriate Imaging for Breast Cancer

### Supplemental Screening with Automated Whole Breast Ultrasound (ABUS)

Statistic	Digital Mammography	Incremental Yield with HHUS	Uncertainty
Recall rate per 1,000	100-120	30-100	High
Biopsy rate per 1,000	14-22	30-60	High
Cancer detection rate per 1,000	3-5	2-4	High
Positive biopsy among the total # biopsied (PPV3)	20-25%	5-7%	High

23

Washington State Health Care Authority

- Appropriate Imaging for Breast Cancer
- ### Summary: Supplemental Screening
- **MRI**
    - Very limited evidence in women with dense breast tissue but otherwise low risk
    - High relative cost
  - **HHUS**
    - Inconclusive evidence across multiple studies esp. with respect to recall rates and cancer detection rates
    - HHUS as an adjunct to screening mammography in women with dense breasts may modestly increase cancer detection, but it increases the risk of false-positive findings leading to breast biopsies.
  - **ABUS**
    - Inadequate evidence to comment
- 24  
24
- Washington State Health Care Authority

Appropriate Imaging for Breast Cancer

## Economic Analysis

- Available Economic modeling is limited
- For MRI and HHUS:
  - Available models suggest possible small benefit with substantial additional cost
  - Benefit would likely be greatest in women with dense breast tissue who have additional risk factors as well

25

Washington State Health Care Authority

Appropriate Imaging for Breast Cancer

## Third-Party Coverage for Supplemental Studies

### Breast Ultrasound

- No information available from Health Net, Premera Blue Cross or Regence
- Cigna, Humana and United Healthcare consider breast ultrasound experimental for any type of screening

### Breast MRI

- Humana and United Healthcare cover breast MRI as an adjunct to mammography when heterogeneous or extremely dense breast tissue is identified
- Aetna, UniCare, and WellPoint/Anthem cover MRI as an adjunct in women with dense breasts AND a personal history of breast cancer

26

Washington State Health Care Authority

## Centers for Medicare and Medicaid

- No national or local coverage determination on use of breast ultrasound to supplement *screening* mammography
- No national or local coverage determination for breast MRI to supplement *screening* mammography

27

## State Agency Recommendation

- **Digital Breast Tomography**
  - Non-coverage
- **MRI** supplementary to screening mammography in women with dense breasts
  - Non-coverage
- **Hand Held Ultrasound** supplementary to screening mammography in women with dense breasts
  - Non-coverage
- **Automated Breast Ultrasound** supplementary to screening mammography in women with dense breasts
  - Non-coverage

28

## Questions?

**More Information:**

[http://www.hca.wa.gov/hta/Documents/breast\\_imaging\\_draft\\_report\\_102114.pdf](http://www.hca.wa.gov/hta/Documents/breast_imaging_draft_report_102114.pdf)

Dan Lessler, MD

[Daniel.Lessler@hca.wa.gov](mailto:Daniel.Lessler@hca.wa.gov)





**Order of Scheduled Presentations:**

**Appropriate Imaging for Breast Cancer Screening in Special Populations**

Name	
1	
2	
3	
4	
5	
6	

No requests to provide public comment on the technology review were received.



***Appropriate Imaging for Breast Cancer Screening in Special Populations***

**Clinical Expert**

***Christoph I. Lee, MD, MSHS***

*Director, Breast Imaging Fellowship  
Department of Radiology, Section of Breast Imaging  
University of Washington School of Medicine*

**WA - Health Technology Assessment**

**Disclosure**

Any unmarked topic will be considered a "Yes"

	Potential Conflict Type	Yes	No
1.	Salary or payments such as consulting fees or honoraria in excess of \$10,000.		✓
2.	Equity interests such as stocks, stock options or other ownership interests.		✓
3.	Status or position as an officer, board member, trustee, owner.		✓
4.	Loan or intellectual property rights.		✓
5.	Research funding.	✓	
6.	Any other relationship, including travel arrangements.	✓	

If yes, list name of organizations that relationship(s) are with and for #6, describe other relationship:

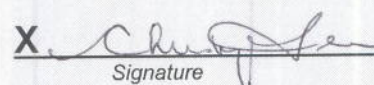
I have received both grant funding and consulting fees from GE Healthcare  
related to digital mammography, ultrasound, and digital breast  
tomosynthesis.

	Potential Conflict Type	Yes	No
7.	Representation: if representing a person or organization, include the name and funding sources (e.g. member dues, governmental/taxes, commercial products or services, grants from industry or government).		✓

If yes to #7, provide name and funding Sources: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

*If you believe that you do not have a conflict, but are concerned that it may appear that you do, you may **attach additional sheets** explaining why you believe that you should not be excluded.*

I certify that I have read and understand this Conflict of Interest form and that the information I have provided is true, complete, and correct as of this date.

X  12/19/14 Christoph Lee  
 Signature Date Print Name

So we may contact you regarding your presentation, please provide the following:

Mail Address: 825 Eastlake Avenue East, G3-200, Seattle WA 98109-1023

Phone Number: (206) 288-6783 office, (650) 796-5098 mobile

## 1. PERSONAL DATA

**Name** Christoph I. Lee, M.D., M.S.H.S.

**Home Address** 2250 70<sup>th</sup> Avenue SE  
Mercer Island, WA 98040  
(650) 796-5098

**Work Address** Seattle Cancer Care Alliance  
825 Eastlake Avenue East, G3-200  
Seattle, WA 98109  
(206) 288-6783

**Date of Birth** December 19, 1976

**Birthplace** Mississauga, Ontario, Canada

**Citizenship** USA

**Marital Status** Married

## 2. EDUCATION

**1994-1998** A.B. *cum laude*  
Princeton University, Princeton, NJ

**2001-2005** M.D. *cum laude*  
Yale University, New Haven, CT

**2010-2011** M.S.H.S., Health Services Research and Policy  
University of California, Los Angeles, CA

## 3. POSTGRADUATE TRAINING

**2005-2006** Internship  
Transitional Year  
University of Hawaii, Honolulu, HI

**2006-2010** Residency  
Diagnostic Radiology  
Stanford University, Palo Alto, CA

- 2010-2011** Fellowship  
Breast Imaging  
University of California, Los Angeles, CA
- 2010-2012** Fellowship  
Health Services Research and Policy  
Robert Wood Johnson Clinical Scholars Program, Los Angeles, CA

**4. FACULTY POSITIONS HELD**

- 2010-2012** Clinical Instructor  
Department of Radiology, Section of Breast Imaging  
UCLA David Geffen School of Medicine, Los Angeles, CA
- 2010-2012** Clinical Scholar  
Department of Medicine, Division of General Internal Medicine  
UCLA David Geffen School of Medicine, Los Angeles, CA
- 2011-2012** Attending Physician  
Department of Radiology, Section of Acute Care Imaging  
UCLA David Geffen School of Medicine, Los Angeles, CA
- 2012-present** Assistant Professor  
Department of Radiology, Section of Breast Imaging  
University of Washington School of Medicine, Seattle, WA
- 2012-present** Assistant Professor  
Department of Radiology, Section of Health Services Research  
University of Washington School of Medicine, Seattle, WA
- 2012-present** Faculty Investigator  
Hutchinson Institute for Cancer Outcomes Research (HICOR)  
Division of Public Health Sciences  
Fred Hutchinson Cancer Research Center, Seattle, WA
- 2012-present** Faculty Investigator  
Comparative Effectiveness, Cost & Outcomes Research Center  
University of Washington, Seattle, WA
- 2013-present** Adjunct Assistant Professor  
Department of Health Services  
University of Washington School of Public Health, Seattle, WA
- 2013-present** Director, Breast Imaging Fellowship  
Department of Radiology, Section of Breast Imaging  
University of Washington School of Medicine, Seattle, WA

**5. HOSPITAL POSITIONS HELD**

See Post-Graduate Training and Faculty Positions

**6. HONORS**

**1994** Los Angeles County Medical Association Scholarship

**1994-1998** Robert C. Byrd Honors Scholarship

**1995** Rotary International District Grant

**1996** Princeton University Summer Service Award

**1997** American Heart Association Summer Research Fellowship

**1998** NCAA Division I Varsity Letter (Men's Tennis)

**1998** Certificate in Spanish Language & Culture, Princeton University

**1998** Departmental Honors, English, Princeton University

**1998** Princeton AlumniCorps Public Interest Fellowship

**2002** Etta S. Chidsey Award in Cancer Research, Yale School of Medicine

**2005** Farr Scholar for Excellence in Research, Yale School of Medicine

**2005** Overall Honors at Graduation, Yale School of Medicine

**2006** Graduation Speaker, University of Hawaii Transitional Year

**2009** AMA Foundation Excellence in Leadership Award

**2010** Certificate in Health Policy, Finance & Economics, Stanford GME

**2010-2012** NIH/NIMHD Loan Repayment Program Award

**2011** ACR E. Stephen Amis, Jr., MD, Fellowship in Quality and Safety

**2011** Recognition of Exceptional Manuscript Review, *JACR*

**2012-2014** GE-AUR Radiology Research Academic Fellowship (GERRAF)

**2012** *JACR* Best Article of 2012, Practice Management

**2012** Recognition of Exceptional Manuscript Review, *JACR*

- 2012** Article Selection for Best RSNA Content of 2012
- 2012-2014** NIH/NIMHD Loan Repayment Program Renewal Award
- 2013** *JACR* Best Article of 2013, Health Services Research & Policy
- 2013** *Radiology* Editor's Recognition Award with Special Distinction
- 2015-2019** American Cancer Society Mentored Research Scholar

**7. BOARD CERTIFICATION**

- 2010-present** American Board of Radiology, Board Certified Diplomate

**8. CURRENT LICENSES TO PRACTICE**

- 2005-2013** California State # A97106
- 2012-present** Washington State # MD60267813

**9. PROFESSIONAL AND SERVICE ORGANIZATIONS**

- 1994-1998** Princeton Community Service Committee  
Chairman, 1997-1998
- 1995-1998** Princeton University Student Health Program  
President, 1996-1997
- 1996-1998** Princeton Student Volunteer Journal (SVCommunicator)  
Editor-in-Chief, 1996-1998
- 1997-1998** Rowen Towers Afterschool Program (Trenton, NJ)  
President & Founder, 1997-1998
- 2001-2005** American Red Cross, Yale Medical Chapter  
President, 2001-2002
- 2001-2005** Yale History of Medicine Society (Nathan Smith Club)  
President, 2002-2003
- 2001-2005** Yale Migrant Health Clinic  
President, 2002-2003
- 2001-2005** Yale Radiology Interest Group  
President & Founder, 2001-2003



- 2001-present** American College of Radiology  
 Member, ACR Radiologist Resources Committee, 2006-2010  
 Member, ACR Reference Committee, Breast Imaging, 2012  
 Member, ACR Reference Committee, Ultrasound, 2012  
 Member, ACR Reference Committee, Nuclear Medicine, 2012  
 Member, ACR Human Resources Commission, 2012-2014
- 2001-present** Radiological Society of North America  
 Member, Health Services Research Committee, 2013-present
- 2005-present** American Medical Association  
 Recipient, AMA Foundation Leadership Award, 2009
- 2006-2010** California Radiological Society  
 Secretary, Resident & Fellow Section, 2006-2007
- 2006-present** American Roentgen Ray Society
- 2011-present** Association of University Radiologists (AUR)  
 Faculty, Annual Meeting, 2013 and 2014  
 Member, Scientific Program Committee, Annual Meeting, 2014  
 Member, Scientific Program Committee, Annual Meeting, 2015
- 2011-present** Radiology Alliance for Health Services Research (RAHSR)  
 Faculty, Annual Meeting, 2013 and 2014  
 Member, Scientific Program Committee, Annual Meeting, 2014
- 2011-present** Society of Breast Imaging

## **10. TEACHING RESPONSIBILITIES**

### **A. Research Mentorship**

- 2003-2005** Research mentee: Harry Flaster (Stanford medical student)  
 Project: Institutional informed consent policies regarding CT scans
- 2008-2010** Research mentee: Emily Tsai, MD (UCLA radiology resident)  
 Project: Incidental findings on coronary CT, economic impact
- 2010-2012** Research mentee: Jesse Jones, MD (UCLA radiology resident)  
 Project: Primer on radiation dose in acute care imaging
- 2010-present** Research mentee: Solveig Hofvind, PhD (Norway cancer registry)  
 Project: Mammographic performance in population-based screening
- 2011-2013** Research mentee: Warren Perry, MD (Yale ED resident)  
 Project: Time-motion analysis of emergency radiologists

