

# Statewide FYSPRT

**Date:** October 26, 2023    **Time:** 3 p.m. – 5 p.m.

**Approximately 45 attendees representing the following:** Amerigroup, Carelon, A Common Voice/Center of Parent Excellence, DadsMOVE, Department of Children Youth and Families, Developmental Disabilities Administration, Division of Behavioral Health and Recovery (HCA), Great Rivers Regional FYSPRT, Guided Pathways, Medicaid Programs Division (HCA), Molina Healthcare, North Central WA FYSPRT, North Sound Youth and Family Coalition, Northeast FYSPRT, Partnerships for Action Voices for Empowerment, Passages Family Support, Salish Administrative Services Organization, Salish Regional FYSPRT, Southeast Regional FYSPRT, Southwest Regional FYSPRT, Spokane County Behavioral Health Administrative Services Organization, Statewide Family Network, Students Providing and Receiving Knowledge, System of Care Partnership and community members

**Facilitators** – Michelle Karnath, Gabriel Hamilton, and Katie Favela (Statewide FYSPRT Tri-Leads)

**Timekeeper** – Tri-Lead Team

**Notes** – Kris

Agenda Item & Lead(s)	Discussion and Notes	Action items	Assigned to	By when
<b>Welcome and Introductions</b>  Statewide FYSPRT Tri-Leads  3:00 – 3:10	Shared land acknowledgment.  Brief Zoom meeting guidelines provided (mute when not talking, raise hand or put questions in the chat).  Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.  Reviewed Full Value Agreement.	n/a	n/a	n/a
<b>Youth and Young Adult Continuum of Care Communication</b>  Michelle Karnath  3:10 – 3:20	<p><b>Topic Purpose</b> – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities</p> <p>The Statewide FYSPRT Tri-lead team dedicates time on every agenda to provide updates regarding topics moved forward by the Statewide FYSPRT to the Youth and Young Adult Continuum of Care (YYACC - a subgroup of the Children and Youth Behavioral Health Work Group or CYBHWG) to keep the Statewide FYSPRT members in the loop.</p> <p>The Youth Lead for the YYACC has stepped out of the role. 10 young people applied to be the new Youth Lead and 5 were interviewed. The new Youth Lead is Taanvi Arekapudi.</p> <p>The CYBHWG had two meetings last week where subgroups, including the YYACC, presented their priorities for the 2024 legislative session. The priorities for the YYACC included the parent portal (a legacy item), help with getting connected specifically in rural communities, enhancing access and programs following the fidelity of their model with intensive programs such as WISe (Wraparound with Intensive Services), PACT (Program of Assertive Community Treatment) and HOST (Homeless Outreach Stabilization and Transition). The YYACC really honors youth and family voice – if you show up you are a member. Statements of support will be talked about at the next YYACC meeting in early November. It is looking like the YYACC will be supporting the decision packet for the Non-emergency Medical Transportation for additional funding to address customer service and scheduling challenges currently impacting youth and families.</p>	For questions or more information email Michelle Karnath at <a href="mailto:Michelle.Karnath@clark.wa.gov">Michelle.Karnath@clark.wa.gov</a>	Those interested	anytime

### Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

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<p><b>Youth only space updates</b></p> <p>Gabriel Hamilton</p> <p>3:20 – 3:30</p>	<p><b>Topic Purpose</b> – Updates on Youth only space/Blueprint meeting</p> <p>The Statewide FYSPRT Tri-lead team dedicates time on every agenda to provide updates and information regarding topics and/or dialogue from the youth only space being facilitated by the Statewide FYSPRT Youth Tri-lead.</p> <p>Working on a time for youth and young adults to meet with legislators to talk about the main issues being seen in mental health and peer work. Also encourage youth and young adults to attend the YYACC.</p> <p>If you are a youth or young adult and are interested in participating in any of these meetings, feel free to reach out to Gabe. The plan is to bring information gathered back to the Statewide FYSPRT or the YYACC. Also working to connect with the new Youth Lead for the YYACC, Taanvi.</p>	<p>For questions or more information email Gabe Hamilton at <a href="mailto:gahamilton@wayouth.us">gahamilton@wayouth.us</a></p>	<p>Those interested</p>	<p>anytime</p>
<p><b>Statewide FYSPRT vision and mission work group update</b></p> <p>Statewide FYSPRT Tri-leads</p> <p>3:30 – 3:40</p>	<p><b>Topic Purpose</b> – looping back regarding development of a vision and mission statements for the Statewide FYSPRT</p> <p>At the June 2023 Statewide FYSPRT meeting, we spent some time focusing on brainstorming for a vision and mission statement for the Statewide FYSPRT. Some of the themes that came out of those dialogues for the vision statement were:</p> <ul style="list-style-type: none"> <li>• Everyday conversational language is important.</li> <li>• Less words for more impact – an elevator talk.</li> <li>• Needs to represent who it was designed for – youth and families.</li> </ul> <p>At the August meeting – we asked who might be interested in participating in a short-term work group to draft a vision and mission statement. And on October 23 – we had the first work group meeting. The group researched vision/mission statements, looked at samples and created a draft vision statement based on the feedback gathered in June.</p> <p>Draft Statewide FYSPRT Vision Statement - We envision a future where WA state families, youth/young adults, and community partners are working together to ensure behavioral health programs and services are successful in helping families and youth/young adults thrive.</p> <p>The group shared some initial thoughts with positive feedback on the clarity of the language. Dialogued about some things that would be important to consider for the mission statement such as access, workforce, how families thrive to impact at system and policy levels, and youth and families having equitable voice with the same weight as others at the table.</p> <p>The vision and mission work group will meet again to work on a draft mission statement to share back with the group in the future.</p>	<p>If you have additional feedback or thoughts to share, feel free to reach out to Kristen Royal at <a href="mailto:kristen.royal@hca.wa.gov">kristen.royal@hca.wa.gov</a> who will compile additional feedback received and share back the Statewide FYSPRT Tri-leads and the Vision and Mission Work Group.</p>	<p>Those interested</p>	<p>January 2024</p>

