



July 12, 2022

Monthly Meeting

Prenatal through 5 Relational Health Subgroup



Participants at Today's Meeting

1. Allie Johnson
2. Andrea Estes
3. Anne Stone
4. Arbor Sol
5. Beth Tinker
6. Bridget Lecheile
7. Christine Cole
8. Cindi Wiek
9. Dr. Woodruff
10. Gina Cardillo

11. Janet Fraatz
12. Jennifer Rees
13. Jess Galvez
14. Judy King
15. Karin Potter
16. Katrina Hanawalt
17. Kiki Fabian
18. Kim Gilsdorf
19. Kristin Wiggins
20. Molly Firth

21. Monica Webster
22. Muriel Herrera Velasquez
23. Rep. Debra Entenman
24. Sarah Pulliam
25. Sharon Shadwell
26. Soledad Carrillo
27. Stephanie Courtney



Agenda

- ✓ Welcome and Introductions
- ✓ Small Group Check-Ins
- ✓ Racial Equity Norms
- ✓ Decision: Updated Criteria to Guide Policy Recommendations
- ✓ Review: Workgroup Process & Timeline
- ✓ Partner Implementation Updates
- ✓ Update: Community Health Worker Grant
- ✓ Issue Workgroups – Priority Development Process
 - ✓ MHAYC
 - ✓ IECMH-C (Consultation)
 - ✓ Parent Caucus
- ✓ Report Out & Check-out

Welcome!

P5RHS Co-Chairs and Liaisons to the Children & Youth Behavioral Health Workgroup



Representative Debra
Entenman



Bridget Lecheile,
WA-AIMH

P5RHS Advocacy and Facilitation Leads



Kristin Wiggins,
Advocacy



Makeba Greene,
Facilitation



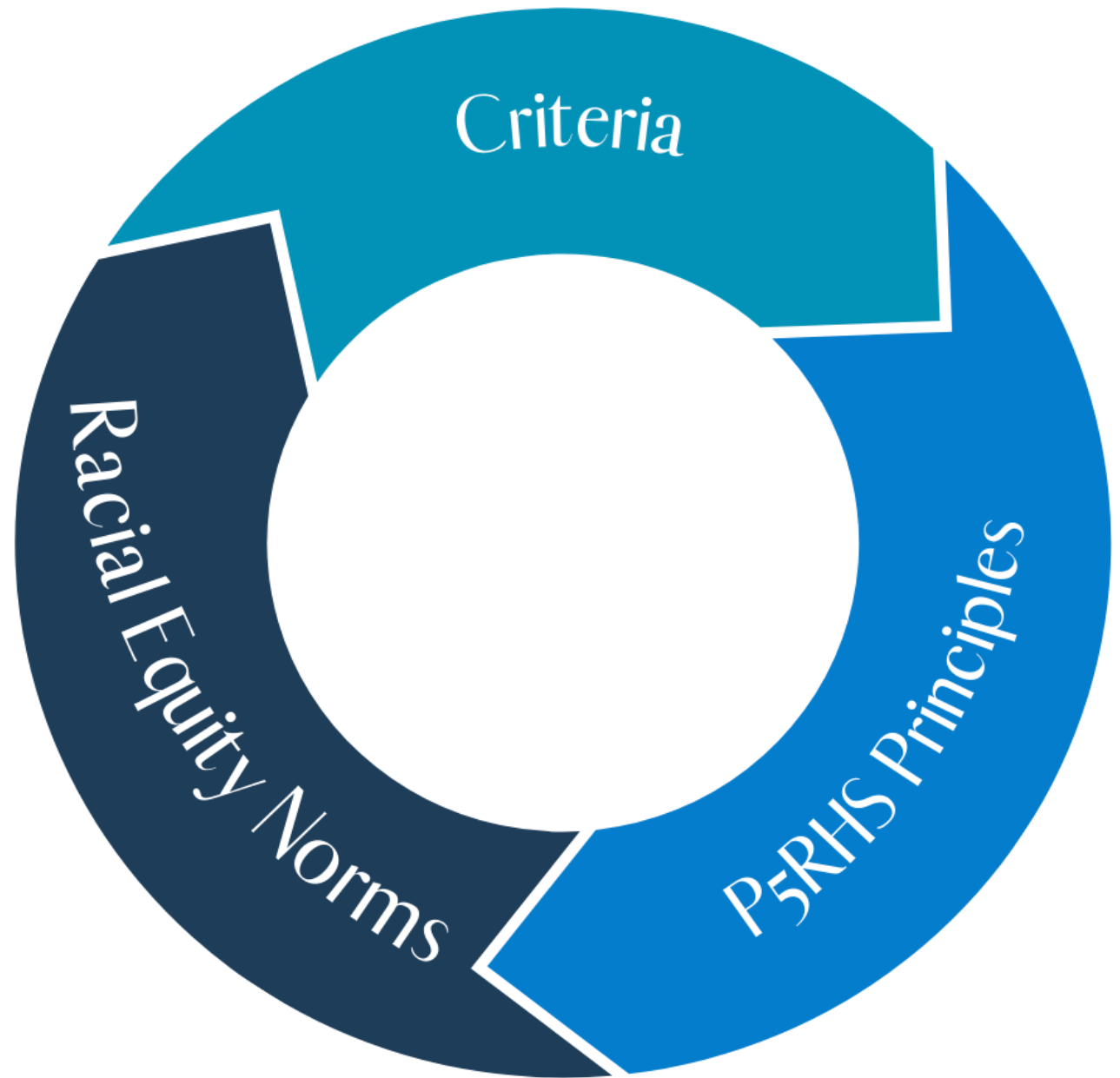
Perigee Fund provides philanthropic support for subgroup facilitation, advocacy, and parent engagement



Check-Ins (Small Groups)

What summertime childhood game/activity/play do you think is fun?