- 2012-2013** Research mentee: Luke Grauke, MD (UW breast fellow)  
Project: Radiologists' performance in ACR Breast MR course
- 2012-2013** Research mentee: Michele Rochelle, MD (UW breast fellow)  
Project: Variation in breast MRI BI-RADS in community settings
- 2012-2014** Research mentee: Aimee Lee, MD (UW radiology resident)  
Project: Concordance of breast MRI BI-RADS and management
- 2013-2014** Research mentee: Eni Obadina, MD (UW breast fellow)  
Project: Advanced breast imaging availability in U.S. by facility type
- 2013-2014** Research mentee: Diana Lam, MD (UW radiology resident)  
Project: Non-interpretive skills - imaging-based screening
- 2014-2015** Research mentee: Jessica Germino, MD (UW radiology resident)  
Project: Advanced breast imaging access among vulnerable women
- 2014-2015** Research mentee: Crystal Piper (Yale medical student)  
Project: 30-year trend for women authorship in academic radiology
- 2015-2016** Research mentee: Jessica Germino, MD (UW radiology resident)  
Project: Access to supplemental screening among high-risk women
- 2015-2016** Research mentee: Diana Lam, MD (UW breast fellow)  
Project: Informing decision-making for radiation-induced cancer risks
- 2015-2016** Research mentee: Jessica Germino, MD (UW radiology resident)  
Project: Current controversies in imaging-based screening

## **B. Course Faculty and Lectureships**

- 2011-2012** Lecturer, Senior Resident Board Review, David Geffen School of Medicine at UCLA, Department of Radiology  
"Breast Imaging Oral Board Review" (2/29/2012)
- 2012-present** Faculty, ACR Education Center  
Breast MRI and Guided Biopsy Course (11/1-2/2012)
- 2012-present** Faculty, Medical Student Clerkship, UW School of Medicine, Department of Radiology  
"Breast Cancer & Screening Mammography" (8/22/12, 10/17/12, 10/16/2013)  
"Introduction to Diagnostic Breast Imaging" (8/22/12, 10/17/12, 10/16/2013)

- 2012-present** Faculty, UW Resident Monthly Noon Teaching Conferences, UW School of Medicine, Department of Radiology  
Breast imaging case-based conferences on quarterly basis
- 2012-present** Faculty and Examiner, UW Resident Practical Examination, UW School of Medicine, Department of Radiology  
“Breast Imaging Case Review” (10/16/2012)
- 2012-present** Faculty, Resident Annual Lecture Series, UW School of Medicine, Department of Radiology  
“Breast Cancer Screening Update” (3/14/2013)  
“Digital Breast Tomosynthesis” (3/13/2014)
- 2012-present** Faculty, Resident Journal Club, Section of Breast Imaging, UW School of Medicine, Department of Radiology  
Resident journal club in breast imaging on quarterly basis
- 2012-2013** Lecturer, Senior Resident Board Review, UW School of Medicine, Department of Radiology  
“Breast Imaging Oral Board Review” (1/25/2013)
- 2013-2014** Faculty and Examiner, Mock Oral Boards, UW School of Medicine, Department of Radiology  
“Mock Oral Boards: Breast Imaging” (4/30/2013)
- 2013-present** Lecturer, New ABR Core Exam Review, UW School of Medicine, Department of Radiology  
“New ABR Core Exam – Breast Imaging Review” (6/11/2013)  
“Breast Imaging Review for the New Boards” (2/25/2014)

### **C. Clinical Teaching**

- 2010-2012** Clinical Preceptor, David Geffen School of Medicine at UCLA, Department of Radiology, Sections of Acute Care Imaging and Breast Imaging  
Radiology Residents (2 per rotation, 2.5 days/week)
- 2012-present** Clinical Preceptor, UW School of Medicine, Department of Radiology, Section of Breast Imaging  
Medical Student (directed elective for Linda Chen, 10/2012)  
Radiology Residents (2-3 per rotation, 2.5 days/week)  
Fellows (3-4 per year, 2.5 days/week)
- 2013-present** Director, Breast Imaging Fellowship, University of Washington School of Medicine, Section of Breast Imaging  
Fellows (3 dedicated breast imaging fellows per year)

## 11. EDITORIAL RESPONSIBILITIES

- 2001-2003** Yale Journal of Health Policy, Law, & Ethics  
Staff Editor, 2001-2002  
Business Editor, 2002-2003  
Member, Editorial Board, 2002-2003
- 2008-present** American Journal of Roentgenology (AJR)  
Reviewer, Health Policy and Practice, 2008-present  
Special Consulting Editor, Best Practices, 2013-present  
Member, Editorial Board, 2013-present
- 2009-present** Journal of the American College of Radiology (JACR)  
Reviewer, Health Services Research, 2009-present  
Guest Editor, Special Issue on Screening, 2013  
Member, Editorial Board, 2013-present
- 2011-present** Radiology  
Reviewer, Health Policy and Breast Imaging, 2011-present
- 2013-present** Journal of the American Medical Association (JAMA)  
Reviewer, Radiology and Health Policy, 2013-present
- 2013-present** Journal of the National Cancer Institute (JNCI)  
Reviewer, Radiology, 2013-present

## 12. SPECIAL NATIONAL RESPONSIBILITIES

- 1998-2001** Princeton Project 55 Tuberculosis Initiative, Washington, DC  
Manager, 1998-1999  
Executive Board Member, 1998-2001
- Led global TB advocacy group, founded by Ralph Nader
  - Briefed U.S. Congress foreign operations subcommittee
  - Co-drafted TB Control Act of 1999 (Barbara Boxer, D-CA)
- 1999-2001** The Lewin Group, Boston, MA  
Analyst, 1999-2001
- Consultant to major biotechnology and pharmaceutical firms
  - Managed large phase IV clinical effectiveness trials
- 2012-present** RAND Corporation, Santa Monica, CA  
Adjunct Scientist, RAND Health
- Evaluation of CMS Medicare Imaging Demonstration (MID)
- 2012-present** Castlight Health, San Francisco, CA  
Member, Clinical Advisory Board

- Advisor for start-up dedicated to healthcare cost transparency

**2012-2014**

American College of Radiology, Reston, VA  
National Commission on Human Resources  
Chairman, Working Group on Citizenship, 2012-2013  
• Lead author of JACR manuscript on radiology citizenship

**2013-2014**

Centers for Medicare & Medicaid Services (CMS), Baltimore, MD  
Member, Working Group, Quality Performance Measurements  
• Developing performance measures for screening mammography

**2014-2015**

Institute for Clinical and Economic Review (ICER), Boston, MA  
Scientific Consultant  
• Clinical expert for review of breast imaging technologies

### **13. SPECIAL LOCAL RESPONSIBILITIES**

**2002-2004**

Yale University School of Medicine, New Haven, CT  
Member, New Student Orientation Committee, 2002-2003  
Member, Pre-Clinical Evaluations Committee, 2002-2004

**2006-2010**

Stanford University School of Medicine, Palo Alto, CA  
Department of Diagnostic Radiology  
Member, Resident Education Committee, 2006-2007  
Member, Resident Operations Committee, 2008-2009  
Member, Resident Relations Committee, 2009-2010  
Office of Graduate Medical Education (Stanford Hospital)  
Member, Resident Leadership Certificate Committee, 2007-2008

**2010-2012**

David Geffen School of Medicine at UCLA, Los Angeles, CA  
Robert Wood Johnson Clinical Scholars Program  
Member, Fellowship Selection Committee

**2012-2013**

L.A. County Department of Health Services, Los Angeles, CA  
Senior Advisor, Erin Saleeby, MD, Director of Women's Health

**2012-present**

University of Washington School of Medicine, Seattle, WA  
Department of Diagnostic Radiology  
Member, Resident Mentorship Program, 2012-present  
Member, HSR Seed Grant Selection Committee, 2012-present  
Member, Fellowship Education Committee, 2013-present  
Section of Breast Imaging  
Member, Fellowship Selection Committee, 2012-present  
Director, Breast Imaging Fellowship, 2013-present  
Member, Senior Faculty Search Committee, 2014-present

**2012-present** Fred Hutchinson Cancer Research Center, University of Washington  
Cancer Consortium Research Program, Seattle, WA  
Member, Cancer Imaging Program, 2012-present  
Hutchinson Institute for Cancer Outcomes Research (HICOR)  
Faculty Investigator, 2013-present  
Interviewer, New Faculty Selection Committee, 2013-present

#### **14. RESEARCH FUNDING**

##### **Awarded**

**2010-2012** Funding Source: Robert Wood Johnson Foundation  
Role: Principal Investigator  
Direct Costs (Lee): \$135,000  
Project: Patients' willingness to donate a biospecimen for future genetic research at screening mammogram.

**2010-2014** Funding Source: NIH (NIMHD) L60 MD005349  
Role: Principal Investigator  
Direct Costs (Lee): \$117,639  
Project: Community level access and utilization of breast imaging technologies.

**2012-2014** Funding Source: GE-AUR Radiology Research Academic Fellowship  
Role: Principal Investigator  
Direct Costs (Lee): \$140,000  
Project: Cost-effectiveness analysis of adjunct screening breast tomosynthesis for women with dense breasts.

**2013-2014** Funding Source: AHRQ K72PCO3 25505  
Role: Co-Investigator (PI: Sullivan)  
Direct Costs (Lee): \$26,925  
Project: Imaging techniques for metastatic breast cancer

**2012-2016** Funding Source: NIH (NCI) P01 CA154292  
Role: Co-Investigator (PI: Miglioretti/Kerlikowske)  
Direct Costs (Lee): \$153,098 (estimated for 10% FTE)  
Project: Risk-based breast cancer screening in community settings.

**2014-2016** Funding Source: GE Healthcare 124.03-2013-GES-0003  
Role: Co-Investigator (PI: Lehman)  
Direct Costs (Lee): \$34,031 (estimated for 5% FTE)  
Project: Automated breast ultrasound and tomosynthesis screening in women with dense breasts.

**2015-2019** Funding Source: American Cancer Society MRSB-14-160-01-CPHPS  
Role: Principal Investigator

Direct Costs (Lee): \$675,000  
Project: Adoption of advanced breast imaging and access to screening mammography among vulnerable women

## 15. BIBLIOGRAPHY

### A. Peer-Reviewed Journal Publications

1. Lee CI, Haims AH, Monico EP, Brink JA, Forman HP. Diagnostic CT scans: assessment of patient, physician, and radiologist awareness of radiation dose and possible risks. *Radiology* 2004; 231(2):393-398.
2. Lee CI, Flaster HV<sup>#</sup>, Haims AH, Monico EP, Forman HP. Diagnostic CT scans: institutional informed consent policies at major academic medical centers. *AJR Am J Roentgenol* 2006; 187(2):282-287.
3. Lee CI, Forman HP. CT screening for lung cancer: implications on social responsibility. *AJR Am J Roentgenol* 2007; 188(2):297-298.
4. Lee CI, Forman HP. Hidden costs of CT bioeffects. *J Am Coll Radiol* 2008; 5(2):78-9.
5. Lee CI, Tsai EB<sup>#</sup>, Sigal BM, Plevritis SK, Garber AM, Rubin GD. Incidental extracardiac findings on screening coronary CT: clinical and economic impact. *AJR Am J Roentgenol* 2010;194(6):1531-8.
6. Lee CI, Forman HP. What we can and cannot see coming. *Radiology* 2010; 257(2):313–314.
7. Lee CI, Forman HP. Radiology health services research: from imperative to legislative mandate. *AJR Am J Roentgenol* 2011; 196(5):1111-1114.
8. Lee CI, Basu PA. Radiologist's guide to health services and policy research training. *AJR Am J Roentgenol* 2011; 197(6):W978-979.
9. Jones JG<sup>#</sup>, Mills CN, Mogensen MA, Lee CI. Radiation dose from medical imaging – a primer for emergency physicians. *West J Emerg Med* 2012; 13(2):202-210.
10. Hofvind S, Lee CI, Elmore JG. Stage-specific breast cancer incidence rates among participants and nonparticipants of a population-based mammographic screening program. *Breast Cancer Res Treat* 2012; 135(1):291-9.
11. Lee CI, Bassett LW, Lehman CD. Breast density legislation and opportunities for patient-centered outcomes research. *Radiology* 2012; 264(3):632-636.
12. Lee CI, Naeim A. Health disparities from future genetic research efforts: breast cancer as a case study. *J Natl Med Assoc* 2012; 104:390-391.
13. Lee CI, Enzmann DR. Measuring radiology's value in time saved. *J Am Coll Radiol* 2012; 9(10):713-717.
14. Lee CI, Ponce NA, Ettner SL, Kahn KL, Bassett LW, Forman HP. Ordering of CT scans by

emergency department provider type: an analysis of a nationally representative sample. *AJR Am J Roentgenol* 2012; 199:1054-1059.

15. Lehman CD, **Lee CI**, Loving V, Portillo MS, Peacock S, DeMartini WB. Accuracy and value of breast ultrasound for primary imaging evaluation of symptomatic women 30 to 39 years of age. *AJR Am J Roentgenol* 2012; 199:1169-1177.