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<u>Agenda Item &amp; Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action items</u>	<u>Assigned to</u>	<u>By when</u>
<p><b>Dialogue regarding youth and family engagement</b></p> <p>Statewide FYSPRT Tri-leads</p> <p>3:40 – 4:55</p>	<p><b>Topic Purpose</b> – topic request from August meeting evaluation</p> <p>On the evaluation for the August meeting, it was requested that we have a dialogue about youth and family engagement in the FYSPRTs and explore what is working and what are some of the struggles? For example - Are there too many committees/workgroups? Too many other obligations for families and youth? What is the average number of people attending meetings in each region? Are there other meetings/organizations to connect or partner with? Incentives/compensation for time – are people using them and/or are there challenges with this?</p> <p>As a reminder, in 2021, Youth MOVE provided technical assistance to the Statewide FYSPRT around youth engagement and created a recruitment template based on dialogues with the Statewide FYSPRT participants. Although Youth MOVE focuses on youth engagement, the recruitment templates could be modified to reach out to family and/or community partners as well. Here is a link to the <a href="#">Invitation template for FYSPRT</a>.</p> <p>Participants were divided up into breakout groups to dialogue about questions related to family and youth engagement.</p> <p>Questions for the group were:</p> <ul style="list-style-type: none"> <li>• How do we get youth and family involved in the FYSPRT?</li> <li>• What are the barriers?</li> <li>• Are agendas youth and family friendly?</li> <li>• Who is leading the meetings?</li> <li>• Suggestions, thoughts, or ideas for engaging more youth and families?</li> </ul> <p>After dialoguing in the breakout groups, everyone came back to the larger group for a report out. Some of the thoughts, themes and feedback that came out of these dialogues included: families may not know what FYSPRTs offer, advertisement of FYSPRT such as flyers, interviews, emails and outreach are important but can be a barrier as well, seems to be confusion around the purpose of FYSPRT, do personal invitations and bring people with you (virtually or in person), large or rural regions can have challenges with internet or transportation can be a barrier, meetings aren't always youth and family friendly time – families need to be the focus, have family friendly agendas (and dialogue about what this means), Tri-leads leading and facilitating meetings – its important to have consistency with this, seeing the work move forward and the outcome of that work is important, have family friendly and youth designed presentations or topic or activity (as sometimes presentations can be system heavy), youth only space or family only space, ask open ended questions to engage families, the time of the meeting can be challenging – providers may not work after 5 but for families to attend might need to be in the evening, food at in person meetings, supporting WISE teams twice a year with WISE statistics has turned into a barrier, time is optimum when youth/families are discharging from WISE for referrals to FYSPRT, rarely come across WISE teams that know what FYSPRT is, some parent support specialists encourage families</p>	<p>Breakout session note takers will send their group's notes to Kris to capture in the meeting notes.</p>	<p>Breakout session note takers and Kris.</p>	<p>Nov 2023</p>

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<p><b>Dialogue regarding youth and family engagement (continued)</b></p>	<p>to attend and meet them there, and attendance has changed in the post covid environment – attendance has fallen off and people seem less engaged in some areas while in other having meetings online has helped.</p> <p>After the report out, participants were divided up into breakout groups again to dialogue about the following questions.</p> <ul style="list-style-type: none"> <li>• What is your attendance and what are your percentages for youth and family participation in meetings?</li> <li>• How many people might wear multiple hats (work in the system AND have lived experience as well)?</li> </ul> <p>After dialoguing in the breakout groups, everyone came back to the larger group for a report out. Some of the thoughts, themes and feedback that came out of these dialogues included: do pretty well with youth and family percentages including Tri-leads and dual hat participants, missing voice of youth and family from the community, a lot of multiple hat participants (someone who might work for child welfare and also have lived experience navigating mental health services for their child or a youth or family peer working in WISE), lack of participation by WISE, there is a lot of redundancy in community meetings (may be recycling conversations), have to bring in youth/family from youth or family groups to reach 51%, individuals who are not wearing multiple hats are the hardest to bring in, and in the FYSPRT quarterly report ask about outreach events and leave space for FYSPRT to share about the impact they are having in the community.</p>			
<p><b>Evaluations and meeting wrap-up</b></p> <p>Statewide FYSPRT Tri-Leads</p> <p>4:55 – 5:00</p>	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including possible agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p>	<p>Tri-leads to review and consider feedback in planning future meetings</p>	<p>Tri-lead team</p>	<p>Nov 2023</p>
<b>Next Statewide FYSPRT Meeting</b>				
<p>Thursday January 25, 2024 3 p.m. - 5 p.m.</p>				

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