How We Work Together



Racial Equity Norms

Previously:

Color Brave Space Norms

- Color Brave Space Norms are a set of meeting agreements that help to focus conversation on racial equity and justice
- Developed by Equity Matters, a local BIPOC-led consulting firm
- Designed broadly for organizations, especially nonprofits
- Some complex licensing challenges given the nature of P5RHS's work

Proposed:

The Tenets



- Diversity-Informed Tenets provide a set of 10 strategies for work with infants, children & families
- Designed largely by BIPOC leaders working in prenatal to 5 work, with backing from the Irving Harris Foundation and endorsement from a variety of national organizations
- Opportunity to connect with workshops to link Tenets to practice

Following today's meeting you will receive a survey requesting your feedback about our next steps!

Current Criteria to
Guide
our Policy
Recommendations

1. **COMMUNITY-INFORMED** - Prioritizes approaches and ideas that strengthen child and family well-being, as shared by members of impacted communities and those that serve them
2. **CENTERS & ADVANCES EQUITY** – Holds the promise to measurably close the gaps in health access and outcomes
3. **REALISTIC & ACHIEVABLE** – Size and scope are appropriate for Washington’s budget context policy landscape
4. **CAPACITY** – Implementation could be described and executed well and quickly
5. **STRENGTHENS/TRANSFORMS** – Helps to build, sustain, or transform foundational systems
6. **FIT** – Fits within the P5RHS and CYBHWG scope, and avoids duplicating the work of other groups

P5RHS Calendar

Date	Actions
May 10 th 2-3:30pm	First P5RHS meeting of 2022 <ul style="list-style-type: none">Recap last session & implementation, preview activities for the year
June 8 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue group breakouts; Identify 2023 session priorities
July 12 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue groups develop recommendations for key priorities 
August 9 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue groups refine prioritized recommendationsSubgroup members help with outreach and vetting
September 13 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">P5RHS finalizes draft recommendations 
September 15 th	Draft P5RHS recommendations due to CYBHWG
October 11 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Finalize recommendations and develop key talking points, FAQs
October 15	Final P5RHS recommendations due to CYBHWG
November 1	CYBHWG report due to the Legislature
November 9 2-3:30	P5RHS meeting <ul style="list-style-type: none">Parent leader panel, presentation of final recommendations
December 14	Final P5RHS meeting of the year – may be canceled if not needed



HCA = Health Care Authority

IECMH-C = Infant and early childhood mental health consultation

DCYF = Department of Children, Youth, and Families

Implementation Updates

- Parent Warm Line – Perinatal Support WA
- Mental Health Assessment for Young Children (MHAYC pronounced “Macy”) – HCA
- IEMCH-C (consultation) – Child Care Aware of WA
- Complex Needs Fund – DCYF (via Kristin)

What is the difference between the **National Maternal Health Hotline** and the Perinatal Support **Washington Warm Line**?

Immediate Support

National Maternal Health Hotline

- **24/7** free confidential support, resources and referrals
- Staffed by **licensed and credentialed** perinatal mental health and healthcare providers, childbirth professionals, and certified peer specialists.
- For everyone, in English and Spanish

Ongoing Support

PS-WA Parent Support Warm Line

- Calls, texts and emails are answered by **peers** (parents who have experienced and recovered from a perinatal mental health issue) M-F **9am – 4:30pm** PT
- Provide ongoing emotional support, wellness planning and targeted provider and community services referrals
- For everyone, in English and Spanish

What is the difference between the Health Care Authority's work & the Infant-Early Childhood Mental Health Workforce Collaborative?

Health Care Authority

- Policy implementation & updates
- Billing & encounter guidance
 - Billing Guides
 - DC:0-5 Crosswalk
 - IECMH Office Hours
- Visit the MHAYC [webpage](#)

IECMH-WC

- Training updates & information
- Training registration
- Additional workforce supports
 - Communities of Practice
 - Resource & Information Webpage
- Visit the IECMH-WC [webpage](#)



P5RHS Issue Decision Process

Issue Group Discussions lead to Subgroup Priorities

- New or revised issues for discussion can be raised by any member
- Primarily developed and initially vetted within issue groups
- Brought to large group for discussion and prioritization

Subgroup Priorities lead to Workgroup Recommendations

- Subgroup members help with outreach and vetting
- Draft recommendations to CYBHWG in September
- Subgroup members support final edits, due in October

Initial Issue Groups for P5RHS

1. (**MHAYC**) Mental Health Assessment for Young Children
2. (**Consultation**) Infant and Early Childhood Mental Health Consultation (IECMH-C)
3. Parent Caucus

Today's focus: What outstanding issue or problem is unresolved?

Quick Report Outs

Initial Issue Groups for P5RHS

1. (**MHAYC**) Mental Health Assessment for Young Children
2. (**Consultation**) Infant and Early Childhood Mental Health Consultation (IEMCH-C)
3. Parent Caucus

Thank you!

Our next meeting is August 9th from 2-3:30 on Zoom.

Hope to see you then!

Quick check out in the chat: What's a favorite food or drink on a hot summer day?