16. **Lee CI**, Bassett LW, Leng M, Maliski S, Pezeshki BB<sup>#</sup>, Mangione CM, Wells CJ, Naeim A. Patients' willingness to participate in a breast cancer biobank at screening mammogram. *Breast Cancer Res Treat* 2012; 136(3):899-906.

17. **Lee CI**, Wells CJ, Bassett LW. Cost minimization analysis of ultrasound-guided diagnostic evaluation of probably benign breast lesions. *Breast J* 2013; 19(1):41-8.

18. **Lee CI**, Herrington W, Donner EM, Bluth E. Citizenship in radiology: introduction to a concept and its measure. *J Am Coll Radiol* 2013; 10(6):410-5.

19. **Lee CI**, Grauke LJ<sup>#</sup>, Sandhir V, DeMartini WB, Newstead GM, Peacock S, Lehman CD. Radiologists' performance in the ACR breast MR with guided biopsy course. *J Am Coll Radiol* 2013; 10(11):854-8.

20. Perry WM<sup>#</sup>, **Lee CI**, Steers WN, Post L, Forman HP. Time-motion analysis of emergency department physicians and emergency radiologists at a level 1 trauma facility. *Emerg Radiol* 2013; 20(5):409-16.

21. **Lee CI**, Bensink ME, Berry K, Musa Z, Bodnar C, Dann R, Jarvik JG, Lehman CD, Ramsey SD. Performance goals for an adjunct diagnostic test to reduce unnecessary biopsies after screening mammography: analysis of costs, benefits, and consequences. *J Am Coll Radiol* 2013; 10(12):924-30.

22. **Lee CI**, Lehman CD. Digital breast tomosynthesis and the challenges of implementing an emerging breast cancer screening technology into clinical practice. *J Am Coll Radiol* 2013; 10(12):913-7.

23. **Lee CI**, Carlos RC. Introduction to the special issue – imaging-based screening: radiology's increasing role in preventive medicine. *J Am Coll Radiol* 2013; 10(12):897-8.

24. Hofvind S, Skaane P, Elmore JG, Sebuodegard S, Hoff SR, **Lee CI**. Mammographic performance in a population-based screening program: before, during, and after transition from screen film to full field digital mammography. *Radiology* 2014 272(1):52-62.

25. **Lee CI**, Elmore JG. Increasing value by increasing volume: call for changes in US breast cancer screening practices. *J Natl Cancer Inst* 2014;106(3):dju028. doi: 10.1093/jnci/dju028.

26. Onega TL, Hubbard RA, Hill D, **Lee CI**, Haas JS, Carlos HA, Alford-Teaster J, Bogart A, DeMartini WB, Kerlikowske K, Virnig BA, Buist DS, Henderson LM, Tosteson AN. Geographic access to breast imaging by U.S. women. *J Am Coll Radiol* 2014; 11(9):874-82.

27. **Lee CI**, Jarvik JG. Patient-centered outcomes research in radiology. *Acad Radiol* 2014; 21(9):1156-61. doi: 10.1016/j.acra.2014.01.027.



28. Scheel JR, Lee JM, Sprague BL, **Lee CI**, Lehman CD. Screening ultrasound as an adjunct to mammography in women with mammographically dense breasts. *Am J Obstet Gynecol* 2014 Jun 21. pii: S0002-9378(14)00628-0. doi: 10.1016/j.ajog.2014.06.048. [Epub ahead of print]
29. **Lee CI**, Ichikawa L, Rochelle MC<sup>#</sup>, Kerlikowske K, Miglioretti DL, Joe BN, Sprague BL, Wernli KJ, DeMartini WB, Lehman CD. Breast MRI BI-RADS assessments and abnormal interpretation rates by clinical indication in U.S. community practices. *Acad Radiol* 2014; 21(11):1370-6. doi: 10.1016/j.acra.2014.06.003.
30. Norbash A, Bluth EI, **Lee CI**, Francavilla M, Donner ME, Dutton SC, Heilbrun ME, McGinty G. Radiologist manpower planning considerations and “Imaging 3.0”: effort planning for value-based imaging. *J Am Coll Radiol* 2014; 11(10):953-8. doi: 10.1016/j.jacr.2014.05.022.
31. Lehman CD, Lee AY<sup>#</sup>, **Lee CI**. Imaging management of palpable breast abnormalities. *AJR Am J Roentgenol* 2014; 203(5):1142-53.
32. Fenton JJ, **Lee CI**, Xing G, Baldwin L, Elmore JG. Computer-aided detection in mammography: downstream impact on diagnostic testing, ductal carcinoma in-situ treatment, and costs. *JAMA Intern Med* 2014 Oct 27. doi: 10.1001/jamainternmed.2014.5410. [Epub ahead of print]
33. Lam DL<sup>#</sup>, Pandharipande PV, Lee JM, Lehman CD, **Lee CI**. Imaging-based screening: understanding the controversies. *AJR Am J Roentgenol* 2014; 203(5):952-6.
34. **Lee CI**, Alagoz O, Cevik M, Sprague BL, Tosteson AN, Miglioretti DL, Kerlikowske K, Stout N, Jarvik JG, Ramsey SD, Lehman CD. Comparative effectiveness of combined digital mammography and tomosynthesis screening for women with dense breasts. *Radiology* 2014 Oct 13:141237 [Epub ahead of print].
35. Gold LS, **Lee CI**, Devine B, Nelson H, Chou R, Ramsey S, Sullivan SD. Imaging techniques for treatment evaluation for metastatic breast cancer. Rockville (MD): Agency for Healthcare Research and Quality; 2014 Oct. Report No: 14-EHC044-EF. PMID: 25375016.
36. **Lee CI**, Gold LS, Nelson HD, Chou R, Ramsey SD, Sullivan SD. Comparative effectiveness of imaging modalities to determine metastatic breast cancer treatment response. *Breast* 2014 Dec 2. doi: 10.1016/j.breast.2014.11.009. [Epub ahead of print]
37. Sprague BL, Stout NK, Schechter C, van Ravesteyn NT, Cevik M, Alagoz O, **Lee CI**, van den Broek JJ, Miglioretti DL, Mandelblatt JS, de Koning HJ, Kerlikowske K, Lehman CD, Tosteson AN. Potential impact of legislation mandating breast density notification: benefits, harms, and cost effectiveness of supplemental ultrasound screening. *Ann Intern Med* 2015 Dec 9. doi:10.7326/M14-0692. [Epub ahead of print]
38. Fuller M, **Lee CI**, Elmore JG. Breast cancer screening: an evidence-based update. *Med Clin North Am* 2015; in press.

<sup>#</sup>trainee mentee

## **B. Medical Books**

1. Lee CI, Baron SJ. Lange Flashcards: Pathology. 1st Edition. McGraw-Hill, 2004. ISBN-13: 978 0071436908.
2. Lee CI, Baron SJ. Lange Flashcards: Biochemistry & Genetics. 1st Edition. McGraw-Hill, 2005. ISBN 13: 9780071447362.
3. Lee CI, Baron SJ. Lange Flashcards: Pharmacology. 1st Edition. McGraw-Hill, 2005. ISBN-13: 9780071453653.
4. Lee CI, Baron SJ. Lange Flashcards: Pathology. 2nd Edition. McGraw-Hill, 2009. ISBN-13: 9780071613057.
5. Lee CI, Baron SJ. Lange Flashcards: Pharmacology. 2nd Edition. McGraw-Hill, 2009. ISBN-13: 9780071622417.
6. Lee CI, Baron SJ. Lange Flashcards: Biochemistry & Genetics. 2nd Edition. McGraw-Hill, 2012. ISBN-13: 978-0071765800.
7. Lee CI, Baron SJ. Lange Flashcards: Pathology. 3rd Edition. McGraw-Hill, 2013. ISBN-13: 978-0071793568.
8. Lee CI, Baron SJ. Lange Flashcards: Pharmacology. 3rd Edition. McGraw-Hill, 2013. ISBN-13: 978-0071792912.
9. Lee CI. 50 Imaging Studies Every Doctor Should Know. Oxford University Press; in progress.
10. Lee CI, Lehman CD, Bassett LW (editors). Rotations in Radiology: Breast Imaging. Oxford University Press; in progress.

## **C. Book Chapters**

1. Lee CI, Elmore JG. Radiation-related effects of imaging studies for screening and diagnosis. In: UpToDate, Basow, DS (Ed), UpToDate, Waltham, MA. 2011.
2. Lee CI, Elmore JG. Breast cancer screening. In: Diseases of the Breast, Harris, JS (Ed), 5<sup>th</sup> edition, Lippincott Williams & Wilkins, Philadelphia, PA, 2014.

## **E. Editorials (Lay Press)**

1. Lee CI. Germ of Truth. *The Phoenix New-Times*, July 26, 1998.
2. Lee CI. Tuberculosis Still Taking a Heavy Toll. *The Denver Post*, September 7, 1998.
3. Lee CI. TB Treatment is a National Security Issue. *News & Record*, October 18, 1998.

4. Lee CI. TB Still Thrives. *The Commercial Appeal*, January 10, 1999.
5. Lee CI. U.S. Can't Ignore Implications of TB Plaguing Russia. *USA Today*, February 8, 1999.
6. Lee CI, Forman HP. Weighing Value, Risk of Full Body Scan. *American Medical News*. March 5, 2007.
7. Lee CI. Study Results Renew Debate Over Value of Mammography. *Hematology/Oncology Today*, February 10, 2013.

#### **F. Letters to the Editor**

1. Hofvind S, Lee CI, Elmore JG. Comparing attendees with non-attendees in breast screening does not provide useful information about an effect on prognostic features or mortality [author reply]. *Breast Cancer Res Treat* 2012; 136(2):617-620.
2. Lee CI, Bassett LW, Lehman CD. Breast density legislation [author reply]. *Radiology* 2013; 266(3):997-998.

#### **G. Abstracts**

1. Lee CI, Haims AH, Monico EP, Forman HP. Assessing informed consent and patient awareness of radiation dose associated with CT scans. Radiological Society of North America Annual Meeting. Chicago, IL. December, 2002.
2. Lee CI, Haims AH, Monico EP, Forman HP. Assessing provider informed consent practices and awareness of radiation dose associated with CT scans. American Roentgen Ray Society Annual Meeting. San Diego, CA. May, 2003.
3. Lee CI, Haims AH, Monico EP, Forman HP. Emergency physician informed consent practices and awareness of radiation dose associated with diagnostic CT scans. Connecticut College of Emergency Physicians Annual Meeting. November, 2002.
4. Lee CI, Flaster H, Haims AH, Monico EP, Forman HP. Institutional informed consent policies regarding CT scans at major academic medical centers. Association of University Radiologists Annual Meeting. Montreal, Quebec. May, 2005.
5. Lee CI, Haims AH, Monico EP, Brink JA, Forman HP. Informed consent and radiation risks associated with diagnostic CT scans. *Yale Journal of Biology and Medicine* Volume 78, page 116, 2005.
6. Lee CI, Tsai EB, Sigal BM, Plevritis SK, Garber AM, Rubin GD. Incidental extracardiac findings on screening coronary CT: clinical and economic impact. Radiological Society of North America Annual Meeting. Chicago, IL. December, 2009.
7. Mogensen MA, Lerner A, Lee CI, Shiroishi MS, Go JL, Law M, Lee KH. Radiation dose in medical imaging: current recommendations and pitfalls with a focus on the CT stroke protocol. Radiological Society of North America Annual Meeting. Chicago, IL. November, 2010.

