

Workforce & Rates subgroup

Wednesday, July 7, 2021
10:00 am – Noon

Zoom link: <https://zoom.us/j/96477350768?pwd=UUZuUjFDTHhETzBFY2xqUy8vdm9MQT09>

(see end of document for more details)

Agenda

Update: ARPA Proposal – Mental Health and Substance Abuse Block Grant funds (Michael Langer, HCA)

Rates

1. Discuss what access looks like/Consider these questions:
2. Consider these questions:
 - *Is the strategy a significant way to increase the workforce or are we tinkering?*
 - *Are there low/no cost strategies that could potentially be addressed in one bill that remove some of the barriers related to the provision of BH services, particularly for those who are on Medicaid?*
 - *Are there strategies that would address the current crisis (surge) that could be implemented quickly?*
 - *Are there federal \$s available now that could help address the crisis (that we could recommend)*
3. Discuss how to address rates for CBHAs, private practitioners, primary care settings, others
4. Review proviso related to rate study
5. Develop next steps with moving forward for a rate proposal for 2022 and beyond

Workforce

1. Brief updates
2. Review survey results
3. Identify other strategies that were not on the survey
4. Review criteria for focusing in on what to pursue/Discuss these questions:
5. Consider these questions:
 - *Is the strategy a significant way to increase the workforce or are we tinkering?*
 - *Are there low/no cost strategies that could potentially be addressed in one bill that remove some of the barriers related to the provision of BH services, particularly for those who are on Medicaid?*
 - *Are there strategies that would address the current crisis (surge) that could be implemented quickly?*
 - *Are there federal \$ available now that could help address the crisis (that we could recommend)*
6. Identify next steps per items that are rising to the top.

Children and Youth Behavioral Health Work Group – Workforce & Rates

Join Zoom Meeting

<https://zoom.us/j/96477350768?pwd=UUZuUjFDTHhETzBFY2xqUy8vdm9MQT09>

Meeting ID: 964 7735 0768

Passcode: 525372

One tap mobile

+12532158782,,96477350768# US (Tacoma)

+13462487799,,96477350768# US (Houston)

Dial by your location

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Meeting ID: 964 7735 0768

Find your local number: <https://zoom.us/j/96477350768?pwd=UUZuUjFDTHhETzBFY2xqUy8vdm9MQT09>

Mental Health Block Grant ARPA Budget Proposal Overview

Prevention			
Project #	Project Title	Project Description	Proposed Budget
MHAR-Px1	Suicide Prevention	Develop and expand programming for new and continuing community-based organizations with a specific focus on suicide prevention in high-need communities.	\$1,660,114
Total Prevention Set-Aside			\$1,660,114
FEP Set-Aside			
Project #	Project Title	Project Description	Proposed Budget
MHAR-CYF1	Rural and AI/AN Evidence Based Coordinated Specialty Care for FEP	Develop and adapt evidence based coordinated specialty care programs for FEP to meet the needs of rural, frontier and AI/AN communities.	\$3,984,273
Total FEP Set-Aside			\$3,984,273
Treatment			
Children, Youth and Family Treatment Funding			
Project #	Project Title	Project Description	Proposed Budget
MHAR-CYF2	Developing Wraparound and Intensive Services (WISe) Workforce Support	Developing Wraparound and Intensive Service (WISe) workforce to support youth with Intellectual Disabilities/Developmental Disabilities (including Autism Spectrum Disorder (ASD)).	\$600,000
MHAR-CYF5	Trauma Focused Cognitive Behavioral Therapy Training	Trauma Focused Cognitive Behavioral Therapy (CBT) Training for clinicians serving children and youth returning to school as part of the triage process post screening.	\$376,671
Adult Treatment Funding			
MHAR-MHA1	Cognitive Behavioral Therapy for Psychosis	Expansion of current contract to deliver Cognitive Behavioral Therapy for Psychosis to a cohort of clinicians who are serving people on 90/180 involuntary civil commitment orders.	\$130,000
MHAR-MHA3	Mental Health Specialist Training	Provide training via a 100-hour course for Mental Health (MH) professionals to secure credentials to become an Older Adult Mental Health Specialist, Intellectual Disabilities /Developmental Disabilities (ID/DD) Mental Health Specialist, and Ethnic Minority Mental Health Specialist.	\$396,671

