

Supporting Mental Health in the Workplace Webinar

Wednesday, March 23, 2022

3 to 4 p.m.

Optional networking session from 4 to 4:30 p.m.

Agenda	Presenters
<p>Welcome and Introductions</p>	<p>Pam Walker Health Promotion Consultant Washington State Health Care Authority</p>
<p>Organizational Culture and Post Traumatic Growth</p> <ul style="list-style-type: none"> • Summary of Limeade Institute’s 2021 mental health survey • The role of workplace culture in well-being outcomes • Overview of post-traumatic growth and how it can support mental health in the workplace 	<p>Mandy Clark-Jesewitz Strategy Advisor for Well-being and Employee Experience Limeade</p>
<p>Compassion Fatigue:</p> <ul style="list-style-type: none"> • What is compassion fatigue? • What are the signs and symptoms? • Tools and resources available for creating a psychologically safe workplace 	<p>Jill Patnode Thriving Schools Director Kaiser Permanente Washington</p> <p>Kevin Klein Senior Workforce Health Consultant Kaiser Permanente Washington</p>
<p>Questions and Evaluation</p>	<p>Pam Walker</p>
<p>Networking and Peer Sharing</p>	<p>Kristen Stoimenoff Washington Wellness Program Manager Washington State Health Care Authority</p>