8. **Lee CI**, Petrusse AS, Marzan-McGill R, Wells CJ, Mangione CM, Bassett LW, Naeim A. Patient's willingness to donate a biospecimen at screening mammography for future genetic research. Robert Wood Johnson Foundation Clinical Scholars Annual Meeting. Washington, DC. November, 2011.
9. **Lee CI**, Petrusse AS, Marzan-McGill R, Bassett LW, Wells CJ, Naeim A. Patients' concerns and attitudes in regards to providing a biospecimen at screening mammogram for research purposes. Radiological Society of North America Annual Meeting. Chicago, IL. December, 2011.
10. Perry WM, **Lee CI**, Steers WN, Post L, Forman HP. Time-motion analysis of emergency department physicians and emergency radiologists at a level 1 trauma facility. Radiological Society of North America Annual Meeting. Chicago, IL. November, 2012.
11. Grauke LJ, **Lee CI**, DeMartini WB, Newstead GM, Sandhir V, Lehman CD. Radiologists' performance in the ACR breast MR with guided biopsy course. Association of University Radiologists Annual Meeting. Los Angeles, CA. April, 2013.
12. Rochelle MC, **Lee CI**, Ichikawa L, Kerlikowske K, Joe BN, Sprague BL, Wernli KJ, DeMartini WB, Lehman CD. Variation in breast MRI BI-RADS assessment by clinical indication in U.S. community settings. Association of University Radiologists Annual Meeting. Los Angeles, CA. April, 2013.
13. Obadina ET, Bogart A, **Lee CI**, Hubbard RA, Hill DA, Sprague BL, Haas JS, Tosteson AN, DeMartini WB, Lehman CD, Onega T. Variations in the availability of advanced breast imaging based on radiology facility characteristics. Association of University Radiologists Annual Meeting. Baltimore, MD. April, 2014.
14. Obadina ET, Bogart A, **Lee CI**, Hubbard RA, Hill DA, Sprague BL, Haas JS, Tosteson AN, DeMartini WB, Lehman CD, Onega T. Advanced breast imaging availability and associations with radiology facility-level characteristics. AcademyHealth Annual Meeting. San Diego, CA. June, 2014.
15. Germino J, Bogart A, Onega T, Goldman LE, Hubbard RA, Haas JS, Hill DA, Tosteson AN, Alford-Teaster JA, DeMartini WB, Lehman CD, **Lee CI**. On-site availability of advanced breast imaging modalities at screening facilities serving vulnerable populations. Society of Breast Imaging Annual Meeting. Orlando, FL. April, 2015. (submitted)
16. Sprague BL, Stout NK, Schechter C, van Ravesteyn NT, Cevik M, Alagoz O, **Lee CI**, van den Broek JJ, Miglioretti DL, Mandleblatt JS, de Koning HJ, Kerlikowske K, Lehman CD, Tosteson AN. Potential impact of legislation mandating breast density notification: benefits, harms, and cost effectiveness of supplemental ultrasound screening. International Cancer Screening Network Meeting. Rotterdam, The Netherlands. June, 2015. (submitted)
17. Miglioretti DL, Lange J, Hubbard R, van den Broek J, Lee CI, Melnikov J, Fenton JJ, Kerlikowske K, de Koning H, van Revestyn N. Radiation-induced breast cancer and breast cancer death from mammography screening. . International Cancer Screening Network Meeting. Rotterdam, The Netherlands. June, 2015. (submitted)

## **H. Oral Presentations and Panel Discussions**

1. **Lee CI**, Gayle H, Stokes L. The world's leading infectious disease killers: TB and malaria. U.S. Congressional Briefing. Rayburn House Office Building, Washington, D.C., September 28, 1998.
2. **Lee CI**. The U.S. response to the global multi-drug resistant tuberculosis epidemic. Rotary International Meeting. Washington, D.C., March 9, 1999.
3. **Lee CI**. Emergency physician informed consent practices and awareness of radiation dose associated with diagnostic CT scans. Connecticut College of Emergency Physicians Annual Meeting. Hartford, CT, November 15, 2002.
4. **Lee CI**. Assessing informed consent and patient awareness of radiation dose associated with diagnostic CT scans. Radiological Society of North America Annual Meeting. Chicago, IL, December 3, 2002.
5. **Lee CI**. Institutional informed consent policies regarding diagnostic CT scans at major academic medical centers. Association of University Radiologists Annual Meeting. Montreal, Quebec, May 4, 2005.
6. **Lee CI**. Radiology group practice models. California Radiological Society Annual Meeting. Newport Beach, CA, October 20, 2007.
7. **Lee CI**. Extracardiac incidental findings on screening coronary CT: clinical and economic impact. Radiological Society of North America Annual Meeting. Chicago, IL, December 1, 2009.
8. **Lee CI**. Patients' concerns and attitudes in regards to providing a biospecimen at screening mammogram for research purposes. Radiological Society of North America Annual Meeting. Chicago, IL, December 1, 2011.
9. **Lee CI**. An introduction to the cost-effectiveness analysis of adjunct screening breast tomosynthesis for women with dense breasts. Association of University Radiologists Annual Meeting. San Antonio, TX, March 21, 2012.
10. **Lee CI**. Citizenship in radiology: introduction to a concept and its measure. ACR Human Resources Commission. Radiological Society of North America Annual Meeting. Chicago, IL, November 26, 2012.
11. **Lee CI**. Cost-effectiveness analysis of adjunct tomosynthesis for screening women with dense breasts. GE AUR Radiology Research Academic Fellowship Annual Winter Meeting. San Diego, CA, February 14, 2013.
12. **Lee CI**. Comparative effectiveness and patient-centered outcomes research. Association of University Radiologists Annual Meeting. Los Angeles, CA, April 10, 2013.
13. **Lee CI**. Fostering research in the new radiology curriculum. Association of University Radiologists Annual Meeting. Los Angeles, CA, April 12, 2013.
14. **Lee CI**. Current evidence for adjunct screening with digital breast tomosynthesis. Washington State Radiological Society Annual Meeting. Seattle, WA, June 1, 2013.

15. **Lee CI.** Variation in availability of advanced breast imaging based on facility characteristics. Breast Cancer Surveillance Consortium P01 Annual Meeting. Sausalito, CA, June 4, 2013.
16. **Lee CI.** Variation in breast MRI BI-RADS assessments and recall rates by clinical indication in U.S. community settings. Breast Cancer Surveillance Consortium P01 Annual Meeting. Sausalito, CA, June 5, 2013.
17. **Lee CI.** Cost-effectiveness analysis of adjunct breast tomosynthesis for screening women with dense breasts. Breast Cancer Surveillance Consortium P01 Annual Meeting. Sausalito, CA, June 5, 2013.
18. **Lee CI.** Current controversies and challenges: evidence for adjunct digital breast tomosynthesis for screening. University of Washington CME Course: Current Concepts and Challenges in Breast Cancer. Seattle, WA, October 24, 2013.
19. **Lee CI.** Introduction to academic radiology: opportunities for radiology health services research. Radiological Society of North America Annual Meeting. Chicago, IL, December 2, 2013.
20. **Lee CI.** Update: cost-effectiveness of adjunct tomosynthesis for screening women with dense breasts. GE AUR Radiology Research Academic Fellowship Annual Winter Meeting. San Diego, CA, February 6, 2014.
21. **Lee CI.** Cost-effectiveness analysis of adjunct tomosynthesis for screening women with dense breasts. Association of University Radiologists Annual Meeting. Baltimore, MD, April 3, 2014.
22. **Lee CI.** Availability of advanced breast imaging at facilities serving vulnerable populations. Breast Cancer Surveillance Consortium P01 Annual Meeting. Gaithersburg, MD, May 22, 2014.
23. **Lee CI.** Breast cancer screening: present and future. Washington State Radiological Society Annual Meeting. Seattle, WA, November 8, 2014.
24. **Lee CI.** Introduction to health services and policy research in radiology. Radiological Society of North America Annual Meeting. Chicago, IL, December 3, 2014.

## Appropriate Imaging for Breast Cancer Screening in Special Populations

### An Assessment of Comparative Clinical Effectiveness & Comparative Value

Presented to the Washington State Health Care Authority by  
Daniel A. Ollendorf, PhD  
January 16, 2015



## Overview

- Project Scope, Comparators, Outcomes of Interest
- Breast Density Legislation
- Systematic Review of Published Evidence
- Comparative Value
- Evidence Ratings
- Clinical Guidelines
- Payer Coverage Policies
- Summary

2



## Background

- Breast cancer: most common form of cancer in women
  - ~240,000 new cases annually in U.S.
  - ~40,000 deaths
- Breast cancer mortality in decline for past 25 years
  - Most models suggest that about half of decline due to early detection from mammography, about half from improvements in therapy
  - Some controversy around these estimates, however

3



## Background

- Screening mammography
  - Benefits of screening established in 9 RCTs of >600,000 women followed for 10-20 years
    - 20-25% reductions in mortality after 15 years of follow-up in women age 50-69
- Film mammography replaced by digital technology in mid-2000s:
  - Better image precision, including better contrast resolution in women with dense breast tissue

4



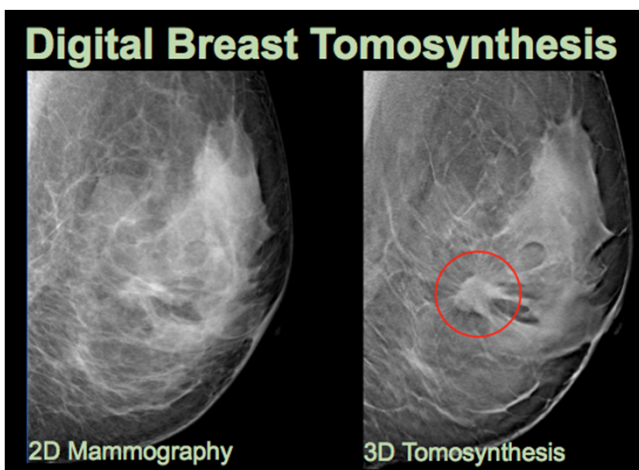


## Digital Breast Tomosynthesis (DBT)

- An extension of digital mammography
- Acquires multiple images in an arc around the breast
  - Software reconstructs individual “slices” (tomograms) in addition to standard 2D mammogram
- Virtual 2D image can be created so that DBT radiation exposure  $\approx$  digital mammography
- Rapid adoption of technology:
  - Likely to be accelerated by new CPT code (effective 1/1/15)

5

## DBT vs. DM Image



6

Source:  
<http://www1.prweb.com/prfiles/2010/11/27/4280464/Screenshot20101127at5.03.34PM.png>

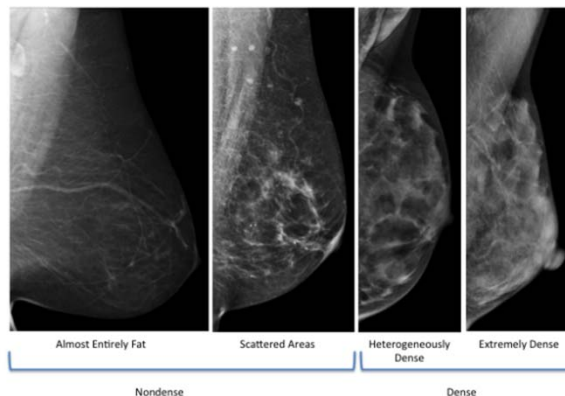
## Breast Density

- Areas that absorb more x-ray energy and appear more “white” on mammography
- 4-category qualitative rating scale
  - heterogeneously dense: may obscure small masses
  - extremely dense: may lower sensitivity of mammography
- Density-related decrease in sensitivity of film mammography mitigated somewhat by digital mammography
- Density also an independent risk factor for breast cancer

7



## Breast Density on Mammography



8

Source: Scheel JR et al. Am J Obstet Gynecol. 2014 Jun 21. pii: S0002-9378(14)00628-0. doi: 10.1016/j.ajog.2014.06.048 (Epub ahead of print)



## Breast Density Legislation

- National advocacy sparked by efforts of breast cancer survivor with missed cancer on mammography
- 19 states have passed legislation requiring notification of dense breast tissue with mammography
  - 2 of these require insurance coverage for supplemental screening
- State of Washington: bill introduced in January 2014, but never debated on House or Senate floors
- Major concern: legislative mandate that outpaces accumulation of scientific evidence

9



## Supplemental Modalities in Women with Dense Breast Tissue

- Magnetic resonance imaging (MRI)
  - Similar process to DBT (reconstruction of detailed cross-sectional views) but using strong magnetic fields instead of x-ray energy
- Handheld ultrasound (HHUS)
  - Used for screening and also to visualize cyst aspiration and breast biopsy
- Automated whole breast ultrasound (ABUS)
  - Newest technology, uses an automated transducer rather than handheld probe for image acquisition

10



## Key Questions

1. What is the effectiveness of screening with digital breast tomosynthesis (DBT) vs. digital mammography among women aged 40-74 who are candidates for screening mammography?
2. What is the comparative effectiveness of handheld ultrasonography, automated ultrasonography, and magnetic resonance imaging when used as supplemental screening modalities in women with dense breast tissue and a negative mammogram or negative DBT result?
3. What are the documented and potential harms associated with these imaging tests, including overdiagnosis and overtreatment, unnecessary biopsy as a result of false-positive imaging, patient anxiety, and radiation exposure?

11



## Key Questions

4. What is the differential effectiveness and safety of the tests of interest according to such factors as age, race or ethnicity, comorbidities, BMI, method of breast density classification, overall breast cancer risk, scan vendor, and imaging protocol (e.g., whether ultrasound is performed by a radiologist, technologist, or some combination of the two)?
5. What are the costs and cost-effectiveness (e.g., cost per cancer detected) of the imaging modalities of interest?