**Note: Proposed budget only, pending approval from SAMHSA
Submitted to SAMHSA for review/approval 7/1/21**

Mental Health Block Grant ARPA Budget Proposal Overview

BH-ASO Treatment Funding			
MHAR-ASO2	Behavioral Health Administrative Service Organization (BH-ASO) Treatment Funding	The community mental health services provided include but are not limited to outpatient services, including specialized outpatient services for children, the elderly, individuals with a serious mental illness, residents of the service areas who have been discharged from inpatient treatment at a mental health facility, day treatment or other partial hospitalization services, psychosocial rehabilitation services, outreach to and services for individuals who are homeless, at risk of homelessness, or ready for discharge from inpatient psychiatric care, and individuals residing in rural areas.	\$10,066,183
Total Treatment			\$11,569,525
Recovery Support Services			
Project #	Project Title	Project Description	Proposed Budget
MHAR-RSS1	Participant Support Funds- Housing and Recovery through Peer Services (HARPS) teams	Mental Health Block Grant (MHBG) funds could be used to support case managers, outreach workers, Assertive Community Treatment Services for people experiencing homelessness, medications, coordination with primary care, case management etc.	\$50,000
MHAR-RSS2	Participant Support Funds- Projects for Assistance in Transition from Homelessness (PATH) teams	Mental Health Block Grant (MHBG) funds could be used to support case managers, outreach workers, Assertive Community Treatment Services for people experiencing homelessness, medications, coordination with primary care, case management etc.	\$140,000
MHAR-RSS3	Participant support Funds - Peer Bridger	Mental Health Block Grant (MHBG) funds could be used to support case managers, outreach workers, Assertive Community Treatment Services for people experiencing homelessness, medications, coordination with primary care, case management etc.	\$100,000
MHAR-RSS12	Adding a Peer to Projects for Assistance in Transition from Homelessness (PATH) Outreach Teams	Targeted peer outreach on Project for Assistance in Transition from Homelessness (PATH) teams focusing on a by-name list of individuals who have had multiple contacts with crisis system.	\$1,759,433

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Mental Health Block Grant ARPA Budget Proposal Overview

MHAR-RSS14	Operating costs for a housing inventory/estimator/calculator	Provide timely information for individuals with behavioral health conditions to access housing services and resources.	\$10,000
MHAR-RSS16	Supportive Housing Institute	Corporation for Supportive Housing (CSH) curriculum to increase the number of affordable housing development for individuals with mental health and substance use disorders.	\$150,000
MHAR-RSS19	Cover Foundational Community Support Services in Institution for Mental Disease (IMD) when Medicaid is Suspended	Utilize block grant funds that would cover Foundational Community Support services for people transitioning out of Institution for Mental Disease (IMD) settings if Medicaid does not get retroactively reconnected.	\$500,000
MHAR-RSS24	Peer Pathfinders Transition from Incarceration Pilot	Enhance jail transition programs with SUD peers services to individuals who upon release will be homeless. SUD Peer Services begin prior to release to establish relationship and upon release to support the transition to needed services.	\$790,000
MHAR-RSS25	Add Co-Occurring Peer to Forensic-Housing Housing and Recovery through Peer (F-HARPS) Services	Add 1 peer to each of the four Forensic-Housing Housing and Recovery through Peer Services (F-HARPS) in Phase I regions.	\$400,000
MHAR-RSS36	Funding for SSI/SSDI Outreach, Access, and Recovery (SOAR) Leads	Helping individuals with the creation of a Supplemental Security Income/Social Security Disability Insurance (SSI/SSDI) outreach access and recovery community coordinators.	\$500,000
MHAR-RSS41	Enhance Mobile Crisis Teams with CPCs	Pilot enhancements to mobile crisis teams by adding CPCs to existing teams.	\$1,909,000
Total Recovery Support Services			\$6,308,433
Tribal			
Project #	Project Title	Project Description	Proposed Budget
MHAR-TRB1	TARGET (database) Replacement Pilot	TARGET replacement pilot program.	\$200,000
MHAR-TRB3	Funding to Tribes and Urban Indian Health Organizations	Provide funding to 29 federally recognized Tribes and two Urban Indian Health Organizations to deliver treatment for individuals diagnosed with SMI/SED, prevention, treatment, and recovery support services within their Tribal communities.	\$1,460,114

