



June 8, 2022

Monthly Meeting

Prenatal through 5 Relational Health Subgroup



Participants at Today's Meeting

1. Allie Johnson
2. Amritha Bhat
3. Andrea Estes
4. Angela Abrams
5. Anne Stone
6. Avery Park
7. Becca Calhoun
8. Beth Tinker
9. Bridget Lecheile
10. Cecily Croskey
11. Christine Cole
12. Cindi Wiek
13. Deb Crowley
14. Janet Fraatz
15. Jennifer Rees
16. Jess Galvez
17. Judy King
18. Karin Potter
19. Katrina Hanawalt
20. Kate Ingman
21. Kiki Fabian
22. Kim Gilsdorf
23. Kristin Wiggins
24. Mary Sprute Garland
25. Megan Veith
26. Miriam Hirschstein
27. Monica Oxford
28. Muriel Herrera Velasquez
29. Nucha Isarowong
30. Olivia Thai
31. Rachel Burke
32. Rachel Dumanian
33. Sarah Pulliam
34. Shakira Adams
35. Sharon Shadwell
36. Stephanie Courtney
37. Victor Cardenas



Agenda

- ✓ Welcome & Meeting Goals
- ✓ Check-Ins
- ✓ Review: Workgroup Process & Timeline
- ✓ Discussion: Criteria to Guide Policy Recommendations
- ✓ Update: CYBHWG Actions and Planning
- ✓ Partner Implementation Updates
- ✓ P5RHS Opportunities & Challenges for 2022-23 Session
- ✓ Kick-off of Issue Workgroups
 - ✓ MHAYC
 - ✓ IECMH-C
 - ✓ Parent Caucus
- ✓ Check-out

Welcome! Introductions & Roles

P5RHS Co-Chairs and Liaisons to the Children & Youth Behavioral Health Workgroup



Representative Debra
Entenman



Bridget Lecheile,
WA-AIMH

P5RHS Advocacy and Facilitation Leads



Kristin Wiggins,
Advocacy



Makeba Greene,
Facilitation



Perigee Fund provides philanthropic support for subgroup facilitation, advocacy, and parent engagement

Breakout Groups - Introductions

*What is one policy advancement
or area of progress for prenatal
to five work that gives you hope
for future generations?*



Children and Youth Behavioral Health Work Group



Vision: Washington's children, youth, and young adults have access to high-quality behavioral health care.

Mission: Identify barriers to and opportunities for accessing behavioral health services for children, youth and young adults (prenatal to 25 years old) and their families that are accessible, effective, timely, culturally and linguistically relevant, supported by evidence, and incorporate tailored innovations as needed; and to advise the Legislature on statewide behavioral health services and supports for this population.

Important Elements of Work Group Charge:

- Support the unique needs of children and youth (prenatally through age 25), including promoting health and social and emotional development in the context of children's family, community, and culture
- Develop and sustain system improvements to support the 15 behavioral health needs of children and youth

P5RHS Calendar

Date	Actions
May 10 th 2-3:30pm	First P5RHS meeting of 2022 <ul style="list-style-type: none">Recap last session & implementation, preview activities for the year
June 8 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue group breakouts; Identify 2023 session priorities 
July 12 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue groups develop recommendations for key priorities
August 9 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Issue groups refine prioritized recommendationsSubgroup members help with outreach and vetting
September 13 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">P5RHS finalizes draft recommendations 
September 15 th	Draft P5RHS recommendations due to CYBHWG
October 11 th 2-3:30pm	P5RHS meeting <ul style="list-style-type: none">Finalize recommendations and develop key talking points, FAQs
October 15	Final P5RHS recommendations due to CYBHWG
November 1	CYBHWG report due to the Legislature
November 9 2-3:30	P5RHS meeting <ul style="list-style-type: none">Parent leader panel, presentation of final recommendations
December 14	Final P5RHS meeting of the year – may be canceled if not needed

How we work together – Racial equity commitments, Principles & Criteria

Racial Equity Commitments

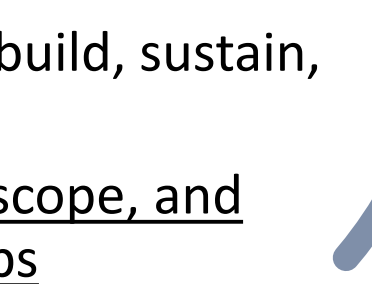
(guided by Color Brave Space Norms in past)

Our Principles

- **Hear the voices of families**
- **Close health disparities for families of color**
- **Provide immediate relief** for behavioral health needs for families, especially those who are most vulnerable
- **Focus on the urgent needs** of children ages 0-5, and their families, during this time of great potential and vulnerability



Criteria to Guide
our Policy
Recommendations

1. **COMMUNITY-INFORMED** - Prioritizes approaches and ideas that strengthen child and family well-being, as shared by members of impacted communities and those that serve them
 2. **CENTERS & ADVANCES EQUITY** – Holds the promise to measurably closes the gaps in health access and outcomes
 3. **REALISTIC & ACHIEVABLE** – Size and scope are appropriate for Washington’s budget context policy landscape
 4. **CAPACITY** – Implementation could be described and executed well and quickly
 5. **STRENGTHENS/TRANSFORMS** – Helps to build, sustain, or transform foundational systems
 6. **FIT** – Fits within the P5RHS and CYBHWG scope, and avoids duplicating the work of other groups
- 



HCA = Health Care Authority

IECMH-C = Infant and early childhood mental health consultation

DCYF = Department of Children, Youth, and Families

Implementation Updates

- Parent Warm Line – Perinatal Support WA
- Mental Health Assessment for Young Children (MHAYC pronounced “Macy”) – HCA
- IEMCH-C (consultation) – Child Care Aware of WA and DCYF
- Complex Needs Fund – DCYF

What is the difference between the **National Maternal Health Hotline** and the Perinatal Support **Washington Warm Line**?

Immediate Support

National Maternal Health Hotline

- **24/7** free confidential support, resources and referrals
- Staffed by **licensed and credentialed** perinatal mental health and healthcare providers, childbirth professionals, and certified peer specialists.
- For everyone, in English and Spanish

Ongoing Support

PS-WA Parent Support Warm Line

- Calls, texts and emails are answered by **peers** (parents who have experienced and recovered from a perinatal mental health issue) M-F **9am – 4:30pm** PT
- Provide ongoing emotional support, wellness planning and targeted provider and community services referrals
- For everyone, in English and Spanish



HCA = Health Care Authority

IECMH-C = Infant and early childhood mental health consultation

DCYF = Department of Children, Youth, and Families

Implementation Updates

- Parent Warm Line – Perinatal Support WA
- Mental Health Assessment for Young Children (MHAYC pronounced “Macy”) – HCA
- IEMCH-C (consultation) – Child Care Aware of WA and DCYF
- Complex Needs Fund – DCYF



Thank you to our partners!

Opportunities & Challenges

- Implementation & efficacy – Focus on “Go Back” Issues (MHAYC & Consultation)
- Identifying new policy priorities and/or budget priorities
- Peer supports – status update



Initial Issue Groups for P5RHS

1. (**MHAYC** Mental Health Assessment for Young Children
2. (**Consultation**) Infant and Early Childhood Mental Health Consultation (IECMH-C)
3. Parent Caucus

Quick Report Outs

Initial Issue Groups for P5RHS

1. (**MHAYC**) Mental Health Assessment for Young Children
2. (**Consultation**) Infant and Early Childhood Mental Health Consultation (IEMCH-C)
3. Parent Caucus

Thank you!

Our next meeting is July 12th from 2-3:30 on Zoom.

Hope to see you then!