12



## Project Scope

### Population:

- DBT: All asymptomatic women age 40-74 who are candidates for screening mammography every 1-2 years
- Supplemental screening: All asymptomatic women age 40-74 with heterogeneously or extremely dense breast tissue and normal mammography or DBT result

### Supplemental Screening Tests:

- MRI
- HHUS
- ABUS

13



## Project Scope

### Comparators

- DBT: Digital mammography was primary comparator (film mammography studies were allowed)
- Supplemental screening: head-to-head, vs. no supplemental screening
- Also allowed comparisons to clinical/self exams or other forms of additional follow-up

14



## Project Scope

### Outcomes:

- Breast cancer mortality
- Health-related quality of life
- Cancers detected/missed
- Rates of recall and biopsy
- Other test characteristics (e.g., sensitivity and specificity, PPV)
- Harms (radiation, “overdiagnosis”, unnecessary workup)

15



## Literature Search

- Published studies Jan 1990 – Nov 2014
- All study designs included, regardless of comparator(s) or duration of follow-up
- Excluded studies that focused only on technical performance (e.g., image precision)

16



## Study Quality Ratings

- RCTs/Cohorts: USPSTF Criteria
- Diagnostic Accuracy Studies: QUADAS-2 with certain modifications
  - Use of digital vs. film mammography as reference standard
  - Method for classification of breast density
  - “Good”: consecutive sample, low withdrawal rate, sufficient follow-up
  - “Fair”: allowance for small differences between groups or loss to follow-up
  - “Poor”: insufficient follow-up, selection bias, substantial and/or differential loss to follow-up, inappropriate interval between test and reference standard

17

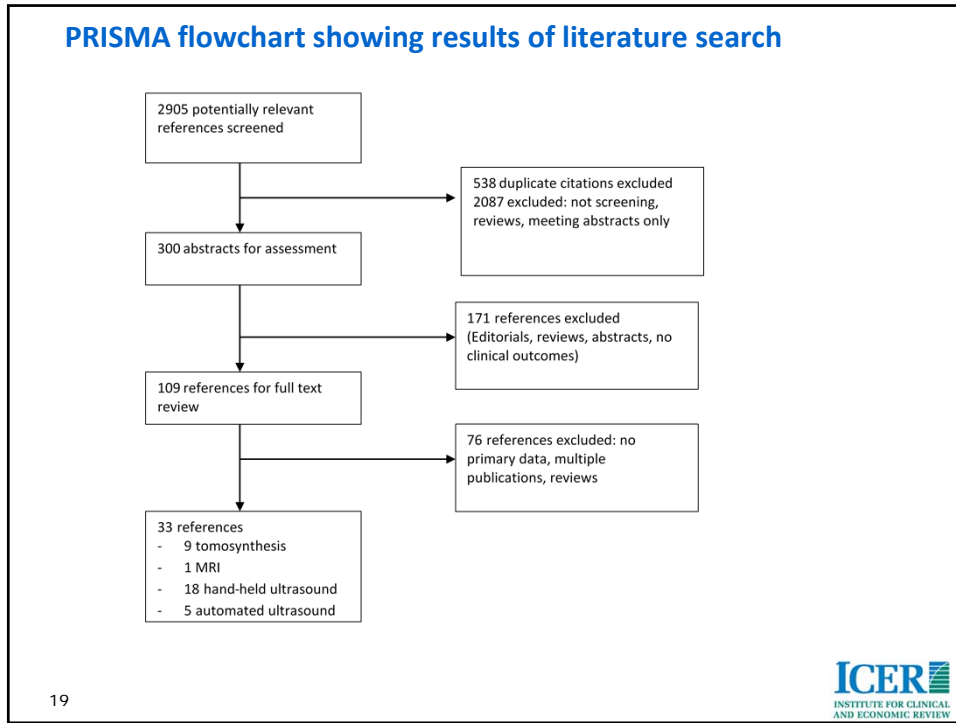


## Overall Strength of Evidence

- Risk of bias: study design and quality
- Consistency: direction and magnitude of findings
- Directness: direct comparison of major interventions and/or direct measurement of key outcomes
- Precision: confidence interval around estimates of intervention effect

18





# Findings

20



## Quality & Type of Evidence

- No studies directly measuring impact of testing on breast cancer morbidity and/or mortality
- No RCTs
- DBT: All studies rated poor
  - Insufficient follow-up for interval cancers and/or
  - Imbalanced patient groups and/or
  - Selection bias
- Few good-quality studies of supplemental tests
  - One RCT of MRI, but not in target population

21



## KQ1: Effectiveness of DBT


22




***0 RCTs, 9 Cohort Studies, Total N=313,298***

TEST	COMPARATOR	STRENGTH OF EVIDENCE	DIRECTION OF EFFECT
<b>Effectiveness of Screening</b>			
DBT	Digital mammography; film mammography	Low	Incremental test performance vs. DM; improved cancer detection Incomplete follow-up precludes definitive conclusions

23



- ## DBT Studies
- Earliest large studies came from Europe (Ciatto, 2013; Skaane, 2013)
    - 10-15% reductions in recall
    - 30-50% increase in cancer detection rate (~1-2 add'l cancers per 1,000)
  - Largest US multicenter study was recently published (Friedewald, 2014) (N=~174,000 receiving DBT)
    - 17% reduction in recall *but* 7% increase in biopsy
    - 29% increase in cancer detection
  - Only US study with complete follow-up had imbalanced groups and 20% loss to follow-up (Destounis, 2014)
- 24
- 

## Estimated Yield: DBT vs. DM

Statistic	Digital mammography	DBT+Digital mammography	SOE
Recall rate per 1,000	100-160	80-140	Moderate
Biopsy rate per 1,000	14-22	12-27	Low-moderate
CDR per 1,000	3-5	4-6	Low
PPV3	20-25%	25-30%	Low-moderate

CDR: cancer detection rate; PPV3: positive predictive value of biopsies actually performed

25



## KQ2: Effectiveness of Supplemental Screening

26



**0 RCTs, 24 Cohort Studies (18 HHUS, 5 ABUS, 1 MRI)**

TEST	COMPARATOR	STRENGTH OF EVIDENCE	DIRECTION OF EFFECT
<b>Effectiveness of Supplemental Screening</b>			
HHUS N=96,002	Digital or film mammography alone	Low-moderate	Comparable: small increase in cancer detection vs. very high false-positive rate; substantial study heterogeneity
ABUS N=28,093	Digital mammography alone	Insufficient	Substantial study heterogeneity; wide variation in study findings
MRI N=427*, 5,652	Digital or film mammography alone	Low	Likely incremental to mammography but limited evidence in target population

\*Single study in women with dense breast tissue and negative mammogram; others in women at very high breast cancer risk

## HHUS Studies

- 18 studies conducted worldwide in ~100,000 women with dense breast tissue and negative mammogram
  - Only 4 with digital mammography
- High degree of between-study heterogeneity, results ranged widely
  - Recall 21-186 per 1,000: all prospective studies had recall rates >100 per 1,000
  - Cancer detection rate: 0.4-14 per 1,000 (median 3.2)
  - Biopsy rate: 12-114 per 1,000 (median 46); PPV3 on biopsy very low (range 3-18%)

## ACRIN 6666 Trial

- Only prospective US-based trial of HHUS with multiple screening rounds (N=2,809)
  - But in *high-risk population only*
  - Women randomized to receive mammography alone or mammography+ultrasound in alternate order
  - Depending on screening round, HHUS arm saw increase in cancer detection of 4-6 per 1,000
  - However, in first screening round:
    - More than twofold increase in recall (266 vs. 115 per 1,000)
    - More than fourfold increase in biopsy (102 vs. 24 per 1,000) and PPV3 of only 6.8%
  - Similar patterns in subsequent screening rounds

29



## Estimated Yield: HHUS+DM vs. DM

Statistic	Digital Mammography	Incremental Yield With HHUS	SOE
Recall rate per 1,000	100-120	30-100	Low
Biopsy rate per 1,000	14-22	30-60	Low-moderate
CDR per 1,000	3-5	2-4	Moderate-high
PPV3	20-25%	5-7%	High

CDR: cancer detection rate; PPV3: positive predictive value of biopsies actually performed

30



## ABUS Studies

- 5 studies of 28,000 women; no RCTs
- Even more heterogeneity than seen with HHUS:
  - Recall 23-207 per 1,000
  - Cancer detection rate: 0-12 per 1,000
  - Biopsy rate: 12-36 per 1,000 (but not reported in 2 of the 5 studies)
  - PPV3: 0% and 9.8% in the 2 studies reporting these data

31



## Brem, 2014

- Large, prospective, multinational study (N=~15,000) of fair quality
- 35% increase in cancer detection (7.3 vs. 5.4 per 1,000)
- Nearly twofold increase in recall (285 vs. 150 per 1,000)
- Biopsy rate of 36 per 1,000, PPV3 = 9.8%
- PPV1 (% of abnormal screening results resulting in cancer diagnosis) lower for ABUS+DM vs. DM alone (2.6% vs. 3.6% respectively)

32



## Estimated Yield: ABUS+DM vs. DM

Statistic	Digital Mammography	Incremental Yield With ABUS	SOE
Recall rate per 1,000	100-120	30-100	Insufficient
Biopsy rate per 1,000	14-22	30-60	Insufficient
CDR per 1,000	3-5	2-4	Insufficient
PPV3	20-25%	5-7%	Insufficient

CDR: cancer detection rate; PPV3: positive predictive value of biopsies actually performed

*Due to high uncertainty, yield estimates same as for HHUS*

33

## MRI Studies

- Only 1 study in target population (women with dense breasts and normal mammogram):
  - High sensitivity, specificity and PPV, but...
  - MRI used as third-line screen after normal DM *and* ultrasound; and
  - Population was very high risk (nearly half of women had personal history of breast cancer)
- Studies in other high risk populations added for context:
  - Sensitivity: 71-100%; Specificity: 76-98%
  - Cancer detection rate: 8-67 per 1,000
  - Biopsy rate: 29-157 per 1,000
    - PPV3: 17-89% (median 48%)

34

## Estimated Yield: MRI+DM vs. DM

Statistic	Digital Mammography	Incremental Yield With MRI	SOE
Recall rate per 1,000	100-120	100-120	Low
Biopsy rate per 1,000	14-22	20-40	Low
CDR per 1,000	3-5	3-11	Low
PPV3	20-25%	22%-48%	Low

CDR: cancer detection rate; PPV3: positive predictive value of biopsies actually performed

35



## KQ3: Harms of General Population or Supplemental Screening

36






TEST	COMPARATOR	STRENGTH OF EVIDENCE	DIRECTION OF EFFECT
<b>Potential Harms of Screening</b>			
All	Digital or film mammography alone	Insufficient	General underreporting of harms (1) Magnitude of overdiagnosis unclear and controversial (2) Unnecessary biopsy—reported complications <1%, but patient anxiety also of concern (3) Only DBT involves radiation exposure, approximately equal to mammography*


\*Best estimates from modeling studies suggest <1 add'l cancer per 1,000 screened after 20 screening rounds with mammography or DBT

37



## KQ4: Differential Effects of Screening in Key Subgroups


38



TEST	COMPARATOR	STRENGTH OF EVIDENCE	DIRECTION OF EFFECT
<b>Potential Harms of Screening</b>			
All	Digital or film mammography alone	Insufficient	Subgroup data extremely limited (1) Improvements in test performance appear to be mostly independent of age (2) Technologist/radiologist experience also not a significant predictor (3) Some early data suggest a "learning curve" with use of ABUS*


\*Arleo 2013: Recall rate dropped from 247 per 1,000 to 126 per 1,000 between first and third calendar quarters after implementation

39



## KQ5: Costs and Cost-Effectiveness of Screening Tests of Interest


40



**5 Studies**

TEST	COMPARATOR	STRENGTH OF EVIDENCE	DIRECTION OF EFFECT
<b>Costs and Cost-effectiveness of Screening</b>			
DBT	DM	Insufficient	\$50,000-\$100,000 per QALY gained in single model-based study (biennial screening, dense breasts only)
HHUS	Digital or film mammography alone	Low	4 studies: \$325,000 per QALY gained, \$60,000-\$200,000 per add'l cancer detected
ABUS	Digital mammography alone	Insufficient	No studies in target population
MRI	Digital or film mammography alone	Insufficient	No studies in target population


41



## Economic Impact of Frontline and Supplemental Screening: Published Evidence

- DBT+DM vs. DM:
  - Single decision analysis of *biennial screening in women with dense breasts* (DBT premium: \$50)
  - DBT: 0.5 fewer deaths and 405 fewer false positives per 1,000 after 12 screening rounds
  - Cost-effectiveness: \$54,000 per QALY gained
- Supplemental screening (HHUS+DM vs. DM alone):
  - Four studies (one model, three single-center evaluations)
  - Modeled cost-effectiveness: \$325,000 per QALY gained
  - Single-center studies: \$60,000-\$200,000 per additional cancer detected