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Mental Health Block Grant ARPA Budget Proposal Overview

			Total Tribal	\$1,660,114
Crisis Set-Aside				
Project #	Project Title	Project Description	Proposed Budget	
MHAR-ASO2	Behavioral Health Administrative Service Organization (BH-ASO) Treatment Funding - Crisis Services	Services include 24-hour-a-day emergency care services, mobile crisis, crisis line, and Designated Crisis Responders (DCR) services.	\$3,320,228	
			Total Crisis Set-Aside	\$3,320,228
Technology Infrastructure				
Project #	Project Title	Project Description	Proposed Budget	
SAAR-TEC1	Clinical Data Repository	Support technological enhancements to the CDR that will allow retention of historical clinical data, including MH/SUD data, as well as implementation of an analytic enclave environment.	\$325,000	
SAAR-TEC2	Consent Management Solution	Enable meaningful, seamless exchange of protected and sensitive BH and PH information amongst those who are authorized to receive it in order to deliver services to Washingtonians.	\$1,300,000	
SAAR-TEC3	Statewide Bed Registry	Develop and implement a statewide bed registry to track capacity and real-time bed availability for psychiatric hospital beds, freestanding evaluation and treatment center beds, Secure Withdrawal Management and Stabilization Beds, crisis triage/stabilization beds, and substance use disorder residential treatment beds.	\$1,414,478	
Total Technology Infrastructure			\$3,039,478	
TOTAL MHBG Covid Supplement Budget				
			Suicide Prevention	\$1,660,114
			FEP Set-Aside	\$3,984,273
			Treatment	\$11,569,525
			Recovery Supports Services	\$6,308,433
			Tribal	\$1,660,114
			Crisis Set-Aside	\$3,320,228
			Technology Infrastructure	\$3,039,478
			Administrative	\$1,660,114
			Total Budget	\$33,202,279

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Substance Abuse Block Grant ARPA Budget Proposal Overview

Prevention			
Project #	Project Title	Project Description	Proposed Budget
SAAR-Px1	COVID-19 Check-In with Yourself Program for Young Adults	Provide free and easily accessible information related to mental health and substance use with the goal of increasing motivation to seek help, if needed, and provide access to resources for young adults.	\$100,000
SAAR-Px2	First Years Away from Home: Letting Go and Staying Connected	Intervention handbook aimed at parents/caregivers of incoming first-year college students with the goal of decreasing substance use risk behaviors and increasing family protective factors.	\$100,000
SAAR-Px4	Community Prevention and Wellness Initiative Coalition Expansion	Funding for approximately 20 new community coalitions to implement evidence-based prevention programming.	\$6,587,812
SAAR-Px8	CPWI Capacity Building/Workforce Support	Funding will support two CPWI Capacity Building and Workforce Support projects: the Prevention Fellowship Program and prevention science trainings.	\$400,000
Total Prevention			\$7,187,812
Treatment			
Outreach and Treatment Funding			
SAAR-ASO1	Behavioral Health Administrative Service Organization (BH-ASO) Treatment Funding	This project supports and enhances a regionally based system of care that includes behavior health services to priority populations, including pregnant and parenting women, those who addiction includes intravenous use, HIV/AIDS intervention, and treatment and recovery services for individuals diagnosed with substance use and co-occurring disorders.	\$7,693,371
SAAR-TR4	LEAD	Through partnership with community behavioral health agencies, contractors are to provide intensive, wrap around case management services to individuals with a SUD that come in contact with law enforcement, prior to arrest.	\$5,000,000
Total Treatment			\$12,693,371

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Substance Abuse Block Grant ARPA Budget Proposal Overview

