

CYBHWG Youth & Young Adult Continuum of Care (YYACC)

September 29, 2022

Leads: Representative Lauren Davis, Representative Carolyn Eslick, Michelle Karnath, and Lillian Williamson

Payments for participation

Nate Lewis, *Health Care Authority (HCA)*

See page 3 for slide

- Eligible young people and family members can be compensated for their meeting attendance.

Potential Areas for 2023 recommendations

See page 4 for slides

- Shared list of potential areas or issues for 2023 recommendations.

Ranked choice voting for 2023 draft recommendations

Highlights:

- Subgroup chose their top three.
 - 1st – Expand access to youth and parent peer services.
 - 2nd – Next steps regarding the parent portal.
 - 3rd – Create a flexible fund to pilot the utilization of technological applications to enhance care quality and extend clinician bandwidth.

Discussion – 2023 recommendations to move forward

Highlights

- Youth and family peers bring a value to the workforce; how can we utilize peers more?
- Parent advocates in Children’s Long-term Inpatient Program (CLIP) facilities would be a benefit, currently we barely have one parent advocate in all the facilities.
- Lack of parent advocates in CLIP facilities is a detriment and affect success, safe discharge, parent wellness and their engagement in treatment and understanding in the process.
- A CLIP family liaison could be used to reach out to parents and caregivers on the waitlist.
- Washington State community connectors provides a lot of training for parents and parent partners, so the workforce piece is not only around getting the certified peer counselor training but also getting parent partners specific training and tools related to working with families.
- Important to utilize peer supports properly within that role, instead of case management or having them feel like a “babysitter.”
- The Parent Portal is a valuable resource for the workforce and families; it connects them with information and community resources.

Chat:

[Parent Portal proof of concept](#)

[Jaspr Health](#)

Attendees

Kashi Arora, Seattle Children's

Kelsey Beck, Kaiser Permanente

Janet Bentley-Jones, Clark County Juvenile Justice

Colleen Bradley, Partnership for Action, Voices
For Empowerment (PAVE)

Rachel Burke, Health Care Authority (HCA)

Jerri Clark, PAVE

Diana Cockrell, HCA

Hawa Elias, Community Health Plan of
Washington (CHPW)

Angela Fraser-Powell

Maranda Heckler, Columbia River Mental Health
Services

Charlotte Janovyak, Legislative Staff

Nate Lewis, HCA

Jasmine Martinez, A Common Voice

Enos Mbajah, HCA

Christine Mickelson, HCA

LaTonya Rogers

Janice Schutz, Washington State Community
Connectors

Daniel Smith, CHPW

Renee Tinder, Department of Health (DOH)

Liz Venuto, HCA

Cindi Wiek, HCA

Children and Youth Behavioral Health Work Group

 For young people and family members

We are excited to tell you that starting October 3 we will be able to offer payment (called stipends) of \$45/hr to people joining this meeting who:

- are not being paid by their employer for participating in this committee
- are attending because of their own, or their family member's, lived experience with the behavioral health system

We are also able to reimburse you for child or elder care, if needed.

Please email cybhwg@hca.wa.gov or send a message in Chat to Nate Lewis or Rachel Burke if you believe you are eligible.

1. Increase the utilization of technological applications to enhance care quality and extend clinician bandwidth
2. Targeted investments in behavioral health and suicidality for indigenous youth
3. Address massive dropoff of youth SUD referrals
4. Expand access to youth and parent peer services
 - Buy down peer training waitlist
 - Continuity of funding for COPE
5. Respite care for families of youth with behavioral health challenges
6. Address cross-state billing/service issues
7. Expand access to rural behavioral health services
8. Next steps regarding the parent portal
9. Additional communications staff
 - Non-emergency medical transportation