42



## Economic Impact of Frontline and Supplemental Screening: ICER Cohort Model

- Target Populations:
  - Asymptomatic Washington women age 40-74 eligible for general screening
  - As above but with dense breast tissue and negative mammogram or DBT
- Strategies:
  - DBT/DM vs. DM (frontline)
  - DM+HHUS, ABUS, or MRI vs. DM or DBT alone (supplemental)
- Costs
  - Medicare fee schedule

43

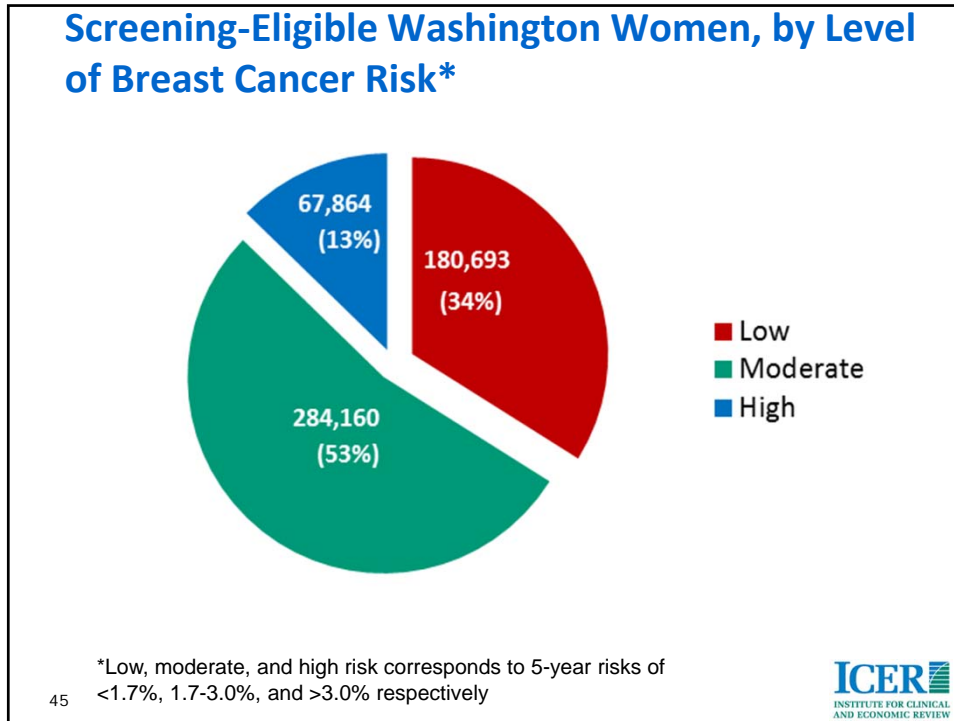


## Economic Impact of Frontline and Supplemental Screening: ICER Cohort Model

- Outcomes and costs (per 1,000 tested) over 1 year:
  - Recalls, biopsies, false positives (with and without biopsy), cancers detected, cancers missed (interval cancers)
  - Costs of screening, recall, biopsy, and detection of interval cancers
  - Supplemental screening results stratified by overall breast cancer risk
- Key assumptions:
  - Perfect compliance with frontline and supplemental screening
  - Supplemental screening would occur immediately following negative DM or DBT result
  - All abnormal supplemental tests would result in biopsy
  - Assumed performance of certain tests in an average-risk population (e.g., MRI)

44

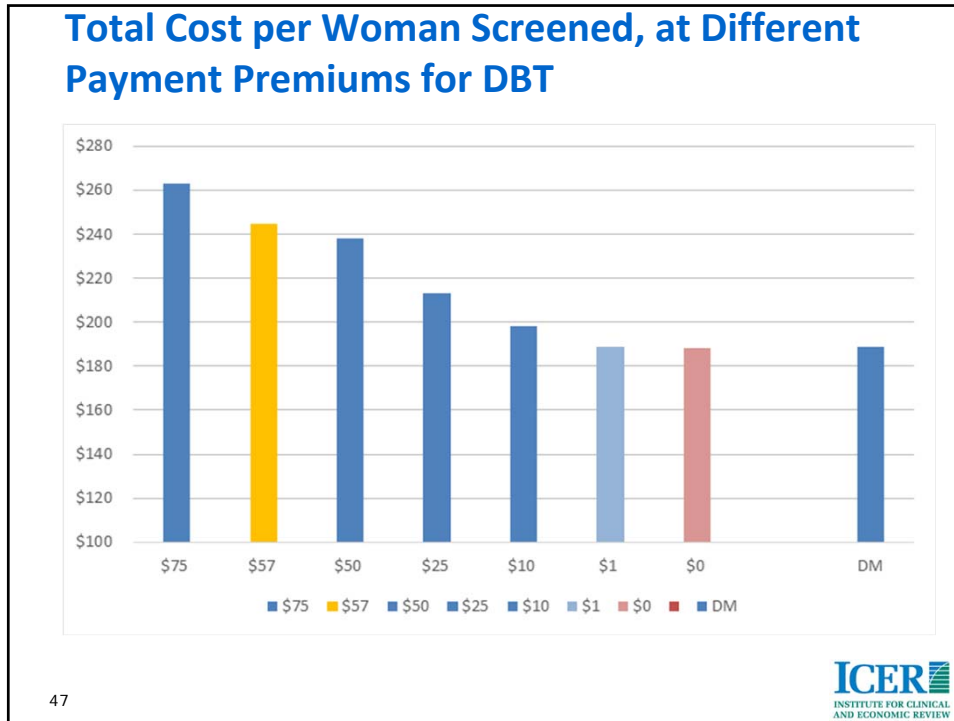




### Comparison of DBT to Digital Mammography, per 1,000 Women Screened

Outcome (per 1,000 screened)	Digital Mammography	DBT
<b>Overall Population</b>		
Recalls	107.0	91.0
Biopsies Performed	18.1	19.3
Cancers Detected (True Positives)	3.6	3.7
False Positive (with Biopsy)	14.5	15.6
False Positive (without Biopsy)	83.3	67.2
Cancers Missed (Interval Cancers)	0.7	0.6
Cost (per Woman Screened, \$)	189	245
<b>Women w/Dense Breast Tissue</b>		
Recalls	130.6	114.6
Biopsies Performed	22.1	24.3
Cancers Detected (True Positives)	4.2	4.3
False Positive (with Biopsy)	17.9	20.0
False Positive (without Biopsy)	105.7	89.6
Cancers Missed (Interval Cancers)	0.9	0.8
Cost (per Woman Screened, \$)	194	249

46



### Sensitivity Analyses on Test Performance

Outcome (per 1,000 screened)	DM Basecase Sn: 84.0 Sp: 90.0	DBT Basecase Sn: 85.5 Sp: 91.5	(A) Sn: 84.0 Sp: 91.5	(B) Sn: 87.0 Sp: 93.0	(C) Sn: 89.0 Sp: 95.0	(D) 1 add'l cancer detected
<b>Overall Population</b>						
Recalls	107.0	91.0	91.0	71.6	51.7	91.0
Biopsies Performed	18.1	19.3	19.3	15.2	11.0	19.3
Cancers Detected	3.6	3.7	3.6	3.8	3.9	4.7
False + (with Biopsy)	14.5	15.6	15.6	11.4	7.1	14.6
False + (w/o Biopsy)	83.3	67.2	67.2	52.3	32.4	67.2
Interval Cancers	0.7	0.6	0.7	0.6	0.5	0.6
Cost (per Woman Screened)	\$189	\$245	\$245	\$242	\$238	\$244

Sn: Sensitivity; Sp: Specificity; DM: Digital mammography; DBT: Digital breast tomosynthesis

NOTES: Recalls refer to positive mammograms or DBTs recalled for additional imaging and/or biopsy; findings may not sum perfectly due to rounding

48

## Supplemental Screening with HHUS, ABUS, or MRI: Results

- Rate of biopsy 3-4 times that of digital mammography alone
- 4-6 additional cancers detected over DM (but 1-2 of these have the potential to be overdiagnosed)
- All tests would identify nearly all of the cancers missed by mammography
- Incremental costs driven by cost of screening test: MRI (\$602), ABUS (\$243), HHUS (\$159)
- Cancer yield greatest in higher-risk women

49

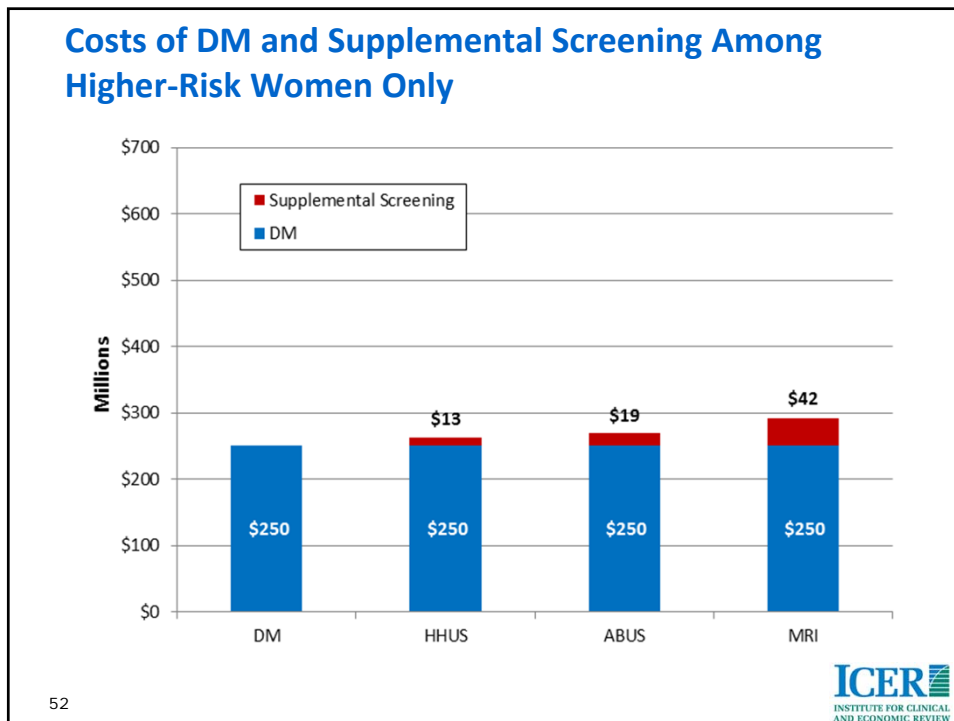
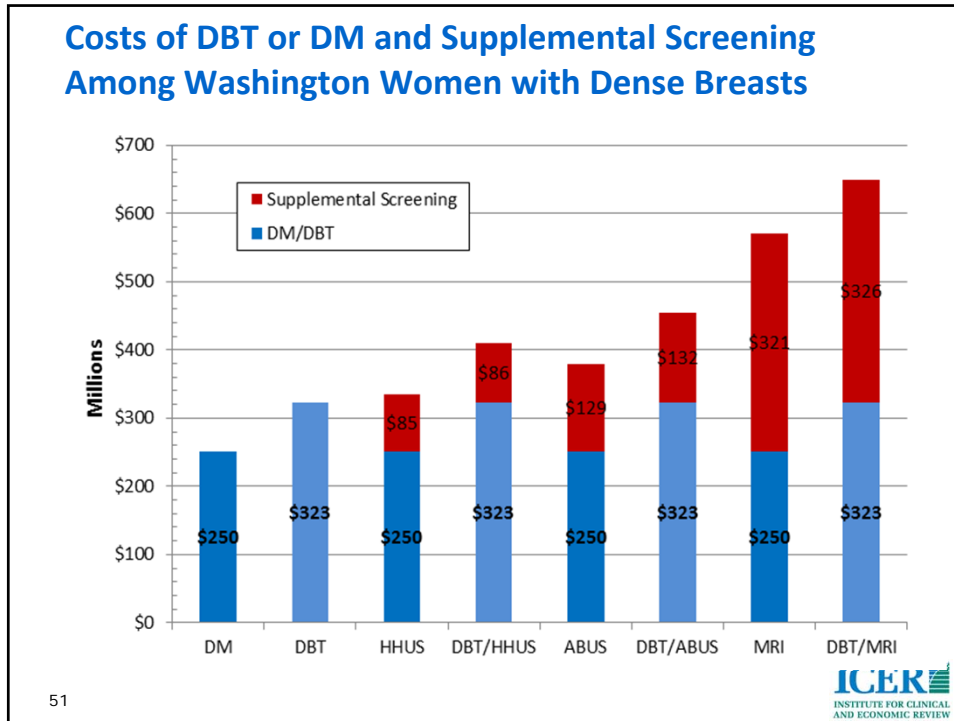


