

## CYBHWG Youth & Young Adult Continuum of Care (YYACC) subgroup

June 30, 2022

**Leads:** Representative Lauren Davis, Representative Carolyn Eslick, Michelle Karnath (parent), and Lillian Williamson (young adult)

### Parent Portal

Stephanie Robertson, *Rprime*

### Highlights

- Parent Portal is part of House bill 1800 that passed in 2022.
- Requires Health Care Authority (HCA) to design and implement an interactive website that connects families to services and education infrastructure related to behavioral health.
- Specific to children and youth from 0-17.
- The committee would like to expand the focus through the transition age of 25.
- HCA has contracted with WSCC. WSCC is working on a website prototype.
- Three phases: 1) Provide behavioral health 360, which is the ability to provide a curated experience, giving the most helpful information for the particular situation being navigated; 2) Thinking about critical roles in the community and how we can utilize those roles; 3) Demonstration of program effectiveness.
- It is a priority to provide equitable access to parents who wish to support kids who do not have the capacity to search on their own.
- Data collection from the parent portal has the potential to give information as to what areas across the state may be experiencing challenges in larger proportions so that more attention and emphasis can be provided to meet those needs.

### Discussion Q/A

- Will this platform be usable on a cell phone through an app?
  - Yes.
- How will the platform address culturally competent resources?
  - This will be a part of stakeholder testing along with equitable access. We will also have access available in multiple languages.
- What happens to the personal information? What permission is needed from a young person over age 18 to have their information inputted by a parent?
  - Information will be deidentified and users will sign a disclaimer when building a profile. The site will also be HIPAA compliant as privacy is of utmost importance.
- Will site be accessible to minors and adults? Will a child have a different profile than their parent?
  - Currently, the goal is to build a tool for parents/family caregivers.
- BH 360 sounds like a fantastic platform for caregivers, but I am concerned about the screening process that leads to a diagnosis pathway without professional consideration. This can increase the risk of impacting how caregivers' approach and see their child. For example, having parents focus on the labels such as "conduct disorder," "ADHD," etc., can limit their understanding of what is really going on with their child (i.e., complex trauma). How can we ensure that caregivers are connected to virtual support from healthcare professionals who can discuss the diagnoses?
  - We are very purposeful in indicating that we are NOT a diagnostic source and will always be providing information on more than one diagnosis pathway. We are always encouraging families to seek support for formal diagnoses; the platform will provide you tools to navigate those discussions with providers to find the best fit.

## Youth, young adult SUD co-design project

Amanda Lewis, Health Care Authority (HCA)

See page 4 for slides.

## YYACC priorities

- Housing recommendations that did not get funded.
- Recovery housing, supporting living environments.
- Workforce issues – lack of staff to meet the need.
- Lack of access to evidence-based treatments.
- Therapeutic boarding schools.
- Parent peers – WISE is the only place they are currently utilized.
- Respite for youth and families –next steps.
- Communication to the public around resources and the work we are doing.
- Lack of parity around billing codes.
- Increasing capacity for residential care in state – workforce, beds, and facilities to accept kids with high needs.
- WISE needs more supports.
- Care standardization.
- Workforce in schools and behavioral health integration.
- More pathways in health services.
- Importance around supporting older youth into adulthood.
- Residential schools in WA.
- Extended services for young people, and meeting those with co-occurring disorders.
- Placement issues regarding getting help.
- Young people discharged when not stable. More stabilization.

## Next Steps

- 4pm July 21<sup>st</sup> next meeting.
- If you have something to share that there wasn't quite time for in the group, please email the quad leads. Would love to hear more from you. You can find emails here: [YYACC quad leads](#).

## Attendees

Kashi Arora, Seattle Children's

Mursal Ahmady, The Everett Clinic/Optum

Rachel Burke, Health Care Authority (HCA)

Jerri Clark, PAVE

Diana Cockrell, HCA

Thalia Cronin, Community Health Plan of Washington (CHPW)

Peggy Dolane, Parent advocate

Gabriel Evenson, HCA

Jessie Friedmann, YouthCare

Elias Hawa, CHPW

Charlotte Janovyak, Legislative Staff

Amanda Lewis, HCA

Jasmine Martinez, A Common Voice and Center Of Parent Excellence (COPE) Project

Enos Mbajah, HCA

Taku Mineshita, Department of Children Youth and Families (DCYF)

Avery Park, University of Washington (UW)

Melody Parshall, Guided Pathways-Support for Youth and Families

Meredith Piehowski, FYSPRT Coordinator

Karen Pillar, TeamChild

Penny Quist, Parent Advocate

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*Children and Youth Behavioral Health Work Group – Youth and Young Adult Continuum of Care*

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Stefanie Robinson, RPrime Foundation

Jean Ross

Janice Schutz, Washington State Community  
Connectors

Christian Stark, Office of Superintendent of  
Public Instruction (OSPI)

Jim Theofelis, North Star Advocates

Renee Tinder, Department of Health (DOH)

Liz Trautman, Mockingbird Society

Liz Venuto, HCA

Cindi Wiek, HCA

# LET'S REIMAGINE TREATMENT ACCESS!



**Are you a young person with ideas on ways to shape Substance Use Disorder services?**

**The WA State Health Care Authority (HCA) + Do Big Good want to partner with youth and young adults:**

- **13-24 years old**
- **Have lived experience accessing and/or receiving Substance Use Disorder (SUD) services in Washington**

Participants are invited to attend virtual co-design workshops this summer and share their experiences and requests for change.

Benefits of participation include:

- ✓ \$75 stipend per session (attend as many as you'd like!)
- ✓ Get credit for school Volunteer hours
- ✓ Have a voice in shaping state policy
- ✓ Interpreter services available

**Want more info? Contact**

**Kayla, Youth and Young Adult Session Coordinator:**  
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or **Amanda, HCA Point of Contact:**  
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