

P5RHS

Prenatal through 5 Relational Health Subgroup

April 25, 2023 | 10-11:30am | Zoom meeting

Welcome & Meeting Agenda

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- Welcome & today's objectives? (Kristin)
- Kelli introduction (Kelli)
- Small group hellos (Kelli)
- Legislative session debrief (Kristin)
- P5RHS charge & Shared work ahead (Kristin)
- Partner updates (Kristin; WSA, CCA, DCYF, HCA)
 - Complex Needs Funds (Joel, 3-minutes)
 - Infant and early childhood mental health consultation (Janet, 5-minutes)
 - Dept. of Children, Youth, and Families (Mary, 5-minutes)
 - Health Care Authority (Christine, Kiki, &/or Beth, 5-minutes)
- HCA deep dive (Christine, Beth, Kiki)
- Close (Kristin)

●● Prenatal
through 5
Relational
Health
Subgroup
— (P5RHS)

A subgroup of Washington's
Children and Youth Behavioral
Health Workgroup (CYBHWG)



Small group hellos

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5-minutes total, group members to say quick hello

Name

Pronouns

Role

Is this your first meeting?

Session Debrief

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- P5RHS priorities
 - Complex needs funds (CNF)
 - Infant and early childhood mental health consultation (IECMH-C)
 - Parent and caregiver supports and navigation
- Children Youth and Behavioral Health Work Group (CYBHWG) items
- Related items (e.g. early learning updates)
- Session overall
- Q&A

P5RHS charge & Shared work moving forward

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- One of 6 subgroups under CYBHWG
 - CYBHWG spans P-25 years
 - Many years of recommendations and implementation; P25 behavioral health strategic plan
- Timeline & group charge
 - Charge: make policy &/or budget recommendations that will make positive impact for families in the perinatal stage and children ages prenatal-5 years and their families
 - June-September: as a group work on idea generation, idea refinement, write issue briefs, and write recommendations to be presented to the CYBHWG
 - October-November: increase awareness on recommendations, prepare for parent and provider panel
 - December: beginning of advocacy
 - January-March: advocacy, lobbying
- Staffing, meeting
 - Changes to staffing
 - Meetings will likely be one 90-minute Zoom meeting per month and small group, work-intensive meetings
 - Meeting schedule TBD

Partner updates

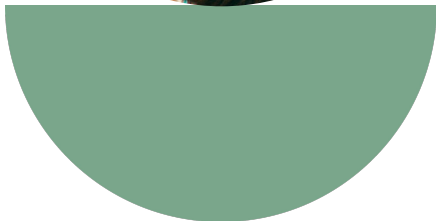
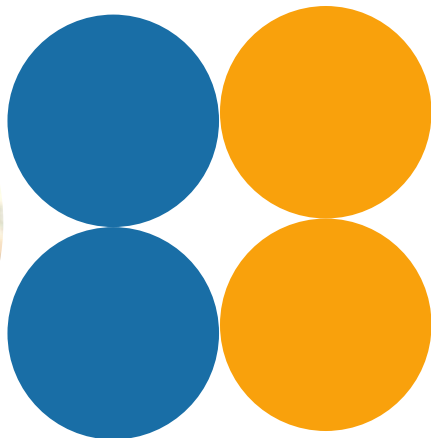
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- Partner updates (Kristin; WSA, CCA, DCYF, HCA)
 - Complex Needs Funds (Joel with the WA State Association of Head Start and ECEAP, 3-minutes)
 - Infant and early childhood mental health consultation (Janet with Child Care Aware of WA, 5-minutes)
 - Dept. of Children, Youth, and Families (Mary, 5-minutes)

Health Care Authority deep dive

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- Other work related to P-5
- Implementation updates on P5RHS legacy work
- (See slides from HCA.)



Thank You!



Prenatal through 5 Relational
Health Subgroup (P5RHS)





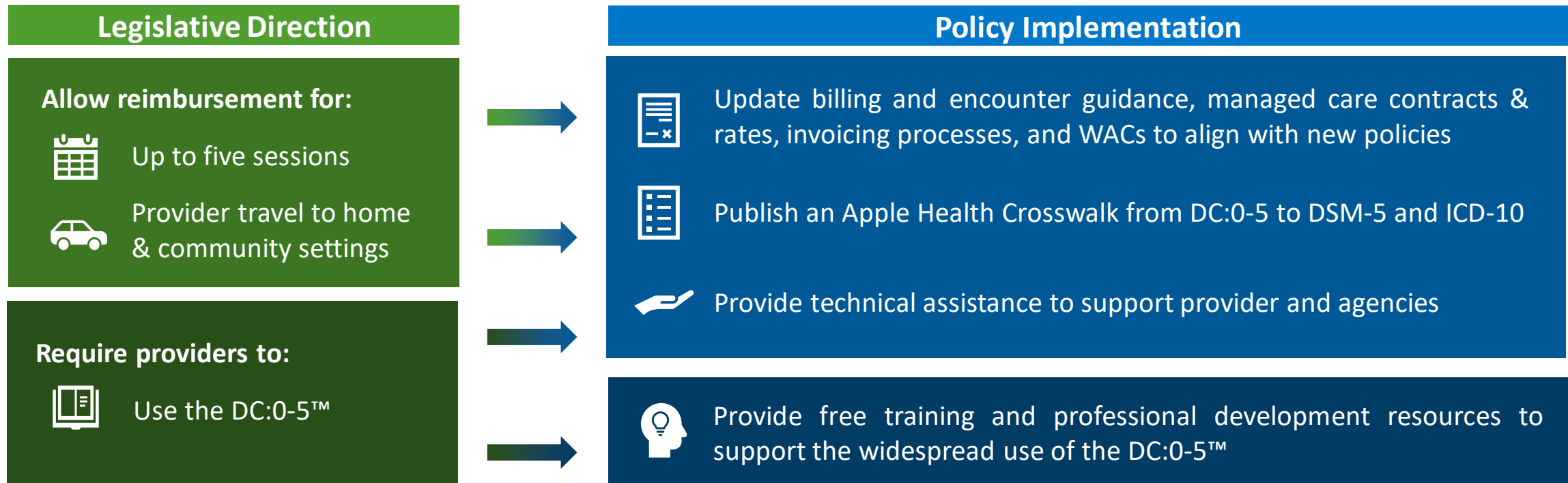
Mental Health Assessment for Young Children