## Supplemental Screening with HHUS, ABUS, or MRI: Results

- When DBT was considered the frontline test, total strategy costs were similar:
  - Fewer women recalled for additional imaging, but...
  - More women sent to supplemental screening as a result of initial negative test
- When DBT assumed to detect 1 add'l cancer per 1,000, biopsy rate declined
  - Incremental costs of supplemental screening reduced by 2-11%, depending on type of test

50







## Economic Impact of Frontline and Supplemental Screening in Washington: Summary

- Comparison of DBT vs. digital mammography in all screening-eligible women suggests reductions in recall only offset a small % of additional screening costs:
  - Cost neutrality only approached with very small premium
  - Greater cost offsets seen with more optimistic scenarios for improved test performance
  - Reductions in recall would accumulate over longer time horizon
- Supplemental screening with any technology would substantially increase screening costs if performed in all women with dense breast tissue
  - Risk-based targeting results in much smaller increase

53




## Integrated Evidence Ratings

54




## ICER Rating Matrix

<i>Comparative Clinical Effectiveness</i>	Superior: A	Aa	Ab	Ac
	Incremental: B <sup>+</sup> /B	B <sup>+</sup> a Ba	B <sup>+</sup> b Bb	B <sup>+</sup> c Bc
	Comparable: C <sup>+</sup> /C	C <sup>+</sup> a Ca	C <sup>+</sup> b Cb	C <sup>+</sup> c Cc
	Inferior: D	Da	Db	Dc
	Promising but Inconclusive: P/I	Pa	Pb	Pc
	Insufficient: I	I	I	I
		a High	b Reasonable/Comp	c Low
55	<i>Comparative Value</i>			

## Evidence Ratings: DBT vs. DM

- Comparative Clinical Effectiveness: C+
- Comparative Value:
  - a (if premium <\$30)
  - b (if premium \$30-\$60)
  - c (if premium >\$60)

56



## Evidence Ratings: Supplemental Screening

- Comparative Clinical Effectiveness:

- MRI+DM vs. DM: B+ (A)\*
- HHUS+DM vs. DM: P (C+)\*
- ABUS+DM vs. DM: I

- Comparative Value:

- MRI+DM vs. DM: c (b)\*
- HHUS+DM vs. DM: c (b)\*
- ABUS+DM vs. DM: N/A

\*Rating in brackets reflects use in risk-targeted subgroup

57



## Clinical Practice Guidelines

58



## Practice Guidelines

- DBT:
  - ACS and NCCN note promise of DBT but do not recommend it as of yet
  - ACR and Wash. State Radiological Society (WSRS) describe benefits of DBT and encourage reimbursement of test to enable collection of long-term data
  - American Society of Breast Disease (ASBD) notes limitations that still remain with digital mammography and consider DBT a major advancement

59



## Practice Guidelines

- MRI (ACS, NCCN, ACR/SBI):
  - Recommended as adjunct to mammography in high-risk women (e.g., lifetime risk >20%, genetic mutations, history of chest radiation)
- HHUS:
  - ACS has no current recommendation for or against HHUS
  - NCCN does not recommend routine supplemental screening in women with dense breast tissue and no other risk factors
  - ACR/SBI recommends HHUS as an adjunct in MRI-eligible women who cannot have an MRI for any reason, and suggest consideration of HHUS in women with dense breast tissue
- ABUS:
  - No guidelines identified

60



## Payer Coverage Policies

61



### CMS

- HHUS/ABUS
  - Available NCD relates only to use for diagnosis
- MRI
  - Available NCD/LCDs relate only to use for diagnosis
- DBT
  - Final rule for 2015 relates only to separate payment for DBT, not to considerations of coverage

62



## Private Payers

- **HHUS/ABUS:**
  - Considered investigational as a screening tool by Humana, United, and CIGNA
  - No available policies from other national or regional payers
- **MRI:**
  - Generally covered only for women considered at high risk for breast cancer
  - Humana and United consider dense breast tissue an indication for adjunct MRI screening, regardless of other risk factors
- **DBT:**
  - Covered by Regence, but at no additional payment currently
  - Considered investigational by other regional/national payers

63



## Appendix: Quality Criteria

64



## Quality Ratings: USPSTF criteria and QUADAS-2

### Outcome Studies:

- **“Good”:**
  - Comparable groups with no or low attrition; intent-to-treat analysis used in RCTs
  - Reliable and valid measurement instruments used
  - Clear description of intervention and comparator(s)
  - All important outcomes considered
  - Attention to confounders in design and analysis
- **“Fair”:**
  - Generally comparable groups, some differential follow-up may occur; intent-to-treat analysis used in RCTs
  - Acceptable measurement instruments used
  - Some but not all important outcomes considered
  - Some but not all potential confounders are accounted for
- **“Poor”:**
  - Noncomparable groups and/or differential follow-up; lack of intent-to-treat analysis for RCTs
  - Unreliable or invalid measurement instruments used (including not masking outcome assessment)
  - Key confounders given little or no attention

65



## Quality Ratings: USPSTF criteria and QUADAS-2

### QUADAS-2 (Diagnostic Accuracy Studies):

- Designed to rate risk of bias and applicability in 4 key domains:
  - Patient selection
  - Index test
  - Reference standard
  - Flow and timing
- Rated in terms of % of studies with levels of bias risk or applicability concerns that are:
  - Low risk/concern
  - High risk/concern
  - Unclear

66







# HTCC Coverage and Reimbursement Determination Analytic Tool

HTA's goal is to achieve *better health care outcomes* for enrollees and beneficiaries of state programs by paying for proven health *technologies that work*.

To find best outcomes and value for the state and the patient, the HTA program focuses on three questions:

1. Is it safe?
2. Is it effective?
3. Does it provide value (improve health outcome)?

The principles HTCC uses to review evidence and make determinations are:

## Principle One: Determinations are evidence-based

HTCC requires scientific evidence that a health technology is safe, effective and cost-effective<sup>1</sup> as expressed by the following standards<sup>2</sup>:

- Persons will experience better health outcomes than if the health technology was not covered and that the benefits outweigh the harms.
- The HTCC emphasizes evidence that directly links the technology with health outcomes. Indirect evidence may be sufficient if it supports the principal links in the analytic framework.
- Although the HTCC acknowledges that subjective judgments do enter into the evaluation of evidence and the weighing of benefits and harms, its recommendations are not based largely on opinion.
- The HTCC is explicit about the scientific evidence relied upon for its determinations.

## Principle Two: Determinations result in health benefit

The outcomes critical to HTCC in making coverage and reimbursement determinations are health benefits and harms<sup>3</sup>:

- In considering potential benefits, the HTCC focuses on absolute reductions in the risk of outcomes that people can feel or care about.
- In considering potential harms, the HTCC examines harms of all types, including physical, psychological, and non-medical harms that may occur sooner or later as a result of the use of the technology.
- Where possible, the HTCC considers the feasibility of future widespread implementation of the technology in making recommendations.
- The HTCC generally takes a population perspective in weighing the magnitude of benefits against the magnitude of harms. In some situations, it may make a determination for a technology with a large potential benefit for a small proportion of the population.
- In assessing net benefits, the HTCC subjectively estimates the indicated population's value for each benefit and harm. When the HTCC judges that the balance of benefits and harms is likely to vary substantially within the population, coverage or reimbursement determinations may be more selective based on the variation.
- The HTCC considers the economic costs of the health technology in making determinations, but costs are the lowest priority.

<sup>1</sup>Based on Legislative mandate: See RCW 70.14.100(2).

<sup>2</sup>The principles and standards are based on USPSTF Principles at: <http://www.ahrq.gov/clinic/ajpmsuppl/harris3.htm>

<sup>3</sup>The principles and standards are based on USPSTF Principles at: <http://www.ahrq.gov/clinic/ajpmsuppl/harris3.htm>

## Using evidence as the basis for a coverage decision

Arrive at the coverage decision by identifying for Safety, Effectiveness, and Cost whether (1) evidence is available, (2) the confidence in the evidence, and (3) applicability to decision.

### 1. *Availability of Evidence:*

Committee members identify the factors, often referred to as outcomes of interest, that are at issue around safety, effectiveness, and cost. Those deemed key factors are ones that impact the question of whether the particular technology improves health outcomes. Committee members then identify whether and what evidence is available related to each of the key factors.

### 2. *Sufficiency of the Evidence:*

Committee members discuss and assess the evidence available and its relevance to the key factors by discussion of the type, quality, and relevance of the evidence<sup>4</sup> using characteristics such as:

- Type of evidence as reported in the technology assessment or other evidence presented to committee (randomized trials, observational studies, case series, expert opinion);
- The amount of evidence (sparse to many number of evidence or events or individuals studied);
- Consistency of evidence (results vary or largely similar);
- Recency (timeliness of information);
- Directness of evidence (link between technology and outcome);
- Relevance of evidence (applicability to agency program and clients);
- Bias (likelihood of conflict of interest or lack of safeguards).

Sufficiency or insufficiency of the evidence is a judgment of each clinical committee member and correlates closely to the GRADE confidence decision.

Not Confident	Confident
Appreciable uncertainty exists. Further information is needed or further information is likely to change confidence.	Very certain of evidentiary support. Further information is unlikely to change confidence

### 3. *Factors for Consideration - Importance*

At the end of discussion a vote is taken on whether sufficient evidence exists regarding the technology's safety, effectiveness, and cost. The committee must weigh the degree of importance that each particular key factor and the evidence that supports it has to the policy and coverage decision. Valuing the level of importance is factor or outcome specific but most often include, for areas of safety, effectiveness, and cost:

- Risk of event occurring;
- The degree of harm associated with risk;
- The number of risks; the burden of the condition;
- Burden untreated or treated with alternatives;

<sup>4</sup> Based on GRADE recommendation: <http://www.gradeworkinggroup.org/FAQ/index.htm>

- The importance of the outcome (e.g. treatment prevents death vs. relief of symptom);
- The degree of effect (e.g. relief of all, none, or some symptom, duration, etc.);
- Value variation based on patient preference.

## HEALTH TECHNOLOGY EVIDENCE IDENTIFICATION

### Discussion Document:

What are the key factors and health outcomes and what evidence is there?

Safety Outcomes	Safety Evidence
Radiation	
Over-diagnosis	
Unnecessary work up	
Efficacy – Effectiveness Outcomes	Efficacy / Effectiveness Evidence
Mortality	
Health related quality of life	
Cancers detected/missed	
Rates of recall and biopsy	
Sensitivity	
Specificity	
PPV	
Special Population / Considerations Outcomes	Special Populations/ Considerations Evidence
Cost	Cost Evidence
Cost	
Cost-effectiveness	
Cost-utility	

## Medicare Coverage and Guidelines

[From Page 35 of evidence report]

### 3. Medicare ...

#### 3.1 Breast Ultrasound

*Centers for Medicare and Medicaid Services (CMS)*

The national coverage determination (NCD) for breast ultrasound relates only to its use for diagnosis rather than screening. There is also no current local coverage determination (LCD) for screening that covers the state of Washington. LCDs for Illinois (L26890) and Kentucky (L31856) on breast imaging relate only to breast ultrasound's diagnostic use.

#### 3.2 Breast MRI

*Centers for Medicare and Medicaid Services (CMS)*

The national coverage determination (NCD) for MRI relates only to its general diagnostic use rather than as a breast cancer screening method. There is no local coverage determination (LCD) for breast MRI screening that covers the state of Washington. LCDs for Illinois (L26890) and Kentucky (L31856) cover the use of breast MRI, but, as with ultrasound, indications are limited to diagnostic purposes only.

#### 3.3 Digital Breast Tomosynthesis

*Medicare*

There are no published national or local coverage determinations for DBT.

[From Page 30 of evidence report]

## 2. Clinical Guidelines and Training Standards

### 2.1 Magnetic Resonance Imaging (MRI) of the Breast

#### The American Cancer Society (ACS) (2014)

<http://www.cancer.org/cancer/breastcancer/moreinformation/breastcancerearlydetection/breast-cancer-early-detection-ac-recs>

The ACS recommends annual adjunctive MRI for women at high risk for breast cancer. This includes women whose lifetime risk of breast cancer is 20% to 25% or greater; women who have a known *BRCA1* or *BRCA2* gene mutation, or who have a first-degree relative with these genetic mutations if they have not been tested themselves; women who had radiation therapy to the chest between ages 10 and 30; and women who have Li-Fraumeni syndrome, Cowden syndrome, or Bannayan-Riley-Ruvalcaba syndrome. The ACS recommends against MRI screening for women with a low lifetime risk of breast cancer, defined as less than 15%. The society suggests that there is not enough evidence to form MRI recommendations for women with moderate risk of developing breast cancer, or who may be at increased risk for breast cancer due to factors such as having extremely or heterogeneously dense breast tissue on mammogram, a personal history of breast cancer, ductal carcinoma in situ, lobular carcinoma in situ, atypical ductal hyperplasia, or atypical lobular hyperplasia.

