

Program of Assertive Community Treatment (PACT)

Purpose

PACT is for people with severe mental health disorders, who frequently need care in a psychiatric hospital or other crisis service, have challenges with traditional services, and may have a high risk or history of arrest and incarceration.

Overview of PACT teams

PACT is an evidence-based practice and is adopted nationally as best practice for individuals who meet admission criteria. When adopted to fidelity, PACT provides a cost-effective method of service delivery to reduce hospital, emergency services, and jail utilization. PACT teams come in different sizes, but every PACT team is multidisciplinary, provides care and crisis response 24/7. Teams consist of:

- A psychiatric prescriber
- A team leader
- Registered nurses
- Master's level mental health professionals
- Substance use disorder professional
- Vocational and housing support
- Peer counselors

PACT teams bring their support to the client where they live. This includes bringing medication to the client, transporting them to support their recovery and promote independence. The teams work with the individual to build skills and work to graduate to a lower level of care. PACT maintains people in their community and has a goal to reduce the need for crisis, hospital, and criminal justice interventions.

Full PACT teams support up to 100 individuals and half teams support up to 50 individuals. Specific fidelity standards are supported by annual fidelity reviews, technical assistance, and ongoing training for the teams through a contract with the University of Washington. Teams are limited in the number of new clients they may accept each month to establish rapport and provide stability to each new client.

82-0520 (10/23)

Current PACT teams

There are currently 21 PACT teams in Washington: 16 full teams and 5 half teams.

Currently there are PACT teams located in the following counties:

- Chelan/Douglas
- Clark
- Cowlitz
- Franklin/Benton
- Grays Harbor
- King
- Kitsap
- Lewis
- Pierce
- Salish
- Skagit
- Snohomish
- Spokane
- Thurston
- Yakima
- Walla Walla
- Whatcom

Current funding

GFS: FY24 \$12,359,000 ; FY25 \$12,359,000

GFF: \$23,444,000 for both fiscal years (FY24 and FY25)

For more information

Meghan DeGallier, Behavioral Health Program Administrator

Email: meghan.degallier@hca.wa.gov

Phone: (360)-725-9556