

Hub and Spoke Projects

Program overview

The Health Care Authority's Division of Behavioral Health and Recovery (DBHR) received funding from the Substance Abuse Mental Health Services Administration (SAMHSA) in 2017 for the State Targeted Response (STR) grant to develop six Hub and Spoke (H&S) projects in six areas of the state to provide medication for opioid use disorder (MOUD).

DBHR utilized federal funds through the State Opioid Response I (SOR-I), SOR-II, and SOR-III grants. This extended the projects through September 29, 2023.

Because of success in these six SAMHSA-funded projects, state funding was obtained via Engrossed Substitute Senate Bill 6032. This bill set aside funding for four H&S networks. An additional site was funded by Federal Substance Abuse Block Grant (SABG); there are now 11 H&S projects operating in Washington State.

Program description

The H&S model was designed to create a coordinated, systemic response to the complex issues of opioid use disorder among Medicaid and low-income populations. Further, this model of hubs and spokes focuses specifically on increasing the state's capacity to treat those with MOUD.

Hubs identify, collaborate, and subcontract with spoke sites to provide integrated care, regardless of how individuals enter the system, and are contracted by DBHR. Spokes are facilities that provide opioid use disorder treatment, behavioral health treatment, primary healthcare services, wraparound services, and referrals. This includes syringe service programs and programs that intersect with the criminal legal system, including jails. Although there has been less movement of patients across the hub and spokes than initially anticipated, the spokes are used as referral sources as needed.

Each H&S network is staffed with nurse care managers and care navigators to reduce barriers for individuals seeking services by helping the individual to navigate the system and to help

prescribing practitioners manage the increased number of patients.

Hub and Spoke contractors implement evidence-based and promising practices as part of a strategic intervention.

Project goals:

- Increase the number of patients receiving MOUD by increasing capacity in a variety of settings
- Enhance the integrated care that patients receive
- Improve retention rates for enrollees, decrease drug and alcohol use
- Decrease overdoses
- Reduce adverse outcomes related to OUD

All patients are screened for stimulant use, HIV and viral hepatitis, and provided with treatment or referrals for treatment.

Eligibility

All are eligible who meet the following the criteria:

- Meet the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) diagnostic criteria for opioid use disorder
- Meet state and federal eligibility requirements for admission
- Fall in a priority population: pregnant drug users and/or intravenous drug users

Authority

The following have authority regarding H&S projects and networks:

- Department of Health and Human Services
- Substance Abuse and Mental Health Services Administration
- Center for Substance Abuse Treatment

Funding comes via Washington State Opioid Response Grant Number H79TI083286-01, Substance Abuse Block Grant Number CFDA 93.788, and HCA/DBHR garner budgeting for state appropriations from Engrossed Substitute Senate Bill 6032 Section 213§uu.

Federal budget

The federal SOR III grant runs from September 30, 2022, to September 29, 2023. Each sites receives \$760,600.

Federal Fiscal Year (FFY) numbers served

| SOR-II Unduplicated Individuals | |
|---------------------------------|-------|
| FFY 2020-2021 | 2,498 |
| FFY 2021-2022 | 4,731 |

State budget

Engrossed Substitute Senate Bill 6032 Section 213§uu:

- \$2,732,000 of the general fund for state appropriation
- \$9,026,000 of the general fund for federal appropriations

These budgets are provided solely for the authority to contract with four organizations to coordinate medically assisted treatment that was done through an RFP process.

One H&S is funded by the federal Substance Abuse Block Grant (SABG), and that network is budgeted at \$799,523.

State Fiscal Year (SFY) numbers served

Most Hub and Spoke (H&S) networks are contracted to serve 300 unduplicated individuals within the grant period. The network as Northeast WA Medical Group Providence serves frontier locations in Pend Oreille, Stevens, and Ferry Counties; this contract was reduced to serve 240 individuals.

| State H&S Unduplicated Individuals | |
|------------------------------------|-------|
| SFY 2020-2021 | 1,971 |
| SFY 2021-2022 | 2,249 |

Award locations

Ten Hub & Spoke contracts have been awarded:

SOR-II locations

- Rainier Internal Medicine, dba Northwest Integrated Health
 - Pierce, Thurston Counties

- Peninsula Community Health
 - Jefferson, Clallam, Kitsap Counties: Valley Cities Counseling and Consultation
- Valley Cities Counseling and Consultation
 - King County
- Harborview Medical Center
 - King County
- Lifeline Connections
 - King, Clark, Skamania, Grays Harbor, Pacific Counties

State H&S locations

- Comprehensive Health Care
 - Yakima and Kittitas Counties
- Ideal Options
 - Snohomish and Skagit Counties
- MultiCare Rockway Clinic
 - Spokane County
- Olympic Peninsula Health Services
 - Jefferson, Clallam Counties
- Northeast Washington Medical Group, Providence
 - Pend Oreille, Stevens, Ferry Counties

Key partners

The Department of Social and Health Services (DSHS) Research and Data Analysis (RDA)

- University of Washington/Alcohol and Drug Abuse Institute (ADAI)
- Washington State University (WSU) providing training and technical assistance on contingency management for stimulant use disorder (SABG-TA funds)

Oversight

The Health Care Authority's Division of Behavioral Health and Recovery (DBHR) contracted with ten hubs; each hub subcontracts with at least five spoke partners. DBHR State Opioid Response (SOR) treatment managers and Behavioral Health (BH) treatment managers have oversight as the contract managers for all hub contracts. DBHR contracted with the Addiction, Drug and Alcohol Institute (ADAI) to provide technical assistance to H&S networks. For additional information: Substance Abuse and Mental Health Services Administration <https://www.samhsa.gov/>

Contact

Lora Weed, SOR contact

lora.weed@hca.wa.gov

360-725-9483

Linda Barker, state contact

linda.barker@hca.wa.gov

360-725-9547

Website: <https://www.hca.wa.gov/about-hca/programs-and-initiatives/behavioral-health-and-recovery/state-opioid-response-sor-grant>