Recovery Support Services			
Project #	Project Title	Project Description	Proposed Budget
SAAR-RSS1	Housing and Recovery through Peer Services (HARPS) Teams -Participant Support Funds	Funding to support case managers, outreach workers, Assertive Community Treatment (ACT) services for people experiencing homelessness, need medications, coordination with primary care, case management etc.	\$50,000
SAAR-RSS4	Peer Pathfinders Participant Support Funds	Funding to support case managers, outreach workers, Assertive Community Treatment (ACT) services for people experiencing homelessness, need medication and coordination with primary care, case management etc.	\$140,000
SAAR-RSS5	Peer Bridger Pilot for SUD Treatment	Adding 2 Peer Bridgers to 17 SUD treatment programs to pilot a Peer Bridger program.	\$800,000
SAAR-RSS11	Recovery Grant Enhancements	Peer support/recovery coaching for recovery in community contractors.	\$500,000
SAAR-RSS14	Housing Inventory Estimator/Calculator	Provide timely information for individuals with behavioral health conditions to access housing services and resources.	\$10,000
SAAR-RSS16	Supportive Housing Institute	Corporation for Supportive Housing (CSH) curriculum to increase the number of affordable housing development for individuals with substance use disorders	\$150,000
SAAR-RSS19	Cover FCS Services in Institutes of Mental Disease (IMD)/Inpatient setting when Medicaid is Suspended	Cover FCS services for people transitioning out of IMD/Inpatient settings if Medicaid lapses, or is suspended.	\$500,000
SAAR-RSS21	Oxford House	Client support funds to for new Oxford Houses opening.	\$50,000
SAAR-RSS24	Peer Pathfinders Transition from Incarceration Pilot	Enhance jail transition programs with SUD peers services to individuals who upon release will be homeless. SUD Peer Services begin prior to release to establish relationship and upon release to support the transition to needed services.	\$790,000
SAAR-RSS25	Add Co-Occurring Peer to Forensic-Housing Housing and Recovery through Peer (F-HARPS) Services	Add 1 peer to each of the four Forensic-Housing Housing and Recovery through Peer Services (F-HARPS) in Phase I regions.	\$400,000
SAAR-RSS26	Add Co-Occurring Peer to HARPS Teams	Add 1 SUD Peer to each of these specialty HARPS teams.	\$800,000

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**Substance Abuse Block Grant
ARPA Budget Proposal Overview**

SAAR-RSS28	Expand Peer-Run/Peer-Operated Organization Olympia site	Expanding Peer run organization to create a site in Olympia.	\$900,000
SAAR-RSS29	Expand Community Recovery Support Services, Access to Recovery (ATR) Sites	Expand the number of Recovery Support Services, Access to Recovery (ATR) Sites.	\$50,000
SAAR-RSS38	Rent Assistance	Housing subsidy funds, first/last deposits.	\$977,287
Total Recovery Support Services			\$6,117,287
Tribal			
Project #	Project Title	Project Description	Proposed Budget
SAAR-TRB1	TARGET (database) Replacement Pilot	TARGET replacement pilot program.	\$200,000
SAAR-TRB3	Grants to Tribes and Urban Indian Health Organizations	Provide grants to 29 federally recognized Tribes and two Urban Indian Health Organizations to deliver SUD prevention, treatment, Opiate Use Disorder intervention and recovery support services within their Tribal communities.	\$1,229,322
SAAR-TRB5	Healthy Youth Survey	HCA will work closely with the state agency partners that support the Healthy Youth Survey implementation to improve access and utility of the survey and the survey data results for Tribal and urban Indian communities.	\$100,000
Total Tribal			\$1,529,322
Technology Infrastructure			
Project #	Project Title	Project Description	Proposed Budget
SAAR-TEC1	Clinical Data Repository	Support technological enhancements to the CDR that will allow retention of historical clinical data, including MH/SUD data, as well as implementation of an analytic enclave environment.	\$325,000
SAAR-TEC2	Consent Management Solution	Enable meaningful, seamless exchange of protected and sensitive BH and PH information amongst those who are authorized to receive it in order to deliver services to Washingtonians.	\$700,000

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**Substance Abuse Block Grant
ARPA Budget Proposal Overview**

SAAR-TEC3	Statewide Bed Registry	Develop and implement a statewide bed registry to track capacity and real-time bed availability for psychiatric hospital beds, freestanding evaluation and treatment center beds, Secure Withdrawal Management and Stabilization Beds, crisis triage/stabilization beds, and substance use disorder residential treatment beds.	\$504,322
Total Technology Infrastructure			\$1,529,322
TOTAL SABG Covid Supplement Budget			
Prevention			\$7,187,812
Treatment			\$12,693,371
Recovery Supports Services			\$6,117,287
Tribal			\$1,529,322
Technology Infrastructure			\$1,529,322
Administrative			\$1,529,321
Total Budget			\$30,586,435

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