#### National Comprehensive Cancer Network (NCCN) (2014)

[http://www.nccn.org/professionals/physician\\_gls/pdf/breast.pdf](http://www.nccn.org/professionals/physician_gls/pdf/breast.pdf)

The NCCN recommends MRI as an adjunct to mammography starting at age 30 for women with a lifetime risk of breast cancer greater than 20% (using Claus, BRCAPRO, BOADICEA, or Tyrer-Cuzick models), as well for women with mutations in *BRCA1*, *BRCA2*, *TP53*, or *PTEN* and their untested first-degree relatives. In addition,

they recommend annual screening MRI for those receiving radiation therapy to their chest between the ages of 10 to 30 years starting 8 to 10 years following the radiation therapy or at age 40, whichever comes first.

The NCCN guidelines also state that there is insufficient evidence to recommend for or against annual MRI screening for the following women: those with a 15% to 20% lifetime risk for breast cancer; those with a personal history of breast cancer, ductal carcinoma in situ, lobular carcinoma in situ, atypical ductal hyperplasia, atypical lobular hyperplasia; or those with heterogeneously dense or extremely dense tissue on mammography. NCCN recommends against MRI for women with a lifetime risk of less than 15%.

#### **American College of Radiology / Society of Breast Imaging (2010)**

[http://www.jacr.org/article/S1546-1440\(09\)00480-3/fulltext](http://www.jacr.org/article/S1546-1440(09)00480-3/fulltext)

Joint guidelines from the American College of Radiology and the Society of Breast imaging recommend annual screening MRI examinations starting at age 30 for BRCA mutation carriers and their untested first degree relatives, for women with greater than a 20% lifetime risk for breast cancer on the basis of family history, women with a history of chest irradiation (usually for Hodgkin's disease), and a single screen of the contralateral breast for women with newly diagnosed breast cancer (Lee et al., 2010). They recommend considering screening MRI for women with a lifetime risk between 15% and 20% on the basis of a personal history of breast or ovarian cancer or biopsy proven lobular neoplasia or atypical ductal hyperplasia.

#### **The European Society of Breast Imaging (2007)**

[http://www.eusobi.org/html/img/pool/330\\_2008\\_863\\_OnlinePDF.PDF](http://www.eusobi.org/html/img/pool/330_2008_863_OnlinePDF.PDF)

The European Society of Breast Imaging recommends annual MRI screening examinations for women with a BRCA mutation, first degree relatives of BRCA carriers, women with radiation to their chest wall between the ages of 10 and 30 years, women with Li-Fraumeni syndrome (TP53 mutation carriers) and their untested first degree relatives, and women with Cowden syndrome (PTEN mutation carriers) and their first degree relatives (Mann et al., 2007).

## **2.2 Hand-held Ultrasonography (HHUS) of the Breast**

#### **The American Cancer Society (ACS) (2014)**

<http://www.cancer.org/cancer/breastcancer/moreinformation/breastcancerearlydetection/breast-cancer-early-detection-ac-recs>

The ACS has no recommendation on HHUS for breast cancer screening.

#### **National Comprehensive Cancer Network (NCCN) (2014)**

[http://www.nccn.org/professionals/physician\\_gls/pdf/breast.pdf](http://www.nccn.org/professionals/physician_gls/pdf/breast.pdf)

Under breast screening considerations, the NCCN guidelines state "Dense breasts limit the sensitivity of mammography. Dense breasts are associated with an increased risk for breast cancer, but there is insufficient evidence to support routine supplemental screening in women with dense breasts and no other risk factors" (NCCN, 2013). Under the same section they also note, "There are several studies supporting the use of ultrasound for breast cancer screening as an adjunct to mammography for high risk women with dense breast tissue."

#### **American College of Radiology / Society of Breast Imaging (2010)**

[http://www.jacr.org/article/S1546-1440\(09\)00480-3/fulltext](http://www.jacr.org/article/S1546-1440(09)00480-3/fulltext)

Joint guidelines from the American College of Radiology and the Society of Breast imaging recommend considering annual screening ultrasound examinations in addition to mammography for women eligible for

MRI screening who cannot have MRI for any reason (Lee et al., 2010). They recommend considering ultrasound in women with dense breast tissue as an adjunct to mammography.

### **2.3 Automated Whole Breast Ultrasonography (ABUS)**

There are no guidelines currently recommending ABUS to screen for breast cancer from any major clinical society, including the American Cancer Society, the National Comprehensive Cancer Network, the American College of Radiology, and the Society of Breast Imaging.

### **2.4 Digital Breast Tomosynthesis (DBT)**

#### **American Cancer Society (ACS) (2014)**

<http://www.cancer.org/healthy/findcancerearly/examandtestdescriptions/mammogramsandotherbreastimagingprocedures/mammograms-and-other-breast-imaging-procedures-improving-mammo>

The ACS suggests that DBT “uses more radiation than most standard 2-view mammograms, but it may allow doctors to see [dense areas] more clearly. Some studies have suggested it might lower the chance that the patient will be called back for unnecessary tests. It may also be able to find more cancers.” ACS does not provide a recommendation for or against use of DBT.

#### **American College of Radiology (ACR) (2014)**

<http://www.acr.org/About-Us/Media-Center/Position-Statements/Position-Statements-Folder/20141124-ACR-Statement-on-Breast-Tomosynthesis>

While digital mammography is the only breast cancer screening procedure that has been proven to reduce mortality, tomosynthesis is a very promising technology that has been shown to reduce recall rates and increase cancer detection, thus having a positive impact on patient care. The ACR acknowledges the lack of studies demonstrating long-term benefits, and encourages payers to reimburse for tomosynthesis so that additional large-scale studies can be conducted.

#### **American Society of Breast Disease (ASBD) (2013)**

[https://www.asbd.org/news/ASBD\\_statement\\_on\\_Tomosynthesis12-16-13.pdf](https://www.asbd.org/news/ASBD_statement_on_Tomosynthesis12-16-13.pdf)

Despite the growing use of full-field digital mammography over film, screening mammography is still limited by overlapping breast tissue. The use of DBT has the potential to overcome these limitations and improve diagnostic accuracy of breast cancer. DBT has the potential to improve patient outcomes, particularly with regards to diagnostic work-up following screening. By increasing cancer detection and reducing recalls, DBT has utility as both a diagnostic and screening tool and may have the greatest impact on women with dense breast tissue.

#### **National Comprehensive Cancer Network (NCCN) (2014)**

[http://www.nccn.org/professionals/physician\\_gls/pdf/breast.pdf](http://www.nccn.org/professionals/physician_gls/pdf/breast.pdf)

Under breast screening considerations, the NCCN guidelines state that “Early studies show promise for DBT mammography. Two large trials showing a combined use of digital mammography and tomosynthesis resulted in improved cancer detection and decreased call back rates; of note, this is double the dose of radiation and is a factor in recommending this modality. Definitive studies are still pending” (NCCN, 2013).

#### **Washington State Radiological Society (WSRS) (2014)**

[http://www.wsrs.org/position\\_statements.html](http://www.wsrs.org/position_statements.html)

Adding DBT to standard mammography screening programs would help overcome many of the current limitations of digital mammography, such as its inability to distinguish overlapping breast tissue. As evidenced by recent studies, the addition of DBT will likely result in the additional detection of one cancer for every

1,000 women screened. Moreover, it will reduce the number of unnecessary call-backs as well as decrease patient anxiety and lost productivity as a result of false-positive findings. DBT has the potential to both improve patient outcomes and decrease healthcare costs by identifying more early-stage cancers and expediting diagnostic workup. WSRS urges payers to reimburse for DBT so this advancement in breast cancer screening can be more widely utilized.

## Clinical Committee Findings and Decisions

### Efficacy Considerations

- What is the evidence that use of the technology results in more beneficial, important health outcomes? Consider:
  - Direct outcome or surrogate measure
  - Short term or long term effect
  - Magnitude of effect
  - Impact on pain, functional restoration, quality of life
  - Disease management
- What is the evidence confirming that use of the technology results in a more beneficial outcome, compared to no treatment or placebo treatment?
- What is the evidence confirming that use of the technology results in a more beneficial outcome, compared to alternative treatment?
- What is the evidence of the magnitude of the benefit or the incremental value?
- Does the scientific evidence confirm that use of the technology can effectively replace other technologies or is this additive?
- For diagnostic tests, what is the evidence of a diagnostic tests' accuracy?
  - Does the use of the technology more accurately identify both those with the condition being evaluated and those without the condition being evaluated?
- Does the use of the technology result in better sensitivity and better specificity?
- Is there a tradeoff in sensitivity and specificity that on balance the diagnostic technology is thought to be more accurate than current diagnostic testing?
- Does use of the test change treatment choices?

### Safety

- What is the evidence of the effect of using the technology on significant morbidity?
  - Frequent adverse effect on health, but unlikely to result in lasting harm or be life-threatening, or;
  - Adverse effect on health that can result in lasting harm or can be life-threatening?
- Other morbidity concerns?
- Short term or direct complication versus long term complications?
- What is the evidence of using the technology on mortality – does it result in fewer adverse non-fatal outcomes?

### Cost Impact

- Do the cost analyses show that use of the new technology will result in costs that are greater, equivalent or lower than management without use of the technology?

## **Overall**

- What is the evidence about alternatives and comparisons to the alternatives?
- Does scientific evidence confirm that use of the technology results in better health outcomes than management without use of the technology?

### **Next Step: Cover or No Cover**

If not covered, or covered unconditionally, the Chair will instruct staff to write a proposed findings and decision document for review and final adoption at the following meeting.

### **Next Step: Cover with Conditions**

If covered with conditions, the Committee will continue discussion.

- 1) Does the committee have enough information to identify conditions or criteria?
  - Refer to evidence identification document and discussion.
  - Chair will facilitate discussion, and if enough members agree, conditions and/or criteria will be identified and listed.
  - Chair will instruct staff to write a proposed findings and decision document for review and final adoption at next meeting.
- 2) If not enough or appropriate information, then Chair will facilitate a discussion on the following:
  - What are the known conditions/criteria and evidence state
  - What issues need to be addressed and evidence state

The chair will delegate investigation and return to group based on information and issues identified. Information known but not available or assembled can be gathered by staff ; additional clinical questions may need further research by evidence center or may need ad hoc advisory group; information on agency utilization, similar coverage decisions may need agency or other health plan input; information on current practice in community or beneficiary preference may need further public input. Delegation should include specific instructions on the task, assignment or issue; include a time frame; provide direction on membership or input if a group is to be convened.

## **Clinical Committee Evidence Votes**

### **First Voting Question**

The HTCC has reviewed and considered the technology assessment and information provided by the administrator, reports and/or testimony from an advisory group, and submissions or comments from the public. The committee has given greatest weight to the evidence it determined, based on objective factors, to be the most valid and reliable.



**Is there sufficient evidence under some or all situations that the technology is:**

	<b>Unproven (no)</b>	<b>Equivalent (yes)</b>	<b>Less (yes)</b>	<b>More (yes)</b>
<b>Effective</b>				
<b>Safe</b>				
<b>Cost-effective</b>				

**Discussion**

Based on the evidence vote, the committee may be ready to take a vote on coverage or further discussion may be warranted to understand the differences of opinions or to discuss the implications of the vote on a final coverage decision.

- Evidence is insufficient to make a conclusion about whether the health technology is safe, efficacious, and cost-effective;
- Evidence is sufficient to conclude that the health technology is unsafe, ineffectual, or not cost-effective
- Evidence is sufficient to conclude that the health technology is safe, efficacious, and cost-effective for all indicated conditions;
- Evidence is sufficient to conclude that the health technology is safe, efficacious, and cost-effective for some conditions or in some situations

A straw vote may be taken to determine whether, and in what area, further discussion is necessary.

**Second Vote**

Based on the evidence about the technologies’ safety, efficacy, and cost-effectiveness, it is

\_\_\_\_\_ Not Covered \_\_\_\_\_ Covered Unconditionally \_\_\_\_\_ Covered Under Certain Conditions

**Discussion Item**

Is the determination consistent with identified Medicare decisions and expert guidelines, and if not, what evidence is relied upon.

**Next Step: Proposed Findings and Decision and Public Comment**

At the next public meeting the committee will review the proposed findings and decision and consider any public comments as appropriate prior to a vote for final adoption of the determination.

- 1) Based on public comment was evidence overlooked in the process that should be considered?
- 2) Does the proposed findings and decision document clearly convey the intended coverage determination based on review and consideration of the evidence?

**Next Step: Final Determination**

Following review of the proposed findings and decision document and public comments:

**Final Vote**

Does the committee approve the Findings and Decisions document with any changes noted in discussion?

If yes, the process is concluded.

If no, or an unclear (i.e., tie) outcome Chair will lead discussion to determine next steps.