Implementation updates for
SSHB 1325 Sec (2)(11)

Prenatal through 5 Relational
Health Subgroup
April 25, 2022

Mental Health Assessment for Young Children (MHAYC) (HB1325, 2021)

For the purposes of **mental health assessment for children birth through 5 years of age**, Apple Health will:



MHAYC Resources Available Ongoing



Up to 5 assessment sessions



Provider travel reimbursement



DC:0-5™ Crosswalk



DC:0-5™ Training

Resources

- IECMH Office Hours (quarterly)
- MHAYC billing webinars (2x year)
- Community-Informed Apple Health DC:0-5™ Crosswalk
- Infant-Early Childhood Mental Health Workforce Collaborative (IECMH-WC)

Caregiver only sessions



- ▶ Allowed when the purpose of the session includes:
 - ▶ Client's history
 - ▶ Cultural background
 - ▶ Description of the child and the family situation.
 - ▶ Evaluation of the caregiver/parent's psychological functioning and history
- ▶ May be used when the caregiver/parent is sharing sensitive information that should only be discussed without the child present.

DC:0-5™ in Clinical/Service Records



Per [WAC 246-341-0640](#), providers working in licensed behavioral health agencies can use the DSM-5 **or the DC:0-5** when completing a diagnostic assessment statement.

DOH released a [policy statement](#) to allow DC:0-5 beginning September 1, 2022. Official allowance of the DC:0-5 has been codified into WAC effective May 1, 2023.

Community-Informed DC:0-5 Crosswalk



- ▶ Workgroup of 13 IECMH providers and advocates, with consultation from experts in neurodevelopmental, eating, and sleeping disorders
- ▶ Updated codes, including “parent-child conflict” Z-codes for Relationship Specific Disorder

“The crosswalk is, in practical terms, a billing tool. However, making sure there is adequate care for the youngest and most vulnerable in our state was always in the mind of work group members.” – Workgroup member

New DC:0-5™ Trainers



- Lily Baldwin-Garduno, MS, MIM, LMHC, CMHS, MMHS | Sea Mar Community Health Centers
- Abigail Bocanegra, MA, LMFT | Creative Heart Therapies
- Olivia Gonzales, MA, LMFT | Catholic Charities Eastern Washington
- Christopher Heckert, DSW, LICSW, CMHS | Heckert Counseling & Consultation, PLLC
- Nucha Isarowong, PhD, LICSW, IMH-E | Barnard Center for Infant and Early Childhood Mental Health
- Mary Virginia Maxwell, LMHC | ESD105
- Kathryn McCormick, MA, LMFT, CMHS, EMMHS | Tulalip Tribes
- Lou Olson, LICSW IMH-E | HopeSparks Family Services
- Laura Schrotenboer, MS, LMHC, MHP, CMHS | Mae's Hope
- Sharon Shadwell, LMHC | The Practice NW
- Haruko Watanabe, MA, LMHC, IMH-E | Navos

Joining Jamie Elzea, MSW, MPH, LICSW, IMH-E (Nurtureways) and Dr. Meyleen Velasquez, LCSW, LICSW, PMH-C, RPT-S (Hummingbird Counseling).

Professional Development to Support Application of the DC:0-5™



- ▶ DC:0-5 Communities of Practice
- ▶ Critical Self-Reflection Utilizing the DC:0-5 Cultural Formulation
- ▶ Relational Specificity in Infancy and Early Childhood
- ▶ An Overview of Attachment and Adaptation in Parent-Child Relationships

Foundational IECMH
Trainings

Screening,
assessment and
observation

Culturally relevant
assessment/
diagnosis

What's next for MHAYC at HCA?



MHAYC Implementation Report



IECMH Statewide Tour



Claims Data Analysis



IECMH Provider Spotlight



Family-focused communication and engagement

Learn more at our 2nd annual
MHAYC Community
Presentation

Date: May 31, 2023

Time: 12:00-1:30pm

[Register](#)

IECMH Statewide Tour

- ▶ Visiting each region of the state
 - ▶ Provider Listening Sessions
 - ▶ Community Networking
- ▶ Register today!
 - ▶ June 13: Spokane
 - ▶ June 14: Greater Columbia (Kennewick)
 - ▶ Other dates (w/ virtual) coming soon

Visit our [IECMH statewide tour](#) webpage

Infant-Early Childhood Mental Health



Statewide
Tour



Want to learn more from HCA?



Visit our IECMH webpage

[Infant-early childhood mental health](#)



Find MHAYC Apple Health resources

[MHAYC website](#)

Email us!

Kiki.fabian@hca.wa.gov
Christine.cole@hca.wa.gov

Sign up for alerts & updates

Subscribe to [Prenatal – Age 25 Behavioral Health](#) topics through GovDelivery



Join HCA IECMH Office Hours

Sign-up under **Office Hours** on our [IECMH website](#)



What's available on the MHAYC webpage?

- Billing webinars
- Billing & encounter guidance
- Travel reimbursement forms
- DC:0-5 Crosswalk
- Guidance on the DC:0-5 requirement and documentation
- And more!